

GROUP CONSCIENCE BALLOT

NAME OF GROUP: _____

MEETING DAY AND

TIME OF GROUP: _____

YOUR NAME: _____

SUBJECT OF VOTE: Approval of revision of "So You've Been Sent To AA" brochure for distribution to rehab facilities, DUI schools and other facilities that send people to Alcoholics Anonymous. Intended to educated people unfamiliar with our fellowship _____

DATE OF VOTE: June 14, 2018 _____

RESULT OF VOTE: (Mark one)

YES	NO

Proof of Attendance

If you've been asked to provide proof of attendance (sometimes called a court card), please understand that A.A. is not allied with the court system — *we are not required to sign court cards or attendance slips.*

It's up to each group to decide whether their group signs slips or not. Arrive at a meeting a few minutes early; you can ask if the secretary will sign your court card or attendance slip.

If someone agrees to sign your attendance slip, they will probably just sign their first name or initials, the name of the meeting, and the date. Some meetings may use a pre-printed stamp with the name of the meeting.

A.A. and the Courts

- A.A. is not part of the court system. We do not work for the courts or the police department.
- A.A. does not "recruit". We do not ask the courts to send people to meetings. You are a member when you say you are.

Safety

Love and tolerance of others is our code. Safety, however, is important to the functioning of the group. No A.A. group has to tolerate illegal behavior and any activity within an A.A. meeting is subject to the same laws that apply outside the meeting. Anonymity is not a cloak protecting criminal or inappropriate behavior.

(Reprinted from "Safety and A.A.: Our Common Welfare", p. 3, with permission of A.A. World Services, Inc.)

If you would like to find a meeting near you, or have questions, please call A.A. San Diego Central Office. Calls are answered 24 hours a day, 365 days a year.

Visit the website for meeting schedules, meeting locations, maps, events and literature.

**San Diego A.A.
Central Office
619-265-8762**

www.aasandiego.org

North County A.A. Central Office
760-758-2514

www.nosdco-aa.org

A.A. Información en Español
San Diego 619-280-7224
Chula Vista 619-476-0288
Vista 760-758-6905

www.aasandiego.org/espanol.pdf
nosdco-aa.org/meetings/espanol.html

SO, YOU'VE
BEEN SENT TO

**ALCOHOLICS
ANONYMOUS**

...AND YOU ARE
NOT THRILLED
ABOUT THE IDEA.

IT MAY NOT BE
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MANY OF US
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SAME SITUATION.

www.aasandiego.org

www.aa.org

What Is Alcoholics Anonymous? Here Is What A.A. Says About A.A.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Millions of people have found recovery through A.A., including many who were sent by professionals. There are A.A. meetings in virtually every country in the world.

While some who are sent to A.A. attend only the required meetings and never come back, others keep coming back because they find that A.A. helps them live life without alcohol.

So You Were Sent To A.A.

Many of us were sent to our first A.A. meetings by judges, employers, counselors, or some other authority, as a result of being arrested for drunken driving, family disputes, or some other problem involving alcohol. If you've come to A.A. at the direction (or suggestion) of someone else, you probably have some questions.

A.A. meetings fall into two categories, Open and Closed:

- **Open meetings** are for anyone interested in our program of recovery, for themselves, for a loved one, or for academic purposes.
- **Closed meetings** are for alcoholics and those with a desire to stop drinking.

Being "sent" to A.A. does not make you an alcoholic.

People may point out indications that you have a drinking problem — loss of control, driving under the influence, arrests, lost jobs, broken marriages or relationships, blackouts, the shakes, etc. Only you can decide that you are an alcoholic. If you think that you are an alcoholic then we encourage you to keep coming back.

What to Expect at a Meeting

You are a welcome guest; please arrive 5 minutes before the meeting starts.

We ask that you conduct yourself in a civil and responsible manner. Do not use your phone (whether talking, texting, or browsing), or have side conversations. They are disruptive and distract others from hearing the A.A. message. Alcoholism is a matter of life and death for us.

If you have any questions, feel free to ask before or after the meeting. Find someone at the meeting to talk to and who will answer your questions. Or, call A.A. Central Office at 619-265-8762.

Anonymity is the spiritual foundation of our traditions. While you are free to repeat and use any of the ideas or suggestions that you hear at a meeting, please do not identify anyone you heard or saw there by name. We will do the same for you.

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

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We pass the basket at meetings to pay our rent and expenses.

PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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YOU DON'T HAVE TO GIVE YOUR NAME.

We don't keep attendance records. If you decide to speak during the meeting, it's customary to introduce yourself by your first name only so that you can remain anonymous.

YOU DON'T HAVE TO SPEAK.

Some people speak, some don't. No one will think it strange if you remain silent. Many AA members prefer to sit and just listen.

Our anonymity is very important to us. Members agree that "What we see here or hear here stays here."

**For Alcoholics Anonymous
Open Meeting information
contact your local Central Office:**

**SAN DIEGO AA
CENTRAL OFFICE
(619) 265-8762

www.aasandiego.org**

**NORTH COUNTY AA
CENTRAL OFFICE
(760) 758-2514

www.nosdco-aa.org**

**OFICINA AA CENTRAL
HISPANA
(619) 280-7224**

**OFICINA AA CENTRAL
HISPANA
DEL CONDADO NORTE
(760) 758-6905**

Alcoholics Anonymous

**SO, YOU'VE
BEEN SENT TO**

**ALCOHOLICS
ANONYMOUS**

**AND YOU ARE
NOT THRILLED
ABOUT THE
IDEA...**

**IT MAY NOT BE AS
BAD AS YOU
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**MANY OF US ONCE
WERE IN THE
SAME SITUATION**

*A few of the many Open AA
meetings in the San Diego
region listed inside brochure.*



www.aa.org

If you were sent to AA, remember:

- You are a welcome guest
- AA is not affiliated with the court system and we don't work for it. We don't ask the courts to send people to us, and we don't have to sign attendance slips.
- Open AA meetings **do sign** attendance slips, and closed AA meetings generally **do not sign** attendance slips. To find out, check with your local AA Central Office or check with the AA group secretary before the meeting begins.
- You must bring your own attendance slip, AA does not furnish them.
- Many of us were first sent to AA by judges or employers as a result of a DUI, family dispute, or other alcohol-related problem. We can relate.

THERE IS NO CHARGE

During the meeting a basket is passed to pay the cost of renting the room, the coffee, etc. However, there is no obligation to contribute. In fact, we would prefer that you didn't unless you feel that you belong.

OPEN AA MEETINGS

(Daily = Mon-Fri)

- Daily 12 noon Chula Vista Noon Group
Recv Hm 270 C St
Chula Vista
- Daily 12 noon Coronado Nooners
Club 950 Orange Ave
(rear alley) Coronado
- Daily 12 noon El Cajon Daytime
Church 660 S 3rd St
El Cajon
- Daily 12 noon Rainbow Group
Office bldg 755 Emory St
Imperial Beach
- Daily 12 noon Noon at the Grove
Club 6901 Central Ave
Lemon Grove
- Daily 12 noon B.Y.O.B.
Church 2717 University Ave
(upstairs rear) North Park
- Daily 12 noon Noontime on the Patio
Club 2229 Bacon St
Ocean Beach
- Daily 12 noon Lunchtime Friends
Club 5077 Logan Ave
South San Diego
- Daily 1:00 pm Cedar St Daily
Recv Hm 2980 Cedar St
Golden Hill

- Monday 6:30 pm Mission Hills Beginners
Church 4044 Lark St
Mission Hills
- Monday 7:00 pm El Cajon Beginners
Club 938 E Washington St
El Cajon
- Monday 7:00 pm La Jolla Beginners
Church 627 Genter St
La Jolla
- Tuesday 8:00 pm Beach Area Beginners
Church 2088 Beryl St
Pacific Beach
- Wednesday 7:00 pm Newcomers Rise & Shine
Church 3900 Cleveland Ave
Hillcrest
- Thursday 6:30 pm La Mesa Beginners
Church 4816 Glen St
La Mesa
- Thursday 6:30 pm Mira Mesa Beginners
Club 9535 Kearny Villa Rd
#104 Mira Mesa
- Saturday 10:00 am Coronado Beginners
Club 950 Orange Ave
(rear alley) Coronado
- Saturday 1:30 pm Beginners Big Book Study
Store 4736 Clairemont Mesa
Blvd Clairemont
- Saturday 7:30 pm Downtown Discussion
Fellowship Hall 825 7th Ave
Downtown

For other open AA Meetings, see contact information on back of brochure.