

# The San Diego AA<sup>®</sup> Coordinator



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*JANUARY 1995*

**... we shall find no enduring strength until we first  
admit complete defeat . . . TWELVE STEPS AND TWELVE TRADITIONS—PAGE 22**

*INSIDE . . .*

## THE ILLUSION OF IMMUNITY

FACE TO FACE WITH REALITY, WE OFTEN REFUSE  
TO ACCEPT THE FACT THAT IT COULD HAPPEN TO US

*-Countdown 1995 . . .  
International Convention Update*

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in the month of  
November*

WEBSTER defines "illusion" as "state or fact of being deceived." "Immunity" is defined as "state of being protected, as against a disease." One evening, in a talk before a Pittsburgh AA group, these two words came out as I tried to explain why, although I was a full-blown and admitted alcoholic in 1953 when I attended my first AA meeting, I then ran away and never returned until 1959.

I have given much thought to this phenomenon in the past ten years of wonderful sobriety. During these years, I have seen hundreds of intelligent, apparently otherwise normal human beings repeat this same insanity: reject the one thing that offers the only hope in a seemingly hopeless life; run from the only people who are willing and able to help; refuse to see that this Fellowship, by proven record, is the one agency most likely to restore them to a happy, productive life.

If I could understand why I did it, I believed, perhaps I could better understand them. My thinking took me back to World War II, when I flew thirty combat missions as a B-17 pilot. I recalled the three AM briefings, where the announcement of targets like Bremen and Berlin was greeted by sharp breath intakes and feelings of vague dread and fear. This was 1944, and losses in the Eighth Air Force were heavy. We all knew that from some raids as many as ten percent would not return. But there was a saving factor: To a man, we all knew that we would not be part of that ten percent. We knew that other men would be killed—but not us. The other man. This is "the illusion of immunity." The men hitting the beaches of the Pacific and Normandy also had this protective illusion. Without it, the strain and fear would no doubt have become intolerable.

Now, how did I apply this to myself as an alcoholic? In 1953, under pressure, I was driven to Alcoholics Anonymous. I was forced to attend some meetings until I could regain my position, recoup my losses, pacify my family, and con my friends. In the process of doing this, I heard many AA speakers. I heard men who had lost their jobs, but I knew I never would. I heard men who had lost their families, but I knew I never would. I heard men and women who had lost their health, but this could never happen to me. I heard of people who had lost their reason, but I knew this could never happen to a smart guy like me. I heard AA's talk about the terminal victims of chronic alcoholism, but I scoffed at this ridiculous possibility. In short, as you already know, I hid safe and untouchable behind the illusion of immunity.

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TRADITION ONE—

Our common welfare should come first; personal recovery depends upon A.A. unity.

...Probably no society sets a higher value on the personal welfare of the individual member than does AA. But long ago we found that the common welfare had to come first; without it there could be mighty little personal welfare. In the beginning we felt very much like Eddie Rickenbacker and his company when their plane crashed in the Pacific. They had been saved from death but found themselves still floating upon a dangerous sea. There was no doubt in their minds that the common welfare came first. Nobody dared rock that raft, lest they all perish. Bread and water were shared equally; there were no gluttons.

Our case was something like that. But some of our sick and careless member did rock the raft, and that scared us to death. Some of those early fears are today almost amusing...like other societies, we soon found that there were forces that could threaten us in ways that alcohol...could not. These were desires for power, for domination, for glory, and for money. They were all the more dangerous because they were invariably powered by self-righteousness, self-justification, and the destructive power of anger, usually masquerading as righteous indignation.

Pride and fear and anger—these are the prime enemies of our common welfare. True brotherhood, harmony, and love, fortified by clear insights and right practices, are the only answers. And the purpose of AA's traditional principles is to bring these forces to the top and keep them there. Only then can our common welfare be served; only then can AA's unity become permanent.

ALCOHOLICS ANONYMOUS COMES OF AGE pp 97 & 98

**Many Thanks For Your Service . . .**

We were invaded by dozens of volunteers for the November folding party! How sweet it is. We are grateful to the following groups and individuals (and we have to preface this by acknowledging that some of the volunteers were so engrossed with the task at hand and then leaving in time for an 8 o'clock meeting—WE WERE FLYING—that they forgot to sign the sheet...THANKS TO YOU FOLKS TOO!) that donated their time for our San Diego AA Coordinator: **North Park Men's—Area Assembly Grapevine Committee—6th & Nutmeg—East Side Group—Coordinating Council Program Committee—Area Assembly District 6 Alkathon—North Shores Monday Night Men's—Ocean Beach Tuesday Night Discussion—Old Town Speakers—Safe Sane & Sober—1995 International Convention Host Committee—Mid-City Speakers—AA By The Bay—1st Mira Mesa Men's—Saturday Night Smokeless—Rule 62 Group—'95 Intl Conv-Local Information Committee** *TTT JAMES M., JOHN D., JERRY B., MIKE M., STEVE C., JOHN W. RICK P., HAN B., MARC J., JOCELYN C., KIM K., CLAUDETTE H., JONATHON H., GARY U., CYNDY, LANA B., JIM B., DAVE B., DEAN D., BILL S., JIM B., VICKIE M., OLIN Z., RICK K., GAIL N., HARRIETTE W., WARD Z., RICHARD W., PATRICIA W., TONY H., STU W., PAUL B., DANNY S., WILLY C., RON R., DOUG J., ERIC B., MARLON J., BARBARA V., JOEL C., CARL D.,* and at least that many more that didn't sign-in . . . we really had a grand turn-out!!!

**THIS MONTH WE WILL BE FOLDING THE COORDINATOR ON WED, JAN 25th @ 6PM AT CENTRAL OFFICE**

**25% OF SAN DIEGO AA NEEDS UPDATE! GROUP (AND MEETING) SECRETARIES**

**WE NEED YOUR HELP!  
AND ALL THAT YOU HAVE TO DO IS CALL US!!**

San Diego Central Office maintains a confidential database that contains general group information (i.e. meeting time, location, group secretary, group coordinator, a mailing address, and other info) for the purpose of meeting your needs, the community needs (5th Tradition), and maintaining contact with you—the San Diego AA Coordinator is mailed to you (group secretary gets three copies and group coordinator gets one copy—2 separate mailings) using information you provide. We are currently mailing our newsletter to approximately 580 secretaries in San Diego County and substantially fewer coordinators (150?-our single mailing includes buck-a-month members and courtesy co-op copies to Intergroup functions in other cities; total approximately 320). Every month we get some return mail—But this is not about the mail!! There are 768 listed meetings in our schedule and we only have addresses for 580 (AND SOME OF THAT NEEDS TO BE UPDATED!).

Here are some more of the numbers: about 64 of the 768 groups have 7 meetings a week . . .that's 1152 meetings per week in San Diego.

At a meeting, when the baton gets passed from one servant to another, sometimes we don't get the proper info to update your group. Central Office get hundreds—even thousands—of phone calls every month asking for group and meeting information. We can't give them what we don't have, and we can only maintain contact with you with current information. This is where we need your input: **CALL Central Office (265-8762)—ANYONE WHO ANSWERS THE PHONE AT CENTRAL OFFICE CAN HELP YOU HELP US**—and ask whoever answers the phone to fill out a **BLUE form** (the olde **GROUP AND MEETING INFORMATION CHANGE FORM**) for your group. You will need to know the meeting day, time, location, secretary, and a little more; but you're on your way! And we feel even more secure about our ability to serve your needs, and the alcoholic that calls and asks us about a meeting in their (or your) neighborhood. Ahh! **Life Is Good!** Call Us: 265-8762—24 hours a day.

**We admitted we were powerless over alcohol -- that our lives had become unmanageable.**

# meetings in motion

## NEW MEETINGS

<b>DIEZ DE MAYO</b> -BUILDING ON 4TH & 5TH 437 RAYON CENTRO	<b>6:30-8:30PM—DAILY</b>  <b>ENSENADA, B.C., MEXICO</b>
<b>FOURTH DIMENSION</b> -CENTER, 3041 UNIVERSITY AVE	<b>1:15PM—DAILY</b>  <b>NORTH PARK</b>
<b>THE FREEDOM MEETINGS</b> -FREEDOM RANCH 1777 BUCKMAN SPRINGS ROAD	<b>8PM—MON-FRI</b> <b>4PM—SAT &amp; 3PM—SUN</b>  <b>CAMPO</b>
<b>FAR EAST BIG BOOK STUDY</b> -NRC, 3288 EL CAJON BLVD #13	<b>6PM—TUES</b>  <b>NORTH PARK</b>
<b>OPERTION JOHN BARLEYCORN</b> -ED BLDG, 8404 PHYLLIS PL #224	<b>7:30PM—TUES</b>  <b>SERRA MESA</b>
<b>CASA DE ORO WED NIGHT</b> -CHURCH, 9800 SAN JUAN AVE	<b>7PM—WED</b>  <b>SPRING VALLEY</b>
<b>CRAZY DAISY</b> -773 PALM AVE	<b>8:15PM—THURS</b>  <b>IMPERIAL BEACH</b>
<b>HAPPY, JOYOUS, &amp; FREE</b> -CHURCH, 6536 ESTRELLA	<b>8PM—THURS</b>  <b>ALLIED GARDENS</b>
<b>SAN CARLOS STEP STUDY</b> -CHURCH, 6556 PARK RIDGE BLVD	<b>8PM—TUES</b>  <b>SAN CARLOS</b>
<b>JUST FOR TODAY</b> -SYNAGOGUE, 2512 - 3 <sup>RD</sup> AVE	<b>7PM—SUN</b>  <b>BANKERS HILL/HILLCREST</b>

## CANCELLED MEETINGS

<b>GRUPO ACTION</b> -4335½ FAIRMONT AVE	<b>NOON—DAILY</b>  <b>EAST SAN DIEGO</b>
<b>TORREY PINES DAYTIME GROUP</b> -HOSPITAL, 2-N, 3350 LA JOLLA DR	<b>1PM—MON &amp; FRI</b>  <b>LA JOLLA</b>
<b>LET'S BE HONEST</b> -HARMONY, 6150 MISSION GORGE RD #116	<b>6PM—MON</b>  <b>GRANTVILLE</b>
<b>BIG BOOK COMES ALIVE</b> -STORE, 9184 GRAMERCY ST	<b>6PM—MON</b>  <b>SERRA MESA</b>
<b>DICTIONARY STEP STUDY</b> -RES, 1012 LA MESA AVE	<b>7PM—FRI</b>  <b>SPRING VALLEY</b>
<b>OPEN STEP STUDY</b> -HOSP AUDITORIUM, 225 PROSPECT PL	<b>7PM—SAT</b>  <b>CORONADO</b>
<b>FAMILY AFTER DISCUSSION</b> -CLUB, 5 <sup>TH</sup> & ORANGE	<b>6:30PM—SUN</b>  <b>CORONADO</b>
<b>EL CAJON COFFEE BREAK</b>	<b>8:30AM—DAILY</b>
<b>POSITIVE ENERGY PLUS</b>	<b>2PM—DAILY</b>
<b>ACCEPTANCE AA'S WAY</b>	<b>2PM—SUN</b>
<b>EL CAJON CANDLELIGHT</b>	<b>7:30PM—SUN</b>
<b>EL CAJON WOMEN'S GROUP</b>	<b>7:30PM—TUES</b>
<b>EL CAJON—AS BILL SEES IT</b> -STORE, 124 E. MAIN	<b>2PM—WED</b>  <b>EL CAJON</b>

## TIME CHANGES

<b>TRADITION THREE SPEAKERS</b> -CENTER, 4094 UNIVERSITY AVE	<b>7:30PM—THURS</b>  <b>MID-CITY/EAST SAN DIEGO</b>
<b>ONE STEP AHEAD</b> -CHURCH, 4650 MANSFIELD ST	<b>6:45PM—WED</b>  <b>NORMAL HEIGHTS</b>
<b>LA JOLLA COVE BEGINNERS</b> -CLUB, 1160 COAST BLVD	<b>7:15PM—TUES</b>  <b>LA JOLLA</b>

## RELOCATED MEETINGS

<b>FRIDAY NIGHT WOMEN'S</b> TO: -RCVRY HOME, 3594 - 4 <sup>TH</sup> AVE	<b>8:15PM—FRI</b>  <b>HILLCREST</b>
<b>FRIDAY NIGHT MEN'S</b> TO: -CHURCH, 3 <sup>RD</sup> & ASH	<b>8:15PM—FRI</b>  <b>BANKERS HILL/DOWNTOWN</b>
<b>WOMEN'S GUT LEVEL</b> TO: -CENTER, 4094 UNIVERSITY AVE	<b>10AM—SUN</b>  <b>MID-CITY/EAST SAN DIEGO</b>
<b>KINGS MEETING</b>	<b>7PM—DAILY</b>
<b>FRESH START BEGINNERS</b>	<b>7:30PM—MON</b>
<b>TUESDAY NIGHT STAG</b>	<b>7:30PM—TUES</b>
<b>CIRCLE OF FRIENDS</b>	<b>7PM—WED</b>
<b>DOWNTOWN DISCUSSION</b> TO: -HOTEL, 901 - "F" ST (9 <sup>TH</sup> & F)	<b>7PM THURS</b>  <b>DOWNTOWN</b>

## G I G O OR . . . ?

Do we ever understand what we think? We only understand that thinking which is a mere equation, and from which nothing comes out but what we put in. That is the working of the intellect. But beyond that there is a thinking in primordial images—in symbols which are older than historical man; which have been ingrained in him from earliest times, and, eternally living, outlasting all generations, still make up the groundwork of the human psyche. It is only possible to live the fullest life when we are in harmony with these symbols; wisdom is a return to them. It is neither a question of belief nor of knowledge, but of agreement of our thinking with the primordial images of the unconscious. They are the source of all our conscious thoughts, and one of these primordial thoughts is the idea of life after death. Science and these symbols are incommensurables. They are indispensable conditions of the imagination; they are primary data—the materials whose expediency and warrant to exist science cannot deny offhand. It can only treat them as given facts, much as it can explore a function like that of the thyroid gland, for example. Before the nineteenth century the thyroid was regarded as a meaningless organ, merely because it was not understood. It would be equally short-sighted of us today to call primordial images senseless. For me these images are something like psychic organs, and I treat them with the very greatest care. It happens sometimes that I must say to the older patient: "Your picture of God or your idea of immortality is atrophied; consequently your psychic metabolism is out of gear."

Carl G. Jung in *Stages Of Life / Grapevine*—October, 1956

# Minutes of the Coordinating Council

## Thursday, December 8, 1994

Linda J.- Chair, called 890th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Shirley A. 11 new Coordinators and Alternates stood to introduce themselves.

Linda J. - Outgoing Chair- Thanked Council for the opportunity to serve as chair she stated: "It has really been an interesting rewarding experience. It has been a lot of fun and there has been a lot of personal growth! One of the goals that I had this year was to have the Guidelines updated, so that any changes made to the Guidelines be inserted in their proper place. Evelyn has informed me that this has been done. A special thank you to Connie J. for all of her efforts in getting this done.

ROLL CALL: Paula F., Assistant Council Chair, 77 Groups were represented, a quorum; 120 groups are registered, including: 8 new Coordinators, 3 alternates. VISITORS: Bobbie C. - International Convention Host Committee. J.P. Area Assembly M/S/C to accept the minutes as printed in the December COORDINATOR. The Seventh Tradition collected \$59.60.

COORDINATOR EDITORS: No report. Mike C. New Committee elected: Char M., Terry P., Tom K., Mal H., Pat V., Miriam St. G., Rickie K., and Bob H.

PHONE COMMITTEE: Sam L. - Chair reported: Committee met Sunday, 12/5/94 at 7:00 pm. PRESENT: Michael P. Co-Chair, Hans F., Heather A. and Sam L.-Chair. Absent Excused: Richard B., Matt A. and Michael P. 1)Currently available are the 1st, 3rd, and 29th. Groups interested in taking over these nights should contact Central Office. 2) We'd like to thank phone leader Tom K. and War Fever and also Katherine F. and the Lemon Grove Group. 3)We'd like to thank Heather A., Richard B., Matt A. and Sam L. for their outstanding service as out going members of the phone committee. Heather A. has volunteered to stay on to update computer. 4) Thank you for allowing me to be of service. 5) Thank you to the groups and individuals who answered phones in November. 6) We need more volunteers for the auxiliary list for emergency situations. 7) Bob M., Darrein, Dennis J., and Frank R. were elected to committee.

ORIENTATION COMMITTEE: Dennis J., Chair, reported: Committee met Thursday, 12/08/94 at 6:30pm PRESENT: Dennis J. 1) Dave A., Keith, Ray, Steve R. elected to committee.

PUBLIC INFORMATION COMMITTEE: Frank D. Chair, reported. Committee met Monday, 12/5/94 at 7:00pm PRESENT: Reid S., Cliff H., Doug M., Jim J., Frank D., David C., and Mike M. Absent: Lissa W. and Rick W. VISITORS: Sherry W.-Al-Anon and Blacke C. 1) 5 speakers reached 85 people 2 schools. 2) Sherry from Al-Anon PI spoke about their efforts to carry the message. 3) David C. was elected 1995 Chair of the PI Committee. 4) Committee still has 5 openings. If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Dean, reported: 1) Abi, Anita B., David G., and Amy elected to committee. 160 tickets were

sold to the Spiritual Breakfast and 130 arrived: minor loss of \$70.

BUSINESS COMMITTEE: Bob P. Chair, reported: Committee met Tuesday, 12/6/94 at 6:00pm. PRESENT: Bob P. - Chair, Gabe L. Heather M. and Lee G. Absent excused: Shirley A. Absent: Mary Sue C. ALSO PRESENT: Evelyn G., Central Office Manager, Mickey S., Recording Secretary, Marilyn A. - 3rd Weekenders, Bill M. - Area Committee, Trina L., Mike, and Frank F. - Southern California Sober Singles Blake - P.I. Candidate. 1) After discussion, M/S/C to approve Blake as new members of the P.I. Committee. 2) M/S/C To provide to Area Assembly a listing of meetings by chronological order by January 1995. 3) Representatives from Sober Singles asked for clarification on the suspension. After much discussion it was suggested that they approach next years Business Committee for their consideration to reinstate. FLYERS: 1) M/S/C to accept flyer for r Weekender to be inserted into the January COORDINATOR. Evelyn G. - COM, reported: 1) That she came back from the Intergroup Seminar in Vancouver with more knowledge and greater comfort level of how AA is running in San Diego. A full report at the January Council meeting. Annual Audit - Received bid from George Samuels & Associates, waiting for bid from 2 other firms. M/S/C to spend \$25 on Christmas tree for the office. Suggestion was made to have a pot luck party for the volunteers. 5) M/S/C to accept the Consolidated Income statement for November. The business committee would like to point out that contributions to the Central Office were down by \$1,500. The Central Office was in the red for the first time in months. Gabe L. Stu W. and Barbara elected to the committee.

VOTING ISSUES: Motion brought by Sunday Serenity to change guidelines of the Program Committee to insure accountability of monies spent and success of the AA events. Motion not passed by a vote of 34 no to 26 yes.

COORDINATING COUNCIL CHAIR: JIM J.  
COORDINATING COUNCIL CO-CHAIR: KATHY S.  
NEW COFFEE MAKER-JOHN

AREA ASSEMBLY: J.P. - Area Assembly is on January 7, special guest newly elected Pacific Regional Trustee, starts 8:30 am - 4:00pm. Solana Beach Presbyterian Church

INT'L CONVENTION HOST COMMITTEE: Bobbie C., Chair - Kickoff meeting is Jan 14 at convention center. Will be volunteer sign-up, convention presentation and visitors from G.S.O. You need not be registered for the Convention at the time of the kick-off.

SPRING ROUND-UP: Sam L. - The round-up will be April 14-16, 1995 at the Hyatt.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in Nov.

## Group Contributions in Nov.

GROUP NAME	Nov.	YTD
12 X 12 STEP STUDY	0.00	24.00
92037 DISCUSSION GROUP	0.00	782.00
A NEW WAY TO LIVE	20.00	20.00
A STREET GROUP	0.00	50.00
A WOMENS MEETING	0.00	330.35
AA BY THE BAY	0.00	530.00
AA STEP STUDY	0.00	236.00
ALCOHOLICS ONLY	0.00	144.49
ALLIED GARDENS DISCUSSION	0.00	255.00
ALLIED GARDENS FRIDAY LUNCH	0.00	225.00
ALPINE WOMENS CANDLELIGHT	0.00	60.75
ANONYMOUS ANONYMOUS	50.00	100.00
ANNUAL CHRISTMAS MEETING	0.00	9.00
ANOTHER NEW BEGINNING	0.00	50.00
ANOTHER SOBER TUESDAY	0.00	228.00
AS BILL SEES IT	0.00	80.00
AT ONE WITH EACH OTHER	0.00	35.00
B.Y.O.B.	0.00	222.60
BACK TO BASICS	0.00	1320.00
BACK TO BASICS FOR WOMEN	0.00	179.80
BACK TO BASICS STEP STUDY	0.00	20.00
BACKWOODS MEETING	0.00	74.00
BATTERY CHARGERS	444.64	831.64
BAY PARK STEP STUDY GROUP	0.00	633.40
BAYSIDE BIG BOOK STUDY	50.00	100.00
BEACH AREA BEGINNERS TWO	0.00	117.00
BEACH LUNCHEON GROUP	0.00	16.89
BIG APPLE GROUP	0.00	90.00
BIG BON-FIRE MEETING	0.00	400.00
BIG BOOK & 12 X 12 STEP STUDY	0.00	222.53
BIG BOOK COMES ALIVE	0.00	206.00
BIG BOOK DISCUSSION FOUNDERS GROUP	100.00	213.50
BIRDS OF A FEATHER	40.00	60.00
BONITA WOMENS	0.00	40.00
BUTTERFLY GROUP	0.00	55.00
BUTTS OUT SMOKELESS	50.00	238.23
CAJON VIEW OPEN DISCUSSION GROUP	25.00	50.00
CAJON VIEW STEP STUDY	40.00	101.00
CASA DE ORO TRADITION FIVE	0.00	150.00
CEDAR STREET MENS	0.00	996.00
CHEERS	35.00	125.00
CHULA VISTA 4 MIN SPEAKERS	0.00	405.00
CHULA VISTA BEGINNERS STEP STUDY	0.00	241.00
CHULA VISTA FRIDAY NIGHT	0.00	250.00
CHULA VISTA MONDAY NIGHT DISCUSSION	0.00	20.00
CHULA VISTA NOON GROUP	41.52	473.20
CLAIREMONT CLOSED MIXED GROUP DISCUSSION	0.00	82.72
CLAIREMONT DAYTIME STEP STUDY	0.00	200.00
CLAIREMONT MENS	405.60	1714.69
CLAIREMONT OPEN DISCUSSION	25.00	165.00
CLAIREMONT SUNDAY NIGHT DISCUSSION	0.00	200.00
CLAIREMONT THURS NOON LUNCH BUNCH	0.00	120.00
CLAIREMONT THURSDAY BROWN BAGGERS	60.00	160.00
CLAIREMONT WEDNESDAY GROUP	0.00	50.00
CLAIREMONT WEDS NOON BROWN BAG	0.00	146.00
CLAIREMONT WOMENS	0.00	175.00
CLASS ACTS	0.00	150.00
CONVOY DISCUSSION	0.00	25.00
CONVOY STEP STUDY	0.00	20.00
COORDINATING COUNCIL-CENTRAL OFFICE	65.53	769.11
CORONADO 12 X 12	0.00	25.00
CORONADO BEGINNERS AA	0.00	60.00
CORONADO BIG BOOK STUDY	0.00	50.00
CORONADO MENS	0.00	49.00
CORONADO NOONERS	0.00	135.00
CORONADO SUNDAY NIGHT DISCUSSION	50.00	95.00
CORONADO SUNDAY NOON	0.00	65.00
COWLES MOUNTAIN SMOKELESS DISCUSSION	0.00	235.00
CREST GROUP	0.00	200.00
D.D.G.T.M.	0.00	219.46
DAWN PATROL	0.00	330.15
DEL MAR WEDNESDAY LUNCH BUNCH	0.00	235.00
DESIGNS FOR LIVING	0.00	240.00
DIAMOND ST. MENS STEP STUDY	0.00	251.77
DOCTORS AND LAWYERS GROUP	0.00	75.00
DOUBLE DOSE OF SERENITY	0.00	30.00
DOWNTOWN DISCUSSION GROUP	0.00	249.00
DOWNTOWN NOON DISCUSSION	0.00	76.00
DRUNKS ONLY	224.58	2905.69
DRY DOCK #21	0.00	80.00
DULZURA LIVING SOBER	0.00	50.00
EACH DAY A NEW BEGINNING	0.00	43.00

GROUP NAME	Nov.	YTD
EARLY BIRDS	0.00	97.50
EARLY RISERS (CORONADO)	0.00	530.50
EARLY RISERS (PB)	0.00	421.00
EAST COUNTY BREAKFAST	0.00	238.87
EAST COUNTY FRIDAY SPEAKERS	30.00	58.29
EAST COUNTY MENS	0.00	25.00
EAST COUNTY SPEAKERS	0.00	650.00
EAST SIDE GROUP	0.00	328.00
EASY DOES IT RIDERS	0.00	291.00
EASY DOES IT SPEAKERS	0.00	360.00
EASY RISERS	25.00	40.00
EIGHTH STREET BAREFOOT GROUP	0.00	50.00
EL CAJON DAYTIME	120.00	1440.00
EL CAJON EARLY STARTERS	0.00	132.00
EL CAJON WOMENS SERENITY	75.00	230.75
EYE OPENER GROUP	58.89	704.33
FACULTY GROUP	0.00	60.00
FIRST MIRA MESA MENS	0.00	120.00
FLETCHER HILLS SMOKELESS	50.00	450.00
FOURTH & BROOKES WOMENS	60.00	120.00
FREE ON FRIDAY	165.23	801.64
FREE TO BE	74.00	286.00
FRESH AIR FRIDAY	0.00	205.42
FRESH START BEGINNERS	0.00	86.50
FRI NITE CEDAR ST	0.00	230.00
FRIDAY MORNING WOMENS	0.00	165.81
FRIDAY NIGHT CANDLELIGHT	0.00	20.00
FRIDAY NIGHT LIVE BIG BOOK	0.00	115.00
FRIDAY NIGHT MENS	30.00	320.10
FRIDAY NIGHT REFUGEES	0.00	10.62
FRIDAY NIGHT WOMENS	0.00	75.00
FRIDAY NOONERS	0.00	240.00
GET WITH THE PROGRAM	0.00	60.00
GILMAN GROUP	0.00	122.46
GOLDEN HILLS SUNDAY DISCUSSION	0.00	159.79
GOOD NEWS GROUP	41.08	151.06
GRAB YOUR SOCKS DIS	0.00	37.00
GRAD GROUP	0.00	40.00
GRAPE STREET SUNRISE	0.00	87.50
GRATITUD	0.00	5.00
GREAT FACT GROUP	0.00	40.00
HAND IN HAND CLOSED STEP STUDY	0.00	35.00
HAPPY HOUR GROUP OF EL CAJON	0.00	58.05
HAPPY HOUR-AND-A-HALF	0.00	110.00
HAPPY JOYOUS & FREE	0.00	105.00
HARMONY GROUP	0.00	900.00
HI-NOONERS	0.00	85.00
HIGH BOTTOM GROUP	0.00	25.00
HOMESTEADERS	0.00	1.00
HOW IT IS NOW SPEAKERS	0.00	97.00
HOW IT IS TODAY	0.00	387.00
HOW IT WORKS STEP STUDY	0.00	83.69
I NEED A MEETING MEETING	0.00	259.00
IMPERIAL BEACH GROUP	0.00	189.00
IMPERIAL GROUP	0.00	50.00
INSIDE JOB	0.00	57.60
INTERNATIONAL GROUP	0.00	15.00
INTIMATE RECOVERY	0.00	128.17
ISLAND DROP-IN GROUP	0.00	100.00
JOY & SERENITY STEP STUDY	0.00	50.00
JUST US GIRLS	0.00	136.00
KEARNY MESA NIGHT HOWLERS	0.00	21.48
KEEP COMING BACK	10.00	38.04
LA JOLLA BEGINNERS GROUP	0.00	396.00
LA JOLLA COVE BEGINNERS	0.00	50.00
LA JOLLA LUNCH BUNCH	90.00	390.00
LA JOLLA MIDDAY	0.00	60.00
LA JOLLA MONDAY WOMENS GROUP	0.00	350.00
LA JOLLA NON-SMOKERS DISCUSSION	0.00	606.37
LA JOLLA PATIO GROUP	58.00	68.00
LA JOLLA PATIO GROUP	63.00	523.59
LA JOLLA PUMP HOUSE GROUP	0.00	674.21
LA JOLLA SOLEDAD MENS	200.00	703.63
LA JOLLA SPEAKERS	0.00	735.00
LA JOLLA STEP STUDY	0.00	194.00
LA JOLLA THURSDAY NIGHT	0.00	85.00
LA MESA BIG BOOK	0.00	20.00
LA MESA MENS	200.00	500.00
LA MESA MONDAY NIGHT WOMENS	78.00	265.10
LA MESA OPEN DISCUSSION	40.00	150.00
LA MESA STEP STUDY WORKSHOP	0.00	146.34
LA MESA WOMENS SATURDAY MORNING	0.00	30.00

## Minutes of the Coordinating Council Thursday, December 8, 1994

Linda J.- Chair, called 890th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Shirley A. 11 new Coordinators and Alternates stood to introduce themselves.

Linda J. - Outgoing Chair- Thanked Council for the opportunity to serve as chair she stated: "It has really been an interesting rewarding experience. It has been a lot of fun and there has been a lot of personal growth! One of the goals that I had this year was to have the Guidelines updated, so that any changes made to the Guidelines be inserted in their proper place. Evelyn has informed me that this has been done. A special thank you to Connie J. for all of her efforts in getting this done.

ROLL CALL: Paula F., Assistant Council Chair, 77 Groups were represented, a quorum; 120 groups are registered, including: 8 new Coordinators, 3 alternates. VISITORS: Bobbie C. - International Convention Host Committee. J.P. Area Assembly M/S/C to accept the minutes as printed in the December COORDINATOR. The Seventh Tradition collected \$59.60.

COORDINATOR EDITORS: No report. Mike C. New Committee elected: Char M., Terry P., Tom K., Mal H., Pat V., Miriam St. G., Rickie K., and Bob H.

PHONE COMMITTEE: Sam L. - Chair reported: Committee met Sunday, 12/5/94 at 7:00 pm. PRESENT: Michael P. Co-Chair, Hans F., Heather A. and Sam L.-Chair. Absent Excused: Richard B., Matt A. and Michael P. 1)Currently available are the 1st, 3rd, and 29th. Groups interested in taking over these nights should contact Central Office. 2) We'd like to thank phone leader Tom K. and War Fever and also Katherine F. and the Lemon Grove Group. 3)We'd like to thank Heather A., Richard B., Matt A. and Sam L. for their outstanding service as out going members of the phone committee. Heather A. has volunteered to stay on to update computer. 4) Thank you for allowing me to be of service. 5) Thank you to the groups and individuals who answered phones in November. 6) We need more volunteers for the auxiliary list for emergency situations. 7) Bob M., Darrein, Dennis J., and Frank R. were elected to committee.

ORIENTATION COMMITTEE: Dennis J., Chair, reported: Committee met Thursday, 12/08/94 at 6:30pm PRESENT: Dennis J. 1) Dave A., Keith, Ray, Steve R. elected to committee.

PUBLIC INFORMATION COMMITTEE: Frank D. Chair, reported. Committee met Monday, 12/5/94 at 7:00pm PRESENT: Reid S., Cliff H., Doug M., Jim J., Frank D., David C., and Mike M. Absent: Lissa W. and Rick W. VISITORS: Sherry W.-Al-Anon and Blacke C. 1) 5 speakers reached 85 people 2 schools. 2) Sherry from Al-Anon PI spoke about their efforts to carry the message. 3) David C. was elected 1995 Chair of the PI Committee. 4) Committee still has 5 openings. If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Dean, reported: 1) Abi, Anita B., David G., and Amy elected to committee. 160 tickets were

sold to the Spiritual Breakfast and 130 arrived: minor loss of \$70.

BUSINESS COMMITTEE: Bob P. Chair, reported: Committee met Tuesday, 12/6/94 at 6:00pm. PRESENT: Bob P. - Chair, Gabe L. Heather M. and Lee G. Absent excused: Shirley A. Absent: Mary Sue C. ALSO PRESENT: Evelyn G., Central Office Manager, Mickey S., Recording Secretary, Marilyn A. - 3rd Weekenders, Bill M. - Area Committee, Trina L., Mike, and Frank F. - Southern California Sober Singles Blake - P.I. Candidate. 1) After discussion, M/S/C to approve Blake as new members of the P.I. Committee. 2) M/S/C To provide to Area Assembly a listing of meetings by chronological order by January 1995. 3) Representatives from Sober Singles asked for clarification on the suspension. After much discussion it was suggested that they approach next years Business Committee for their consideration to reinstate. FLYERS: 1) M/S/C to accept flyer for r Weekender to be inserted into the January COORDINATOR. Evelyn G. - COM, reported: 1) That she came back from the Intergroup Seminar in Vancouver with more knowledge and greater comfort level of how AA is running in San Diego. A full report at the January Council meeting. Annual Audit - Received bid from Georgè Samuels & Associates, waiting for bid from 2 other firms. M/S/C to spend \$25 on Christmas tree for the office. Suggestion was made to have a pot luck party for the volunteers. 5) M/S/C to accept the Consolidated Income statement for November. The business committee would like to point out that contributions to the Central Office were down by \$1,500. The Central Office was in the red for the first time in months. Gabe L. Stu W. and Barbara elected to the committee.

VOTING ISSUES: Motion brought by Sunday Serenity to change guidelines of the Program Committee to insure accountability of monies spent and success of the AA events. Motion not passed by a vote of 34 no to 26 yes.

COORDINATING COUNCIL CHAIR: JIM J.  
COORDINATING COUNCIL CO-CHAIR: KATHY S.  
NEW COFFEE MAKER-JOHN

AREA ASSEMBLY: J.P. - Area Assembly is on January 7, special guest newly elected Pacific Regional Trustee, starts 8:30 am - 4:00pm. Solana Beach Presbyterian Church

INT'L CONVENTION HOST COMMITTEE: Bobbie C., Chair - Kickoff meeting is Jan 14 at convention center. Will be volunteer sign-up, convention presentation and visitors from G.S.O. You need not be registered for the Convention at the time of the kick-off.

SPRING ROUND-UP: Sam L. - The round-up will be April 14-16, 1995 at the Hyatt.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in Nov.

## Group Contributions in Nov.

GROUP NAME	Nov.	YTD	GROUP NAME	Nov.	YTD
12 X 12 STEP STUDY	0.00	24.00	EARLY BIRDS	0.00	97.50
92037 DISCUSSION GROUP	0.00	792.00	EARLY RISERS (CORONADO)	0.00	530.50
A NEW WAY TO LIVE	20.00	20.00	EARLY RISERS (PB)	0.00	421.00
A STREET GROUP	0.00	50.00	EAST COUNTY BREAKFAST	0.00	238.87
A WOMENS MEETING	0.00	330.35	EAST COUNTY FRIDAY SPEAKERS	30.00	58.29
AA BY THE BAY	0.00	530.00	EAST COUNTY MENS	0.00	25.00
AA STEP STUDY	0.00	236.00	EAST COUNTY SPEAKERS	0.00	650.00
ALCOHOLICS ONLY	0.00	144.49	EAST SIDE GROUP	0.00	328.00
ALLIED GARDENS DISCUSSION	0.00	255.00	EASY DOES IT RIDERS	0.00	291.00
ALLIED GARDENS FRIDAY LUNCH	0.00	225.00	EASY DOES IT SPEAKERS	0.00	360.00
ALPINE WOMENS CANDLELIGHT	0.00	60.75	EASY RISERS	25.00	40.00
ANNONYMOUS ANONYMOUS	50.00	100.00	EIGHTH STREET BAREFOOT GROUP	0.00	50.00
ANNUAL CHRISTMAS MEETING	0.00	9.00	EL CAJON DAYTIME	120.00	1440.00
ANOTHER NEW BEGINNING	0.00	50.00	EL CAJON EARLY STARTERS	0.00	132.00
ANOTHER SOBER TUESDAY	0.00	228.00	EL CAJON WOMENS SERENITY	75.00	230.75
AS BILL SEES IT	0.00	80.00	EYE OPENER GROUP	58.89	704.33
AT ONE WITH EACH OTHER	0.00	35.00	FACULTY GROUP	0.00	60.00
B.Y.O.B.	0.00	222.60	FIRST MIRA MESA MENS	0.00	120.00
BACK TO BASICS	0.00	1320.00	FLETCHER HILLS SMOKELESS	50.00	450.00
BACK TO BASICS FOR WOMEN	0.00	179.80	FOURTH & BROOKES WOMENS	60.00	120.00
BACK TO BASICS STEP STUDY	0.00	20.00	FREE ON FRIDAY	165.23	801.64
BACKWOODS MEETING	0.00	74.00	FREE TO BE	74.00	286.00
BATTERY CHARGERS	444.64	831.64	FRESH AIR FRIDAY	0.00	205.42
BAY PARK STEP STUDY GROUP	0.00	633.40	FRESH START BEGINNERS	0.00	86.50
BAYSIDE BIG BOOK STUDY	50.00	100.00	FRI NITE CEDAR ST	0.00	230.00
BEACH AREA BEGINNERS TWO	0.00	117.00	FRIDAY MORNING WOMENS	0.00	165.81
BEACH LUNCHEON GROUP	0.00	16.89	FRIDAY NIGHT CANDLELIGHT	0.00	20.00
BIG APPLE GROUP	0.00	90.00	FRIDAY NIGHT LIVE BIG BOOK	0.00	115.00
BIG BON-FIRE MEETING	0.00	400.00	FRIDAY NIGHT MENS	30.00	320.10
BIG BOOK & 12 X 12 STEP STUDY	0.00	222.53	FRIDAY NIGHT REFUGEES	0.00	10.62
BIG BOOK COMES ALIVE	0.00	206.00	FRIDAY NIGHT WOMENS	0.00	75.00
BIG BOOK DISCUSSION FOUNDERS GROUP	100.00	213.50	FRIDAY NOONERS	0.00	240.00
BIRDS OF A FEATHER	40.00	60.00	GET WITH THE PROGRAM	0.00	60.00
BONITA WOMENS	0.00	40.00	GILMAN GROUP	0.00	122.46
BUTTERFLY GROUP	0.00	55.00	GOLDEN HILLS SUNDAY DISCUSSION	0.00	159.79
BUTTS OUT SMOKELESS	50.00	238.23	GOOD NEWS GROUP	41.06	151.06
CAJON VIEW OPEN DISCUSSION GROUP	25.00	50.00	GRAB YOUR SOCKS DIS	0.00	37.00
CAJON VIEW STEP STUDY	40.00	101.00	GRAD GROUP	0.00	40.00
CASA DE ORO TRADITION FIVE	0.00	150.00	GRAPE STREET SUNRISE	0.00	87.50
CEDAR STREET MENS	0.00	996.00	GRATITUD	0.00	5.00
CHEERS	35.00	125.00	GREAT FACT GROUP	0.00	40.00
CHULA VISTA 4 MIN SPEAKERS	0.00	405.00	HAND IN HAND CLOSED STEP STUDY	0.00	35.00
CHULA VISTA BEGINNERS STEP STUDY	0.00	241.00	HAPPY HOUR GROUP OF EL CAJON	0.00	58.05
CHULA VISTA FRIDAY NIGHT	0.00	250.00	HAPPY HOUR-AND-A-HALF	0.00	110.00
CHULA VISTA MONDAY NIGHT DISCUSSION	0.00	20.00	HAPPY JOYOUS & FREE	0.00	105.00
CHULA VISTA NOON GROUP	41.52	473.20	HARMONY GROUP	0.00	900.00
CLAIREMONT CLOSED MIXED GROUP DISCUSSION	0.00	82.72	HI-NOONERS	0.00	85.00
CLAIREMONT DAYTIME STEP STUDY	0.00	200.00	HIGH BOTTOM GROUP	0.00	25.00
CLAIREMONT MENS	405.60	1714.69	HOMESTEADERS	0.00	1.00
CLAIREMONT OPEN DISCUSSION	25.00	165.00	HOW IT IS NOW SPEAKERS	0.00	97.00
CLAIREMONT SUNDAY NIGHT DISCUSSION	0.00	200.00	HOW IT IS TODAY	0.00	387.00
CLAIREMONT THURS NOON LUNCH BUNCH	0.00	120.00	HOW IT WORKS STEP STUDY	0.00	83.69
CLAIREMONT THURSDAY BROWN BAGGERS	60.00	160.00	I NEED A MEETING MEETING	0.00	259.00
CLAIREMONT WEDNESDAY GROUP	0.00	50.00	IMPERIAL BEACH GROUP	0.00	189.00
CLAIREMONT WEDS NOON BROWN BAG	0.00	146.00	IMPERIAL GROUP	0.00	50.00
CLAIREMONT WOMENS	0.00	175.00	INSIDE JOB	0.00	57.60
CLASS ACTS	0.00	150.00	INTERNATIONAL GROUP	0.00	15.00
CONVOY DISCUSSION	0.00	25.00	INTIMATE RECOVERY	0.00	128.17
CONVOY STEP STUDY	0.00	20.00	ISLAND DROP-IN GROUP	0.00	100.00
COORDINATING COUNCIL-CENTRAL OFFICE	65.53	769.11	JOY & SERENITY STEP STUDY	0.00	50.00
CORONADO 12 X 12	0.00	25.00	JUST US GIRLS	0.00	136.00
CORONADO BEGINNERS AA	0.00	60.00	KEARNY MESA NIGHT HOWLERS	0.00	21.48
CORONADO BIG BOOK STUDY	0.00	50.00	KEEP COMING BACK	10.00	38.04
CORONADO MENS	0.00	49.00	LA JOLLA BEGINNERS GROUP	0.00	396.00
CORONADO NOONERS	0.00	135.00	LA JOLLA COVE BEGINNERS	0.00	50.00
CORONADO SUNDAY NIGHT DISCUSSION	50.00	95.00	LA JOLLA LUNCH BUNCH	90.00	390.00
CORONADO SUNDAY NOON	0.00	65.00	LA JOLLA MIDDAY	0.00	60.00
COWLES MOUNTAIN SMOKELESS DISCUSSION	0.00	235.00	LA JOLLA MONDAY WOMENS GROUP	0.00	350.00
CREST GROUP	0.00	200.00	LA JOLLA NON-SMOKERS DISCUSSION	0.00	606.37
D.D.G.T.M.	0.00	219.46	LA JOLLA PATIO GROUP	58.00	68.00
DAWN PATROL	0.00	330.15	LA JOLLA PATIO GROUP	63.00	523.59
DEL MAR WEDNESDAY LUNCH BUNCH	0.00	235.00	LA JOLLA PUMP HOUSE GROUP	0.00	674.21
DESIGNS FOR LIVING	0.00	240.00	LA JOLLA SOLEDAD MENS	200.00	703.63
DIAMOND ST. MENS STEP STUDY	0.00	251.77	LA JOLLA SPEAKERS	0.00	735.00
DOCTORS AND LAWYERS GROUP	0.00	75.00	LA JOLLA STEP STUDY	0.00	194.00
DOUBLE DOSE OF SERENITY	0.00	30.00	LA JOLLA THURSDAY NIGHT	0.00	85.00
DOWNTOWN DISCUSSION GROUP	0.00	249.00	LA MESA BIG BOOK	0.00	20.00
DOWNTOWN NOON DISCUSSION	0.00	76.00	LA MESA MENS	200.00	500.00
DRUNKS ONLY	224.58	2905.69	LA MESA MONDAY NIGHT WOMENS	78.00	265.10
DRY DOCK #21	0.00	80.00	LA MESA OPEN DISCUSSION	40.00	150.00
DULZURA LIVING SOBER	0.00	50.00	LA MESA STEP STUDY WORKSHOP	0.00	146.34
EACH DAY A NEW BEGINNING	0.00	43.00	LA MESA WOMENS SATURDAY MORNING	0.00	30.00



## Group Contributions in Nov.

GROUP NAME	Nov.	YTD
LAKESIDE FRIDAY NOONERS	0.00	80.00
LAKESIDE MENS	0.00	168.20
LAKESIDE STEP STUDY	80.00	130.00
LAKESIDE THURSDAY NIGHT	0.00	102.00
LANDING ZONE	0.00	25.00
LET IT STAY AA	5.00	5.00
LET'S BE HONEST	14.24	14.24
LEXINGTON BIG BOOK STUDY	37.50	82.50
LINDA VISTA MENS	0.00	50.00
LINDA VISTA THURSDAY NIGHT	0.00	50.00
LITTLE APPLE GROUP	0.00	96.00
LIVING FREE	0.00	600.00
LIVING PROOF GROUP	0.00	50.00
LIVING SOBER TODAY	0.00	22.50
LOMA PORTAL DISCUSSION	0.00	282.69
LOTUS WOMENS CLOSED	81.00	271.00
LOVE AND TRUTH 12 X 12 S/S	0.00	60.00
LUNCH WITH BILL W BUNCH	0.00	138.00
MAPLE ST NOONERS	0.00	92.00
MAPLE STREET STEP STUDY WORKSHOP	0.00	75.00
MEDICINE WHEEL	85.00	165.00
MENS RECOVERY GROUP	0.00	50.00
MENS STRUCTURED STEP STUDY	0.00	100.00
MID-WEEK MENS	40.00	367.20
MIRA MESA 12 STEP STUDY	0.00	45.00
MIRA MESA EARLY RISERS	29.52	188.68
MIRA MESA MONDAY NOON MIXED	0.00	70.00
MIRA MESA SUNDAY	24.49	74.49
MIRA MESA WOMENS	0.00	267.46
MIRAMAR NAS NOONERS	25.00	125.00
MISSION BAY MIXED	50.00	219.72
MISSION BAY SATURDAY NIGHT SPEAKERS	0.00	155.00
MISSION BAY SPEAKERS	30.00	153.57
MISSION HILLS GROUP	0.00	150.00
MISSION POSSIBLE	109.47	139.47
MIXED NUTS	0.00	65.00
MON EVE SMOKELESS DINNER MEETING	0.00	102.00
MONDAY MENS GUT LEVEL GROUP	0.00	33.00
MONDAY NIGHT CAMPO	0.00	30.00
MONDAY NIGHT NORTH PARK AA	0.00	40.61
MONDAY NOON CAMPUS GROUP	0.00	22.00
MORNING ATTITUDE ADJUSTMENT	0.00	61.38
MORNING GLORYS WOMENS STEP STUDY	0.00	66.00
N R A D	0.00	56.00
NAS-NI-NAD NOONERS	0.00	77.55
NATIONAL CITY MAINTENANCE PLUS	0.00	10.00
NEW BEGINNINGS	0.00	20.00
NEW MEANING	0.00	2.41
NEW WOMEN	0.00	50.00
NEW YEAR EVE PARTY GROUP	0.00	28.00
NOON AT THE GROVE	0.00	254.00
NOONERS ANONYMOUS	0.00	150.00
NORTH PARK MENS	0.00	835.00
NORTH SHORES BEGINNERS	0.00	75.00
NORTH SHORES BREAKFAST	0.00	60.00
NORTH SHORES BREAKFAST DISCUSSION	30.00	33.00
NORTH SHORES MENS	9.53	24.53
NORTH SHORES SPEAKERS	0.00	120.00
NORTH SHORES THURSDAY NIGHT DISCUSSION	0.00	8.00
OCEAN BEACH STEP STUDY	0.00	30.00
OCEAN BEACH TUESDAY	0.00	135.00
OLD TIMERS BREAKFAST	48.00	173.10
OLD TOWN MAINSTREAM	0.00	300.00
OLD TOWN SPEAKERS	0.00	450.00
ONE DAY AT A TIME BEGINNERS	0.00	177.50
ONE STEP AHEAD	0.00	245.00
ONE STEP AT A TIME	0.00	50.00
ONE STEP AT A TIME RUNNERS	0.00	90.00
ONE STEP BEYOND	0.00	20.00
OPEN MINDED MENS	0.00	200.00
ORIGINAL ANONYMOUS ANONYMOUS OVER 50	0.00	314.91
PACIFIC BEACH WEEKEND WARMUP	0.00	1750.80
PACIFIC BEACH YOUNG PEOPLES	0.00	160.56
PARADISE HILLS	90.00	390.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	8.00
PASS IT ON GROUP	0.00	160.00
PATTERNS IN SOBRIETY	0.00	310.00
PENASQUITOS BIG BOOK STUDY	30.00	52.89
PENASQUITOS STEP STUDY	0.00	53.05
POINT LOMA FRIDAY AFTERNOON STEP STUDY	0.00	75.00
POINT LOMA MENS	0.00	275.00

## Group Contributions in Nov.

GROUP NAME	Nov.	YTD
POINT LOMA SATURDAY MORNING	149.00	732.70
PORTER HALL GROUP	0.00	400.00
PORTER HALL STRUCTURED S/S	0.00	60.00
PRIMARY PURPOSE GROUP	0.00	33.00
PROFESSIONAL GROUP	0.00	20.00
PT. LOMA WOMENS DISCUSSION	0.00	108.34
RAINBOW BRIDGE	3.00	128.00
RAINBOW MEETING	0.00	5.00
RAMONA MONDAY NIGHT	0.00	96.32
RAMONA THURSDAY NIGHT BIG BOOK	0.00	10.00
ROLANDO	0.00	12.46
ROSARITO GRINGO (ENGLISH)	0.00	10.00
ROUND TABLE DISCUSSION	0.00	200.00
SAFE SANE AND SOBER	0.00	100.00
SAN CARLOS SINGLE PURPOSE	0.00	150.00
SAN DIEGO DOCTORS STEP STUDY	0.00	200.00
SANTEE BIG BOOK STUDY	14.57	169.99
SANTEE SERENITY GROUP	30.00	115.00
SANTEE SUNDAY NITE SMOKELESS	0.00	257.50
SANTEE THURSDAY CLOSED MIXED	120.00	540.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	153.00
SATURDAY AM LIVE	0.00	134.41
SATURDAY MENS	0.00	228.53
SATURDAY NIGHT EARLY DISCUSSION	0.00	699.69
SATURDAY NIGHT SMOKELESS DISCUSSION	120.00	370.93
SATURDAY NITE SPECIAL	21.38	21.38
SATURDAY NOONERS OPEN DISCUSSION	0.00	77.50
SCRIPPS RANCH BACK TO BASICS BIG BOOK STUDY	0.00	195.00
SCRIPPS RANCH MENS	0.00	20.67
SENIOR AND SOBER DISCUSSION GROUP	25.00	50.00
SENIOR SERENITY MEETING	0.00	155.00
SENIOR SOBRIETY	0.00	64.29
SERENDIPITY WOMENS	0.00	166.00
SERENITY BY THE SEA	48.00	708.55
SERENITY SEEKERS STEP STUDY	0.00	49.13
SERENITY WITH AN ATTITUDE	0.00	17.86
SIX O'CLOCK BIG BOOK STUDY	0.00	75.00
SKY HI WOMENS LUNCHEON	0.00	71.25
SMOKEFREE LA MESA WOMENS	37.50	111.50
SNOOKLESS DRUNKS LUNCHEON	0.00	10.00
SOBER NOONERS	20.00	40.00
SOBER SERENITY SMOKERS	0.00	98.00
SOBER SISTERS	26.58	111.58
SOBRIETY SEEKERS STEP STUDY	0.00	100.00
SOBRIETY WORKING FOR WOMEN-WEST	0.00	315.00
SOLE PURPOSE GROUP	0.00	110.00
SOLUTIONS IN THE MORNING	19.25	22.25
SORRENTO VALLEY NOONER	0.00	97.50
SOUTH BAY MIXED DISCUSSION	0.00	15.81
SPRING VALLEY STEP STUDY	125.00	200.00
STADIUM GROUP	0.00	75.00
STEP ONE GROUP	0.00	25.39
STEPS TO RECOVERY	0.00	156.00
STEPS TO RECOVERY GROUP	0.00	50.00
STRAIGHT SHOOTERS	0.00	80.00
SUNDAY BEACH SUN-DAY	0.00	50.00
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	30.00
SUNDAY DISCUSSION GROUP	0.00	50.00
SUNDAY KIND OF LOVE	0.00	130.94
SUNDAY MIDDAY	0.00	377.05
SUNDAY MORNING ELEVENTH STEP	75.00	230.00
SUNDAY MORNING SPIRITUAL MEETING	0.00	40.00
SUNDAY MORNING SUNSHINE	20.00	100.00
SUNDAY NIGHT DISCUSSION	30.00	30.00
SUNDAY NIGHT OPEN	0.00	150.00
SUNDAY SERENITY	0.00	710.00
SUNDAY SUNDOWNERS	0.00	157.03
SUNDAY WOMENS GROUP	0.00	25.00
SUNSET STEP STUDY	0.00	95.00
SURVIVORS GROUP	0.00	240.00
SWEET GRASS	0.00	170.00
T.G.I.F.	0.00	36.00
T.G.I.S.	0.00	132.25
TAKE FIVE	0.00	95.00
TALBOT STREET	40.00	350.00
THE LA JOLLA PATIO GROUP	25.00	355.00
THE OTHER MEETING	108.00	418.52
THE WOMENS ROOM	0.00	60.00
THIRO WEEKENDERS CAMPING GROUP	0.00	60.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	23.00
THURSDAY NIGHT SOBRIETY	0.00	125.00
THURSDAY NIGHT STEPPERS	0.00	110.00
THURSDAY NIGHT WOMENS SPEAKERS	37.50	37.50

## SD FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND ELEVEN MONTHS ENDED NOVEMBER 30, 1994

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 5,509.66	95.3	\$70,412.37	92.6	\$69,625.59	\$ 786.78	101.1
Buck-A-Month	96.00	1.7	851.00	1.1	1,015.79	(164.79)	83.8
Memoriams	.00	.0	.00	.0	450.00	(450.00)	.0
Coffee/Recycle	.00	.0	.00	.0	95.86	(95.86)	.0
Individual Donations	174.95	3.0	4,105.03	5.4	3,462.73	642.30	118.6
Checking - Interest	.00	.0	.00	.0	64.04	(64.04)	.0
Variable Acct. - Interest	.00	.0	.00	.0	49.55	(49.55)	.0
Cert. of Deposit - Interest	.00	.0	235.39	.3	109.65	125.74	214.7
Other Income	.00	.0	458.56	.6	291.00	167.56	157.6
<b>TOTAL INCOME</b>	<b>5,780.61</b>	<b>100.0</b>	<b>76,062.35</b>	<b>100.0</b>	<b>75,164.21</b>	<b>898.14</b>	<b>101.2</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	22.3	\$15,962.00	21.0	\$18,663.00	\$ (2,701.00)	85.5
Utilities	308.72	5.3	3,891.65	5.1	3,888.18	3.47	100.1
Wages	3,898.66	67.4	42,675.76	56.1	45,784.06	(3,108.30)	93.2
Accrued Payroll Taxes	303.45	5.3	4,116.37	5.4	3,986.65	129.72	103.3
Health Insurance	280.00	4.8	2,185.00	2.9	3,080.00	(895.00)	70.9
Telephone	315.18	5.5	3,154.27	4.2	5,289.86	(2,135.59)	59.6
Office Supplies	295.35	5.1	5,906.00	7.8	4,471.55	1,434.45	132.1
Bulk Postage	150.00	2.6	1,600.00	2.1	1,670.00	(70.00)	95.8
Return Postage	.00	.0	200.00	.3	1,125.56	(925.56)	17.8
Supplies - General	.00	.0	.00	.0	854.77	(854.77)	.0
Repairs & Maintenance	.00	.0	1,127.69	1.5	3,555.94	(2,428.25)	31.7
Insurance - W/C and Liab.	.00	.0	1,104.26	1.5	1,011.89	92.37	109.1
Auto/Travel/Seminar	350.12	6.1	2,144.03	2.8	725.84	1,418.19	295.4
Legal & Audit	200.00	3.5	4,400.00	5.8	4,480.00	(80.00)	98.2
Cash (Over)/Short	11.13	.2	61.58	.1	(133.07)	194.65	(46.3)
Depreciation	284.00	4.9	3,124.00	4.1	3,124.00	.00	100.0
Bad debt	.00	.0	.00	.0	248.93	(248.93)	.0
Meeting Schedules	.00	.0	.00	.0	2,233.47	(2,233.47)	.0
Janitorial	.00	.0	148.00	.2	1,628.00	(1,480.00)	9.1
<b>TOTAL OPERATING EXPENSE</b>	<b>7,686.61</b>	<b>133.0</b>	<b>91,800.61</b>	<b>120.7</b>	<b>105,688.63</b>	<b>(13,888.02)</b>	<b>86.9</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 541.54	9.4	\$ 3,670.28	4.8	\$ 3,570.66	\$ 99.62	102.8
Business Committee	.00	.0	.00	.0	201.00	(201.00)	.0
Program Committee	503.60	8.7	214.21	.3	(3.73)	217.94	(5742.9)
Public Information Committee	109.16	1.9	918.52	1.2	1,846.35	(927.83)	49.8
After Hours Phone Committee	.00	.0	.00	.0	58.00	(58.00)	.0
Orientation Committee	.00	.0	.00	.0	108.00	(108.00)	.0
Coordinating Council	305.00	5.3	1,476.67	1.9	852.23	624.44	173.3
<b>TOTAL COMMITTEE EXPENSE</b>	<b>1,459.30</b>	<b>25.2</b>	<b>6,279.68</b>	<b>8.3</b>	<b>6,632.51</b>	<b>(352.83)</b>	<b>94.7</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(3,365.30)</b>	<b>(58.2)</b>	<b>(22,017.94)</b>	<b>(29.0)</b>	<b>(37,156.93)</b>	<b>15,138.99</b>	<b>59.3</b>
Sales Income (SEE SCH)	\$ 6,243.90	108.0	\$76,954.92	101.2	\$82,282.55	\$ (5,327.63)	93.5
Cost of Sales (SEE SCH)	(3,995.31)	(69.1)	(50,989.83)	(67.0)	(55,396.03)	4,406.20	92.1
<b>NET INCOME (LOSS)</b>	<b>\$ (1,116.71)</b>	<b>(19.3)</b>	<b>\$ 3,947.15</b>	<b>5.2</b>	<b>\$ (10,270.41)</b>	<b>\$ 14,217.56</b>	<b>(38.4)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 262.50	4.5	\$ 1,792.50	2.4	\$ 2,397.69	\$ (605.19)	74.8
Cost of Tokens	129.50	2.2	885.78	1.2	1,238.77	(352.99)	71.5
Net Inc. Tokens	133.00	2.3	906.72	1.2	1,158.92	(252.20)	78.2
Revenue from Books	\$ 3,463.85	59.9	\$48,384.00	63.6	\$54,224.84	\$ (5,840.84)	89.2
Cost of Books	2,509.04	43.4	34,626.70	45.5	38,809.78	(4,183.08)	89.2
Net Inc. Books	954.81	16.5	13,757.30	18.1	15,415.06	(1,657.76)	89.3
Revenue from Pamphlets	\$ 550.18	9.5	\$ 6,171.64	8.1	\$12,787.05	\$ (6,615.41)	48.3
Cost of Pamphlets	337.93	5.9	3,787.50	5.0	7,189.65	(3,402.15)	52.7
Net Inc. Pamphlets	212.25	3.7	2,384.14	3.1	5,597.40	(3,213.26)	42.6
Revenue from Cassettes/Misc.	\$ 1,056.62	18.3	\$ 9,741.42	12.8	\$ 8,098.05	\$ 1,643.37	120.3
Cost Cassettes/Misc.	531.59	9.2	5,825.35	7.7	5,567.45	257.90	104.6
Net Inc. Cassettes/Misc.	525.03	9.1	3,916.07	5.2	2,530.60	1,385.47	154.8
Revenue from Schedules	\$ 910.75	15.8	\$10,865.36	14.3	\$ 4,774.92	\$ 6,090.44	227.6
Cost of Schedules	487.25	8.4	5,864.50	7.7	2,590.38	3,274.12	226.4
Net Inc. Schedules	423.50	7.3	5,000.86	6.6	2,184.54	2,816.32	228.9
<b>TOTAL INCOME FROM SALES</b>	<b>\$ 2,248.59</b>	<b>38.9</b>	<b>\$25,965.09</b>	<b>34.1</b>	<b>\$26,886.52</b>	<b>\$ (921.43)</b>	<b>96.6</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

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ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_  
STATE \_\_\_\_\_  
ZIP \_\_\_\_\_  
APT # \_\_\_\_\_

## Group Contributions in Nov.

GROUP NAME	Nov.	YTD
LAKESIDE FRIDAY NOONERS	0.00	80.00
LAKESIDE MENS	0.00	168.20
LAKESIDE STEP STUDY	80.00	130.00
LAKESIDE THURSDAY NIGHT	0.00	102.00
LANDING ZONE	0.00	25.00
LET IT STAY AA	5.00	5.00
LET'S BE HONEST	14.24	14.24
LEXINGTON BIG BOOK STUDY	37.50	82.50
LINDA VISTA MENS	0.00	50.00
LINDA VISTA THURSDAY NIGHT	0.00	50.00
LITTLE APPLE GROUP	0.00	96.00
LIVING FREE	0.00	600.00
LIVING PROOF GROUP	0.00	50.00
LIVING SOBER TODAY	0.00	22.50
LOMA PORTAL DISCUSSION	0.00	282.69
LOTUS WOMENS CLOSED	81.00	271.00
LOVE AND TRUTH 12 X 12 S/S	0.00	60.00
LUNCH WITH BILL W BUNCH	0.00	138.00
MAPLE ST NOONERS	0.00	92.00
MAPLE STREET STEP STUDY WORKSHOP	0.00	75.00
MEDICINE WHEEL	85.00	165.00
MENS RECOVERY GROUP	0.00	50.00
MENS STRUCTURED STEP STUDY	0.00	100.00
MID-WEEK MENS	40.00	367.20
MIRA MESA 12 STEP STUDY	0.00	45.00
MIRA MESA EARLY RISERS	29.52	188.68
MIRA MESA MONDAY NOON MIXED	0.00	70.00
MIRA MESA SUNDAY	24.49	74.49
MIRA MESA WOMENS	0.00	267.46
MIRAMAR NAS NOONERS	25.00	125.00
MISSION BAY MIXED	50.00	219.72
MISSION BAY SATURDAY NIGHT SPEAKERS	0.00	155.00
MISSION BAY SPEAKERS	30.00	153.57
MISSION HILLS GROUP	0.00	150.00
MISSION POSSIBLE	109.47	139.47
MIXED NUTS	0.00	65.00
MON EVE SMOKELESS DINNER MEETING	0.00	102.00
MONDAY MENS GUT LEVEL GROUP	0.00	33.00
MONDAY NIGHT CAMPO	0.00	30.00
MONDAY NIGHT NORTH PARK AA	0.00	40.61
MONDAY NOON CAMPUS GROUP	0.00	22.00
MORNING ATTITUDE ADJUSTMENT	0.00	61.38
MORNING GLORYS WOMENS STEP STUDY	0.00	66.00
N R A D	0.00	56.00
NAS-NI-NAD NOONERS	0.00	77.55
NATIONAL CITY MAINTENANCE PLUS	0.00	10.00
NEW BEGINNINGS	0.00	20.00
NEW MEANING	0.00	2.41
NEW WOMEN	0.00	50.00
NEW YEAR EVE PARTY GROUP	0.00	28.00
NOON AT THE GROVE	0.00	254.00
NOONERS ANONYMOUS	0.00	150.00
NORTH PARK MENS	0.00	835.00
NORTH SHORES BEGINNERS	0.00	75.00
NORTH SHORES BREAKFAST	0.00	60.00
NORTH SHORES BREAKFAST DISCUSSION	30.00	33.00
NORTH SHORES MENS	9.53	24.53
NORTH SHORES SPEAKERS	0.00	120.00
NORTH SHORES THURSDAY NIGHT DISCUSSION	0.00	8.00
OCEAN BEACH STEP STUDY	0.00	30.00
OCEAN BEACH TUESDAY	0.00	135.00
OLD TIMERS BREAKFAST	48.00	173.10
OLD TOWN MAINSTREAM	0.00	300.00
OLD TOWN SPEAKERS	0.00	450.00
ONE DAY AT A TIME BEGINNERS	0.00	177.50
ONE STEP AHEAD	0.00	245.00
ONE STEP AT A TIME	0.00	50.00
ONE STEP AT A TIME RUNNERS	0.00	90.00
ONE STEP BEYOND	0.00	20.00
OPEN MINDED MENS	0.00	200.00
ORIGINAL ANONYMOUS ANONYMOUS	0.00	314.91
OVER 50	0.00	50.00
PACIFIC BEACH WEEKEND WARMUP	0.00	1750.80
PACIFIC BEACH YOUNG PEOPLES	0.00	160.56
PARADISE HILLS	90.00	390.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	8.00
PASS IT ON GROUP	0.00	160.00
PATTERNS IN SOBRIETY	0.00	310.00
PENASQUITOS BIG BOOK STUDY	30.00	52.89
PENASQUITOS STEP STUDY	0.00	53.05
POINT LOMA FRIDAY AFTERNOON STEP STUDY	0.00	75.00
POINT LOMA MENS	0.00	275.00

## Group Contributions in Nov.

GROUP NAME	Nov.	YTD
POINT LOMA SATURDAY MORNING	149.00	732.70
PORTER HALL GROUP	0.00	400.00
PORTER HALL STRUCTURED S/S	0.00	60.00
PRIMARY PURPOSE GROUP	0.00	33.00
PROFESSIONAL GROUP	0.00	20.00
PT. LOMA WOMENS DISCUSSION	0.00	108.34
RAINBOW BRIDGE	3.00	128.00
RAINBOW MEETING	0.00	5.00
RAMONA MONDAY NIGHT	0.00	96.32
RAMONA THURSDAY NIGHT BIG BOOK	0.00	10.00
ROLANDO	0.00	12.46
ROSARITO GRINGO (ENGLISH)	0.00	10.00
ROUND TABLE DISCUSSION	0.00	200.00
SAFE SANE AND SOBER	0.00	100.00
SAN CARLOS SINGLE PURPOSE	0.00	150.00
SAN DIEGO DOCTORS STEP STUDY	0.00	200.00
SANTEE BIG BOOK STUDY	14.57	169.99
SANTEE SERENITY GROUP	30.00	115.00
SANTEE SUNDAY NITE SMOKELESS	0.00	257.50
SANTEE THURSDAY CLOSED MIXED	120.00	540.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	153.00
SATURDAY AM LIVE	0.00	134.41
SATURDAY MENS	0.00	228.53
SATURDAY NIGHT EARLY DISCUSSION	0.00	699.69
SATURDAY NIGHT SMOKELESS DISCUSSION	120.00	370.93
SATURDAY NITE SPECIAL	21.38	21.38
SATURDAY NOONERS OPEN DISCUSSION	0.00	77.50
SCRIPPS RANCH BACK TO BASICS BIG BOOK STUDY	0.00	195.00
SCRIPPS RANCH MENS	0.00	20.67
SENIOR AND SOBER DISCUSSION GROUP	25.00	50.00
SENIOR SERENITY MEETING	0.00	155.00
SENIOR SOBRIETY	0.00	64.29
SERENDIPITY WOMENS	0.00	166.00
SERENITY BY THE SEA	48.00	708.55
SERENITY SEEKERS STEP STUDY	0.00	49.13
SERENITY WITH AN ATTITUDE	0.00	17.86
SIX O'CLOCK BIG BOOK STUDY	0.00	75.00
SKY HI WOMENS LUNCHEON	0.00	71.25
SMOKEFREE LA MESA WOMENS	37.50	111.50
SMOKELESS DRUNKS LUNCHEON	0.00	10.00
SOBER NOONERS	20.00	40.00
SOBER SERENITY SMOKERS	0.00	98.00
SOBER SISTERS	26.58	111.58
SOBRIETY SEEKERS STEP STUDY	0.00	100.00
SOBRIETY WORKING FOR WOMEN-WEST	0.00	315.00
SOLE PURPOSE GROUP	0.00	110.00
SOLUTIONS IN THE MORNING	19.25	22.25
SORRENTO VALLEY NOONER	0.00	97.50
SOUTH BAY MIXED DISCUSSION	0.00	15.81
SPRING VALLEY STEP STUDY	125.00	200.00
STADIUM GROUP	0.00	75.00
STEP ONE GROUP	0.00	25.39
STEPS TO RECOVERY	0.00	156.00
STEPS TO RECOVERY GROUP	0.00	50.00
STRAIGHT SHOOTERS	0.00	80.00
SUNDAY BEACH SUN-DAY	0.00	50.00
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	30.00
SUNDAY DISCUSSION GROUP	0.00	50.00
SUNDAY KIND OF LOVE	0.00	130.94
SUNDAY MIDDAY	0.00	377.05
SUNDAY MORNING ELEVENTH STEP	75.00	230.00
SUNDAY MORNING SPIRITUAL MEETING	0.00	40.00
SUNDAY MORNING SUNSHINE	20.00	100.00
SUNDAY NIGHT DISCUSSION	30.00	30.00
SUNDAY NIGHT OPEN	0.00	150.00
SUNDAY SERENITY	0.00	710.00
SUNDAY SUNDOWNERS	0.00	157.03
SUNDAY WOMENS GROUP	0.00	25.00
SUNSET STEP STUDY	0.00	95.00
SURVIVORS GROUP	0.00	240.00
SWEET GRASS	0.00	170.00
T.G.I.F.	0.00	36.00
T.G.I.S.	0.00	132.25
TAKE FIVE	0.00	95.00
TALBOT STREET	40.00	350.00
THE LA JOLLA PATIO GROUP	25.00	355.00
THE OTHER MEETING	108.00	418.52
THE WOMENS ROOM	0.00	60.00
THIRD WEEKENDERS CAMPING GROUP	0.00	60.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	23.00
THURSDAY NIGHT SOBRIETY	0.00	125.00
THURSDAY NIGHT STEPPERS	0.00	110.00
THURSDAY NIGHT WOMENS SPEAKERS	37.50	37.50

## SD FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND ELEVEN MONTHS ENDED NOVEMBER 30, 1994

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 5,509.66	95.3	\$70,412.37	92.6	\$69,625.59	\$ 786.78	101.1
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Memoriams	.00	.0	.00	.0	450.00	(450.00)	.0
Coffee/Recycle	.00	.0	.00	.0	95.86	(95.86)	.0
Individual Donations	174.95	3.0	4,105.03	5.4	3,462.73	642.30	118.6
Checking - Interest	.00	.0	.00	.0	64.04	(64.04)	.0
Variable Acct. - Interest	.00	.0	.00	.0	49.55	(49.55)	.0
Cert. of Deposit - Interest	.00	.0	235.39	.3	109.65	125.74	214.7
Other Income	.00	.0	458.56	.6	291.00	167.56	157.6
<b>TOTAL INCOME</b>	<b>5,780.61</b>	<b>100.0</b>	<b>76,062.35</b>	<b>100.0</b>	<b>75,164.21</b>	<b>898.14</b>	<b>101.2</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	22.3	\$15,962.00	21.0	\$18,663.00	\$ (2,701.00)	85.5
Utilities	308.72	5.3	3,891.65	5.1	3,888.18	3.47	100.1
Wages	3,898.66	67.4	42,675.76	56.1	45,784.06	(3,108.30)	93.2
Accrued Payroll Taxes	303.45	5.3	4,116.37	5.4	3,986.65	129.72	103.3
Health Insurance	280.00	4.8	2,185.00	2.9	3,080.00	(895.00)	70.9
Telephone	315.18	5.5	3,154.27	4.2	5,289.86	(2,135.59)	59.6
Office Supplies	295.35	5.1	5,906.00	7.8	4,471.55	1,434.45	132.1
Bulk Postage	150.00	2.6	1,600.00	2.1	1,670.00	(70.00)	95.8
Return Postage	.00	.0	200.00	.3	1,125.56	(925.56)	17.8
Supplies - General	.00	.0	.00	.0	854.77	(854.77)	.0
Repairs & Maintenance	.00	.0	1,127.69	1.5	3,555.94	(2,428.25)	31.7
Insurance - W/C and Liab.	.00	.0	1,104.26	1.5	1,011.89	92.37	109.1
Auto/Travel/Seminar	350.12	6.1	2,144.03	2.8	725.84	1,418.19	295.4
Legal & Audit	200.00	3.5	4,400.00	5.8	4,480.00	(80.00)	98.2
Cash (Over)/Short	11.13	.2	61.58	.1	(133.07)	194.65	(46.3)
Depreciation	284.00	4.9	3,124.00	4.1	3,124.00	.00	100.0
Bad debt	.00	.0	.00	.0	248.93	(248.93)	.0
Meeting Schedules	.00	.0	.00	.0	2,233.47	(2,233.47)	.0
Janitorial	.00	.0	148.00	.2	1,628.00	(1,480.00)	9.1
<b>TOTAL OPERATING EXPENSE</b>	<b>7,686.61</b>	<b>133.0</b>	<b>91,800.61</b>	<b>120.7</b>	<b>105,688.63</b>	<b>(13,888.02)</b>	<b>86.9</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 541.54	9.4	\$ 3,670.28	4.8	\$ 3,570.66	\$ 99.62	102.8
Business Committee	.00	.0	.00	.0	201.00	(201.00)	.0
Program Committee	503.60	8.7	214.21	.3	(3.73)	217.94	(5742.9)
Public Information Committee	109.16	1.9	918.52	1.2	1,846.35	(927.83)	49.8
After Hours Phone Committee	.00	.0	.00	.0	58.00	(58.00)	.0
Orientation Committee	.00	.0	.00	.0	108.00	(108.00)	.0
Coordinating Council	305.00	5.3	1,476.67	1.9	852.23	624.44	173.3
<b>TOTAL COMMITTEE EXPENSE</b>	<b>1,459.30</b>	<b>25.2</b>	<b>6,279.68</b>	<b>8.3</b>	<b>6,632.51</b>	<b>(352.83)</b>	<b>94.7</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(3,365.30)</b>	<b>(58.2)</b>	<b>(22,017.94)</b>	<b>(29.0)</b>	<b>(37,156.93)</b>	<b>15,138.99</b>	<b>59.3</b>
Sales Income (SEE SCH)	\$ 6,243.90	108.0	\$76,954.92	101.2	\$82,282.55	\$ (5,327.63)	93.5
Cost of Sales (SEE SCH)	(3,995.31)	(69.1)	(50,989.83)	(67.0)	(55,396.03)	4,406.20	92.1
<b>NET INCOME (LOSS)</b>	<b>\$ (1,116.71)</b>	<b>(19.3)</b>	<b>\$ 3,947.15</b>	<b>5.2</b>	<b>\$ (10,270.41)</b>	<b>\$ 14,217.56</b>	<b>(38.4)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 262.50	4.5	\$ 1,792.50	2.4	\$ 2,397.69	\$ (605.19)	74.8
Cost of Tokens	129.50	2.2	885.78	1.2	1,238.77	(352.99)	71.5
Net Inc. Tokens	133.00	2.3	906.72	1.2	1,158.92	(252.20)	78.2
Revenue from Books	\$ 3,463.85	59.9	\$48,384.00	63.6	\$54,224.84	\$ (5,840.84)	89.2
Cost of Books	2,509.04	43.4	34,626.70	45.5	38,809.78	(4,183.08)	89.2
Net Inc. Books	954.81	16.5	13,757.30	18.1	15,415.06	(1,657.76)	89.3
Revenue from Pamphlets	\$ 550.18	9.5	\$ 6,171.64	8.1	\$12,787.05	\$ (6,615.41)	48.3
Cost of Pamphlets	337.93	5.9	3,787.50	5.0	7,189.65	(3,402.15)	52.7
Net Inc. Pamphlets	212.25	3.7	2,384.14	3.1	5,597.40	(3,213.26)	42.6
Revenue from Cassettes/Misc.	\$ 1,056.62	18.3	\$ 9,741.42	12.8	\$ 8,098.05	\$ 1,643.37	120.3
Cost Cassettes/Misc.	531.59	9.2	5,825.35	7.7	5,567.45	257.90	104.6
Net Inc. Cassettes/Misc.	525.03	9.1	3,916.07	5.2	2,530.60	1,385.47	154.8
Revenue from Schedules	\$ 910.75	15.8	\$10,865.36	14.3	\$ 4,774.92	\$ 6,090.44	227.6
Cost of Schedules	487.25	8.4	5,864.50	7.7	2,590.38	3,274.12	226.4
Net Inc. Schedules	423.50	7.3	5,000.86	6.6	2,184.54	2,816.32	228.9
<b>TOTAL INCOME FROM SALES</b>	<b>\$ 2,248.59</b>	<b>38.9</b>	<b>\$25,965.09</b>	<b>34.1</b>	<b>\$26,886.52</b>	<b>\$ (921.43)</b>	<b>96.6</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

JOIN US  
fill out this form and  
send your \$12 today



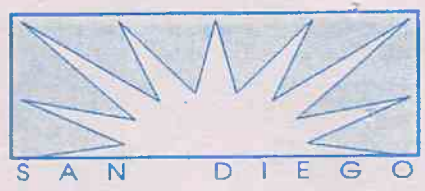
check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_  
STATE \_\_\_\_\_  
ZIP \_\_\_\_\_  
APT # \_\_\_\_\_

Host Committee  
International Convention  
Alcoholics Anonymous



June 29 - July 2 1995

# C O U N T D O W N

## 1 9 9 5

All A.A. members in the San Diego-Imperial area and neighboring area are urged to attend the All Volunteer Kick-Off Meeting at the San Diego Convention Center at 1:00PM on Saturday, January 14, 1995. A.A.'s do not have to register for the convention to participate in the Kick-Off Meeting (though they will have to register to attend the convention). Thousands of A.A.'s will be needed to volunteer to help with the myriad tasks associated with this convention. Ample parking is available either at the Convention Center itself or in nearby parking lots for \$2-\$4/ hour.

Jon P., the Volunteer Coordinator, is seeking A.A.'s with data entry skills to enter the names of the volunteers into the computer system the weekends of January 21-22 and January 28-29. Please contact Jon at (619) 259-0955 if you can help. Volunteers can expect to be contacted by their committee chair by mid-March.

There still seems to be some confusion about the need to register for the convention. There are many expenses associated with holding a convention for upwards of 50,000 people, including rent for meeting halls and providing a transportation system.

In keeping with the spirit of our Seventh Tradition and a Conference Advisory Action; International A.A. Conventions must be self supporting. No funds from group contributions, literature sales, or the Reserve Fund are used to put on this convention.

Thus, each and every volunteer and attendee at the International Convention—A.A., Al-Anon, Alateen or Guest—must pay the registration fee: \$65 in advance and \$70 on-site. Advance mail registration is available until May 15. Registration forms can be obtained at your Central Office or from your General Service Representative. Those who do not register will not be able to attend convention events and meetings. Regular A.A. meetings in the San Diego area can accommodate those who do not register.

Staff members at the General Service Office in New York are responsible for coordinating the convention. G.S.O. is part of A.A. World Services, Inc., one of the subsidiary entities of the General Service Board of Alcoholics Anonymous. Providing overall guidance and direction are members of the Trustees' and Conference Committees on International Conventions/Regional Forums, all with the approval of the General Service Conference of Alcoholics Anonymous.

It was at the historic Second International convention in St. Louis in 1955 that the 3,500 A.A.'s present accepted from the oldtimers the charge to maintain our Three Legacies of Recovery, Unity, and Service through the General Service Conference. Almost forty years later, with over two million members in almost 150 countries around the world, we can only hope and pray that we have kept our end of the bargain.

### "A.A. Everywhere - Anywhere"

San Diego 1995, P.O. Box 881995, San Diego, CA 92168-1995

### NEW ORDER ACCEPTS TRUST

New committee members, committee chairs, and a new Coordinating Council Chair were elected at the December Coordinating Council meeting. A new order is accepting the trust. A new Council Chair and Public Information Chair were elected by the Council, the Newsletter Chair was re-appointed and a committee has been formed per the new guideline change. The other committees filled their seats. Their terms of service commence this month.

Some of the committee chairs have not been elected or appointed as we go to print because they are selected from within the committees themselves; if you need assistance or have questions regarding a specific function within the Coordinating Council, please contact the listed committee chair (LOOK at PAGE 2, POINTS OF CONTACT—they can get you the info you need), the new Coordinating Council Chair, or the Central Office Staff—in that order.

As the servants from 1994 rotate into other forms of service, we want to say a little **THANK YOU** - (no big deals) - and wish all the very best! Those who serve know where the large reward is...

Here is a list of groups that voted at the last meeting: (AA BY THE BAY) (AA DISCUSSION) (ALLIED GARDENS DISCUSSION) (ANOTHER SOBER TUESDAY) (BACK TO BASICS) (BATTERY CHARGERS) (BIG BOOK DISC FOUNDERS GROUP) (B-Y-O-B) (CENTRAL GROUP) (CHULA VISTA BEGINNERS STEP STUDY) (CLASS ACTS) (CORONADO COASTAL STEP STUDY) (CREST GROUP) (DAWN PATROL) (DOWNTOWN DISCUSSION GROUP) (DRY DOCK 21) (EAST COUNTY MENS) (EAST SIDE GROUP) (EASY DOES IT RIDERS) (EASY DOES IT SPEAKERS) (EASY RISERS) (EL CAJON DAYTIME) (EL CAJON WOMEN'S SERENITY) (EYE OPENER GROUP) (FIRST MIRA MESA MENS) (FLETCHER HILLS SMOKELESS) (FRIDAY MORNING WOMAN'S) (FRIDAY NIGHT LIVE BIG BOOK STUDY) (FRIDAY NIGHT MENS) (GET WITH THE PROGRAM) (GOLDEN HILLS SUNDAY NIGHT DISCUSSION) (GOOD MORNING AA) (GROVE BREAKFAST MEETING) (HAUL YOUR HINEY OUT OF BED) (I NEED A MEETING) (LA MESA MENS) (LA MESA MONDAY NIGHT WOMEN'S) (LA MESA OPEN DISCUSSION) (LAKESIDE STEP STUDY) (LITTLE APPLE GROUP) (LOMA PORTAL DISCUSSION) (MID-WEEK MENS) (MIRA MESA FRIDAY NIGHT) (MIRA MESA SUNDAY MORNING MENS) (MIRA MESA WOMEN'S) (MISSION HILLS MONDAY NIGHT) (MONDAY EVE SMOKELESS DINNER) (NATIONAL CITY MAINTENANCE PLUS) (NEW WOMEN'S) (NOONERS ANONYMOUS) (OCEAN BEACH) (OCEAN BEACH STEP STUDY) (OCEAN BEACH TUESDAY NIGHT DISCUSSION) (OLD TOWN SPEAKERS) (POINT LOMA AA OPEN DISCUSSION) (POINT LOMA MENS) (PORTER HALL STRUCTURED STEP STUDY) (PROFESSIONAL GROUP) (RAINBOW BRIDGE) (RULE 62 GROUP) (SAN CARLOS SINGLE PURPOSE) (SANTEE WOMEN'S ALTERED ATTITUDES) (SATURDAY NIGHT FERVOR) (SATURDAY NIGHT SMOKELESS DISCUSSION) (SCRIPPS BACK TO BASICS BIG BOOK) (SPRING VALLEY STEP STUDY) (STEP ONE GROUP) (SUNDAY MIDDAY) (THURSDAY NIGHT CLAIREMONT MENS) (TIERRASANTA/MURPHY CANYON AA) (WAR FEVER) (WAY UP AND OUT) (WET BEHIND THE EARS) (WOMEN IN SOBRIETY) (WOMEN'S SOBER SUNDAY) (YOUR GROUP HERE)

**Central Group Speakers** **8:00PM WED**  
 -YWCA, 1012 "C" St. **Downtown**  
 Jan 4 Yolanda  
 Jan 11 Frank H.  
 Jan 18 Ada  
 Jan 25 OPEN DISCUSSION

**Clairemont Fri. Nite Speakers** **8:00PM FRI**  
 -NRC, 7601 Convoy Court **Clairemont/Kearny Mesa**  
 Dec 30 Lolita San Diego  
 Jan 6 Lori N. San Diego  
 Jan 13 Brian Poway  
 Jan 20 Ardie B. San Diego  
 Jan 27 Matt G. San Diego  
 Feb 3 Ron L. San Diego

**Coronado Wednesday Speaker** **8:00PM WED**  
 -Church, 700 "D" Avenue **Coronado**

**East County Fri. Nite Speakers** **8:00PM FRI**  
 -Church, Los Coches & Ha Hana Road **Lakeside**

**East County Saturday Speakers** **8:15PM SAT**  
 -Church, 867 Lincoln Street **El Cajon**

Dec 31 Jim F. El Cajon  
 Jan 7 Phil H. Machu Pichu, S. Amer  
 Jan 14 Rob F. Chula Vista  
 Jan 21 Michael B. Carlsbad  
 Jan 28 Dave N. La Mesa

**Easy Does It Speakers** **8:00PM FRI**  
 -Church, 2770 Glebe Road **Lemon Grove**

Dec 30 Michael M. Long Beach  
 Jan 6 Ted C. El Cajon  
 Jan 13 Racheal L. Long Beach  
 Jan 20 Walter D. Cardiff-By-The-Sea  
 Jan 27 Pat J. Vista

**Good News Gut Level Speakers** **8:30PM TUE**  
 -North Shores Alano, 4861 Cass St **Pacific Beach**

**Happy Hour Women's AA (BABYSITTING)** **5:45PM FRI**  
 -Harmony, 6150 Mission Gorge Rd #116 **Grantville**

Dec 30 Jackie R.  
 Jan 6 Joann B.  
 Jan 13 Mary Lou  
 Jan 20 Susan R.  
 Jan 27 Karen R.

**Lemon Grove Speaker Group** **7:00PM SAT**  
 -Church, 2770 Glebe Road **Lemon Grove**

Dec 31 Evelyn G. Point Loma  
 Jan 7 Angel S. Los Angeles  
 Jan 14 Chuck P. Chula Vista  
 Jan 21 Paul F. La Mesa  
 Jan 28 Frank C. Los Angeles

## speaker meetings

**Mission Bay Sat. Night Speakers** **8:00PM SAT**  
 -USD Founders Hall #124 **Linda Vista/Alcala Park**  
 Dec 31 Vernon C. Oceanside  
 Jan 7 Nancy R. San Diego  
 Jan 14 Jan R. Oceanside  
 Jan 21 Peg W. Oceanside  
 Jan 28 Laura D. San Clemente

**Mission Hills Speaker Meeting** **8:15PM THUR**  
 -Church, Jackdaw & Ft. Stockton **Mission Hills**

**North Shores Saturday Nite** **8:00PM SAT**  
 -Alano Club, 4861 Cass St. **Pacific Beach**

Dec 31 Barbara F. Long Beach  
 Jan 7 Bob W. Vista  
 Jan 14 Gloria W. Dana Point  
 Jan 21 John A. Laguna Beach  
 Jan 28 Edna M<sup>c</sup> Escondido

**O. B. Friday Night Speakers** **8:30PM FRI**  
 -O.B.R.&R, 5029 W. Point Loma Blvd **Ocean Beach**

**Old Town Speakers** **7:00PM SUN**  
 -Union Hall, 5150 Kearny Mesa Road **Kearny Mesa**

Jan 1 Jerry S. El Cajon  
 Jan 8 Michael M. Long Beach  
 Jan 15 Charlie C. Burbank  
 Jan 22 Chris W. Burbank  
 Jan 29 Willa C. Laguna Beach

**Participation In Recovery Spkrs** **8:00PM SAT**  
 -Alano Club, 9545 Kearny Villa Rd #105 **Mira Mesa**

**Sixth & Nutmeg Speakers** **8:00PM TUE**  
 -Church, 2728-6TH Avenue **Bankers Hill/Balboa Park**

**South Bay Speakers Open Mixed** **8:00PM SAT**  
 -Pioneer, 270 "C" Street **Chula Vista**

**Sunday Brunch Bunch Speakers** **11:00AM SUN**  
 -Recovery Center, 3830 Ray St **North Park**

**Tradition Three** **7:30PM THUR**  
 -4094 University Ave **Mid-City/East San Diego**

Dec 29 Chuck P. Spring Valley  
 Jan 5 Evelyn G. Point Loma  
 Jan 12 Jim M. San Diego  
 Jan 19 Carol P. San Diego  
 Jan 26 John L. San Diego

**Tuesday Night Speaker Meeting** **7:00PM TUE**  
 -Tradition One, 4104 Delta Street **San Diego**

**Cedar Street Speakers** **8:15PM TUE**  
 -Pathfinders, 2980 Cedar Street **Golden Hill**

CONTINUED FROM PAGE 1

## THE ILLUSION OF IMMUNITY

Like all illusions, this one vanished, in a puff of smoke and alcoholic fumes. For the next six years, I demonstrated the progressiveness of alcoholism. Finally and gratefully, in 1959, I returned to AA devoid of all illusions and ready to face facts. It worked. One day at a time, I have enjoyed sobriety and the many wonderful and undeserved gifts that a loving God has heaped on me.

But I must never forget, as I make a call on a new man or woman and prepare to relate my experiences, that this alcoholic, apart from feeling a little temporary discomfort over a recent scare of an unnerving or humiliating experience, is safely wrapped in that same "illusion of immunity."

It's my job to tear the illusion down. It's my job to make this alcoholic realize that *he* is the other man.

W. O., Monroeville, Pennsylvania—*Grapevine*-January, 1970

### The Twelve Concepts for World Service — Concept VII —

**"The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness"**

This Concept attempts to clarify the relationship and "balance of powers" between the Conference and the General Service Board. ...On the one hand, "the board is invested with complete legal power over A.A.'s funds and services; on the other hand the Conference is clothed with such great influence and financial power it could overcome the legal rights of the board.

"Thus, the practical power of the Conference is, in the final analysis, superior to the legal power of the board. This superior power derives from the traditional influence of the Conference Charter itself; from the fact that the delegates chosen by the groups always constitute more than two-thirds of the Conference members"; and finally from the ability of the delegates to cut off financial support by the groups. "Theoretically, the Conference is an advisory body only; but practically speaking, it has all the ultimate power it may ever need."

"If...the Conference will always bear in mind actual rights, duties, responsibilities and legal status of the General Service Board; and if the trustees...will constantly realize that the Conference is the real seat of ultimate service authority...neither will be seriously tempted to make a 'rubber stamp' out the other. ...In this way, grave issues will always be resolved and harmonious cooperation will be the general rule."

(P-8 & BM-31, AA World Services, Inc.—available at Central Office)

## 6 Ways To Relieve Self-Pity

In this life of ours I suppose everyone at certain times is misunderstood, unappreciated and perhaps even sometimes unjustly treated. I, however, thought all these things had happened to me and I was nursing all the hurts in the world. I was just spilling over with self-pity.

I was on my way to do the only thing I thought advisable, get more liquor. As I was passing the home of my brother, he dragged me in, put me to bed and called the doctor. The doctor caring for me in my last illness informed me that he could fix me up physically but he could not cure my drinking. He advised me to contact AA. That was the first time a sensible thing had been said to me relative to my drinking.

I was still plenty sorry for myself as I wended my way to my first AA meeting, arriving as advertised in bad shape.

After that meeting and many more I learned there were six things I must do to relieve the self-pity that I had come to know so well.

First—*I must never nurse a hurt.* Brooding over a personal bruise only makes you feel sorry for yourself.

Second—*Remember the virtue of good humor.* A person who can smile with others, not at them, and one who can laugh at himself is one who can see his problem in terms of a larger perspective. Fine humor is needed to combat self-pity.

Third—*Learn the meaning of the verb "to trust."* Faith and trust in God's care is no little thing. It's a power to be put to work in everyday life. "Perfect love casts out fear"—even fear of oneself. As active alcoholics and even since being sober we are afraid of ourselves. This we must battle to win.

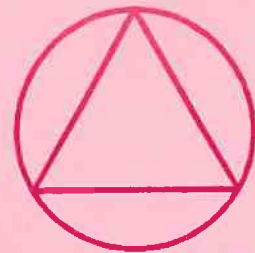
Fourth—*Discover the adventure of forgiveness.* To forgive is no soft or sentimental act. It more often is an act of true courage. It takes guts to forgive but it brings an inner glow that few of us ever experienced.

Fifth—*Don't run off.* Dropping out of an organization, fellowship, or out of life, only complicates the problem. To try to control the situation is always better than letting the situation control you. You can't hide yourself from you. The fellow who faces the music is the leader of the band.

Sixth—*Learn to love others and be honest.* As Shakespeare said, "To thine own self be true, and it follows as the night the day, thou canst not then be false to any man." Honesty must come from the inside. Honesty to self is a very important ingredient of AA. We must learn to engage the brain before putting the mouth in gear. Speak well of others and as John Wesley said, "Do all the good you can, to all the people you can, in all the ways you can, as long as ever you can."

—UNSIGNED— *Grapevine* - October, 1956 PAGE31

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

FEBRUARY 1995

**"True humility and an open mind can lead us to faith . . ."** TWELVE STEPS AND TWELVE TRADITIONS—PAGE 33

INSIDE . . .

LOVE

*-Countdown 1995 . . .  
International Convention Update*

*-February Calendar  
of Events*

*-Special Announcements*

*-Meetings In Motion,  
Speaker Meetings*

*-January Coordinating  
Council Minutes*

*-Group Contributions  
in the month of  
December '94*

The spiritual growth we enjoy in Alcoholics Anonymous is a product of the never ending school for living which our Fellowship provides. The subject in that school that opened my eyes most quickly and filled my heart most fully was love.

I really never knew what true love was until I began my recovery in AA. My schooling in that emotion began early and led me to the conclusion that love is what creates in the attitude of a sober AA member the outer show of an inner glow.

I misunderstood the mutuality of love so much that when I heard a husky guy at a men's stag meeting say, "You can just feel the love that fills this room," I leaned over to whisper to my sponsor, "I think I've got to go outside and throw up." He whispered right back, "Go ahead, then rush back and start learning about love." I did and I've kept learning ever since.

Discoveries about love started when someone explained that AA love is basically wishing someone well. We wish those who share our disease and solutions "the very best," which is continued sobriety. No one will ever wish a fellow alcoholic a return to the bottle, even one whom he may dislike. I was told, "getting sober means you don't have to like someone to love him or her."

I had come to AA from forty years in a cutthroat business where it was considered stupidity to do a favor for someone who would never be in a position to return that favor a hundred times over.

So it was a revelation to find it easy and rewarding to care and share, to know that it is impossible to lovingly give without receiving or to get without giving with love.

I was moved deeply when I read and accepted the reality of Dr. Bob's statement that our Twelve Steps simmered down to resolve themselves in two words: love and service. And I became aware how well those two words blend, for love without service is sentimentality and service without love is an empty gesture.

The role played by love in our program emerged even more clearly when I was told, "Let us love you until you can learn to love yourself" and "Live in our hearts and pay no rent." How well I knew then that I belonged in AA, that I was at last home, that I would, never again be alone, that I would as our book tells us, make lifelong friends in an atmosphere where there is always love.

My class in love continued. I learned that love is the motivating force behind the attitude of gratitude and the emotion that makes true the shortest paragraph in our book; "It works. It really does." It is the force behind the reality in another sentence from the book: "The age of miracles is still with us."

The love I found in AA assured me that there are no strangers in our Fellowship, only friends we have not yet met.







# meetings in motion

## NEW MEETINGS

NORTH PARK SOBRIETY -3041 UNIVERSITY AVE	6:30PM WED NORTH PARK
NOT THAT QUICK -773 PALM AVE	8PM WED IMPERIAL BEACH
YOUNG AT HEART -3830 RAY ST	7PM FRI NORTH PARK
SOBRIETY CIRCLE -4861 CASS ST	8PM FRI PACIFIC BEACH
CANDLELIGHT SPIRITUAL MEETING -3780 - 5TH AVE #9	6:30PM SUN HILLCREST

## CANCELLED MEETINGS

SOUTHEAST AA MEETING -220 N. EUCLID AVE #120	4:30PM TUES ENCANTO
HOP THE FENCE -1903 "K" ST	8PM WED DOWNTOWN
YOUNG PEOPLE ON THE RIGHT ROAD -4094 UNIVERSITY AVE #A	8PM WED MID-CITY
THURSDAY MORNING CLOSED WOMEN'S -6745 AMHERST ST	10AM THUR SAN DIEGO
BIG BOOK STUDY GROUP -1730 MONROE AVE	9AM SAT UNIVERSITY HEIGHTS
WOMEN'S SMOKEFREE -5940 KELTON AVE	9:30AM SAT LA MESA

## TIME CHANGES

CLAIREMONT WOMEN'S -7601 CONVOY COURT	5:45PM TUES CLAIREMONT MESA
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## RELOCATED MEETINGS

FRIDAY NIGHT WOMEN'S FM: -RCVRY HOME, 3594 - 4 <sup>TH</sup> AVE TO: -CHURCH, 625 PENNSYLVANIA AVE	8:15PM—FRI HILLCREST HILLCREST
FRIDAY NIGHT MEN'S FM: -CHURCH, 3 <sup>RD</sup> & ASH TO: -CHURCH, 625 PENNSYLVANIA AVE	8:15PM—FRI BANKERS HILL HILLCREST
WEDNESDAY WINNERS STEP STUDY FM: -CAFE, 2344 FLETCHER PARKWAY TO: -CHURCH, 1430 MELODY LANE	7PM WED EL CAJON EL CAJON

ACCEPTANCE AA'S WAY  
FM: -STORE, 124 E. MAIN ST  
TO: -ALANO, 938 E. WASHINGTON ST  
3:30PM SUN  
EL CAJON  
EL CAJON

SUNDAY SUNDOWNERS  
FM: -CENTER, 3780 -5TH AVE #9  
TO: -CENTER, 4075 PARK BLVD  
6:30PM SUN  
HILLCREST  
UPTOWN

ANYTHING GOES GROUP  
TO: -CENTER, 395 E. MAIN ST.  
7PM WED  
EL CENTRO

## - I AM RESPONSIBLE CLUB -

In December, John R., Marilyn A., Rodie C., Scott G., and James M. donated to our blood account. Our account balance on the 1st of January was 106 units—we began December with 114, received 5 donations and had no transfers or releases; at the end of the month 13 units were expired. Ten more units will expire on the 31st of March. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to YOUR SUPPORT. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club."

EL CAJON DONOR CENTER  
680 FLETCHER PARKWAY, EL CAJON  
Phone — (619) 441-1804

- OR -



SAN DIEGO BLOOD BANK  
440 UPAS STREET, SAN DIEGO  
Phone — (619) 296-6393

- OR -

SOUTH BAY DONOR CENTER  
1717 SWEETWATER ROAD, NATIONAL CITY  
Phone — (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762

## the Sober Solar Cycle Celebration . . .

 Happy Birthday to you!  Thanks for coming back!! Frank T., of Cajon View Open Discussion, has been with us since January 3rd, 1961—that is 34 years a day at a time. Larry N., of Downtown Discussion, is 23 years sober—he joined us on the Road to H.D. with H.P. on the 31st of December, 1971. Dorothy D., of Lamon Grove, began the trudge January 1st, 1972—23 years! Suzy Z., also of Sunday Midday, came to us on January 28th, 1976—19 years one day at a time. and Kathy S., of Fletcher Hills Smokeless, just celebrated 18 years of sobriety on the 26th of December—sober since December of '76! Celebrate your sober B-day with us! Call Central Office or drop-in with your info. ///

## The Twelve Concepts for World Service — Concept VIII —

"The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities."

This Concept deals with the ways the General Service Board "discharges its heavy obligations," and its relationship with its two subsidiary corporations: A.A. World Services, Inc. and the A.A. Grapevine, Inc.

Long experience has proven that the board "must devote itself almost exclusively to the larger questions of policy, finance, group relations and leadership....In these matters, it must act with great care and skill to *plan, manage and execute.*"

The board, therefore, must not be distracted or burdened with the details of the endless questions which arise daily in the routine operation of the General Service Office or the publishing operations, including the *Grapevine*. "It must *delegate its executive function*" to its subsidiary, operating boards.

"Here, the board's attitude has to be that of custodial oversight....The trustees are the guarantors of good management of A.A. World Services, Inc. and the A.A. Grapevine, Inc....by electing the directors of these service arms, a part of whom must always be trustees....The executive direction of these functions is...lodged in the ...service corporations themselves, rather than the General Service Board. Each corporate service entity should possess its own bylaws, its own working capital, its own executives, its own employees, its own offices and equipment."

Bill draws from earlier mistakes by the General Service Board in trying to run the service functions directly and warns repeatedly against "too much *concentration* of money and authority."

(P-8 & BM-31, AA World Services, Inc.—available at Central Office)

### WHAT'S A GROUP CONSCIENCE?

"For our group purpose there is but one ultimate authority — a loving God as He may express himself in our group conscience. Our leaders are but trusted servants; they do not govern."

One of the most appealing statements to me in all of the AA literature is the twelve words in the middle of the Second Tradition: "a loving God as He may express himself in our group conscience." This told me that God was speaking to me through my group, through Alcoholics Anonymous. As long as I listened to this message, I couldn't go wrong. My whole attitude and outlook upon life would change. I would know a new freedom and a new happiness. I would not regret the past nor wish to shut the door on it. These were the things I was

hearing around the tables.

Through the Second Tradition I have also learned to turn my will and my life over to the care of God as I understand him. In the beginning, when I was first sobering up, I didn't like to hear about God. But a strange thing happened; for the first time in my life I was among people with whom I felt at ease. Never had I been with a peer group before. I always felt better than the rest or beneath them -- usually the latter.

Here, then, was a group of close friends before whom I could tell my most personal problems; things I once felt would go to the grave with me where now laid out on the table and discussed. A feeling of confidence came to me, and I knew everything was going to be alright.

Alcoholics Anonymous is a very unusual association. Not because of our Steps or the principles by which our members try to live, but because of the Twelve Traditions that hold us together. None is more unusual than this Second Tradition.

All organizations have someone presiding, someone who is entitled to give orders, to pass out directives, and to speak for the entire organization. This is not the case with AA. Recently one of our members, upon learning that he had been elected trustee-at-large for the United States, remarked, "I have finally worked my way to the bottom" Our leaders are but trusted servants; they do not govern.

Whenever we ask for a vote on a controversial issue in our group, should this be called a group conscience vote? It can if it meets certain criteria. Some of the things to consider before calling it a group conscience vote are as follows:

**First-** Is the group well informed? Have both sides been heard and thoroughly discussed? Are we giving respectful attention to the minority's point of view? Many of us feel that AA should not engage in any controversy, but our Tenth Tradition only talks about "public controversy." The AA program was build on a great deal of controversy.

**Second-** If it is an important decision, has there been ample time for members not present to voice their opinion? Or is some eager beaver trying to push through a quick vote before the group becomes too well informed? In AA we should be very, very slow in making changes. Except in rare cases, there should be no rush.

**Third-** Has the vote been a substantial majority? If we have thirty-one members present, and the vote is sixteen to fifteen, then fifteen resentments walk out the door from that meeting. One of the Warranties of our Twelfth Concept states: "All decisions should be reached by discussion, vote, and whenever possible, substantial unanimity."

If these three conditions have been met, then we can truly say we have listened to a loving God expressing himself in our group conscience.

For me, AA is not a big corporation with offices in New York City. It's principally just my little home group. If one of our members becomes a big shot and starts passing out orders, we're going to have big problems. Our group could even break up because of it. And without that group, it would surely be back to the gutter for me.

J.M. and M.M., Indiana, Pennsylvania — *Grapevine* March, 1987

## Minutes of the Coordinating Council Thursday, January 12, 1995

Jim J.- Chair, called 591st meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Stuart Y. 14 new Coordinators and Alternates stood to introduce themselves.

Jim J. - Chair - Discussed Robert's Rules of Order and suggested that everyone pick-up a copy to the primer on Parliamentary Procedures. New copies of the updated Guidelines are now available.

ROLL CALL: Kathy D., Assistant Council Chair, 76 Groups were represented, a quorum; 139 groups are registered including 7 new groups, including: 11 new Coordinators, 3 alternates. VISITORS: Assembly M/S/C to accept the minutes as printed in the January COORDINATOR with the following correction meeting number was 590 not 890. The Seventh Tradition collected \$77.64.

COORDINATOR EDITORS: Mike C. Chair, reported: Attended the Business Committee to ask that the Committee advise groups that they need to have a minimum of 2,500 copies for stuffing and 6 people for the folding.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Sunday, 12/29/94 at 7:00 pm. PRESENT: Sam L. Out-going Chair, Hans F. New Chair, Bob M., Frank R., Dennis J. ABSENT EXCUSED: Michael P. Co-Chair, Michael P. and Darren F. 1) Monthly meeting changed to the last Thursday of the month at 7:00 pm at Central Office, all are welcome to attend. 2) We'd like to thank everyone who answered phones in December. 3) Thank you to the following groups for taking a night: Diamond Street Men's, Mira Mesa Friday Night, Mira Mesa Early Risers, Downtown Discussion, and Dawn Patrol. 4) We'd like to thank outgoing members and Sam L. Out going Chair for an outstanding job last year. 5) If you are interested in taking over a night please call Hans F. at 223-5955.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 1/12/95 at 6:30pm PRESENT: Dave A., Keith M., Ray N. Absent Steve R.

PUBLIC INFORMATION COMMITTEE: Jim J., reported for David C.- Chair. Committee met Monday, 1/2/95 at 7:00pm PRESENT: David C. Chair, Jim J., Doug M., Reid S., Blake, Lissa W. and Rick W. 1) 6 speakers reached 175 people 2 facilities. 2) 6 vacancies on committee. If you are interested in joining this Committee, please contact Central Office. 3) A flyer will be going into the Coordinator newsletter.

PROGRAM COMMITTEE: Dean Mc. Chair, reported: 1) New Year's Eve looks to have made

approximately \$3,000. We will have a full financial report in February. 2) Spiritual Breakfast did not lose money this year as last reported. 3) Next event is the Founder's day picnic

BUSINESS COMMITTEE: Shirley A. Member reported: Committee met Tuesday, 1/10/95 at 6:00pm. PRESENT: Gabe L., Heather M., Lee G., Stu W. and Shirley A. Absent excused: Barbara R. ALSO PRESENT: Evelyn G., Central Office Manager, Mickey S., Recording Secretary, Bob P. Out-going Chair, Mike C. COORDINATOR Editor, Jerry B. SD Spring Round up, and Patty, Shelby, Judy, Christine & Joe from the Rainbow Room. Mike, Editor of the COORDINATOR requested that the committee advise groups of the requirements for insertion in the newsletter: 2,500 copies of the flyer and 6 people for the folding. FLYERS: 1) M/S/C to reject flyer by the Rainbow Room on the basis that it promoted a fund raiser for the facility. 2) M/S/C to accept the flyer for the 18th annual Spring Round-up for insertion in the February and March COORDINATOR.

Evelyn G. - COM, reported: 1) 3 bids were obtained for the annual audit. M/S/C to accept the bid by George Samuels and Associates. 2) 5 year lease on phone system will expire in February. M/S/C purchase new phones for Central Office at the cost of \$769.92. The Central Office phones will then be on a Pacific Bell service. 3) M/S/C to accept the Consolidated Income statement for December. The business committee would like to point out that in 1994, Central Office ended up approximately \$24,400 ahead of the prior year with operating expenses down by \$20,000. 4) Heather M. was elected new Chair for 1995.

Evelyn G. Central Office Manager reported: That she came back from the Intergroup Seminar in Vancouver with more knowledge and greater comfort level of how AA is running in San Diego. If you are interested in the information given at the seminars you are welcome to come down to Central Office and look at the complete report.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in Dec.

## Group Contributions in Dec.

GROUP NAME	Dec.	YTD
12 X 12 STEP STUDY	0.00	24.00
82037 DISCUSSION GROUP	0.00	792.00
A NEW WAY TO LIVE	0.00	20.00
A STREET GROUP	0.00	60.00
A WOMENS MEETING	0.00	330.36
AA BY THE BAY	80.00	810.00
AA DISCUSSION GROUP	45.00	45.00
AA STEP STUDY	0.00	236.00
ALCOHOLICS ONLY	0.00	144.49
ALLIED GARDENS DISCUSSION	0.00	256.00
ALLIED GARDENS FRIDAY LUNCH	0.00	226.00
ALPINE WOMENS CANDLELIGHT	0.00	60.75
ANONYMOUS ANONYMOUS	50.00	100.00
ANNUAL CHRISTMAS MEETING	0.00	8.00
ANOTHER NEW BEGINNING	0.00	60.00
ANOTHER SOBER TUESDAY	0.00	229.00
AS BILL SEES IT	0.00	80.00
AT ONE WITH EACH OTHER	0.00	35.00
B.Y.O.B.	0.00	222.60
BACK TO BASICS	180.00	1320.00
BACK TO BASICS FOR WOMEN	0.00	179.80
BACK TO BASICS STEP STUDY	0.00	20.00
BACKWOODS MEETING	0.00	74.00
BATTERY CHARGERS	0.00	831.84
BAY PARK STEP STUDY GROUP	196.60	829.00
BAYSIDE BIG BOOK STUDY	0.00	100.00
BEACH AREA BEGINNERS TWO	0.00	117.00
BEACH LUNCHEON GROUP	0.00	16.89
BIG APPLE GROUP	0.00	90.00
BIG BON-FIRE MEETING	150.00	560.00
BIG BOOK & 12 X 12 STEP STUDY	0.00	222.63
BIG BOOK COMES ALIVE	0.00	206.00
BIG BOOK DISCUSSION FOUNDERS GROUP	0.00	213.60
BIRDS OF A FEATHER	0.00	80.00
BONITA WOMENS	30.00	70.00
BUTTERFLY GROUP	0.00	55.00
BUTTS OUT SMOKELESS	0.00	238.23
CAJON VIEW OPEN DISCUSSION GROUP	0.00	50.00
CAJON VIEW STEP STUDY	0.00	101.00
CASA DE ORO TRADITION FIVE	0.00	160.00
CEDAR STREET MENS	0.00	998.00
CHEERS	0.00	126.00
CHULA VISTA 4 MIN SPEAKERS	60.00	405.00
CHULA VISTA BEGINNERS STEP STUDY	0.00	241.00
CHULA VISTA FRIDAY NIGHT	26.61	278.61
CHULA VISTA MONDAY NIGHT DISCUSSION	0.00	20.00
CHULA VISTA NOON GROUP	38.14	473.20
CLAIREMONT CLOSED MIXED GROUP DISCUSSION	0.00	82.72
CLAIREMONT DAYTIME STEP STUDY	80.00	280.00
CLAIREMONT MENS	0.00	1714.88
CLAIREMONT OPEN DISCUSSION	0.00	166.00
CLAIREMONT SUNDAY NIGHT DISCUSSION	0.00	200.00
CLAIREMONT THURS NOON LUNCH BUNCH	0.00	120.00
CLAIREMONT THURSDAY BROWN BAGGERS	100.00	160.00
CLAIREMONT WEDNESDAY GROUP	0.00	50.00
CLAIREMONT WEDS NOON BROWN BAG	0.00	146.00
CLAIREMONT WOMENS	100.00	275.00
CLASS ACTS	184.80	334.80
CONVOY DISCUSSION	0.00	25.00
CONVOY STEP STUDY	0.00	20.00
COORDINATING COUNCIL-CENTRAL OFFICE	69.60	828.71
CORONADO 12 X 12	0.00	25.00
CORONADO BEGINNERS AA	0.00	60.00
CORONADO BIG BOOK STUDY	0.00	60.00
CORONADO MENS	0.00	49.00
CORONADO NOONERS	0.00	135.00
CORONADO SUNDAY NIGHT DISCUSSION	0.00	85.00
CORONADO SUNDAY NOON	0.00	65.00
COWLES MOUNTAIN SMOKELESS DISCUSSION	0.00	235.00
CREST GROUP	60.00	250.00
D.D.G.T.M.	30.00	218.48
DAWN PATROL	0.00	330.15
DEL MAR WEDNESDAY LUNCH BUNCH	0.00	235.00
DESIGNS FOR LIVING	0.00	240.00
DIAMOND ST. MENS STEP STUDY	0.00	261.77
DOCTORS AND LAWYERS GROUP	0.00	76.00
DOUBLE DOSE OF SERENITY	0.00	30.00
DOWNTOWN DISCUSSION GROUP	0.00	249.00
DOWNTOWN NOON DISCUSSION	0.00	76.00
DRUNKS ONLY	211.91	3117.60
DRY DOCK #21	0.00	80.00
DULZURA LIVING SOBER	0.00	60.00
EACH DAY A NEW BEGINNING	0.00	43.00
EARLY BIRDS	20.00	87.60
EARLY RISERS (CORONADO)	82.60	630.60
EARLY RISERS (PB)	221.42	642.42
EAST COUNTY BREAKFAST	0.00	238.97
EAST COUNTY FRIDAY SPEAKERS	0.00	68.29
EAST COUNTY MENS	0.00	26.00
EAST COUNTY SPEAKERS	0.00	650.00
EAST SIDE GROUP	0.00	328.00
EASY DOES IT RIDERS	0.00	291.00
EASY DOES IT SPEAKERS	0.00	380.00
EASY RISERS	0.00	40.00
EIGHTH STREET BAREFOOT GROUP	0.00	60.00

GROUP NAME	Dec.	YTD
EL CAJON DAYTIME	120.00	1440.00
EL CAJON EARLY STARTERS	0.00	132.00
EL CAJON NAVAJO ROAD GROUP	60.47	60.47
EL CAJON WOMENS SERENITY	0.00	230.75
EYE OPENER GROUP	41.98	746.31
FACULTY GROUP	0.00	60.00
FIRST MIRA MESA MENS	0.00	120.00
FLETCHER HILLS SMOKELESS	0.00	460.00
FOURTH & BROOKES WOMENS	0.00	120.00
FREE ON FRIDAY	183.20	884.84
FREE TO BE	0.00	298.00
FRESH AIR FRIDAY	414.00	648.42
FRESH START BEGINNERS	0.00	88.60
FRI NITE CEDAR ST	20.00	260.00
FRIDAY MORNING WOMENS	85.00	230.81
FRIDAY NIGHT CANDLELIGHT	0.00	20.00
FRIDAY NIGHT LIVE BIG BOOK	0.00	115.00
FRIDAY NIGHT MENS	0.00	320.10
FRIDAY NIGHT REFUGEES	0.00	10.82
FRIDAY NIGHT WOMENS	0.00	76.00
FRIDAY NOONERS	0.00	240.00
GET WITH THE PROGRAM	0.00	80.00
GILMAN GROUP	0.00	122.48
GOLDEN HILLS SUNDAY DISCUSSION	4.74	169.79
GOOD NEWS GROUP	0.00	161.08
GRAB YOUR SOCKS DIS	0.00	37.00
GRAD GROUP	0.00	40.00
GRAPE STREET SUNRISE	0.00	87.60
GRATITUD	0.00	5.00
GREAT FACT GROUP	0.00	40.00
HAND IN HAND CLOSED STEP STUDY	0.00	35.00
HAPPY HOUR GROUP OF EL CAJON	0.00	58.06
HAPPY HOUR-AND-A-HALF	0.00	110.00
HAPPY JOYOUS & FREE	0.00	105.00
HARMONY GROUP	0.00	900.00
HI-NOONERS	0.00	85.00
HIGH BOTTOM GROUP	0.00	26.00
HOMESTEADERS	0.00	1.00
HOW IT IS NOW SPEAKERS	0.00	87.00
HOW IT IS TODAY	0.00	387.00
HOW IT WORKS STEP STUDY	0.00	83.89
I NEED A MEETING MEETING	0.00	259.00
IMPERIAL BEACH GROUP	0.00	189.00
IMPERIAL GROUP	0.00	60.00
INSIDE JOB	0.00	57.80
INTERNATIONAL GROUP	0.00	15.00
INTIMATE RECOVERY	0.00	128.17
ISLAND DROP-IN GROUP	0.00	100.00
JOY & SERENITY STEP STUDY	0.00	60.00
JUST US GIRLS	0.00	136.00
KEARNY MESA NIGHT HOWLERS	0.00	21.48
KEEP COMING BACK	0.00	38.04
LA JOLLA BEGINNERS GROUP	0.00	388.00
LA JOLLA COVE BEGINNERS	615.31	685.31
LA JOLLA LUNCH BUNCH	0.00	390.00
LA JOLLA MIDDAY	0.00	80.00
LA JOLLA MONDAY WOMENS GROUP	360.00	700.00
LA JOLLA NON-SMOKERS DISCUSSION	0.00	606.37
LA JOLLA PATIO GROUP-THUR	58.00	88.00
LA JOLLA PATIO GROUP-WED	30.00	523.69
LA JOLLA PUMP HOUSE GROUP	0.00	674.21
LA JOLLA SOLEDAD MENS	140.00	843.83
LA JOLLA SPEAKERS	0.00	736.00
LA JOLLA STEP STUDY	0.00	184.00
LA JOLLA THURSDAY NIGHT	600.00	685.00
LA MESA BIG BOOK	0.00	20.00
LA MESA MENS	0.00	600.00
LA MESA MONDAY NIGHT WOMENS	0.00	285.10
LA MESA OPEN DISCUSSION	0.00	160.00
LA MESA STEP STUDY WORKSHOP	0.00	148.34
LA MESA WOMENS SATURDAY MORNING	0.00	30.00
LAKESIDE FRIDAY NOONERS	0.00	80.00
LAKESIDE MENS	0.00	188.20
LAKESIDE STEP STUDY	0.00	130.00
LAKESIDE THURSDAY NIGHT	0.00	102.00
LANDING ZONE	0.00	26.00
LET IT STAY AA	0.00	5.00
LET'S BE HONEST	0.00	14.24
LEXINGTON BIG BOOK STUDY	0.00	82.60
LINDA VISTA MENS	0.00	60.00
LINDA VISTA THURSDAY NIGHT	0.00	60.00
LITTLE APPLE GROUP	0.00	98.00
LIVING FREE	0.00	600.00
LIVING PROOF GROUP	0.00	60.00
LIVING SOBER TODAY	0.00	22.60
LOMA PORTAL DISCUSSION	0.00	282.88
LOTUS WOMENS CLOSED	0.00	271.00
LOVE AND TRUTH 12 X 12 S/S	0.00	60.00
LUNCH GROUP	300.00	300.00
LUNCH WITH BILL W BUNCH	76.00	138.00
MAPLE ST NOONERS	0.00	92.00
MAPLE STREET STEP STUDY WORKSHOP	0.00	76.00
MEDICINE WHEEL	100.00	286.00
MENS RECOVERY GROUP	26.00	76.00
MENS STRUCTURED STEP STUDY	0.00	100.00

## Group Contributions in Dec.

GROUP NAME	Dec.	YTD
MID-WEEK MENS	0.00	367.20
MIRA MESA 12 STEP STUDY	0.00	45.00
MIRA MESA EARLY RISERS	28.08	218.74
MIRA MESA MONDAY NOON MIXED	0.00	70.00
MIRA MESA SUNDAY	0.00	74.48
MIRA MESA WOMENS	51.50	318.88
MIRAMAR NAS NOONERS	0.00	125.00
MISSION BAY MIXED	0.00	219.72
MISSION BAY SATURDAY NIGHT SPEAKERS	0.00	155.00
MISSION BAY SPEAKERS	36.00	189.57
MISSION HILLS GROUP	0.00	150.00
MISSION POSSIBLE	0.00	139.47
MIXED NUTS	0.00	85.00
MON EVE SMOKELESS DINNER MEETING	30.00	132.00
MONDAY MENS GUT LEVEL GROUP	0.00	33.00
MONDAY NIGHT CAMPO	0.00	30.00
MONDAY NIGHT NORTH PARK AA	0.00	40.81
MONDAY NOON CAMPUS GROUP	0.00	22.00
MORNING ATTITUDE ADJUSTMENT	0.00	61.38
MORNING GLORYS WOMENS STEP STUDY	30.00	86.00
N R A D	56.00	56.00
NAS-NI-NAD NOONERS	0.00	77.55
NATIONAL CITY MAINTENANCE PLUS	0.00	10.00
NEW BEGINNERS	0.00	20.00
NEW MEANING	0.00	2.41
NEW WOMEN	0.00	50.00
NEW YEAR EVE PARTY GROUP	0.00	28.00
NOON AT THE GROVE	0.00	254.00
NOONERS ANONYMOUS	0.00	150.00
NORTH PARK MENS	0.00	835.00
NORTH SHORES BEGINNERS	0.00	75.00
NORTH SHORES BREAKFAST	0.00	60.00
NORTH SHORES BREAKFAST DISCUSSION	0.00	33.00
NORTH SHORES MENS	0.00	24.53
NORTH SHORES SPEAKERS	0.00	120.00
NORTH SHORES THURSDAY NIGHT DISCUSSION	0.00	8.00
OCEAN BEACH STEP STUDY	0.00	30.00
OCEAN BEACH TUESDAY	0.00	135.00
OLD TIMERS BREAKFAST	0.00	173.10
OLD TOWN MAINSTREAM	269.00	569.00
OLD TOWN SPEAKERS	0.00	450.00
OLDTOWN WOMENS 12X12	78.00	78.00
ONE DAY AT A TIME BEGINNERS	0.00	177.50
ONE STEP AHEAD	68.00	245.00
ONE STEP AT A TIME	0.00	50.00
DNE STEP AT A TIME RUNNERS	0.00	90.00
ONE STEP BEYOND	0.00	20.00
OPEN MINDED MENS	0.00	200.00
ORIGINAL ANONYMOUS ANONYMOUS	0.00	314.81
OVER 50	0.00	60.00
PACIFIC BEACH WEEKEND WARMUP	300.00	1750.80
PACIFIC BEACH YOUNG PEOPLES	0.00	180.58
PARADISE HILLS	0.00	390.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	8.00
PASS IT ON GROUP	0.00	180.00
PATTERNS IN SOBRIETY	0.00	310.00
PENASQUITOS BIG BOOK STUDY	0.00	52.88
PENASQUITOS STEP STUDY	0.00	53.05
POINT LOMA FRIDAY AFTERNOON STEP STUDY	70.00	145.00
POINT LOMA MENS	200.00	475.00
POINT LOMA SATURDAY MORNING	0.00	732.70
PORTER HALL GROUP	0.00	400.00
PORTER HALL STRUCTURED S/S	0.00	60.00
PRIMARY PURPOSE GROUP	0.00	33.00
PROFESSIONAL GROUP	0.00	20.00
PT. LOMA WOMENS DISCUSSION	0.00	108.34
RAINBOW BRIDGE	0.00	128.00
RAINBOW MEETING	0.00	5.00
RAMONA MONDAY NIGHT	0.00	96.32
RAMONA THURSDAY NIGHT BIG BOOK	0.00	10.00
ROLANDO	0.00	12.48
ROSARITO GRINGO (ENGLISH)	0.00	10.00
ROUND TABLE DISCUSSION	0.00	200.00
SAFE SANE AND SOBER	0.00	100.00
SAN CARLOS SINGLE PURPOSE	0.00	150.00
SAN DIEGO DOCTORS STEP STUDY	0.00	200.00
SANTEE BIG BOOK STUDY	15.27	185.26
SANTEE SERENITY GROUP	20.00	115.00
SANTEE SUNDAY NITE SMOKELESS	110.00	387.50
SANTEE THURSDAY CLOSED MIXED	0.00	540.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	153.00
SATURDAY AM LIVE	30.00	184.41
SATURDAY MENS	0.00	228.53
SATURDAY NIGHT EARLY DISCUSSION	0.00	899.89
SATURDAY NIGHT SMOKELESS DISCUSSION	0.00	370.83
SATURDAY NITE SPECIAL	0.00	21.38
SATURDAY NOONERS OPEN DISCUSSION	22.50	77.50
SCRIPPS RANCH BACK TO BASICS BIG BOOK STUDY	54.00	185.00
SCRIPPS RANCH MENS	0.00	20.87
SENIOR AND SOBER DISCUSSION GROUP	0.00	50.00
SENIOR SERENITY MEETING	0.00	155.00
SENIOR SOBRIETY	0.00	84.28
SERENDIPITY WOMENS	0.00	188.00
SERENITY BY THE SEA	45.00	708.55
SERENITY SEEKERS STEP STUDY	0.00	48.13

## Group Contributions in Dec.

GROUP NAME	Dec.	YTD
SERENITY WITH AN ATTITUDE	0.00	17.88
SIX O'CLOCK BIG BOOK STUDY	0.00	75.00
SKY HI WOMENS LUNCHEON	0.00	71.25
SMOKEFREE LA MESA WOMENS	0.00	111.50
SNOKELESS DRUNKS LUNCHEON	100.00	110.00
SOBER NOONERS	20.00	40.00
SOBER SERENITY SMOKERS	48.00	98.00
SOBER SISTERS	0.00	111.68
SOBRIETY SEEKERS STEP STUDY	0.00	100.00
SOBRIETY WORKING FOR WOMEN-WEST	0.00	315.00
SOLE PURPOSE GROUP	0.00	110.00
SOLUTIONS IN THE MORNING	7.00	29.25
SORRENTO VALLEY NOONER	0.00	97.50
SOUTH BAY MIXED DISCUSSION	0.00	15.81
SPRING VALLEY STEP STUDY	0.00	200.00
STADIUM GROUP	0.00	75.00
STEP ONE GROUP	20.00	48.39
STEPS TO RECOVERY	0.00	158.00
STEPS TO RECOVERY GROUP	0.00	50.00
STRAIGHT SHOOTERS	0.00	90.00
SUNDAY BEACH SUN-DAY	0.00	50.00
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	30.00
SUNDAY DISCUSSION GROUP	0.00	50.00
SUNDAY KIND OF LOVE	30.00	180.84
SUNDAY MIDDAY	70.80	447.85
SUNDAY MORNING ELEVENTH STEP	0.00	230.00
SUNDAY MORNING SPIRITUAL MEETING	0.00	40.00
SUNDAY MORNING SUNSHINE	0.00	100.00
SUNDAY NIGHT DISCUSSION	0.00	30.00
SUNDAY NIGHT OPEN	0.00	150.00
SUNDAY SERENITY	73.00	783.00
SUNDAY SUNDOWNERS	0.00	157.03
SUNDAY WOMENS GROUP	0.00	25.00
SUNSET STEP STUDY	0.00	95.00
SURVIVORS GROUP	100.00	240.00
SWEET GRASS	50.00	220.00
T.G.I.F.	0.00	36.00
T.G.I.S.	0.00	132.25
TAKE FIVE	0.00	95.00
TALBOT STREET	0.00	350.00
THE LA JOLLA PATIO GROUP	0.00	355.00
THE OTHER MEETING	0.00	418.52
THE WOMENS ROOM	0.00	80.00
THIRD WEEKENDERS CAMPING GROUP	0.00	80.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	23.00
THURSDAY NIGHT SOBRIETY	0.00	125.00
THURSDAY NIGHT STEPPERS	0.00	110.00
THURSDAY NIGHT WOMENS SPEAKERS	0.00	37.50
THURSDAY NITE OLD TIMERS	0.00	0.00
THURSDAY PROMISES	0.00	647.00
TIERRASANTA BIG BOOK STUDY	0.00	181.00
TIERRASANTA-MURPHY CANYON AA	0.00	380.00
TOP OF THE HILL	100.00	250.00
TORREY PINES DAYTIME	0.00	189.80
TORREY PINES OPEN DISCUSSION	0.00	554.50
TORREY PINES THURS NITE OPEN DISCUSSION	100.00	250.00
TUESDAY MORNING ALPINE	0.00	72.00
TUESDAY NIGHT BIG BOOK STEP STUDY	0.00	88.82
TUESDAY NIGHT STAG	0.00	25.00
TUESDAY NIGHT WOMENS	0.00	48.24
TURKEY GROUP	0.00	33.00
TWO-BIT SPEAKERS	0.00	100.00
UNITY STEP STUDY	0.00	90.00
UNIVERSITY CITY DISCUSSION	0.00	87.50
UNIVERSITY CITY WOMENS	348.80	588.80
WAH HOPE WAMBLI STEP STUDY CIRCLE	0.00	5.00
WAR FEVER	37.50	187.50
WARM AND FRIENDLY GROUP	0.00	105.00
WATER WALKERS	0.00	30.00
WATER WALKERS TOO!	0.00	250.00
WAY UP AND OUT	0.00	336.00
WE ARE SURVIVORS	0.00	90.00
WE NEED PEOPLE GROUP	0.00	25.00
WE'VE COME A LONG WAY	0.00	40.00
WEDNESDAY NIGHT CONVOY DISCUSSION	0.00	70.00
WEDNESDAY NIGHT DISCUSSION GROUP	0.00	118.50
WEDNESDAY NIGHT ISLANDERS	0.00	500.00
WEDNESDAY NIGHT MENS	0.00	35.05
WEDNESDAY NITE AT THE HOUSE	0.00	5.00
WEDNESDAY WINNERS STEP STUDY	0.00	127.50
WEDNESDAYS WINNER CIRCLE	100.00	558.00
WHAT NOW?	0.00	838.95
WINNERS CIRCLE	0.00	154.31
WOMANS GUT LEVEL	0.00	155.58
WOMEN AND CHILDREN FIRST	0.00	38.00
WOMEN IN SOBRIETY	0.00	50.83
WOMENS ASK IT BASKET	0.00	4.00
WOMENS CANDLELIGHT MEETING	0.00	138.25
WOMENS SMOKEFREE	0.00	88.83
WOMENS SOBER SUNDAY	0.00	88.14
WOMENS STEP STUDY	0.00	100.00

THANK YOU ALL FOR YOUR SUPPORT IN 1994!!

**SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS**

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND TWELVE MONTHS ENDED DECEMBER 31, 1994

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 8,061.79	45.1	\$78,474.16	83.6	\$75,991.42	\$ 2,482.74	103.3
Buck-A-Month	84.00	.5	935.00	1.0	1,129.79	(194.79)	82.8
Coffee/Recycle	.00	.0	.00	.0	95.86	(95.86)	.0
Individual Donations	916.68	5.1	5,021.71	5.4	4,267.73	753.98	117.7
Checking - Interest	.00	.0	.00	.0	64.04	(64.04)	.0
Variable Acct. - Interest	.00	.0	.00	.0	49.55	(49.55)	.0
Cert. of Deposit - Interest	.00	.0	235.39	.3	599.72	(364.33)	39.3
Program income	8,805.00	49.3	8,805.00	9.4	6,924.66	1,880.34	127.2
Other Income	.00	.0	458.56	.5	552.61	(94.05)	83.0
<b>TOTAL INCOME</b>	<b>17,867.47</b>	<b>100.0</b>	<b>93,929.82</b>	<b>100.0</b>	<b>89,675.38</b>	<b>4,254.44</b>	<b>104.7</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	7.2	\$17,252.00	18.4	\$20,396.00	\$ (3,144.00)	84.6
Utilities	338.73	1.9	4,230.38	4.5	4,171.83	58.55	101.4
Wages	3,788.66	21.2	46,464.42	49.5	54,588.52	(8,124.10)	85.1
Accrued Payroll Taxes	165.79	.9	4,282.16	4.6	5,048.06	(765.90)	84.8
Health Insurance	280.00	1.6	2,465.00	2.6	3,500.00	(1,035.00)	70.4
Telephone	220.24	1.2	3,374.51	3.6	5,780.11	(2,405.60)	58.4
Office Supplies	812.72	4.6	6,718.72	7.2	4,882.86	1,835.86	137.6
Bulk Postage	150.00	.8	1,750.00	1.9	1,695.00	55.00	103.2
Return Postage	.00	.0	200.00	.2	1,485.56	(1,285.56)	13.5
Supplies - General	.00	.0	.00	.0	955.92	(955.92)	.0
Repairs & Maintenance	459.92	2.6	1,587.81	1.7	3,518.38	(1,930.77)	45.1
Insurance - W/C and Liab.	.00	.0	1,104.26	1.2	1,011.89	92.37	109.1
Auto/Travel/Seminar	63.22	.4	2,207.25	2.4	725.84	1,481.41	304.1
Legal & Audit	200.00	1.1	4,600.00	4.9	4,730.00	(130.00)	97.3
Cash (Over)/Short	(12.61)	(.1)	48.97	.1	(133.51)	182.48	(36.7)
Depreciation	284.00	1.6	3,408.00	3.6	3,408.00	.00	100.0
Bad debt	.00	.0	.00	.0	248.93	(248.93)	.0
Meeting Schedules	.00	.0	.00	.0	2,233.47	(2,233.47)	.0
Janitorial	.00	.0	148.00	.2	1,776.00	(1,628.00)	8.3
<b>TOTAL OPERATING EXPENSE</b>	<b>8,040.67</b>	<b>45.0</b>	<b>99,841.28</b>	<b>106.3</b>	<b>120,022.86</b>	<b>(20,181.58)</b>	<b>83.2</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 231.55	1.3	\$ 3,901.83	4.2	\$ 3,570.66	\$ 331.17	109.3
Business Committee	.00	.0	.00	.0	201.00	(201.00)	.0
Program Committee	4,645.06	26.0	4,859.27	5.2	5,646.35	(787.08)	86.1
Public Information Committee	40.00	.2	958.52	1.0	2,129.15	(1,170.63)	45.0
After Hours Phone Committee	.00	.0	.00	.0	58.00	(58.00)	.0
Orientation Committee	.00	.0	.00	.0	108.00	(108.00)	.0
Coordinating Council	.00	.0	1,476.67	1.6	1,059.26	417.41	139.4
<b>TOTAL COMMITTEE EXPENSE</b>	<b>4,916.61</b>	<b>27.5</b>	<b>11,196.29</b>	<b>11.9</b>	<b>12,772.42</b>	<b>(1,576.13)</b>	<b>87.7</b>
<b>NET PROFIT BEFORE SALES</b>	<b>4,910.19</b>	<b>27.5</b>	<b>(17,107.75)</b>	<b>(18.2)</b>	<b>(43,119.90)</b>	<b>26,012.15</b>	<b>39.7</b>
Sales Income (SEE SCH)	\$ 5,851.79	32.8	\$82,806.71	88.2	\$90,125.48	\$ (7,318.77)	91.9
Cost of Sales (SEE SCH)	(3,952.15)	(22.1)	(54,941.98)	(58.5)	(60,782.13)	5,840.15	90.4
<b>NET INCOME (LOSS)</b>	<b>\$ 6,809.83</b>	<b>38.1</b>	<b>\$10,756.98</b>	<b>11.5</b>	<b>\$ (13,776.55)</b>	<b>\$24,533.53</b>	<b>(78.1)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 344.50	1.9	\$ 2,137.00	2.3	\$ 2,484.69	\$ (347.69)	86.0
Cost of Tokens	236.06	1.3	1,121.84	1.2	1,281.69	(159.85)	87.5
Net Inc. Tokens	108.44	0.6	1,015.16	1.1	1,203.00	(187.84)	84.4
Revenue from Books	\$ 3,928.00	22.0	\$52,312.00	55.7	\$59,307.26	\$ (6,995.26)	88.2
Cost of Books	2,839.93	15.9	37,466.63	39.9	42,418.30	(4,951.67)	88.3
Net Inc. Books	1,088.07	6.1	14,845.37	15.8	16,888.96	(2,043.59)	87.9
Revenue from Pamphlets	\$ 261.25	1.5	\$ 6,432.89	6.9	\$13,516.83	\$ (7,083.94)	47.6
Cost of Pamphlets	159.11	.9	3,946.61	4.2	7,744.28	(3,797.67)	51.0
Net Inc. Pamphlets	102.14	.6	2,486.28	2.7	5,772.55	(3,286.27)	43.1
Revenue from Cassettes/Misc.	\$ 467.11	2.6	\$10,208.53	10.9	\$ 8,967.47	\$ 1,241.06	113.8
Cost Cassettes/Misc.	261.80	1.5	6,087.15	6.5	6,167.35	(80.20)	98.7
Net Inc. Cassettes/Misc.	205.31	1.2	4,121.38	4.4	2,800.12	1,321.26	147.2
Revenue from Schedules	\$ 850.93	4.8	\$11,716.29	12.5	\$ 5,849.23	\$ 5,867.06	200.3
Cost of Schedules	455.25	2.6	6,319.75	6.7	3,170.51	3,149.24	199.3
Net Inc. Schedules	395.68	2.2	5,396.54	5.8	2,678.72	2,717.82	201.5
<b>Total Income from Sales</b>	<b>\$ 1,899.64</b>	<b>10.6</b>	<b>\$27,864.73</b>	<b>29.7</b>	<b>\$29,343.35</b>	<b>\$ (1,478.62)</b>	<b>95.0</b>

**JOIN  
the  
BUCK  
A  
MONTH  
CLUB**

this promotion is to attract  
**YOU** into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

STATE

ZIP

ADDRESS

APT #

NAME

## 'He Died Sober'

I had been dry in AA for only a few weeks when I heard an announcement at the beginning of a meeting that a fellow AA member had passed away.

"He died sober," was the closing comment.

This seemed to me crude and insensitive. How could the sum total of a person's life be summarized by that statement?

My sponsor encouraged me to attend the funeral service, if I could, and I found the eulogy even more shocking when the minister announced, with the family's permission, that the deceased had been a member of Alcoholics Anonymous, and that he had passed away "sober" with a number of years' continuous sobriety.

Eulogies are supposed to point out the good character of the deceased but at this service most of the emphasis was placed on the fact that the deceased had died sober. I didn't understand it. Why would the deceased, or his family, have wanted to publicly recognize the stigma and defeat of alcoholism? These AAs and their philosophy seemed to me to be a little bit on the strange side.

My sponsor said that if I stayed around the program of AA, more would be revealed. First I noted that none of the member's close friends seemed to be having a difficult time with his passing. No one got drunk. I was further surprised to hear the deceased's name mentioned at several meetings soon after, as members related incidents in his life. These stories often brought a large round of laughter and almost merriment.

When I questioned AAs on their attitude toward their deceased friend, they would smile and tell me to keep coming back. Nine years later, more has been revealed and I do now understand.

Alcoholics Anonymous is a spiritual program and offers to each member a daily reprieve from drinking. An alcoholic who dies sober, therefore has significant meaning in the AA program. This death is proof that the merciless obsession and physical craving for alcohol can be lifted if the AA member stays spiritually fit and lives the Twelve Steps of recovery.

Today there is no shock when I hear the words, "died sober." The real significance of AA members dying sober is that they are carrying the message of Alcoholics Anonymous on their final day.

Dean R. - El Reno, Oklahoma — *Grapevine* February, 1990

to grow in the image and likeness of the Creator

we have come to remember—to reflect . . .  
in our lives it often takes a significant event to bring us to this moment.  
again.

we travel through life learning only a little about who we are—  
when that life - as we know it - ends.  
It is conceivable that we have accomplished our task,  
and we move on.

it is a remarkable and joyous moment  
when we realize how precious the gift  
—of being a part of the life of someone  
as they complete their task—  
something special has happened.  
celebrate the gift.

## — CELEBRATE THE PROMISES —

### *Puget Sound Jamboree*

March 31st, April 1st & 2nd — 1995

Executive Inn — Tacoma / Fife, Washington  
(Interstate 5, Exit 137)

AA & Al-Anon events . . . Speaker Meetings,  
Workshops, Banquet, Dance, Spiritual Breakfast  
Workshop leaders with 30 to 50 years of sobriety!  
Registration required—reduced rate if you register before  
March 10, 1995

Flyer available at Central Office

Thanks . . .

The December folding party was a surprise — we had a really good turn-out, and it was a few days before Christmas Eve! We were telling people to get off to a meeting at quarter of eight! The help, as always, was great and appreciated. The San Diego AA Coordinator Committee met for the first time at the folding party (great way to get a feel for the job) and the soon to be notorious gang of nine is going to have some fun . . . but we couldn't have done the job without the energy and lead of the following Groups and members: **Third Weekender Camping Group, 1995 International Convention—Local Information Committee, Ocean Beach Tuesday Night Discussion, Clairemont Men's, North Shores Alano Monday Night Men's, Morning Attitude Adjustment, Tierrasanta/Murphy Canyon AA, Way Up & Out, Monday Night Smokeless, and East County Men's // Jim St.G., Thaddeus T., Richard W., Patricia W., Jonathon H., Chuck S., Harry H., Johnny W., Lorna R., Harriette W., Mike C., Stu W., Steve G., Walt A., Roger K., Judy E., Paul E., Trina M., Donna H., Bob H., George V., Dawn V., Eileen M., Kelley O., Darrin O., [and a special thanks to Chelsea O.] . . . the gang: Bob H., Char M., Tom K., Terry P., Pat V., Miriam St.G., Rickie K., Mal (a), and Mike C. // Thanks for your help and support, Sean C., I love it when you help us!**

We appreciate all members of the fellowship who have taken their time to help us get this info sheet to you. We have been blessed! The newsletter committee has been formed to **PRODUCE** the newsletter (ie. research, type, organize, and share the task of maintaining a first class publication for the San Diego AA community). We will always need, welcome, and appreciate all members and groups that can and will come out to help us fold (<THE BIG HINT!), of course the committee will be at the foldings, too, but we love company—and we have fun!

**Folding Party—February 22, 6pm at Central Office—join us**

Love cures.

It cures those who give it  
and it cures those who receive it.

Dr. Karl Menninger



- Cedar Street Speakers** 8:15PM TUE  
-Pathfinders, 2980 Cedar Street Golden Hill
- Central Group Speakers** 8:00PM WED  
-YWCA, 1012 "C" St. Downtown
- Clairemont Fri. Nite Speakers** 8:00PM FRI  
-NRC, 7601 Convoy Court Clairemont/Kearny Mesa
- |        |                |           |
|--------|----------------|-----------|
| Feb 3  | Ron L.         | San Diego |
| Feb 10 | Lori N.        | San Diego |
| Feb 17 | Ken H.         | San Diego |
| Feb 24 | Cindy S.       | San Diego |
| Mar 3  | Bob\Phillis M. | San Diego |
- Coronado Wednesday Speaker** 8:00PM WED  
-Church, 700 "D" Avenue Coronado
- East County Fri. Nite Speakers** 8:00PM FRI  
-Church, Los Coches & Ha Hana Road Lakeside
- |        |           |           |
|--------|-----------|-----------|
| Feb 3  | Dano      |           |
| Feb 10 | Robert C. | El Cajon  |
| Feb 17 | Robbie R. | San Diego |
| Feb 24 | T B A     |           |
- East County Saturday Speakers** 8:15PM SAT  
-Church, 867 Lincoln Street El Cajon
- |        |           |          |
|--------|-----------|----------|
| Feb 4  | Ted H.    | LaMesa   |
| Feb 11 | Gordan B. | Carlsbad |
| Feb 18 | Milton G. | Southbay |
| Feb 25 | Jerry S.  | El Cajon |
- Easy Does It Speakers** 8:00PM FRI  
-Church, 2770 Glebe Road Lemon Grove
- |        |          |              |
|--------|----------|--------------|
| Feb 3  | Miles E. | Long Beach   |
| Feb 10 | Billy S. | Pasadena     |
| Feb 17 | T B A    |              |
| Feb 24 | Paula H. | Santa Monica |
- Good News Gut Level Speakers** 8:30PM TUE  
-North Shores Alano, 4861 Cass St Pacific Beach
- Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
-Harmony, 6150 Mission Gorge Rd #116 Grantville
- |        |          |           |
|--------|----------|-----------|
| Feb 3  | Molly C  | San Diego |
| Feb 10 | Lydia E  | San Diego |
| Feb 17 | Carol B. | San Diego |
| Feb 24 | Jane H.  | San Diego |
- Lemon Grove Speaker Group** 7:00PM SAT  
-Church, 2770 Glebe Road Lemon Grove
- |        |            |              |
|--------|------------|--------------|
| Feb 4  | Warren E.  | Lemon Groove |
| Feb 11 | Bill La P. | Boulevard    |
| Feb 18 | Leon C.    | Los Angeles  |
| Feb 25 | Natasha W. | Los Angeles  |
- Mission Bay Sat. Night Speakers** 8:00PM SAT  
-USD Founders Hall #124 Linda Vista/Alcala Park
- |        |          |                |
|--------|----------|----------------|
| Feb 4  | Stu W.   | Allied Gardens |
| Feb 11 | Brent L. | Escondido      |
| Feb 18 | Bob B.   | Carlsbad       |
| Feb 25 | Lyn C.   | San Diego      |
- Mission Hills Speaker Meeting** 8:15PM THUR  
-Church, Jackdaw & Ft. Stockton Mission Hills
- North Shores Saturday Nite** 8:00PM SAT  
-Alano Club, 4861 Cass St. Pacific Beach
- |        |           |             |
|--------|-----------|-------------|
| Feb 4  | Doug W.   | San Diego   |
| Feb 11 | Dale S.   | San Diego   |
| Feb 18 | Shelly A. | Monarch Bay |
| Feb 25 | Clint H.  | Los Angeles |
- O. B. Friday Night Speakers** 8:30PM FRI  
-O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach
- Old Town Speakers** 7:00PM SUN  
-Union Hall, 5150 Kearny Mesa Road Kearny Mesa
- |        |           |                 |
|--------|-----------|-----------------|
| Feb 5  | Sharon B. | Los Angeles     |
| Feb 12 | Joe G.    | North Hollywood |
| Feb 19 | Laura D.  | San Clemente    |
| Feb 26 | Claire S. | Los Angeles     |
| Mar 5  | Chris C.  | Los Angeles     |
- Participation In Recovery Spkrs** 8:00PM SAT  
-Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa
- Sixth & Nutmeg Speakers** 8:00PM TUE  
-Church, 2728-6TH Avenue Bankers Hill/Balboa Park
- South Bay Speakers Open Mixed** 8:00PM SAT  
-Pioneer, 270 "C" Street Chula Vista
- Sunday Brunch Bunch Speakers** 11:00AM SUN  
-Recovery Center, 3830 Ray St North Park
- Tradition-Three** 7:30PM THUR  
-4094 University Ave Mid-City/East San Diego  
THIS MEETING HAS BEEN TEMPORARILY DISCONTINUED—PLEASE CALL CENTRAL OFFICE FOR MORE INFORMATION
- Tuesday Night Speaker Meeting** 7:00PM TUE  
-Tradition One, 4104 Delta Street San Diego



CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM . . . TNX!!!

## LOVE

The truths came surely and rapidly in the class on love. In AA there is no recrimination and no lecturing of those who drink and then return. They are lovingly told, "There is no disgrace from falling. The only shame is not getting back on your feet and trying again."

Our love is both the result of, and the motivation for, such emotions as humility, gratitude, honesty, faith, hope, tolerance, and trust. It produces togetherness and friendship. We find in our book that "patience, tolerance, understanding and love are the watchwords of our recovery."

How easy it was to find love in the words, "We can do what I can't" and "We alcoholics are people who need people."

Long-timers suggested I do an act of love each day without boasting about it. That brought a lesson in humility for a guy who always wanted credit for things done - even some things I had little to do with.

Loving people remind us to "pray for the SOB" who angers us. We are told to live life with love for ourselves, love for others, and love for life.

We really do learn much about love in AA. Love encourages us to count our blessings when we feel rejections, failures, inadequacies, and unworthiness. And life in AA is full of blessings.

It is easy. We learn to love the naturally lovable, but when we concentrate on loving those we think are unlovable we find out how expansive love is.

As time passes in AA, we hear or read much about love: Love is as simple as becoming always available. Love is a sincere interest in others. Love is a desire to be of service. Giving love is more important than being loved. Love is an ability to understand others and their problems.

Love is always positive and constructive. It does not tolerate negativism. It must be given and received unconditionally, without reservations, with no strings attached. When we love, we will see in others what we wish to have in ourselves. We will know that love is a privilege given to us by God. When we love, we will never be bored with life or with our program. It is what impels us to be active and to get involved in service.

Love will teach us values in life. It shows us that the things that count are never held in the hand but always in the heart. And people who are loving always live in the now. They cannot afford to live in the past or project into tomorrow. People who love laugh more and believe that a day without laughter is a lost day. Love is the cement for the unity we need in AA. It joins the power of the mind and the heart for emotional growth. It promotes lasting attachments, never divisive controversy.

The love we find in AA is always warm, never cold. It is firm, not loose. Companionship is a result of love.

And love cannot be taught but is developed naturally.

Anything is possible if done with love. I'm sure that our big no-no - taking another's inventory - is justified if done with love to help someone avoid a slip.

If we ever doubt that love in AA does not bring unity, we can remind ourselves that most meetings end with a firm joining of hands and recital of the Lord's Prayer or the Serenity Prayer.

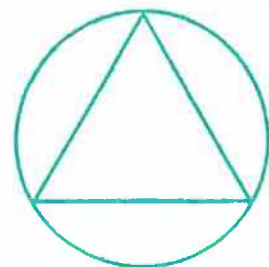
One of my favorite stories is about two men who, on an evening stroll along a street, came upon an open door through which they stopped to look. Inside, an AA meeting was about to start. One man asked, "What do you suppose is going on in there?" The second man shrugged. "Must be a big family reunion. Everybody's hugging and kissing each other." Obliviously with love.

C.C., North Hollywood, Calif.—*Grapevine* - September 1988

### — Coordinating Council Meeting Ends Early — — NO QUORUM —

Because of a small turnout, the January meeting of the Coordinating Council could not conduct business. Here are the groups that did attend the meeting: AA BY THE BAY // AA DISCUSSION // ADAMS AVE BIG BOOK // ALLIED GARDENS DISCUSSION // ALLIED GARDENS FRIDAY LUNCH // ALLIED GARDENS STEP STUDY // ANOTHER NEW BEGINNING // ANOTHER SOBER TUESDAY // BAY PARK STEP STUDY // BIG BOOK DISC FOUNDERS GROUP // CENTRAL GROUP // CLAIREMONT WEDNESDAY GROUP // CREST GROUP // DOWNTOWN DISCUSSION GROUP // EARLY BIRDS // EAST SIDE GROUP // EASY DOES IT SPEAKERS // EASY RISERS // EL CAJON DAYTIME // EL CAJON WOMEN'S SERENITY // EYE OPENER GROUP // FLETCHER HILLS SMOKELESS // FRESH AIR FRIDAY // FRIDAY MORNING WOMANS // FRIDAY NIGHT LIVE BIG BOOK STUDY // GET WITH THE PROGRAM // GOLDEN HILLS SUNDAY NIGHT DISCUSSION // GRAD GROUP // GREAT FACT GROUP // HAPPY HOUR WOMANS SPEAKER // HAUL YOUR HINEY OUT OF BED // IMPERIAL BEACH GROUP // LA MESA MENS // LA MESA MONDAY NIGHT WOMENS // LA MESA OPEN DISCUSSION // LAKESIDE STEP STUDY // LAKESIDE THURSDAY NITE // LITTLE APPLE GROUP // LOMA PORTAL DISCUSSION // LUNCH WITH BILL W BUNCH // MID-WEEK MENS // MIRA MESA EARLY RISERS // MIRA MESA FRIDAY NIGHT // MIRA MESA SUNDAY MORNING MENS // MIRA MESA WOMENS // MISSION POSSIBLE // MON EYE SMOKELESS DINNER // MORNING ATTITUDE ADJUSTMENT // NATIONAL CITY MAINTENANCE PLUS // NEW WOMENS // NORTH PARK MENS // NORTH SHORES MENS // OCEAN BEACH STEP STUDY // OLD TOWN SPEAKERS // PACIFIC BEACH YOUNG PEOPLES // POINT LOMA AA OPEN DISCUSSION // POINT LOMA MENS // POINT LOMA SUNDAY NIGHT DISCUSSION // RAINBOW BRIDGE // RULE 62 GROUP // SAN CARLOS SINGLE PURPOSE // SANTEE WOMENS ALTERED ATTITUDES // SATURDAY NIGHT SMOKELESS DISCUSSION // SCRIPPS BACK TO BASICS BIG BOOK // SERENITY WITH AN ATTITUDE // SPRING VALLEY STEP STUDY // STEP ONE GROUP // STEPS TO RECOVERY // SUNDAY SERENITY // TALBOT STREET // THURSDAY NIGHT CLAIREMONT MENS // TIERRASANTA/MURPHY CANYON AA // TORREY PINES THURSDAY // UNITY STEP STUDY // WAR FEVER // WEDNESDAY NIGHT DISCUSSION GROUP // WET BEHIND THE EARS // WOMEN IN SOBRIETY // WOMENS SOBER SUNDAY—next meeting Thursday, Feb 9th, at 8pm—6th & Nutmeg...join us

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

Made a decision to turn our will and our lives  
over to the care of God *as we understood Him.*

—STEP THREE

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## March 1995

a new feeling...

### WE FOUND WE COULD DECIDE!

## Inside . . .

-March Calendar of  
Events

-Special  
Announcements

-Speaker Meetings

-Coordinating  
Council Minutes

-January '95 Group  
Contributions

Right from the beginning of our association with AA, we begin to make decisions. When we first approach AA we are given the choice of trying what AA has to offer or continuing drinking, with the possibility of an early death or insanity. So we decide to try AA. We have made our first decision. Whether it was easy or not doesn't make much difference. The main thing is that we decided for ourselves. For a good many of us, it was our first real decision in years.

We decide we need what the meetings have to offer. So once again we have made a decision. At the meetings, we are again put in the position of deciding for ourselves just what we want to retain from all that is said. We decide, for ourselves alone, what we wish to accept or reject; we have been put in this position without realizing at the time just what we have done.

Along about this time, we become aware of the Twelve Steps. Do we want to give them a try or not? It is again our decision and perhaps it is a little difficult to decide if we care to use them in our daily life. But we try this part of AA, too, and find ourselves more and more contented and happy in our day by day living. AA is now a part of all our affairs.

Up until now, many of the decisions have been made and acted upon without the conscious knowledge on our part of having of having done so. It is as though our minds have begun to function and cause us to act subconsciously. That is one of the many mysteries of AA: How, without realizing it, we decide to do something about the problem that first brought us to AA.

As we find ourselves facing more and more problems, we begin looking to our Higher Power to help us make decisions, for all too often we find ourselves up against a brick wall when we try to find our own answers. This decision, I think, adds to our peace of mind and freedom from worry because we now have someone to turn to for help no matter how big or small our problem may be. Through decisions, we find ourselves growing in confidence, strength and faith, not only in ourselves, but also in our fellow man and in the Higher Power, which I choose to call GOD.

# BELIEVE



# meetings in motion

## NEW MEETINGS

- WOMEN WHO RUN WITH THE STEPS 5:45PM MON  
-OFFICE BLDG, 7007 MISSION GORGE ROAD #200 GRANTVILLE
- 4 DIRECTIONS 7:30PM TUE  
-CLUB ON ASHWOOD ST BARONA
- DEERHORN GROUP 7:30PM WED  
-FIRE STATION, 2383 HONEY SPRINGS RD JAMUL
- CROSSTALK 8PM SAT  
-RECOVERY HM, 4225 CENTRAL AVE CITY HEIGHTS
- MIRA MESA WOMEN'S 12X12 7PM MON  
-ALANO CLUB, 9545 KEARNY VILLA RD #105 MIRA MESA

## CANCELLED MEETINGS

- ROARING SOBER GROUP 5:30PM MON  
-314 PARK WAY CHULA VISTA
- MONDAY NIGHT BOOK STUDY 7PM MON  
-9595 LA JOLLA SHORES DR LA JOLLA
- OLD TOWN WOMEN'S 7PM WED  
-HARMONY, 6150 MISSION GORGE RD #116 GRANTVILLE
- NEW RESIDENTS & VISITORS 8:15PM WED  
-CHURCH, 1050 THOMAS AVE PACIFIC BEACH
- BIG BOOK STEP STEP STUDY 9AM THUR  
-CHURCH, 1980 HILLSDALE RD EL CAJON
- FRIDAY NIGHT TORREY PINES STEP STUDY 6PM FRI  
-CLINIC, 10666 N. TORREY PINES RD LA JOLLA
- TRADITION THREE SPEAKERS 7:30PM THUR  
-4094 UNIVERSITY AVE CITY HEIGHTS

## TIME CHANGES

- THE TOOLSHED GROUP 7PM THUR  
-CHURCH, 4735 CASS ST PACIFIC BEACH
- JAVA TALK 7:30PM TUE  
-COFFEE SHOP, 285 THIRD AVE CHULA VISTA

## RELOCATED MEETINGS

- SKY HI WOMEN'S LUNCHEON NOON WED  
FM: -2734 CALHOUN -UPSTAIRS OLD TOWN  
TO: -HOTEL, 901 CAMINO DEL RIO MISSION VALLEY
- CEAD MILE FAILTE 6PM SAT  
FM: -CENTER, 4369 - 46TH EAST SAN DIEGO  
TO: -CHURCH, 4177 MARLBORO EAST SAN DIEGO

## CORRECTION

In the February edition of **The San Diego AA Coordinator** we printed the following text on page eleven in error:

“  
— Coordinating Council Meeting Ends Early —  
— NO QUORUM —

Because of a small turnout, the January meeting of the Coordinating Council could not conduct business.

”  
A quorum was present at the meeting. There was no new business. There was no old business. The meeting ended early. (Refer to Coordinating Council Guidelines for information regarding "quorum".)

**The San Diego AA Coordinator** regrets the error. ///

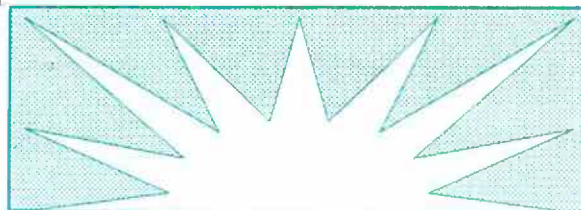
The following groups attended the March Coordinating Council: AA BY THE BAY ↔ ALLIED GARDENS STEP STUDY ↔ ALLIED GARDENS DISCUSSION ↔ ALLIED GARDENS FRIDAY LUNCH ↔ ALPINE GROUP ↔ ANOTHER NEW BEGINNING ↔ BACK TO BASICS ↔ BACK TO BASICS FOR WOMEN ↔ BATTERY CHARGERS ↔ BIG BOOK DISC FOUNDERS GROUP ↔ CAJON VIEW OPEN DISCUSSION ↔ CENTRAL GROUP ↔ CORONADO COASTAL STEP STUDY ↔ CREST GROUP ↔ DAWN PATROL ↔ DOWNTOWN DISCUSSION GROUP ↔ DRUNKS ONLY ↔ DRY DOCK 21 ↔ EARLY BIRDS ↔ EAST COUNTY MENS ↔ EAST SIDE GROUP ↔ EASY DOES IT SPEAKERS ↔ EL CAJON DAYTIME ↔ EL CAJON WOMEN'S SERENITY ↔ EYE OPENER GROUP ↔ FIRST MIRA MESA MENS ↔ FLETCHER HILLS SMOKELESS ↔ FRIDAY NIGHT MENS ↔ GET WITH THE PROGRAM ↔ GOLDEN HILLS SUNDAY NIGHT DISCUSSION ↔ GOOD MORNING AA ↔ GRAD GROUP ↔ GREAT FACT GROUP ↔ HAPPY HOUR GROUP OF EL CAJON ↔ HAUL YOUR HINEY OUT OF BED ↔ IMPERIAL BEACH GROUP ↔ LA MESA MENS ↔ LA MESA OPEN DISCUSSION ↔ LAKESIDE STEP STUDY ↔ LAKESIDE THURSDAY NITE ↔ LITTLE APPLE GROUP ↔ LOMA PORTAL DISCUSSION ↔ LUNCH WITH BILL W BUNCH ↔ MID WEEK MENS ↔ MIRA MESA EARLY RISERS ↔ MIRA MESA SUNDAY MORNING MENS ↔ MIRA MESA WOMENS ↔ MISSION POSSIBLE ↔ NATIONAL CITY MAINTENANCE PLUS ↔ NEW WOMENS ↔ NOON TO ONE AA ↔ OVER 50 ↔ PACIFIC BEACH YOUNG PEOPLES ↔ POINT LOMA MENS ↔ PORTER HALL STRUCTURED STEP STUDY ↔ RAINBOW BRIDGE ↔ RULE 62 GROUP ↔ SAN CARLOS SINGLE PURPOSE ↔ SANTEE WOMENS ALTERED ATTITUDES ↔ SANTEE BIG BOOK STUDY ↔ SATURDAY NIGHT EARLY DISCUSSION ↔ SATURDAY NIGHT SMOKELESS DISCUSSION ↔ SCRIPPS BACK TO BASICS BIG BOOK ↔ SERENITY BY THE SEA ↔ SERENITY WITH AN ATTITUDE ↔ SIXTH & NUTMEG SPEAKERS ↔ SOBER NOONERS ↔ SPRING VALLEY STEP STUDY ↔ STEP ONE GROUP ↔ STEPS TO RECOVERY ↔ SUNDAY MIDDAY ↔ SUNDAY SERENITY ↔ SUNDAY SUNDOWNERS ↔ THE OTHER MEETING ↔ TORREY PINES THURSDAY ↔ UNITY STEP STUDY ↔ WAR FEVER ↔ WAY UP AND OUT ↔ WEDNESDAY NIGHT DISCUSSION GROUP ↔ WET BEHIND THE EARS ↔ WOMANS LET GO AND LET GOD ↔ WOMEN'S SOBER SUNDAY

NEXT MEETING: THURSDAY, MARCH 9TH, 8PM AT 6TH & NUTMEG. c-y-a

**Tradition Three —**

**THE ONLY REQUIREMENT  
FOR A.A. MEMBERSHIP  
IS A DESIRE TO STOP DRINKING.**

**YOU CAN HELP US!!**  
**entertainment sub-committee**  
**needs volunteers!**



**S A N D I E G O**

Hey! San Diego! It's our turn to make the coffee . . . and play the host.  
 That means we'll be doin' some entertaining. And we need YOU to make it happen!!

**ALL FORMS OF ENTERTAINMENT ARE WELCOME!**

Our 1995 International Convention is a huge affair that will be happening at many locations simultaneously . . . we are going to need DJ's, comics, solo musicians(ALL TYPES!), bands, clowns, dancers, jugglers, children's entertainment, plays and skits, balloon antics, multi-cultural entertainment...and...?????...what can you do??? Service, fun and A.A. too! We want to hear from you before April 15th.

**fill this out . . .**

?-> AA ALANON

**and mail to:**

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE # \_\_\_\_\_

what type(s) of entertainment would you like to provide?

\_\_\_\_\_  
 \_\_\_\_\_

Entertainment Sub-Committee  
 c/o Delrdre A.  
 3221 Apache Ave #2  
 San Diego, CA 92117

Info - (619) 275-4461

**All forms and demo  
 tapes must be mailed  
 before April 15th, 1995**

**YOU MUST BE REGISTERED FOR THE CONVENTION IN ORDER TO PARTICIPATE.**

**The Twelve Concepts for World Service**

**— Concept IX —**

**"Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous."**

"No matter how carefully we design our service structure of principles and relationships, no matter how well we apportion authority and responsibility, the operating results of our structure can be no better than the personal performance of those who must man it and make it work. Good leadership cannot function well in a poorly designed structure....Weak leadership can hardly function at all, even in the best of structures."

Due to A.A.'s principle of rotation, furnishing our service structure with able and willing workers has to be a continuous effort...."Who are the best qualified people?" should be the thought of all.

No society can function well without able leadership in all its levels, and A.A. can be no exception...

"A leader in A.A. service is therefore a [person] who can

personally put principles, plans and policies into such dedicated and effective action that the rest of us want to back [them] and help [them] with [their] job.

"Good leadership will also remember that a fine plan or idea can come from anybody, anywhere. Consequently, good leadership will often discard its own cherished plans for others that are better, and it will give credit to the source.

"Good leadership never passes the buck. Once assured that it has, or can, obtain sufficient general backing, it freely takes decisions and puts them into action forthwith, provided of course that such actions be within the framework of its defined authority and responsibility.

"Another qualification for leadership is 'give and take,' the ability to compromise cheerfully whenever a proper compromise can cause a situation to progress in what appears to be the right direction.... We cannot, however, compromise always. Now and then, it is truly necessary to stick flat-footed to one's convictions about an issue until it is settled.

"Our leaders do not drive by mandate, they lead by example. We say to them, 'Act for us, but do not boss us.'"

—Bill W.

(P-8, AA World Services, Inc.—AVAILABLE AT Central Office)

**Fear may create what it fears, but faith will build its visions into reality.**

The Candlestick Maker

The AA Coordinator—November, 1955

# Minutes of the Coordinating Council

## Thursday, February 9, 1995

Jim J.- Chair, called 592nd meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Stuart 14 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 82 Groups were represented, a quorum; 145 groups are registered including 7 new groups, including: 11 new Coordinators, 3 alternates. VISITORS: M/S/C to accept the minutes as printed in the February COORDINATOR with the following correction last meeting the Traditions were read by David W. not Stuart Y. The Seventh Tradition collected \$69.50.

COORDINATOR NEWSLETTER: Mike C. Chair, reported: 1) Error was made in the last months COORDINATOR stating that there was not a quorum at the Council this was a mistake there will be a retraction in the upcoming newsletter. 2) The Committee would like to print a larger newsletter for the International Convention and invites the Fellowship to submit writing

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 1/26/95 at 7:00 pm. PRESENT: Hans F. Chair, Frank R., Dennis J., and Darren F. ABSENT EXCUSED: Michael P. Co-Chair, Michael P., Bob M., and Darren F. 1) All phone slots are filled through the end of February. 2) We'd like to thank everyone who answered phones in January. 3) Thank you to the following outgoing groups for their service: Coronado Women's and Hip, Slick and Sick. 4) The 5th Sunday of the month is open, the next month with a 5th Sunday is April. 5) Thank you to Dawn Patrol for taking the 6th of the month starting on March 6th. If you are interested in taking over a night please call Hans F. at 223-5955.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 2/9/95 at 6:30pm PRESENT: Dave A., Keith M., Ray N. 6 new coordinators were present. Absent Steve R.

PUBLIC INFORMATION COMMITTEE: David C., Chair, reported: Committee met Monday, 2/6/95 at 7:00pm PRESENT: David C. Chair, Doug M., Blake C., Lissa W., Fred A., Mick A. Absent were Reid s. and Rick W. 1) 10 speakers reached 246 people 4 facilities. 2) Paul C. of the International Convention PI Committee addressed the Committee regarding what that committee will be doing. 3) Lyn J. was unanimously voted in by the committee, who waive the 3 year sobriety requirement.

(Lyn J. was elected by the Coordinating Council to be on the Committee.) If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Dean Mc. Chair, reported: Committee met Monday, 1/30/95 at 6:00pm PRESENT: Dean-Chair, Amy, Anita, Dave and Dave. Absent excused: Abi. 1) New Year's Eve Dance sold \$9,525.00 in ticket sales; Expenses totaled \$4,685.66; Revenue from the dance was \$4,739.34. 2) Next event is the Founder's day picnic in June.

BUSINESS COMMITTEE: Shirley A. Member reported: Committee met Tuesday, 2/7/95 at 6:00pm. PRESENT: Heather M.- Chair, Gabe L., Stu W., Barbara R. and Shirley A. Absent excused: Lee G. ALSO PRESENT: Evelyn G., Central Office Manager, Mickey S., Recording Secretary, George Samuels - Auditor, Lyn J. PI Committee Candidate. FLYERS: There were no flyers presented this month. P.I. COMMITTEE CANDIDATE: M/S/C to accept Lyn J. as new candidate for the P.I. Committee. Evelyn G. - COM, reported: 1) The new phones have been deliver and would be installed on Thursday 2/10/95. 3) M/S/C to accept the Consolidated Income statement for January. 4) M/S/C to accept the Audit by George Samuels.

AREA ASSEMBLY: Jorge - Area Chair: 1) At the last Area Assembly agenda items were presented by Marco. All agenda items must be at the General Service Office board by 2/15/95. 2) Next Area Assembly will be held on 4/22/95 hosted by District 6.

SPRING ROUND-UP: Stu W. reported: This is the 18th year that the round-up has been held in San Diego. It is the cheapest round-up or convention at \$6.00 for the registration.

Mike C. - Made a statement regarding the figures on the Audit and pointed out the 1993-1994 Audit showed that in 1993 we were in the hole by \$4,852 in 1994 Net Cash provided by the Operations was up by \$20,058. He thanked the office staff for the hard work done this year. (You can pick up a copy of the Audit at Central Office.)

Respectfully submitted,



Evelyn G.  
Recording Secretary

## Group Contributions in Jan.

## Group Contributions in Jan.

Group Name	Jan.	YTD
A NEW WAY TO LIVE	0.00	30.43
A WOMENS MEETING	0.00	183.52
AA STEP STUDY	0.00	65.61
ALLIED GARDENS DISCUSSION	0.00	187.37
ANNUAL CHRISTMAS MEETING	0.00	15.05
ANNUAL GRATEFUL MEETING	0.00	42.78
ANOTHER NEW BEGINNING	0.00	101.00
ANOTHER SOBER TUESDAY	0.00	50.00
AS BILL SEES IT	0.00	40.00
BACK TO BASICS	0.00	280.00
BAY PARK STEP STUDY GROUP	0.00	15.00
BAYSIDE BIG BOOK STUDY	0.00	32.50
BEGINNERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK STUDY GROUP	0.00	76.35
CAJON VIEW OPEN DISC GRP	0.00	50.00
CASA DE ORO TRADITION FIVE	0.00	25.00
CEDAR STREET MENS	0.00	468.15
CHULA VISTA 4 MIN SPEAKERS	0.00	100.00
CHULA VISTA NOON GROUP	0.00	77.13
CLAIREMONT MENS	0.00	345.00
CLAIREMONT OPEN DISCUSSION	0.00	25.00
CLAIREMONT WED GROUP	0.00	60.00
CLAIREMONT WED BROWN BAG	0.00	50.00
CLAIREMONT WOMENS	0.00	50.00
COORDINATING COUNCIL	0.00	147.14
CORONADO NOONERS	0.00	10.00
CORONADO NUMBER ONE GROUP	0.00	40.00
COWLES MT. SMOKELESS DISC.	0.00	30.00
CREST GROUP	0.00	50.00
D.D.G.T.M.	0.00	111.67
DOWNTOWN DISCUSSION GRP	0.00	65.00
DRUNKS ONLY	0.00	371.60
EARLY RISERS (CORONADO)	0.00	100.00
EAST COUNTY WOMENS	0.00	50.00
EAST SIDE GROUP	0.00	24.00
EASY DOES IT RIDERS	0.00	75.00
EASY RISERS	0.00	0.00
EL CAJON DAYTIME	0.00	240.00
EYE OPENER GROUP	0.00	125.00
FLETCHER HILLS SMOKELESS	0.00	100.00
FREE TO BE	0.00	48.00
FRIDAY NIGHT MENS	0.00	60.00
FRIDAY NITES WEEKS END	0.00	0.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP	0.00	50.00
GOOD NEWS GROUP	0.00	46.29
HAPPY HOUR-AND-A-HALF	0.00	62.40
HOW IT IS NOW SPEAKERS	0.00	60.00
HOW IT IS TODAY	0.00	146.50
I NEED A MEETING MEETING	0.00	248.69
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	60.00
LA JOLLA MIDDAY	0.00	40.00

Group Name	Jan.	YTD
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA PATIO GROUP-FRI	0.00	25.00
LA JOLLA PATIO GROUP-WED	0.00	40.00
LA JOLLA STEP STUDY	0.00	60.00
LA MESA BIG BOOK	0.00	60.00
LA MESA MENS	0.00	62.00
LA MESA OPEN DISCUSSION	0.00	150.00
LA MESA S/S WORKSHOP	0.00	101.25
LOMA PORTAL DISCUSSION	0.00	60.87
MAPLE ST S/S WORKSHOP	0.00	30.00
MEDICINE WHEEL	0.00	250.00
MIRA MESA EARLY RISERS	0.00	37.28
MISSION BAY MIXED	0.00	40.00
MIXED NUTS	0.00	35.00
MON EVE SMOKELESS DINNER MTG	0.00	60.00
MOTHER EARTH VIEJAS REZ	0.00	3.00
NEW WOMEN	0.00	90.00
NOON AT THE GROVE	0.00	100.00
NORTH SHORES THURS NIGHT DISC	0.00	10.00
OPEN MINDED MENS	0.00	100.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40
PATTERNS IN SOBRIETY	0.00	100.00
PT LOMA AA DISCUSSION GRP	0.00	400.00
RAINBOW BRIDGE	0.00	40.00
RAMONA MONDAY NIGHT	0.00	37.50
SAFE SANE AND SOBER	0.00	150.00
SANTEE BIG BOOK STUDY	0.00	40.60
SANTEE SERENITY GROUP	0.00	40.00
SATURDAY MENS	0.00	100.00
SAT. NOONERS OPEN DISC	0.00	21.60
SERENDIPITY WOMENS	0.00	40.00
SERENITY BY THE SEA	0.00	92.00
SERENITY WITH AN ATTITUDE	0.00	10.85
SIXTH AND NUTMEG SPEAKERS	0.00	100.00
SOLE PURPOSE GROUP	0.00	50.00
SOLUTIONS IN THE MORNING	0.00	7.00
STEPS TO RECOVERY	0.00	37.50
SUNDAY BEACH SUN-DAY	0.00	113.50
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY SERENITY	0.00	126.00
TALBOT STREET	0.00	50.00
THE OTHER MEETING	0.00	100.00
THURSDAY NIGHT SOBRIETY	0.00	50.00
THURSDAY PROMISES PROMISES	0.00	196.34
TORREY PINES OPEN DISCUSSION	0.00	110.00
TUES NIGHT PARTICIPATION GRP	0.00	50.00
TWELVE TO GROW ON	0.00	50.00
TWO-BIT SPEAKERS	0.00	45.62
WARM AND FRIENDLY GROUP	0.00	25.00
WAY UP AND OUT	0.00	60.00
WE ARE SURVIVORS	0.00	30.00
WE NEED PEOPLE GROUP	0.00	50.00
WE'VE COME A LONG WAY	0.00	20.00
WOMENS STEP STUDY	0.00	90.00

Thank you for Supporting your Central Office!!



## NEWS FROM YOUR CENTRAL OFFICE

---

We need 12 step volunteers from all areas of San Diego, especially the South Bay.

All we ask is that you make a call to a suffering alcoholic and share your experience, strength and hope.

Call 265-8762



Are you a new secretary for your meeting?

If you are, do we know about it? Check in with Central Office and give us your info.



Get involved, we need your help!!

Did you know that the Central Office staff saved \$20,000 in 1994?

Come by and pick-up a copy of the Audit.



If you are interested in volunteering at the Central Office for the 1995 International Convention. Please Call 265-8762



**SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS**

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND ONE MONTHS ENDED JANUARY 31, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTIONS AND INTEREST</b>							
Group Contributions	\$ 6,727.43	89.1	\$ 6,727.43	89.1	\$ 6,146.88	\$ 580.55	109.4
Buck-A-Month	105.00	1.4	105.00	1.4	159.00	(54.00)	66.0
Individual Donations	72.70	1.0	72.70	1.0	694.00	(621.30)	10.5
Program income	<u>645.00</u>	<u>8.5</u>	<u>645.00</u>	<u>8.5</u>	<u>.00</u>	<u>645.00</u>	<u>.0</u>
<b>TOTAL INCOME</b>	<b>7,550.13</b>	<b>100.0</b>	<b>7,550.13</b>	<b>100.0</b>	<b>6,999.88</b>	<b>550.25</b>	<b>107.9</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	17.1	\$ 1,290.00	17.1	\$ 1,733.00	\$ (443.00)	74.4
Utilities	339.46	4.5	339.46	4.5	367.05	(27.59)	92.5
Wages	4,041.16	53.5	4,041.16	53.5	4,240.66	(199.50)	95.3
Accrued Payroll Taxes	499.12	6.6	499.12	6.6	523.76	(24.64)	95.3
Health Insurance	280.00	3.7	280.00	3.7	140.00	140.00	200.0
Telephone	231.58	3.1	231.58	3.1	267.02	(35.44)	86.7
Office Supplies	1,749.59	23.2	1,749.59	23.2	646.48	1,103.11	270.6
Bulk Postage	235.00	3.1	235.00	3.1	100.00	135.00	235.0
Return Postage	50.00	.7	50.00	.7	.00	50.00	.0
Repairs & Maintenance	124.67	1.7	124.67	1.7	.00	124.67	.0
Auto/Travel/Seminar	70.74	.9	70.74	.9	71.75	(1.01)	98.6
Legal & Audit	200.00	2.7	200.00	2.7	400.00	(200.00)	50.0
Cash (Over)/Short	(1.80)	.0	(1.80)	.0	(.64)	(1.16)	281.3
Depreciation	300.00	4.0	300.00	4.0	284.00	16.00	105.6
Janitorial	<u>.00</u>	<u>.0</u>	<u>.00</u>	<u>.0</u>	<u>148.00</u>	<u>(148.00)</u>	<u>.0</u>
<b>TOTAL OPERATING EXPENSE</b>	<b>9,409.52</b>	<b>124.6</b>	<b>9,409.52</b>	<b>124.6</b>	<b>8,921.08</b>	<b>488.44</b>	<b>105.5</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 425.74	5.6	\$ 425.74	5.6	\$ 301.86	\$ 123.88	141.0
Program Committee	40.00	.5	40.00	.5	.00	40.00	.0
Public Information Committee	303.35	4.0	303.35	4.0	10.15	293.20	2988.7
Coordinating Council	<u>15.00</u>	<u>.2</u>	<u>15.00</u>	<u>.2</u>	<u>93.93</u>	<u>(78.93)</u>	<u>16.0</u>
<b>TOTAL COMMITTEE EXPENSE</b>	<b>784.09</b>	<b>10.4</b>	<b>784.09</b>	<b>10.4</b>	<b>405.94</b>	<b>378.15</b>	<b>193.2</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(2,643.48)</b>	<b>(35.0)</b>	<b>(2,643.48)</b>	<b>(35.0)</b>	<b>(2,327.14)</b>	<b>(316.34)</b>	<b>113.6</b>
Sales Income (SEE SCH)	\$ 4,695.14	62.2	\$ 4,695.14	62.2	\$ 6,800.10	\$ (2,104.96)	69.1
Cost of Sales (SEE SCH)	<u>(3,178.95)</u>	<u>(42.1)</u>	<u>(3,178.95)</u>	<u>(42.1)</u>	<u>(4,520.22)</u>	<u>1,341.27</u>	<u>70.3</u>
<b>NET INCOME (LOSS)</b>	<b><u>\$ (1,127.29)</u></b>	<b><u>(14.9)</u></b>	<b><u>\$ (1,127.29)</u></b>	<b><u>(14.9)</u></b>	<b><u>\$ (47.26)</u></b>	<b><u>\$ (1,080.03)</u></b>	<b><u>2385.3</u></b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 274.50	3.6	\$ 274.50	3.6	\$ 213.00	\$ 61.50	128.9
Cost of Tokens	<u>135.42</u>	<u>1.8</u>	<u>135.42</u>	<u>1.8</u>	<u>106.56</u>	<u>28.86</u>	<u>127.1</u>
Net Inc. Tokens	139.08	1.8	139.08	1.8	106.44	32.64	130.7
Revenue from Books	\$ 3,078.55	40.8	\$ 3,078.55	40.8	\$ 4,056.50	\$ (977.95)	75.9
Cost of Books	<u>2,218.42</u>	<u>29.4</u>	<u>2,218.42</u>	<u>29.4</u>	<u>2,856.41</u>	<u>(637.99)</u>	<u>77.7</u>
Net Inc. Books	860.13	11.4	860.13	11.4	1,200.09	(339.96)	71.7
Revenue from Pamphlets	\$ 643.05	8.5	\$ 643.05	8.5	\$ 546.52	\$ 96.53	117.7
Cost of Pamphlets	<u>394.76</u>	<u>5.1</u>	<u>394.76</u>	<u>5.2</u>	<u>332.94</u>	<u>61.82</u>	<u>118.6</u>
Net Inc. Pamphlets	248.29	3.3	248.29	3.3	213.58	34.71	116.3
Revenue from Cassettes/Misc	\$ 437.83	5.8	\$ 437.83	5.8	\$ 978.51	\$ (540.68)	44.7
Cost Cassettes/Misc.	<u>290.60</u>	<u>3.9</u>	<u>290.60</u>	<u>3.9</u>	<u>682.56</u>	<u>(391.96)</u>	<u>42.6</u>
Net Inc. Cassettes/Misc.	147.23	2.0	147.23	2.0	295.95	(148.72)	49.8
Revenue from Schedules	\$ 261.21	3.5	\$ 261.21	3.5	\$ 1,005.57	\$ (744.36)	26.0
Cost of Schedules	<u>139.75</u>	<u>1.9</u>	<u>139.75</u>	<u>1.9</u>	<u>541.75</u>	<u>(402.00)</u>	<u>25.8</u>
Net Inc. Schedules	<u>121.46</u>	<u>1.6</u>	<u>121.46</u>	<u>1.6</u>	<u>463.82</u>	<u>(342.36)</u>	<u>26.2</u>
<b>Total Income from Sales</b>	<b><u>\$ 1,516.19</u></b>	<b><u>20.1</u></b>	<b><u>\$ 1,516.19</u></b>	<b><u>20.1</u></b>	<b><u>\$ 2,279.88</u></b>	<b><u>\$ (763.69)</u></b>	<b><u>66.5</u></b>

JOIN  
the  
BUCK  
A  
MONTH  
CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

JOIN US  
fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

APT # \_\_\_\_\_

# Tri-State Round-Up

ARIZONA—CALIFORNIA—NEVADA

MAY 4<sup>TH</sup>, 5<sup>TH</sup>, 6<sup>TH</sup>, & 7<sup>TH</sup> — 1995

## Riverside Resort Hotel & Casino

Laughlin, Nevada

HOTEL RESERVATIONS: 1-800-227-3849

(mention "AA Convention")

Registration — \$ 10 — mail to:

Tri-State Round-Up

P.O. Box 21809

Bullhead City, Arizona 86439

INFO — (602) 758-5608

### — Celebrate The Promises —

*Puget Sound Jamboree*

March 31st, April 1st & 2nd — 1995

Executive Inn — Tacoma / Fife, Washington

(Interstate 5, Exit 137)

AA & Al-Anon events . . . Speaker Meetings,  
Workshops, Banquet, Dance,  
Spiritual Breakfast

Workshop leaders with 30 to  
50 years of sobriety!

Registration required—reduced  
rate if you register before  
March 10, 1995

Flyer available at Central  
Office

The Public Information  
Committee needs  
volunteers to help carry the message. . . members  
who can speak to non-AA functions. (We need  
young people, too.) For more information, please  
call Central Office @ 265-8762, MON-SAT—9AM-5PM

### 16<sup>TH</sup> Annual North County Intergroup Breakfast

MARCH 12, 1995 — 9:30 AM

Camp Pendleton NCO Club

Speaker—Cliff R.—10:30AM

Donation - \$11 at the door — Info - (619) 758-2514

### All California Young People In Alcoholics Anonymous C O N V E N T I O N

MARCH 17<sup>TH</sup>, 18<sup>TH</sup>, 19<sup>TH</sup> — 1995

MANHATTAN BEACH RADISSON HOTEL

1400 Parkview Ave

Manhattan Beach, California 90260

HOTEL RESERVATIONS—1-800-333-3333 / \$69-NITE / 14 PERSONS

Registration - \$10 // Info — (310) 898-9832

The San Diego AA Coordinator is looking for volunteers . . . we research, compose (on IBM-clone machines using various software—including Wordperfect (Windows), Corel, Autosketch, and PageMaker), organize and supervise the folding and labeling, and we deliver the paper to the post office. We have access to a lot of information (past issues of the Coordinator and Grapevine—pre-dating 1950 and more) and need energetic bodies to help us get this newsletter to you. If you are interested please call Central Office during business hours.



YOU CAN STILL VOLUNTEER FOR SERVICE AT THE 1995 INTERNATIONAL CONVENTION. ENTERTAINMENT SUB-COMMITTEE AND LANGUAGES SUB-COMMITTEE STILL NEED A LOT MORE PEOPLE. OTHER COMMITTEES NEED YOU, TOO. WE WILL NEED 6000 MEMBERS TO HELP STAGE THE THE BIGGEST PARTY WITHOUT BOOZE THAT EVER CAME TO SAN DIEGO . . . MAYBE THE WORLD. YOU CAN GET MORE INFORMATION ABOUT WHERE YOU FIT INTO ALL OF THIS BY CALLING (619) 565-1995 OR WRITE TO:

SAN DIEGO HOST COMMITTEE  
P.O. Box 881995  
SAN DIEGO, CALIFORNIA 92168

### PASS THE GREEN CAN HELP H&I BUY LITERATURE AND CARRY THE MESSAGE

Almost none of us liked the self-searching, the leveling of our pride, the confession of shortcomings which the process requires for its successful consummation. But we saw that it really worked in others, and we had come to believe . . . there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet. We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed.

Alcoholics Anonymous, page 25



Life Is Good — THANKS ///

**Cedar Street Speakers** 8:15PM TUE  
-Pathfinders, 2980 Cedar Street Golden Hill

**Central Group Speakers** 8:00PM WED  
-YWCA, 1012 "C" St. Downtown

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
-NRC, 7601 Convoy Court Clairemont/Kearny Mesa

Mar 3 Bob & Phyllis M. San Diego  
Mar 10 Liz San Diego  
March 17 Bill W. San Diego  
Mar 24 Kathy San Diego  
Mar 31 Robbie R. San Diego

**Coronado Wednesday Speaker** 8:00PM WED  
-Church, 700 "D" Avenue Coronado

**East County Fri. Nite Speakers** 8:00PM FRI  
-Church, Los Coches & Ha Hana Road Lakeside

Mar 3 Don N. San Diego  
Mar 10 Michael M. Lakeside

**East County Saturday Speakers** 8:15PM SAT  
-Church, 867 Lincoln Street El Cajon

Mar 4 Julian C Los Angeles  
Mar 11 Jimmy T. El Cajon  
Mar 18 Christine E. Fallbrook  
Mar 25 Jeanie M<sup>c</sup>C. Delmar  
Apr 1 TO BE ANNOUNCED

**Easy Does It Speakers** 8:00PM FRI  
-Church, 2770 Glebe Road Lemon Grove

Mar 3 Jim M. Carlsbad  
Mar 10 Annie S. Los Alamitos  
Mar 17 Vince Y. Pasadena  
Mar 24 Patrick M. Oceanside  
Mar 31 Laura D. San Clemente

**Good News Gut Level Speakers** 8:30PM TUE  
-North Shores Alano, 4861 Cass St Pacific Beach

**Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
-Harmony, 6150 Mission Gorge Rd #116 Grantville

Mar 3 Danelle San Diego  
Mar 10 Leanne D. San Diego  
Mar 17 Kathlene H. San Diego  
Mar 24 Rae S. San Diego  
Mar 31 Donna F. San Diego

**Lemon Grove Speaker Group** 7:00PM SAT  
-Church, 2770 Glebe Road Lemon Grove

Mar 4 Walter Imperial Beach  
Mar 11 Kathy H. Spring Valley  
Mar 18 TO BE ANNOUNCED  
Mar 25 Sam G. Ramona  
Apr 1 Herb K. Rancho Palos Verdes



**Mission Bay Sat. Night Speakers** 8:00PM SAT  
-USD Founders Hall #124 Linda Vista/Alcala Park

Mar 4 Tim B. San Diego  
Mar 11 Laura D. San Clemente  
Mar 18 Jim W. San Diego  
Mar 25 Vince D. Chula Vista  
Apr 1 Frank F. San Diego

**Mission Hills Speaker Meeting** 8:15PM THUR  
-Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
-Alano Club, 4861 Cass St. Pacific Beach

Mar 4  
Mar 11  
Mar 18  
Mar 25  
Apr 1

**O. B. Friday Night Speakers** 8:30PM FRI  
-O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
-Union Hall, 5150 Kearny Mesa Road Kearny Mesa

Mar 5 Chris C. Los Angeles  
Mar 12 Nancy N. Laguna Beach  
Mar 19 Cahuenga B. West Hollywood  
Mar 26 Clancy I. Los Angeles  
Apr 2 Chris W. Burbank

**Participation In Recovery Spkrs** 8:00PM SAT  
-Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
-Church, 2728-6TH Avenue Bankers Hill/Balboa Park

**South Bay Speakers Open Mixed** 8:00PM SAT  
-Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
-Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
-Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES:

WE WANT TO HEAR FROM YOU IN TIME TO MEET OUR DEADLINE!  
PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE  
MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING.  
JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL  
OUT A YELLOW FORM . . . TNX!!!

The Fellowship of Alcoholics Anonymous In San Diego County  
Balance Sheets  
December 31, 1994 and 1993

ASSETS		
	<u>1994</u>	<u>1993</u>
<b>Current Assets:</b>		
Petty Cash	\$ 150	\$ 100
Cash in Checking	31,894	15,117
Cash in Savings - Certificate	26,281	25,502
Accounts Receivable		6,655
Prepaid Expenses	1,430	
Inventory	18,115	19,495
Deposits	<u>900</u>	<u>900</u>
Total Current Assets	78,770	67,769
<b>Fixed Assets</b>		
Furniture, Fixtures & Equipment	35,547	35,582
Leasehold Improvements	4,472	4,472
Less: Accumulated Depreciation	<u>(33,936)</u>	<u>(30,528)</u>
Total Fixed Assets	<u>6,083</u>	<u>9,526</u>
 Total Assets	 <u>\$ 84,853</u>	 <u>\$ 77,295</u>

LIABILITIES & FUND BALANCES

<b>Liabilities:</b>		
Accounts Payable	\$ 2,023	\$ 1,462
Accrued Payroll Taxes	1,045	3,197
Accrued Sales Tax	1,206	1,517
Capital Leases Payable	<u>          </u>	<u>2,487</u>
Total Liabilities	4,274	8,663
 <b>Fund Balances:</b>	 <u>80,579</u>	 <u>68,632</u>
 Total Liabilities and Fund Balances	 <u>\$ 84,853</u>	 <u>\$ 77,295</u>

The Accompanying Notes are an Integral Part of the Financial Statements

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

APRIL 1995

INSIDE . . .

-April Calendar  
of Events

-Special  
Announcements

-Meetings In Motion,  
Speaker Meetings

-March Coordinating  
Council Minutes

-Group Contributions  
in the month of  
March '95



"More than 16 years ago, four men - my boss, my physician, my pastor, and the one friend I had left - working singly and together, maneuvered me into A.A.. Tonight, if they were to ask me, "Tell us, what did you find?" I would say to them what I say to you:

"I can tell you only what I have heard and seen: It seems the blind do see, the lame do walk, the lepers are cleansed, the deaf hear, the dead rise, and over and over again, in the middle of the longest day or the darkest night, the poor in spirit have the good news told to them."

God grant that it may always be so. " A MEMBERS EYE VIEW OF ALCOHOLICS ANONYMOUS—PAGE 27

## One, Two, Three, Four

I was told that each person had to do the steps his or her own way. I'd been doing things my own way all my life. So, just once, I decided to try it their way — as it was done by those who contributed their experience, strength, and hope to the Big Book. But not until I had tried it my way first.

I came into AA with a deep-seated guilt complex that went back to the days when I would be sent to my room to await the strap. It seemed to me that when I enjoyed myself I was punished, and the waiting for that punishment to occur was worse than the strap itself. As I was growing up, I came to believe that if I enjoyed myself, punishment must follow. Most of this punishment was self-inflicted, because I couldn't stand waiting for the ax to fall.

So you can imagine how I felt when I first came to AA. I started to feel better, But I wondered how long it would last. I began to feel uneasy with my newfound sobriety — the waiting game again. When my sponsor told me I must do a fourth step, I grabbed the advice — and it was a disaster, nothing but self-flagellation. My Fifth Step only made me feel worse. Self-pity set in. But I didn't drink. I kept coming back. And when they asked me to be secretary of a step group, I willingly did so.

One night, we were talking about the Fourth Step. My eyes wandered from the speaker to the slogans. All of a sudden, I knew why my first year in AA had been so hard. Here is what I learned about the slogans and the Fourth Step.

CONTINUED ON PAGE 11

## Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762

Office & Bookstore 9AM-5PM Monday - Saturday  
OFFICE MANAGER -- EVELYN G.  
ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .	443-2608
Council Assistant Chair	Kathy D.-S.	298-2636
After Hours Phones	Hans F. . . . .	223-5955
	Evelyn G. . . . .	265-8762
Business Committee Chair	Heather M.	273-7234
New Coordinators (Council)	Ray . . . . .	693-8643
Program Committee	Dean M. . . . .	229-0438
Public Information Committee	David C. . . . .	994-9051
Young People's Committee	Lejon R. . . . .	421-3680
Area Assembly		
Delegate	Marco R. . . . .	264-8648
Alt Delegate	J. P. . . . .	942-3434
Area Chair	Jorge . . . . .	566-7134
S. D. A. I. C. (Hospitals & Institutions)		
Director	Sue S. . . . .	443-6657
Co-Director	Ed G. . . . .	292-9245

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## EASY DOES IT

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### STEP FOUR:

Made a searching and fearless moral inventory of ourselves.

### TRADITION FOUR:

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

### The San Diego A. A. Coordinator

is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

#### SAN DIEGO AA COORDINATOR COMMITTEE

##### CHAIRMAN/EDITOR

TERRY P.  
295-5307

SECRETARY  
MYRIAM S.

##### CONTRIBUTING EDITORS

MIKE C.

TOM K.

CHAR M.

RICKI K.

MIKE G.

SUZANNE G.

ALL ANNOUNCEMENTS AND ARTICLES  
ARE DUE BY THE MONDAY FOLLOWING  
THE SECOND THURSDAY OF THE MONTH.  
(Monday after the Coordinating Council Meeting)

# MEETINGS IN MOTION

## NEW MEETINGS

- DOWNTOWN SOBRIETY            DAILY (M-F) 12 NOON  
-COFFEE SHOP, 1020 8TH AVE.            DOWNTOWN
- MIRA MESA WOMENS STEP STUDY            7PM MON  
-CLUB, 9545 KEARNY VILLA RD. #106MIRA MESA
- NO MENTAL DEFENSE            7:45PM THUR  
-RECV CTR 4094 UNIVERSITY AVE. CITY HEIGHTS
- FRIDAY NIGHT WOMEN TO WOMEN            6:15PM FRI  
-4773 MARLBOROUGH DR.            KENSINGTON

## CANCELLED MEETINGS

- MONDAY LUNCH BRUNCH            12 NOON MON  
-OFFICE BLDG, 1450 FRAZEE RD. #306SAN DIEGO
- MONDAY NITE BOOK STUDY            7PM MON  
-9595 LA JOLLA SHORES            LA JOLLA
- CIRCLE OF SUPPORT            7PM  
-140 E MAIN ST.            EL CAJON
- NORTH PARK BIG BOOK STUDY            8PM FRI  
-3567 RAY ST.            NORTH PARK
- THE SPEAKERS BREAKFAST            10:30AM SUN  
-RECV CTR 4094 UNIVERSITY AVE. CITY HEIGHTS

## TIME CHANGES

- OPERATION JOHN BARLEYCORN            7:30 TUE  
-8404 PHYLLIS PL.            SAN DIEGO

## 18TH ANNUAL SAN DIEGO SPRING ROUND UP

April 14, 15, & 16, 1995  
Hyatt Regency San Diego  
Registration \$9

Registration and ticket sales open @  
7:00PM Thursday, April 13

# In MEMORY Of

Edward V.

Sober one day at a time for  
15 years Passed away on February 5

DAWN PATROL (FOUNDER)

## - I AM RESPONSIBLE CLUB -

In February, Thomas B., Mark S., Scott O., and Kent G., donated to our blood account. Our account balance on the 1st of March was 100 units—we began February with 116, received 4 donations and released 20; There were no units expired for the month of February. Ten units will expire on the 31st of March. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to **YOUR SUPPORT**. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club:"

EL CAJON DONOR CENTER  
680 FLETCHER PARKWAY, EL CAJON  
Phone — (619) 441-1804

- OR -

SAN DIEGO BLOOD BANK  
440 UPAS STREET, SAN DIEGO  
Phone — (619) 296-6393

- OR -

SOUTH BAY DONOR CENTER  
1717 SWEETWATER ROAD, NATIONAL CITY  
Phone — (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762

## HAPPY BIRTHDAY

Susan B.

42 Years! on March 4th

# WILLING TO BELIEVE



## GIFT OF SOBRIETY

Each person follows an individual path, and mine was one of Alienation, in spite of my strong desire for acceptance. The "I" that I saw was not the "I" that others experienced. The result of this disharmony led inevitably toward an ever-increasing dissatisfaction with life. By 1960, I was hanging onto life, supported only by a thread of responsibility to my family. Misery was my constant companion.

It was at that time that I actively took the road toward alcoholism. There were still small fragments of hope, which prompted an occasional frenzy of activity toward betterment. But the results were always the same: disillusionment and thorough disgust with my world.

This feeling led to still another transformation—complete surrender to the idea of death. If the future became too difficult, there could always be suicide. But as long as things stayed on track, I was content to kill myself a drink at a time.

August 1975 marked the beginning of another life. A friend came to my house, related his alcoholic experiences, and dropped of the Big Book, along with an invitation to come to an AA meeting if I thought I was an alcoholic.

During the next ten days, out of curiosity and out of courtesy to my friend, I read the book and other AA material. I tried to apply it honestly to myself. Finally, I decided to attend a meeting.

Thus began the most important period of my life. The change was not instantaneous. It began as a trickle, became a stream, and was a veritable torrent by the end of the first week. I was bewildered and confused but never afraid. Joy alternated with serenity as I felt a great increase in God-consciousness.

The miracle did not manifest itself in spectacular ways, but rather in the simple, mundane events of everyday life. To me, this very fact was wondrous. To see myself doing and saying things that would have been completely alien to me the week before was indeed miraculous.

AA's approach was practical; there was little theory here. This was a new way of life, which could work for me and could bring me, as a byproduct, the happiness I always sought. Moralizing has its place, for one must know the rules; but this new insight enabled me to *feel* the rules and to apply them in a workable, concrete way, moment by moment, each day. What greater gift could be given?

And it *was* a gift; it was completely undeserved. My only part in the process was complete surrender and a willing, open honesty, applied to the best of my ability.

I knew the initial excitement would come to an end, but I felt no fear. I was given, not only renewed faith, but faith to a degree never before experienced. As long as I hold onto this, I know I will not lose my way.

Thus, I came to a second stage in the journey, the gradual acquiring of true self-knowledge. Seen in retrospect, the treatment seems very gentle. The curtain of not-knowing was drawn back a little at a time. Each measure of pain was accompanied by two measures of joy. Each painful incident I recalled, it now seemed, had been carefully contrived to drive home some major point. And always, there was the sustaining presence of God.

The third month was harder. The old self came to the fore again, leading me back toward the swamp that had been my habitat. There was a series of mild depressions; but in each case, with the help of God, I was able to pinpoint the difficulty, and the depression was relieved.

**“JUST AS WE ARE POWERLESS OVER ALCOHOL, SO WE ARE POWERLESS TO CHANGE OURSELVES BY OUR OWN EFFORTS ALONE.”**

Then came a deeper depression, one that in the old days would have meant the start of days or weeks of misery. I tried to apply what I had learned, but it didn't seem to work. Then, I remembered something I had read: Just as we were powerless over alcohol, so we are powerless to change ourselves by our own efforts alone. With this thought, the depression lifted and my peace of mind was restored. God had let me struggle with this burden to make me see that we are truly finite and helpless and that our place is to love, honor, and serve Him.

A further insight came at this time: Each trial can serve as the springboard to greater God-consciousness, with a corresponding increase in strength. I now understand that the tribulations of life are necessary to the growth process, and that only through these trials will I grow spiritually.

C. R., New Iberia, La. — Grapevine/March 1979

## The Twelve Concepts for World Service — Concept X —

**“Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.”**

# Minutes of the Coordinating Council

## Thursday, March 9, 1995

Jim J.- Chair, called 593rd meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Bob. 7 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 68 Groups were represented, a quorum; 148 groups are registered including 3 new groups, including: 6 new Coordinators, 1 alternates. VISITORS: M/S/C to accept the minutes as printed in the March COORDINATOR. The Seventh Tradition collected \$59.96.

COORDINATOR NEWSLETTER: Terry P. Chair, reported: Committee met on 3/8/95 PRESENT: Terry P. and Myriam S. Absent excused: Mike C., Tom K., Char M., Ricki K. and Pat V. Also Present: Scott D., Mike G. Suzanne G. and Pete V. Resigned: Bob H., Mike C. and Mel H. 1) Articles for the April issue were presented along with changes to format of page two. 2) Elected secretary.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 2/23/95 at 7:00 pm. PRESENT: Hans F. Chair, Frank R., Dennis J., Darren F. and Heather Ann. ABSENT EXCUSED: Michael P. Co-Chair, Michael P., Bob M. 1) All phone slots are filled through the end of February. 2) We'd like to thank everyone who answered phones in January. 3) Thank you to the following outgoing groups for their service: Harmony Group and Young Peoples Happy Hour. Also thanks to our outgoing computer updater Heather Ann. 4) The 5th Sunday of the month is open. 5) Several groups with phone commitments missed all or part of their commitment in February. We need volunteers who can answer phones on the spur of the moment. If you are interested in taking over a night or being on a volunteer list, please call Hans F. at 223-5955 or Central Office.

ORIENTATION COMMITTEE: Steve R. - Chair, reported: Committee met Thursday, 3/9/95 at 6:30pm PRESENT: Dave A., Keith M. and Steve R. 2 new coordinators and 1 new alternate were present. Absent: Ray N.

PUBLIC INFORMATION COMMITTEE: David C., Chair, reported: Committee met Monday, 3/6/95 at 7:00pm PRESENT: David C. Chair, Doug M., Blake C., Cliff, Lissa W., Fred A., Mick A. Reid S. Absent were Lyn J. Rick W. 1) 6 speakers reached 130 people 2 facilities. 2) Sent two prospective members to the Business Committee. Millie S. and Randy (Millie S. and Randy were elected by the Coordinating Council to be on the Committee.) 3) If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Dean Mc. Chair, reported: Committee met Monday, 2/27/95 at 6:00pm

PRESENT: Dean-Chair, Abi M., Anita B., Dave G. and Dave B. Absent excused: Amy K. 1) Founder's Day Picnic will be on June 3, 1995 at South Crown Point. Coffee and punch will be served. Picnic will have marathon meetings, barbecues will be provided for those people bringing their own food. Any other suggestions would be appreciated. Leave messages at Central Office.

BUSINESS COMMITTEE: Stu W. Member reported: Committee met Tuesday, 3/7/95 at 6:00pm. PRESENT: Heather M.- Chair, Gabe L., Stu W., Barbara R. and Shirley A. Absent excused: Lee G. ALSO PRESENT: Evelyn G., Central Office Manager, Mickey S., Recording Secretary, PI Committee Candidates: Millie S. and Randy and Jim J. Chair Coordinating Council. FLYERS: There were no flyers presented this month. P.I. COMMITTEE CANDIDATE: M/S/C to accept Millie S. and Randy as new candidates for the P.I. Committee. Evelyn G. - COM, reported: 1) The new phones are now in place and running smoothly at a savings of \$200 per month. 2) Evelyn was elected as Chair of the Southern California Central Office Managers Association. 3) A very special thank you to Scott from Tuesday Night Stag for repairing the roof at Central Office. 4) M/S/C to accept the Consolidated Income statement for February on the understanding that the percentage variable for the PI Committee would be confirmed with the accountant. OLD BUSINESS: Discussion was held regarding commemorative schedule for convention. Art work will be done, the amount printed will be decided on sometime in May.

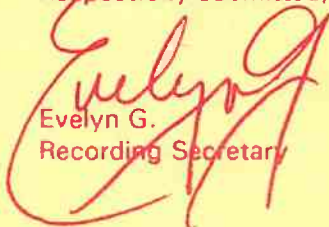
NEW BUSINESS: Salary review for Central Office employees: The Business Committee is recommending to the Coordinating Council that the following salary increases be approved retroactive to 2/1/95.

Evelyn G. Central Office Manager, is currently making \$27,800. The Committee recommends a 9% increase to \$30,302.

Connie J. Administrative Assistant is currently making \$8.00 per hour. The Committee recommends an increase of \$1.00 per hour.

This would be a total increase of \$381.00 per month in operating expenses for the office.

Respectfully submitted,



Evelyn G.  
Recording Secretary

## Group Contributions in Feb.

## Group Contributions in Feb.

GROUP NAME	Feb.	YTD
A NEW WAY TO LIVE	30.43	30.43
A WOMENS MEETING	0.00	183.52
AA BY THE BAY	0.00	80.00
AA STEP STUDY	0.00	65.61
ALLIED GARDENS DISC	187.37	187.37
ANNUAL CHRISTMAS MTING	0.00	15.05
ANNUAL GRATEFUL MTING	0.00	42.78
ANOTHER NEW BEGINNING	50.00	156.33
ANOTHER SOBER TUESDAY	50.00	50.00
AS BILL SEES IT	0.00	40.00
BACK TO BASICS	120.00	400.00
BAY PARK S/S GROUP	0.00	15.00
BAYSIDE BIG BOOK STUDY	32.50	32.50
BEGINERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK & 12 X 12 S/S	0.00	180.00
B/B DISC FOUNDERS GROUP	0.00	48.00
BIG BOOK STUDY GROUP	0.00	76.35
CAJON VIEW OPN DISC GROUP	25.00	50.00
CASA DE ORO TRADITION FIVE	0.00	25.00
CEDAR STREET MENS	101.60	522.95
CHEERS	0.00	35.00
CHULA VISTA 4 MIN SPRS	0.00	100.00
CHULA VISTA FRIDAY NIGHT	50.00	50.00
CHULA VISTA NOON GROUP	38.83	119.65
CLAIREMONT MENS	0.00	345.00
CLAIREMONT OPEN DISC	25.00	25.00
CLAIREMONT WED GROUP	0.00	60.00
CLAIRMNT WED 12 BRWN BAG	0.00	50.00
CLAIREMONT WOMENS	50.00	50.00
COORD COUNCIL-CTRAL OFF	69.50	207.10
CORONADO BEGINNERS AA	0.00	60.00
CORONADO MENS	50.00	50.00
CORONADO NOONERS	25.00	35.00
CORONADO #1 GROUP	40.00	40.00
COWLES MT SMOKELESS DISC	30.00	30.00
CREST GROUP	0.00	100.00
D.D.G.T.M.	151.67	151.67
DEERHORN GROUP	0.00	50.00
DIAMOND ST. MENS S/S	65.00	65.00
DOWNTOWN DISC GROUP	0.00	65.00
DRUNKS ONLY	266.97	638.57
DULZURA LIVING SOBER	0.00	50.00
EARLY RISERS (CORONADO)	0.00	218.00
EAST COUNTY WOMENS	50.00	50.00
EAST SIDE GROUP	0.00	24.00
EASY DOES IT RIDERS	0.00	75.00
EASY RISERS	0.00	0.00
EL CAJON DAYTIME	120.00	360.00
EYE OPENER GROUP	75.00	175.00

GROUP NAME	Feb.	YTD
FLETCHER HILLS SMOKELESS	0.00	100.00
FREE TO BE	48.00	48.00
FRI NITE CEDAR ST	0.00	14.50
FRIDAY NIGHT LIVE BIG BOOK	0.00	50.00
FRIDAY NIGHT MENS	0.00	60.00
FRIDAY NITES WEEKS END	0.00	0.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP	0.00	50.00
GOOD NEWS GROUP	0.00	46.29
GRINGO (ENGLISH)	0.00	10.00
HAPPY HOUR-AND-A-HALF	0.00	62.40
HOW IT IS NOW SPEAKERS	0.00	60.00
HOW IT IS TODAY	0.00	146.50
I NEED A MEETING MEETING	0.00	439.67
IMPERIAL BEACH GROUP	0.00	20.00
IMPERIAL GROUP	0.00	10.00
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	60.00
LA JOLLA LUNCH BUNCH	45.00	45.00
LA JOLLA MIDDAY	0.00	40.00
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA PATIO GROUP-FRI	0.00	50.00
LA JOLLA PATIO GRP-THUR	21.25	21.25
LA JOLLA PATIO GRP-WED	30.00	110.00
LA JOLLA STEP STUDY	60.00	60.00
LA MESA BIG BOOK	60.00	60.00
LA MESA MENS	50.00	50.00
LA MESA MON NITE WOMENS	0.00	102.00
LA MESA OPEN DISCUSSION	0.00	150.00
LA MESA S/S WORKSHOP	0.00	101.25
LITTLE APPLE GROUP	0.00	95.00
LIVING PROOF GROUP	0.00	50.00
LOMA PORTAL DISCUSSION	0.00	60.87
MAPLE ST S/S WORKSHOP	0.00	30.00
MEDICINE WHEEL	0.00	250.00
MIRA MESA EARLY RISERS	17.38	46.84
MISSION BAY MIXED	0.00	40.00
MISSION POSSIBLE	0.00	35.00
MIXED NUTS	0.00	35.00
MON SMOKLESS DINR MTING	90.00	90.00
MOTHER EARTH VIEJAS REZ	0.00	3.00
NEW WOMEN	0.00	90.00
NO B.S. MENS	40.00	40.00
NOON AT THE GROVE	100.00	150.00
NO. SHORES THURS NITE DISC	0.00	20.00
OPEN MINDED MENS	0.00	100.00
PB WEEKEND WARMUP	300.00	300.00
PB YOUNG PEOPLES	0.00	218.40

## *Group Contributions in Feb.*

<u>GROUP NAME</u>	<u>Feb.</u>	<u>YTD</u>
PASS IT ON GROUP	40.00	40.00
PATTERNS IN SOBRIETY	100.00	100.00
POINT LOMA AA DISC GRP	0.00	400.00
POINT LOMA MENS	0.00	160.00
PORTER HALL STRUCT. S/S	0.00	25.00
PRIMARY PURPOSE GROUP	0.00	51.60
RAINBOW BRIDGE	0.00	40.00
RAINBOW MEETING	0.00	7.30
RAMONA MONDAY NIGHT	37.50	37.50
SAFE SANE AND SOBER	0.00	150.00
SANTEE BIG BOOK STUDY	23.83	40.60
SANTEE SERENITY GROUP	20.00	60.00
SANTEE SUN NITE SMOKELESS	0.00	88.00
SATURDAY MENS	0.00	100.00
SATURDAY NITE EARLY DISC	100.00	100.00
SAT NITE SMOKELESS DISC	72.00	72.00
SAT NOONERS OPEN DISC	21.60	21.60
SCRPS RCH BCK 2 BASICS B/B	0.00	63.00
SENIOR SERENITY MEETING	0.00	40.00
SERENDIPITY WOMENS	0.00	40.00
SERENITY BY THE SEA	44.00	135.00
SERENITY WITH AN ATTITUDE	10.85	10.85
SMOKELESS DRUNKS LUNCH	60.00	60.00
SOBER NOONERS	25.00	25.00
SUN BRUNCH BUNCH SPRKS	40.00	40.00
SUNDAY SERENITY	80.00	80.00
THE OTHER MEETING	100.00	100.00
THURSDAY NIGHT SOBRIETY	50.00	50.00
TUESDAY NITE PART. GROUP	50.00	50.00
TWELVE TO GROW ON	50.00	50.00
TWO-BIT SPEAKERS	0.00	45.62
WARM AND FRIENDLY GRP	50.00	50.00
WAY UP AND OUT	0.00	60.00
WE ARE SURVIVORS	30.00	30.00
WE NEED PEOPLE GROUP	50.00	100.00
WE'VE COME A LONG WAY	0.00	20.00
WED NITE AT THE HOUSE	0.00	15.00
WHAT NOW?	0.00	75.00
WOMEN CANDLELIGHT MTING	50.00	50.00
WOMENS STEP STUDY	90.00	90.00

## *Group Contributions in Feb.*

<u>GROUP NAME</u>	<u>Feb.</u>	<u>YTD</u>
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***TO THE GROUPS  
LISTED  
THANK YOU  
FOR  
SUPPORTING  
YOUR  
CENTRAL OFFICE!***

***IF YOUR GROUP  
IS NOT LISTED,  
WHY NOT?  
CONTRIBUTIONS  
ARE DOWN,  
CENTRAL OFFICE  
NEEDS YOUR  
HELP.***

## SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND TWELVE MONTHS ENDED DECEMBER 31, 1994

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$3,657.28	79.4	\$10,384.71	85.4	\$10,578.07	\$(193.36)	98.2
Buck-A-Month	24.00	.5	129.00	1.1	195.00	(66.00)	66.2
Individual Donations	250.00	5.4	322.70	2.7	820.54	(497.84)	39.3
Cert. of Deposit - Interest	71.59	1.6	71.59	.6	67.37	4.22	106.3
Program Income	.00	.0	645.00	5.3	.00	645.00	.0
Other Income	<u>605.00</u>	<u>13.1</u>	<u>605.00</u>	<u>5.0</u>	<u>.00</u>	<u>605.00</u>	<u>.0</u>
<b>TOTAL INCOME</b>	<b>4,607.87</b>	<b>100.0</b>	<b>12,158.00</b>	<b>100.0</b>	<b>11,660.98</b>	<b>497.02</b>	<b>104.3</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$1,290.00	28.0	\$2,580.00	21.2	\$3,466.00	\$(886.00)	74.4
Utilities	346.09	7.5	685.55	5.6	724.84	(39.29)	94.6
Wages	3,915.66	85.0	7,956.82	65.5	7,982.32	(25.50)	99.7
Accrued Payroll Taxes	483.62	10.5	982.74	8.1	985.98	(3.24)	99.7
Health Insurance	280.00	6.1	560.00	4.6	280.00	280.00	200.0
Telephone	259.62	5.6	491.20	4.0	576.85	(85.65)	85.2
Office Supplies	1,151.04	25.0	2,900.63	23.9	1,384.38	1,516.25	209.5
Bulk Postage	150.00	3.3	385.00	3.2	250.00	135.00	154.0
Return Postage	.00	.0	50.00	.4	50.00	.00	100.0
Repairs & Maintenance	124.67	2.7	249.34	2.1	.00	249.34	.0
Insurance - W/C and Liab.	.00	.0	.00	.0	593.00	(593.00)	.0
Auto/Travel/Seminar	204.64	4.4	275.38	2.3	270.55	4.83	101.8
Legal & Audit	400.00	8.7	600.00	4.9	600.00	.00	100.0
Cash (Over)/Short	5.68	.1	3.88	.0	1.73	2.15	224.3
Depreciation	300.00	6.5	600.00	4.9	568.00	32.00	105.6
Bad debt	100.00	2.2	100.00	.8	.00	100.00	.0
Janitorial	<u>.00</u>	<u>.0</u>	<u>.00</u>	<u>.0</u>	<u>148.00</u>	<u>(148.00)</u>	<u>.0</u>
<b>TOTAL OPERATING EXPENSE</b>	<b>9,011.02</b>	<b>195.6</b>	<b>18,420.54</b>	<b>151.5</b>	<b>17,881.65</b>	<b>538.89</b>	<b>103.0</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$307.33	6.7	\$733.07	6.0	\$584.23	\$148.84	125.5
Program Committee	30.00	.7	70.00	.6	.00	70.00	.0
Public Information Committee	.00	.0	303.35	2.5	26.78	276.57	1132.8
Coordinating Council	<u>.00</u>	<u>.0</u>	<u>15.00</u>	<u>.1</u>	<u>258.93</u>	<u>(243.93)</u>	<u>5.8</u>
<b>TOTAL COMMITTEE EXPENSE</b>	<b>337.33</b>	<b>7.3</b>	<b>1,121.42</b>	<b>9.2</b>	<b>869.94</b>	<b>251.48</b>	<b>128.9</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(4,740.48)</b>	<b>(102.9)</b>	<b>(7,383.96)</b>	<b>(60.7)</b>	<b>(7,090.61)</b>	<b>(293.35)</b>	<b>104.1</b>
Sales Income (SEE SCH)	\$7,592.52	164.8	\$12,287.66	101.1	\$13,967.09	\$(1,679.43)	88.0
Cost of Sales (SEE SCH)	<u>(4,945.58)</u>	<u>(107.3)</u>	<u>(8,124.53)</u>	<u>(66.8)</u>	<u>(8,997.38)</u>	<u>872.85</u>	<u>90.3</u>
<b>NET INCOME (LOSS)</b>	<b><u>\$(2,093.54)</u></b>	<b><u>(45.4)</u></b>	<b><u>\$(3,220.83)</u></b>	<b><u>(26.5)</u></b>	<b><u>\$(2,120.90)</u></b>	<b><u>\$(1,099.93)</u></b>	<b><u>151.9</u></b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
**YOU** into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
Fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

ADDRESS

CITY

STATE

ZIP

NAME

APT #



**Cedar Street Speakers** 8:15PM TUE  
-Pathfinders, 2980 Cedar Street Golden Hill

**Central Group Speakers** 8:00PM WED  
-YWCA, 1012 "C" St. Downtown

Apr 5	Chuck C.	San Diego
Apr 12	George F.	San Diego
Apr 19	Pete G.	San Diego
Apr 26	Open Discussion	

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
-NRC, 7601 Convoy Court Clairemont/Kearny Mesa

**Coronado Wednesday Speaker** 8:00PM WED  
-Church, 700 "D" Avenue Coronado

**East County Fri. Nite Speakers** 8:00PM FRI  
-Church, Los Coches & Ha Hana Road Lakeside

**East County Saturday Speakers** 8:15PM SAT  
-Church, 867 Lincoln Street El Cajon

Apr 1	Emile B.	Mission Valley
Apr 8	Gail N.	Chula Vista
Apr 15	Manuel C.	Oceanside
Apr 22	Thomas D.	Escondido
Apr 29	Jerry D.	Vista
May 6	Janie M.	Encinitas

**Easy Does It Speakers** 8:00PM FRI  
-Church, 2770 Glebe Road Lemon Grove

Apr 7	Wayne B.	La Costa
Apr 7	Anniversary Pot Luck 6:30pm	
Apr 14	No Speaker	
Apr 21	Robert K.	Los Angeles
Apr 28	Jeanie McC.	Del Mar

**Good News Gut Level Speakers** 8:30PM TUE  
-North Shores Alano, 4861 Cass St Pacific Beach

**Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
-Harmony, 6150 Mission Gorge Rd #116 Grantville

Apr 7	Candra S.	San Diego
Apr 14	Lynn S.	Santee
Apr 21	Beth C.	El Cajon
Apr 28	Rachel D.	Lakeside

**Lemon Grove Speaker Group 7:00PM SAT**  
-Church, 2770 Glebe Road Lemon Grove

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
-USD Founders Hall #124 Linda Vista/Alcala Park

**Mission Hills Speaker Meeting** 8:15PM THUR  
-Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
-Alano Club, 4861 Cass St. Pacific Beach

**O. B. Friday Night Speakers** 8:30PM FRI  
-O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
-Union Hall, 5150 Kearny Mesa Road Kearny Mesa

Apr 2	Chris W.	Toluca Lake
Apr 9	Ann W.	Cerritos
Apr 16	Earl H.	Los Angeles
Apr 23	Sonny C.	Atascadero
Apr 30	Sara S.	Santa Monica

**Participation In Recovery Spkrs** 8:00PM SAT  
-Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
-Church, 2728-6TH Avenue Bankers Hill/Balboa Park

**South Bay Speakers Open Mixed** 8:00PM SAT  
-Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
-Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
-Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM . . . TNX!!!

### Between the Extremes

"The real question is whether we can learn anything from our experiences upon which we may grow and help others to grow in the likeness and image of God.

"We know that if we rebel against doing that which is reasonably possible for us, then we will be penalized. And we will be equally penalized if we presume in ourselves a perfection that simply is not there.

"Apparently, the course of relative humility and progress will have to lie somewhere between these extremes. In our slow progress away from rebellion, true perfection is doubtless several millennia away."

## IN HIS OWN INDIVIDUAL RIGHT

Spirituality is an awakening - or is it all the loose ends woven together into a mellow fabric? It's understanding - or is it all the knowledge one need ever know? It's freedom - if you consider fear slavery. It's confidence - or is it the belief that a higher power will see you through any storm or gale? It's adhering to the dictates of your conscience - or is it a deep, genuine, living concern for the people and the planet? It's peace of mind in the face of adversity. It's a keen and sharpened desire for survival.

It's a man or a woman. It's gratitude for every happenstance of the past that brought you to a moment of justice. It's the joy of being a young man in a young world. It's awareness - or is it realization of one's capabilities and limitations? It's concentration - or is it an easy sensing of the universe? It's seeing a mystical power for good in each and every human being. It's patience in the face of stupidity. It's feeling that you want to knock someboby's head off - and walking away instead. It's when you're down past your last dime, and you know you still have something that money can't buy. It's wearing dungarees that feel like a tuxedo.

It's wanting to go home, yet being there. It's a rocket ride that goes far beyond the world your eye can see. It's looking at something that superficially is ugly, but radiates beauty. It's a majestic skyline or a western desert. It's a young child. It's seeing a caterpillar turn into a butterfly. It's a magnetic pull toward those who are down and out. It's knowing that even the bad times are good. Don't look back - you haven't seen anything yet.

When people look at you and wonder what's with you, the look in your eyes will answer them: "Because I can cut it!"

The singular thing that is spirituality cannot be given to a fellowman by word or mouth. If every man is to have it, then every man must earn it, in his own way, by his own hand, stamped by the seal of himself, in his own individual right.

CAME TO BELIEVE-PAGE 5

Many thanks to those who showed up for the March fold and label party. I did not get everyones name but you know who you are. The turn out was low and so we had to work late to get all the finishing touches in. We really need support for the fold and label party. So if you think your group may be interested use the form below. Again Thanx

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## SERVICE WORK OPPORTUNITY

The San Diego A.A. Coordinator needs volunteers interested in doing service work. Group participation is necessary to fold, stuff, and label our monthly newsletter. We need two groups each month with six or more volunteers from each group. Individuals are also invited.

**The folding party well be held at 6:00 PM on either the 3rd or 4th Wednesday of the month at:**

**CENTRAL OFFICE 7075-B MISSION GORGE ROAD**

**(THIS EVENT WILL TAKE 2 TO 3 HOURS)**

GROUP NAME: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

**MONTHS AND DATES TO BE FILLED:**

(PLEASE CIRCLE THE MONTH YOUR GROUP WILL VOLUNTEER)

APRIL 26

MAY 24

JUNE 21

JULY 26

AUGUST 23

SEPTEMBER 27

OCTOBER 25

NOVEMBER 22

DECEMBER 27

RETURN THIS FORM TO CENTRAL OFFICE OR BRING TO THE NEXT COORDINATING COUNCIL MEETING

CONTINUED FROM PAGE 1

"Easy Does It": Don't be in too much of a rush, but do it.

"Think": Have I done Step One? Step Two? Step Three?

"Live and Let Live": Look at myself and not the other guy.

"First Things First": Whatever's good for my sobriety, which must come first, is good for me.

And, finally, "But for the Grace of God."

The last brings me to the reason I had to go back to Steps One, Two, and Three before I could Properly do a Fourth Step. I had to begin liking myself enough to want to *search* to get to know myself better. I had to turn my will and my life over to the care of God, as I understand Him, before I could Become *fearless* in the face of self-inventory. And I had to want to change so I might better do His will, not so I could feel better.

Today, I know that His will for me is working better than my will ever did. I am starting to have a fulfilled, happy life and can use my problems for instruction rather than destruction. The learning experience is never easy, but it is exhilarating, and as it says in the Big Book, my imagination is begging to be fired.

Thank you AA, for all of this. To all of you out there who are confused as I was: I hope my experience has helped you as much as it has helped me. May God bless you — and happy fourth - stepping!

S. D., Montreal, Que.—Grapevine/July 1982

### MYSTERIOUS WAYS

After losing my career, family and health, I remained unconvinced that my way of life needed a second look. My drinking and other drug use were killing me, but I had never met a recovering person or an A.A. member. I thought I was destined to die alone and that I deserved it. At the peak of my despair, my infant son became critically ill with a rare disease. Doctors' efforts to help him proved useless. I redoubled my efforts to block my feelings, but now the alcohol had stopped working. I was left staring into God's eyes, begging for help. My introduction to A.A. came within days, through an odd series of coincidences, and I have remained sober ever since. My son lived and his disease is in

remission. The entire episode convinced me of my powerlessness and the unmanageability of my life. Today my son and I thank God for his intervention. daily reflections-page 85

### CORRECTION

In the March edition of **The San Diego AA Coordinator** we printed text on page 3 in error:

"The following groups attended the March Coordinating Council"

The text should have read:

"The following groups attended the February Coordinating Council"

We regret the error.//

### The following groups attended the March Coordinating Council:

ALLIED GARDENS  
DISCUSSION\*ALLIED GARDEN FRIDAY LUNCH \* AA BY THE BAY \* AA DISCUSSION \* ANOTHER SOBER TUESDAY \* ANOTHER NEW BEGINNING \* BIG BOOK DISC FOUNDERS GROUP \* BACK TO BASICS FOR WOMEN \* BATTERY CHARGERS \* BACK TO BASICS \* BYOB \* BAY PARK STEP STUDY \* CORONADO COASTAL STEP STUDY \* CENTRAL GROUP \* CLASS ACTS \* CLAIREMONT MENS \* DOWNTOWN DISCUSSION GROUP \* EL CAJON DAYTIME \* EL CAJON WOMEN'S SERENITY \* EAST SIDE GROUP \* EARLY BIRDS \* EAST COUNTY MENS \* EASY DOES IT SPEAKERS \* FRIDAY NIGHT LIVE BIG BOOK STUDY \* FLETCHER HILLS SMOKELESS \* FRIDAY MORNING WOMANS \* GOLDEN HILLS SUNDAY NIGHT DISCUSSION \* GRAD GROUP \* GREAT FACT GROUP \* HAUL YOUR HINEY OUT OF BED \* HAPPY HOUR GROUP OF EL CAJON \* LA MESA MONDAY NIGHT WOMENS \* LA MESA OPEN DISCUSSION \* LAKESIDE STEP STUDY \* LITTLE APPLE GROUP \* MIRA MESA FRIDAY NIGHT \* MIRA MESA WOMENS \* MID WEEK MENS \* MISSION POSSIBLE \* MON EVE SMOKELESS DINNER \* NATIONAL CITY MAINTENANCE PLUS \* NORTH SHORES MENS \* OLD TOWN SPEAKERS \* OCEAN BEACH STEP STUDY \* OVER 50 \* PROFESSIONAL GROUP \* PORTER HALL STRUCTURED STEP STUDY \* PACIFIC BEACH YOUNG PEOPLES \* RULE 62 GROUP \* RAINBOW BRIDGE \* SUNDAY MIDDAY \* STEPS TO RECOVERY \* SATURDAY NIGHT FERVOR \* SATURDAY NIGHT EARLY DISCUSSION \* SIXTH M& NUTMEG SPEAKERS \* STEP ONE GROUP \* SCRIPPS BACK TO BASICS BIG BOOK \* SERENITY WITH AN ATTITUDE \* TIERRASANTA/MURPHY CANYON AA \* TALBOT STREET \* TORREY PINES THURSDAY \* UNITY STEP STUDY \* WET BEHIND THE EARS \* -WAY UP AND OUT \* WEDNESDAY NIGHT DISCUSSION GROUP \* YOUNG AT HEART \*



# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

**MAY 1995**

"Another great dividend we may expect from confiding our defects to another human being is humility—a word often misunderstood."

INSIDE . . .

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of Events*

*-Special Announcements*

*-Meetings In Motion,  
Speaker Meetings*

*-April Coordinating  
Council Minutes*

*-International convention  
update*

*-Group Contributions  
in the month of  
April '95*



Living in the Moment

## *That "Formal" Step Five*

In my first weeks of sobriety, I read through the Twelve Steps quickly and decided that anyone with half a wit could follow those simple suggestions without any trouble. But on approaching the Fifth Step, I began to have second thoughts. I could never tell another person some of the things I had done while I was drinking. If these newfound friends in AA really knew me, they would have nothing to do with me. So I'd just keep my mouth shut about the horrors of my past, I decided, and fake it.

Within months, I attempted my first Fifth Step. Inventory notebook in hand, I recited a list of venial offenses. Of overwhelming fear, gnawing guilt, and self-hatred, I said nothing. Faking a Step is not the same as taking a Step. Consequently, nothing extraordinary happened that day. I experienced defeat.

Failure is an integral part of learning, albeit a painful part. Just as alcohol had brought me to my knees and force-fed a drop of humility into my life, so did my first encounter with the Fifth Step. The introduction of humility deflated my alcoholic ego once again, and therein lay the key to success. Forced to surrender *my* idea of how the Fifth Step should be worked, I began to listen more closely at meetings. Hearing other members talk so freely, honestly, and realistically about their shortcomings made it easier to begin sharing my own. As a swimmer tests the water with his toe, so I began to share my defects slowly, cautiously. Always expecting rejection and disgust, I was relieved to find only understanding, acceptance, and support.

CONTINUED ON PAGE 9

## Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762

Office & Bookstore 9AM-5PM Monday - Saturday  
 OFFICE MANAGER -- EVELYN G.  
 ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .443-2608
Council Assistant Chair	Kathy D.-S. 298-2636
After Hours Phones	Hans F. . . . .223-5955 Evelyn G. . . . .265-8762
Business Committee Chair	Heather M. . . . .273-7234
New Coordinators (Council)	Ray . . . . .693-8643
Program Committee	Dean M. . . . .229-0438
Public Information Committee	David C. . . . .994-9051
Young People's Committee	Lejon R. . . . .421-3680
Area Assembly	
Delegate	Marco R. . . . .264-8648
Alt Delegate	J. P. . . . . .942-3434
Area Chair	Jorge . . . . .566-7134
S. D. A. I. C. (Hospitals & Institutions)	
Director	Sue S. . . . . .443-6657
Co-Director	Ed G. . . . . .292-9245

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## LIVE AND LET LIVE

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### STEP FIVE:

Admitted to God, to orselves, and to another human being the exeact nature of our wrongs.

### TRADITION FIVE:

Each group has but one primary purpose-to carry the message to the alcoholic who still suffers.

### The San Diego A. A. Coordinator

is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

### SAN DIEGO AA COORDINATOR COMMITTEE

#### CHAIRMAN/EDITOR

TERRY P.  
295-5307

SECRETARY  
MYRIAM S.

#### CONTRIBUTING EDITORS

MIKE C.  
TOM K.  
CHAR M.  
RICKI K.  
MIKE G.  
SUZANNE G.

ALL ANNOUNCEMENTS AND ARTICLES  
 ARE DUE BY THE MONDAY FOLLOWING  
 THE SECOND THURSDAY OF THE MONTH.  
 (Monday after the Coordinating Council Meeting)

# MEETINGS IN MOTION

## NEW MEETINGS

### GROUND LEVEL

-RCVRY CNTR, 4094 UNIVERSITY AVE

8PM FRI  
CITY HEIGHTS

## CANCELLED MEETINGS

### IMPERIAL BEACH BIG BOOK STUDY

-CHURCH, 9TH & IMPERIAL

### WOMEN'S 12 x 12

-HARMONY, 6150 MISSION GORGE RD #116

### THE TOOLSHED GROUP

-4735 CASS ST

### ONE STEP AT A TIME

-SENIOR CNTR, 8450 LA MESA BLVD

8:15PM MON

IMPERIAL BEACH

NOON THUR

GRANTVILLE

8:30PM THUR

PACIFIC BEACH

6PM SUN

LA MESA

## TIME CHANGES

### EL GRUPO LATINOS AMERICANOS

-RCVRY CNTR, 741 - 11TH AVE

### FLETCHER HILLS DISCUSSION

-CHURCH, 8350 LAKE MURRAY BLVD

7PM MON

DOWNTOWN

8PM MON

SAN CARLOS

## RELOCATED & TIME CHANGE

### CORONADO COASTAL STEP STUDY

TO: CHURCH, CORNER OF ORANGE AVE & FIFTH ST

7PM TUES

CORONADO

## — I AM RESPONSIBLE CLUB —

In February, there was no donations to our blood account. Our account balance on the 1st of April is 90 units. Ten units expired on the 31st of March. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to YOUR SUPPORT. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club:"

EL CAJON DONOR CENTER  
680 FLETCHER PARKWAY, EL CAJON  
Phone — (619) 441-1804

- OR -

SAN DIEGO BLOOD BANK  
440 UPAS STREET, SAN DIEGO  
Phone — (619) 296-6393

- OR -

SOUTH BAY DONOR CENTER  
1717 SWEETWATER ROAD, NATIONAL CITY  
Phone — (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762

## International convention - countdown 1995

The deadline for registration by mail is May 15. Registration forms received after that date will be returned. On-site registration is possible, but the lines will be very long and the wait is expected to be several hours. Registration forms can be obtained at your central office and from your general service representative. Over 30,000 registrations from more than 50 countries have been received so far, putting us on track to host the largest A.A. convention ever held.

Belgian A.A.'s have chartered two planes to fly to San Diego—one for smokers and one for nonsmokers. Isn't A.A. wonderful?

Thousands of volunteers have signed up for various subcommittees at the convention. All are busily preparing to greet the expected 60,000 to 80,000 attendees.

A special training day will be held on Sunday, May 21 to orient volunteers to the myriad of city services and the interlocking functions of the host committee.

As a special reminder, please note that the host committee does not handle housing arrangements. This is all being done through the registration forms; another reason to encourage everyone to pre-register for the convention.

*The following groups attended the April Coordinating Council:* AA DISCUSSION \* ALLIED GARDENS STEP STUDY \* ANOTHER NEW BEGINNING \* BACK TO BASICS \* BATTERY CHARGERS \* BAY PARK STEP STUDY \* BIG BOOK DISC FOUNDERS GROUP \* BYOB \* CEDAR STREET MENS \* CENTRAL GROUP \* CLASS ACTS \* CREST GROUP \* DAWN PATROL \* DOWNTOWN DISCUSSION GROUP \* DRY DOCK 21 \* EARLY BIRDS \* EAST COUNTY MENS \* EAST SIDE GROUP \* EASY DOES IT SPEAKERS \* EL CAJON WOMEN'S SERENITY \* FIRST MIRA MESA MENS \* FLETCHER HILLS SMOKELESS \* FRIDAY MORNING WOMANS \* FRIDAY NIGHT LIVE BIG BOOK STUDY \* GOLDEN HILLS SUNDAY NIGHT DISCUSSION \* GOOD MORNING AA \* GRAD GROUP \* GREAT FACT GROUP \* HARMONY GROUP \* HAUL YOUR HINEY OUT OF BED \* IMPERIAL BEACH GROUP \* INTERNATIONAL GROUP \* LA MESA MENS \* LA MESA MONDAY NIGHT WOMENS \* LAKESIDE STEP STUDY \* LAKESIDE THURSDAY NITE \* MIRA MESA EARLY RISERS \* MIRA MESA SUNDAY MORNING MENS \* MIRA MESA WOMENS \* NATIONAL CITY MAINTENANCE PLUS \* NOON TO ONE AA \* OCEAN BEACH STEP STUDY \* OLD TOWN SPEAKERS \* POINT LOMA AA OPEN DISCUSSION \* POINT LOMA MENS \* POINT LOMA SUNDAY NIGHT DISCUSSION \* PROFESSIONAL GROUP \* RAINBOW BRIDGE \* RULE 62 GROUP \* SAN CARLOS SINGLE PURPOSE \* SANTEE WOMENS ALTERED ATTITUDES \* SATURDAY NIGHT EARLY DISCUSSION \* SATURDAY NIGHT SMOKELESS DISCUSSION \* SCRIPPS BACK TO BASICS BIG BOOK \* SERENITY WITH AN ATTITUDE \* STEP ONE GROUP \* THE OTHER MEETING \* THURSDAY NIGHT CLAIREMONT MENS \* TIERRASANTA/MURPHY CANYON AA \* TORREY PINES THURSDAY \* UNITY STEP STUDY \* WAR FEVER \* WEDNESDAY NIGHT DISCUSSION GROUP \* WET BEHIND THE EARS  
NEXT MEETING WILL BE AT 8pm, THURSDAY, MAY 11<sup>th</sup> AT THE BIG CHURCH ON 6<sup>th</sup> & NUTMEG IN BALBOA PARK... SEE YA THERE !!!

## Like a Bump on a Log

If you're tired of just sitting there,  
try getting involved

Psychologists will tell you that the inclination to avoid responsibility is a characteristic of immaturity. If that is so, we would appear to live in an age of rampant immaturity. "Let's not get involved" is an expression frequently heard. If you witness a serious traffic accident and your statement might help the person who is not at fault, what is your reaction? Most people drive on, because they do not want the aggravation of involvement.

This trend runs the gamut of human happenings. Murders are being committed in the presence of scores of people, none of whom raises a finger. Part of it may be the instinct of self-preservation, but most of it is the desire not to be involved.

What does this have to do with the AA way of life? As a group, we alcoholics suffer from immaturity somewhat more than most people. Fortunately, we become aware of this. But awareness alone, though it gives us an advantage over other people, is far from enough. We must act upon it. In our early AA years, most of us throw ourselves into this way of life and the Fellowship's activities. As we grow older in AA, many of us are inclined to pull back, and we may reach a stage of aloofness from activity. Leading meetings and doing Twelfth Step work are jobs for those in their first five years of sober living - that is the rationalization.

The person who drifts away and finally loses sobriety itself is a typical casualty of this procedure. Even those who maintain sobriety are pathetic figures. They are not happy in it. The one who sits like a bump on a log at an occasional meeting and says, "I don't seem to get much out of the Fellowship any more" is reflecting another result of inactivity or, to put it more clearly, noninvolvement.

This is a program of involvement. When we stop giving generously of ourselves in the vital, living, moving program of AA, we are dead ducks in terms of happy sober living. Fortunately, most dead ducks can be revived if they are willing.

Remember, the Twelfth Step says, "carry this message to alcoholics." That doesn't mean merely alcoholics who still drink. It means our fellow AAs, too. Shouldn't some of us old-timers hunt up other old-timers we seldom see any more, and somehow try to get them really involved with us? They all have a lot to give, and only through new involvement will they start to receive again. *Anonymous, Cleveland, Ohio Grapevine June, 1976*

# Happy Birthday

*Kathy B.*

*Dawn Patrol*

*3 years on April 11!*

*Jard*

*Harmony Group*

*11 years on April 10!*

*And, Belatedly...*

*Joan B.*

*North Shores Sat. Night*

*Speakers*

*23 years on November 3rd!*

*Frank F.*

*La Jolla Speakers*

*31 years on March 15!*

*Terry P.*

*O.B. Step Study*

*4 years on March 19!*

## The Answer in the Mirror

While drinking, we were certain that our intelligence, backed by will power, could rightly control our inner lives and guarantee us success in the world around us. This brave philosophy, wherein each man played God, sounded good in the speaking, but it still had to meet the acid test: How well did it actually work? One good look in the mirror was answer enough.

## Minutes of the Coordinating Council Thursday, April 13, 1995

Jim J.- Chair, called 594th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Lyn J. 8 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 64 Groups were represented, a quorum; 145 groups are registered including: 5 new Coordinators, 2 alternates. VISITORS: M/S/C to accept the minutes as printed in the March COORDINATOR. The Seventh Tradition collected \$55.02.

COORDINATOR NEWSLETTER: Terry P. Chair, reported: Committee met Wednesday, 4/12/95 at 7:00pm. PRESENT: Terry P., Mike G., Char M. and Mike C. Absent excused: Tom K. and Suzanne G. Resigned: Rikki K. 1) May issue was discussed. 2) Committee assignments were made. 3) International issue was discussed using current format and increasing circulation to 6,000. 4) Attendance at the folding party was very small and the committee is trying to establish a database from the meetings represented at the Coordinating Council as a source for future commitments. (If you or your group would like to volunteer to help, please call Terry P. at 295-5307 or Central Office.)

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 3/30/95 at 7:00 pm. PRESENT: Hans F. Chair, Frank R., Dennis J., and Darren F. ABSENT EXCUSED: Michael P. 1) Thanks to Darren F. for rewriting our old call-forwarding instructions. 2) We'd like to thank everyone who answered phones in March. 3) Thank you to the following outgoing groups for their service: Lemon Grove, Back to Basics, Winner's Circle, Group 24 and Sunday Early Risers. 4) Welcome to our three new groups Fletcher Hills Smokeless, Sunday Midday and the Butterfly Group. 5) There are 5 nights open the 5th, 16th, 21st, 24th, and 27th. If you are interested in taking over a night please call Hans F. at 223-5955.

ORIENTATION COMMITTEE: David A. - Chair, reported: Committee met Thursday, 4/13/95 at 6:30pm PRESENT: Dave A., Keith M., and Steve R. 7 new coordinators were present. Absent Ray N. 1) All new Coordinators encourage to attend.

PUBLIC INFORMATION COMMITTEE: David C., Chair, reported: Committee met Monday, 4/3/95 at 7:00pm PRESENT: David C. Chair, Doug M., Millie S., Lissa W., Fred A., Mick A. Reid S. rotated off committee. Rick W. resigned. 1) 15 speakers reached 490 people 5 facilities. 2) Committee declined invitation by the Del Mar Fair to participate this year. 3) There are 3 vacancies on the committee. If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Amy K. reported: Committee met Monday, 4/27/95 at 6:00pm PRESENT: Dean-Chair, Amy K., Anita B., Dave B., Abi M. and Dave M. 1) Founder's Day Picnic site was changed to Ski Beach which is south of Crown Point Shores. 2) The annual banquet will be a dinner/dance this year tentative date is November 11; a location has not been found. Committee is using \$20 per ticket as their budget.

BUSINESS COMMITTEE: Gabe L., Member reported: Committee met Tuesday, 4/11/95 at 6:00pm. PRESENT: Gabe L., Stu W., Lee G. and Shirley A. Absent excused: Heather M.- Chair and Barbara R. ALSO PRESENT: Evelyn G., Central Office Manager, Willy C., Betty and Mike C. - Easy Does It Riders. FLYERS: M/S/C to accept a flyer from Easy Does It Riders and AA by the Bay. \$75 fee. P.I. COMMITTEE CANDIDATE: There were no candidates this month. Evelyn G. - COM, reported: 1) Contributions were average for the month of March, thank you to all groups contributing. 2) M/S/C to reject a motion by the After Hours Phone Committee install a lock on the outside phone room door so that all phone committee members could have a key. 3) M/S/C to accept the Consolidated Income statement for March.

AREA ASSEMBLY: Jorge - Area Chair: 1) The Area Assembly will be hosted by district 6 on April 22, 1995 at 625 Pennsylvania Ave.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in Mar.

## Group Contributions in Mar.

GROUP NAME	Mar.	YTD
A NEW WAY TO LIVE	0.00	30.43
A WOMENS MEETING	0.00	183.52
AA BY THE BAY	80.00	80.00
AA STEP STUDY	0.00	65.61
ALLIED GARDENS DISCUSSION	0.00	187.37
ALPINE WOMENS CANDLELIGHT	0.00	13.50
ANNUAL CHRISTMAS MEETING	0.00	15.05
ANNUAL GRATEFUL MEETING	0.00	42.78
ANOTHER NEW BEGINNING	61.00	217.33
ANOTHER SOBER TUESDAY	0.00	50.00
AS BILL SEES IT	0.00	80.00
BACK TO BASICS	120.00	400.00
BAY PARK S/S GROUP	0.00	87.00
BAYSIDE BIG BOOK STUDY	0.00	57.50
BEAUTIFUL BEGINGS NEWCMRS	0.00	50.00
BEGINERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK & 12 X 12 S/S	180.00	180.00
B/B DISC FOUNDERS GRP	48.00	48.00
BIG BOOK STUDY GROUP	0.00	76.35
BUTTERFLY GROUP	15.00	15.00
CAJON VIEW OPEN DISC	0.00	75.00
CASA DE ORO TRADITION 5	0.00	25.00
CEDAR STREET MENS	54.80	522.95
CHEERS	35.00	35.00
CHULA VISTA 4 MIN SPKRS	0.00	100.00
CHULA VISTA FRIDAY NIGHT	0.00	50.00
CHULA VISTA NOON GROUP	42.52	119.65
CLAIREMONT MENS	0.00	345.00
CLAIREMONT OPEN DISC	0.00	25.00
CLAIREMONT WED GRP	0.00	60.00
CLAIRE WED NOON BROWN BAG	0.00	50.00
CLAIREMONT WOMENS	0.00	50.00
COORD COUNCIL-CNTRL OFF	59.69	207.10
CORONADO BEGINNERS AA	60.00	60.00
CORONADO MENS	0.00	50.00
CORONADO NOONERS	0.00	35.00
CORONADO NUMBER ONE GRP	0.00	40.00
COWLES MT SMOKELESS DISC	0.00	30.00
CREST GROUP	50.00	100.00
D.D.G.T.M.	0.00	151.67
DEERHORN GROUP	50.00	50.00
DIAMOND ST MENS S/S	0.00	65.00
DOWNTOWN DISCUSSION	0.00	65.00
DRUNKS ONLY	261.59	900.16
DRY DOCK #21	40.00	40.00
DULZURA LIVING SOBER	50.00	50.00
EARLY RISERS (CORONADO)	118.00	218.00
EAST COUNTY WOMENS	0.00	50.00

GROUP NAME	Mar.	YTD
EAST SIDE GROUP	0.00	24.00
EASY DOES IT RIDERS	0.00	75.00
EL CAJON DAYTIME	120.00	360.00
EYE OPENER GROUP	50.00	175.00
FLETCHER HILLS SMOKELESS	0.00	100.00
FREE ON FRIDAY	280.00	280.00
FREE TO BE	98.48	146.48
FRI NITE CEDAR ST	14.50	14.50
FRIDAY MORNING WOMENS	87.00	87.00
FRIDAY NIGHT LIVE BIG BOOK	50.00	50.00
FRIDAY NIGHT MENS	0.00	60.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP	0.00	50.00
GOOD NEWS GROUP	0.00	46.29
GREAT FACT GROUP	0.00	96.00
GRINGO (ENGLISH)	10.00	10.00
HAPPY HOUR WOMENS SPKER	70.00	70.00
HAPPY HOUR-AND-A-HALF	0.00	62.40
HI-NOONERS	60.00	60.00
HOW IT IS NOW SPEAKERS	0.00	60.00
HOW IT IS TODAY	100.00	246.50
I NEED A MEETING MEETING	190.98	439.67
IMPERIAL BEACH GROUP	20.00	20.00
IMPERIAL GROUP	10.00	10.00
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	60.00
KEEP COMING BACK	50.00	50.00
LA JOLLA LUNCH BUNCH	0.00	45.00
LA JOLLA MIDDAY	0.00	40.00
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA PATIO GROUP-FRI	25.00	50.00
LA JOLLA PATIO GROUP-THUR	0.00	21.25
LA JOLLA PATIO GROUP-WED	40.00	110.00
LA JOLLA PUMP HOUSE GRP	650.00	650.00
LA JOLLA STEP STUDY	60.00	60.00
LA MESA BIG BOOK	0.00	60.00
LA MESA MENS	0.00	50.00
LA MESA MON WOMENS	102.00	102.00
LA MESA OPEN DISCUSSION	0.00	150.00
LA MESA S/S WORKSHOP	0.00	101.25
LAKESIDE THURSDAY NIGHT	120.00	120.00
LEXINGTON BIG BOOK STUDY	50.00	50.00
LITTLE APPLE GROUP	95.00	95.00
LIVING PROOF GROUP	50.00	50.00
LOMA PORTAL DISC	0.00	60.87
LUNCH GROUP	300.00	300.00
MAPLE ST S/S WORKSHOP	0.00	30.00

## Group Contributions in Mar.

GROUP NAME	Mar.	YTD
MEDICINE WHEEL	0.00	250.00
MENS STRUCTURED S/S	50.00	50.00
MIRA MESA EARLY RISERS	9.56	46.84
MISSION BAY MIXED	0.00	40.00
MISSION POSSIBLE	35.00	35.00
MIXED NUTS	0.00	35.00
MON EVE SMKELESS DINNER	0.00	90.00
MON MENS GUT LEVEL GRP	25.00	25.00
MOTHER EARTH VIEJAS REZ	0.00	3.00
NEW WOMEN	0.00	90.00
NO B.S. MENS	0.00	40.00
NOON AT THE GROVE	50.00	150.00
NO. SHORES THURS NITE DISC	10.00	20.00
OPEN MINDED MENS	0.00	100.00
OUR PRIMARY PURPOSE	0.00	10.85
P B WEEKEND WARMUP	0.00	300.00
P B YOUNG PEOPLES	0.00	218.40
PASS IT ON GROUP	0.00	40.00
PATTERNS IN SOBRIETY	0.00	100.00
POINT LOMA AA DISC	0.00	400.00
POINT LOMA MENS	160.00	160.00
PORTER HALL STRUCT. S/S	25.00	25.00
PRIMARY PURPOSE GROUP	51.60	51.60
RAINBOW BRIDGE	75.00	115.00
RAINBOW MEETING	7.30	7.30
RAMONA MONDAY NIGHT	0.00	37.50
SAFE SANE AND SOBER	0.00	150.00
SANTEE BIG BOOK STUDY	0.00	40.60
SANTEE SERENITY GROUP	20.00	60.00
SANTEE SUN NITE SMKELESS	88.00	88.00
SANTEE THUR CLOSE MIXED	150.00	150.00
SAT NIGHT EARLY DISC	0.00	100.00
SAT NIGHT SMOKELESS DISC	0.00	72.00
SAT NOONERS OPEN DISC	0.00	21.60
SATURDAY AM LIVE	90.00	90.00
SATURDAY MENS	60.00	160.00
SCRPS RCH BACK2BASICS B/B	63.00	63.00
SENIOR SERENITY MEETING	40.00	40.00
SERENDIPITY WOMENS	40.00	80.00
SERENITY BY THE SEA	43.00	135.00
SIXTH AND NUTMEG SPKRS	0.00	100.00
SMKEFREE LA MESA WOMENS	60.00	60.00
SMKLESS DRUNKS LUNCHEON	0.00	60.00
SOBER NOONERS	0.00	25.00
SOLE PURPOSE GROUP	0.00	50.00
SOLUTIONS IN THE MORNING	11.00	18.00
SPRING VALLEY STEP STUDY	125.00	125.00
STADIUM GROUP	10.00	10.00

## Group Contributions in Mar.

GROUP NAME	Mar.	YTD
STEPS TO RECOVERY	0.00	37.50
SUNDAY BEACH SUN-DAY	0.00	113.50
SUN BRUNCH BUNCH SPKRS	0.00	40.00
SUNDAY MIDDAY	60.00	60.00
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY NIGHT SPEAKERS	110.00	110.00
SUNDAY SERENITY	80.00	206.00
SURVIVORS GROUP	50.00	50.00
TALBOT STREET	50.00	100.00
THE OTHER MEETING	0.00	100.00
THURSDAY NIGHT SOBRIETY	0.00	50.00
THURS PROMISES PROMISES	0.00	196.34
TOP OF THE HILL	200.00	200.00
TORREY PINES OPEN DISC	0.00	110.00
TUES NIGHT BIG BOOK S/S	62.25	62.25
TUESDAY MORNING ALPINE	40.00	40.00
TUES NIGHT PARTICIPATION	0.00	50.00
TWELVE TO GROW ON	0.00	50.00
TWO-BIT SPEAKERS	0.00	45.62
WAKE UP CALL	6.00	6.00
WARM AND FRIENDLY	25.00	75.00
WAY UP AND OUT	0.00	60.00
WE ARE SURVIVORS	0.00	30.00
WE NEED PEOPLE GROUP	0.00	100.00
WE'VE COME A LONG WAY	0.00	20.00
WED NITE AT THE HOUSE	15.00	15.00
WHAT NOW?	75.00	75.00
WOMENS ASK IT BASKET	5.60	5.60
WOMENS CANDLELIGHT MTING	0.00	50.00
WOMENS STEP STUDY	0.00	90.00

**THANK YOU FOR SUPPORTING YOUR  
CENTRAL OFFICE!**

**WE NEED 12TH STEP  
VOLUNTEERS!!**

**PLEASE CALL 265-8762**

SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND THREE MONTHS ENDED MARCH 31, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$6,212.47	79.1	\$16,597.18	83.0	\$16,618.16	\$(20.98)	99.9
Buck-A-Month	84.00	1.1	213.00	1.1	243.00	(30.00)	87.7
Individual Donations	805.00	10.3	1,127.70	5.6	930.04	197.66	121.3
Cert. of Deposit - Interest	.00	.0	71.59	.4	67.37	4.22	106.3
Program income	.00	.0	645.00	3.2	.00	645.00	.0
Other Income	750.00	9.6	1,355.00	6.8	150.00	1,205.00	903.3
<b>TOTAL INCOME</b>	<b>7,851.47</b>	<b>100.0</b>	<b>20,009.47</b>	<b>100.0</b>	<b>18,008.57</b>	<b>2,000.90</b>	<b>111.1</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$1,290.00	16.4	3,870.00	19.3	\$5,199.00	\$(1,329.00)	74.4
Utilities	273.32	3.5	958.87	4.8	1,034.61	(75.74)	92.7
Wages	3,953.66	50.4	11,910.48	59.5	11,905.98	4.50	100.0
Accrued Payroll Taxes	488.31	6.2	1,471.05	7.4	1,470.59	.46	100.0
Health Insurance	280.00	3.6	840.00	4.2	420.00	420.00	200.0
Telephone	416.90	5.3	908.10	4.5	969.75	(61.65)	93.6
Office Supplies	425.90	5.4	3,326.53	16.6	1,730.82	1,595.71	192.2
Bulk Postage	150.00	1.9	535.00	2.7	350.00	185.00	152.9
Return Postage	50.00	.6	100.00	.5	50.00	50.00	200.0
Repairs & Maintenance	139.86	1.8	389.20	2.0	360.00	29.20	108.1
Insurance - W/C and Liab.	88.25	1.1	88.25	.4	593.00	(504.75)	14.9
Auto/Travel/Seminar	152.68	1.9	428.06	2.1	333.55	94.51	128.3
Legal & Audit	200.00	2.6	800.00	4.0	800.00	.00	100.0
Cash (Over)/Short	(2.39)	.0	1.49	.0	(22.72)	24.21	(6.6)
Depreciation	300.00	3.8	900.00	4.5	852.00	48.00	105.6
Bad debt	.00	.0	100.00	.5	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>8,206.49</b>	<b>104.5</b>	<b>26,627.03</b>	<b>133.1</b>	<b>26,194.58</b>	<b>432.45</b>	<b>101.7</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$206.90	2.6	\$939.97	4.7	\$788.73	\$151.24	119.2
Program Committee	.00	.0	70.00	.4	.00	70.00	.0
Public Information Committee	.00	.0	303.35	1.5	118.80	184.55	255.4
Coordinating Council	15.00	.2	30.00	.2	453.88	(423.88)	6.6
<b>TOTAL COMMITTEE EXPENSE</b>	<b>221.90</b>	<b>2.8</b>	<b>1,343.32</b>	<b>6.7</b>	<b>1,361.41</b>	<b>(18.09)</b>	<b>98.7</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(576.92)</b>	<b>(7.4)</b>	<b>(7,960.88)</b>	<b>(39.8)</b>	<b>(9,547.42)</b>	<b>1,586.54</b>	<b>83.4</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$88.30	1.1	\$568.30	2.8	\$439.50	\$128.80	129.3
Cost of Tokens	46.50	.6	283.30	1.4	218.30	65.00	129.8
Net Inc. Tokens	41.80	.5	285.00	1.4	221.20	63.80	128.8
Revenue from Books	\$3,478.35	44.3	\$10,930.38	54.6	\$13,278.85	\$(2,348.47)	82.3
Cost of Books	2,497.32	31.8	7,859.79	39.3	9,415.03	(1,555.24)	83.5
Net Inc. Books	981.03	12.5	3,070.59	15.4	3,863.82	(793.23)	79.5
Revenue from Pamphlets	\$396.42	5.1	\$1,486.07	7.4	\$1,624.96	\$(138.89)	91.5
Cost of Pamphlets	241.82	3.1	908.32	4.5	996.21	(87.89)	91.2
Net Inc. Pamphlets	154.60	2.0	577.75	2.9	628.75	(51.00)	91.9
Revenue from Cassettes/Misc.	\$311.86	4.0	\$1,366.63	6.8	\$3,044.65	\$(1,678.02)	44.9
Cost Cassettes/Misc.	208.90	2.7	884.66	4.4	1,705.34	(820.68)	51.9
Net Inc. Cassettes/Misc.	102.96	1.3	481.97	2.4	1,339.31	(857.34)	36.0
Revenue from Schedules	\$1,042.76	13.3	\$3,253.97	16.3	\$2,754.07	\$499.90	118.2
Cost of Schedules	625.00	8.0	1,808.00	9.0	1,483.75	324.25	121.9
Net Inc. Schedules	417.76	5.3	1,445.97	7.2	1,270.32	175.65	113.8
<b>TOTAL INCOME FROM SALES</b>	<b>\$1,698.15</b>	<b>21.6</b>	<b>\$5,861.28</b>	<b>29.3</b>	<b>\$7,323.40</b>	<b>\$(1,462.12)</b>	<b>80.0</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
**YOU** into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

ADDRESS

NAME

STATE

ZIP

APT #



CONTINUED FROM PAGE 1

Within a year, most of those abominations had been brought out of the closet, with the help of a good sponsor. We looked at them together, discarded the guilt and remorse, and decided where amends were due. Some months later, I took the big dive: that "formal" Fifth Step I had heard so much about. For five hours, my sponsor and I sat in his living room and talked. This was not a session of breast-beating or self-flagellation; rather, it was an honest sharing of hopes, fears, past mistakes, and realistic plans for self-improvement. Of course, there was talk of resentment, guilt, lust, jealousy, and the like; but there was also sharing of happiness, joy, gratitude, and love.

None of the Twelve Steps is an exercise in self-destruction. An honest Fifth Step is ego-deflating, yes. But only through the essential humility it provides can I begin to grow mentally, emotionally, and spiritually into the person my God would have me become.

*J.B., Toledo, Ohio Grapevine, July, 1983*

### Fold & Label Party

The fold and label party for the April issue was quite an experience. Although we were short-handed we got the job done. The Coordinator Committee gratefully thanks the following people for showing up: Myriam St.-Monday Night Smokeless, Ingeborg-Friday Morning Womens, Jon H.-NSAC Monday Nite Mens, Sylvia S.-Friday Morning Womens, Morry H.-Sober Serenity Smokeless, Ernie M.-Sober Serenity Smokeless, Sue B.-South Clairemont Friday Nite, Kenny R.-O. B. Tuesday Night, Amy E. and Jim St.-Monday Night Smokeless. Again thanks for showing up. The Fold and Label Party has been thin the past two months and we can use all the help we can get. If you don't have anything going on the last Wednesday of the month, come on down to Central Office @ 6:00 PM. A good time had by all!

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KEEP IT SIMPLE

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## Sober 'N' Crazy

May Day Madness

May 5 thru May 7

The 10th annual Lake Henshaw May day madness is on. AA meetings, Alanon meetings, Motorcycle Poker Run, Fishing Tournament, Horseshoes, Volleyball Tournament, Hiking. A fun time for all! Registration after April 22 is \$2. Registration forms can be found at Central Office.

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## LETTING GO

For a long time, I had the idea that I must succeed, I must be right, I must be important. If I let go, I thought, then I wouldn't be anybody. Well, who was I, anyway? Just a willful alcoholic woman.

Now I'm begging to see that letting go doesn't mean giving up. It means opening myself to new vistas. There have been moments of what I would call ecstasy. I'm thrilled and I'm scared at the same time. I feel, "I'd better not enjoy this, because it is going to go away." It's so hard for me to say, "Okay, you've had a little insight. Just let it happen!"

The A.A. program says, "Look, we've got some things to give you that are really going to help—you'll slow down long enough and if you'll relax."

These are not things that are going to make me special or get me a better job or make me important. They are just going to offer me a way of life that is beautiful. When I say, "I want to know something about the spirit in me," you say, "Go ahead. There isn't anything to be afraid of. The darkness you may encounter isn't going to last, because there will always be somebody to help you."

San Francisco, California  
Came To Believe page 41

**Humility:** The quality or state of being humble.

**Humble:** Not proud or haughty : Not arrogant or assertive

## *At the Turning Point*

Last night, I attended my regular Thursday night meeting, which happened to be chaired by my husband, also a recovering alcoholic.

The subject he chose was taken right from "How It Works," and it was simply the words "We stood at the turning point." I had to reflect then on my own early days in A.A. and my personal turning point.

On the day of my last drink, at the end of a three-week drunk, I had what I can describe only as a crucial awakening: the revelation that if I took one more drink, I would die. For the first time in thirteen years, I did not want to die. This time, though, I knew I would if I did not stop drinking.

Being very sick and very frightened, I called for help, and I was helped at our alcoholism unit in a local hospital. The doctor in charge and the counseling staff were recovering AAs, and outside AAs came in to help us patients learn the AA ways.

I heard some of these AAs talking about the Fourth and Fifth Steps, not necessarily recommending them to us newcomers, just telling us how and why they worked so well. The Steps sounded frightening and foreboding.

I had gone to the unit with enormous amounts of fear, guilt, and remorse - secrets I had hidden for years, no longer trusting anyone with any part of myself. And I knew that no one trusted or accepted me, either. I had become too ashamed to even tell anyone that I hurt, because I thought they would not care. Somehow, I knew that if I went home with all my secrets still secret, I would not stay sober. Now, I wanted to be sober. So, frightening as these two Steps sounded, I decided I would try to work them.

I went to my room and wrote. I put on the paper every piece of guilt, fear, and transgression I could remember. It took a few hours. Not realizing I should look for pluses, I wrote only the terrible things.

I then took my paper and went to tell it all to one of the counselors, who, as I stated, was an AA member. I did tell her everything, and she shared parts of her life with me, pointing

out common traits and feelings. Especially, she showed me how we had both coped with life by running from it through alcohol.

When we were through, she looked at me with the same acceptance that she had given me before I had said a word. Her acceptance of me opened the door to acceptance of myself and told me, without words, that I really was all right. I know today that her nonjudgmental attitude is a quality shared by most AAs, and that she had learned it through her own use of the Twelve Steps.

What I could see then was that my first, crude Fourth and Fifth Steps had set me free from my lifelong guild and unrealistic fear. They began a new way of life, with honesty as its essential base. They created hope out of my hopeless disease. Since that time, six and a half years ago, I have worked many Fourth and Fifth Steps. Today, the good stands out clearly; in most cases, it outshines the bad. Today, the only secrets I keep belong to others or are facts that could be harmful to someone. I have nothing of my own to hide. I share both with my AA husband and with my friends in the Fellowship.

But it was my original sharing with a very special lady that was my own turning point.

*J.J., Pine Island, Fla. Grapevine, December, 1982*

## The Twelve Concepts for World Service —Concept XI—

While the trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs, and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

## Speaker Meetings



**Cedar Street Speakers** 8:15PM TUE  
-Pathfinders, 2980 Cedar Street **Golden Hill**

**Central Group Speakers** 8:00PM WED  
-YWCA, 1012 "C" St. **Downtown**

May 3	Stu H.	San Diego
May 10	Bob C.	San Diego
May 17	T.B.A.	
May 24	Ann	San Diego
May 31	No Speaker	

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
-NRC, 7601 Convoy Court **Clairemont/Kearny Mesa**

May 5	Alitia	San Diego
May 12	Moe	San Diego
May 19	T.B.A.	
May 26	Dale S.	San Diego
June 2	Linda	San Diego

**Coronado Wednesday Speaker** 8:00PM WED  
-Church, 700 "D" Avenue **Coronado**

**East County Fri. Nite Speakers** 8:00PM FRI  
-Church, Los Coches & Ha Hana Road **Lakeside**

**East County Saturday Speakers** 8:15PM SAT  
-Church, 867 Lincoln Street **El Cajon**

**Easy Does It Speakers** 8:00PM FRI  
-Church, 2770 Glebe Road **Lemon Grove**

May 5	Ruth Ann S.	Pomona
May 12	Stu W.	San Diego
May 19	Bob R.	Oxnard
May 26	Carlos B.	Oceanside

**Happy Hour Women's AA (BABYSITTING)** 8:45PM FRI  
-Harmony, 6150 Mission Gorge Rd #116 **Grantville**

May 5	Patsy	San Diego
May 12	Candra S.	San Diego
May 19	Mari Jo	San Diego
May 26	Robin M.	San Diego

**Lemon Grove Speaker Group** 7:00PM SAT  
-Church, 2770 Glebe Road **Lemon Grove**

May 6	Devin B.	Los Angeles
May 13	Kurt Z.	Torrance
May 20	Jim C.	Sun Valley
May 27	To Be Announced	

**Good News Gut Level Speakers** 8:30PM TUE  
-North Shores Alano, 4861 Cass St **Pacific Beach**

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
-USD Founders Hall #124 **Linda Vista/Alcala Park**

May 6	Bob S.	San Diego
May 13	Dave W.	San Diego
May 20	Mike R.	San Diego
May 27	Zig	San Diego
June 3	George D.	San Diego

**Mission Hills Speaker Meeting** 8:15PM THUR  
-Church, Jackdaw & Ft. Stockton **Mission Hills**

**North Shores Saturday Nite** 8:00PM SAT  
-Alano Club, 4861 Cass St. **Pacific Beach**

Apr 29	Christina	Carlsbad
May 6	Donna B.	Riverside
May 13	Peter F.	San Diego
May 20	Jeanie McC	San Diego
May 27	To Be Announced	

**O. B. Friday Night Speakers** 8:30PM FRI  
-O.B.R.&R, 5029 W. Point Loma Blvd **Ocean Beach**

**Old Town Speakers** 7:00PM SUN  
-Union Hall, 5150 Kearny Mesa Road **Kearny Mesa**

**Participation In Recovery Spkrs** 8:00PM SAT  
-Alano Club, 9545 Kearny Villa Rd #105 **Mira Mesa**

**Sixth & Nutmeg Speakers** 8:00PM TUE  
-Church, 2728-6TH Avenue **Bankers Hill/Balboa Park**

**South Bay Speakers Open Mixed** 8:00PM SAT  
-Pioneer, 270 "C" Street **Chula Vista**

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
-Recovery Center, 3830 Ray St **North Park**

**Tuesday Night Speaker Meeting** 7:00PM TUE  
-Tradition One, 4104 Delta Street **San Diego**

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM . . . TNX!!!

### *Courage and Prudence*

When fear persisted, we knew it for what it was, and we became able to handle it. We began to see each adversity as a God-given opportunity to develop the kind of courage which is born of humility, rather than of bravado.

*Grapevine, January, 1962*

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

"AS FAITH GROWS, SO DOES INNER SECURITY. THE VAST UNDERLYING FEAR OF NOTHINGNESS COMMENCES TO SUBSIDE. WE OF A.A. FIND THAT OUR BASIC ANTIDOTE FOR FEAR IS A SPIRITUAL AWAKENING."

**JUNE 1995**

INSIDE . . .

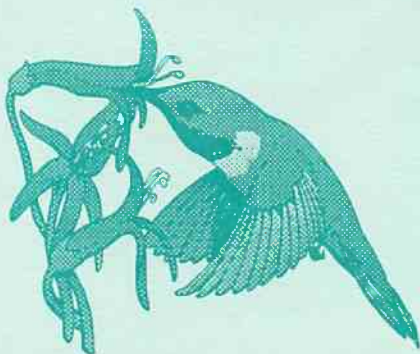
*-June Calendar  
of Events*

*-Special Announcements*

*-Meetings In Motion,  
Speaker Meetings*

*-May Coordinating  
Council Minutes*

*-Group Contributions  
in the month of  
May '95*



## *Recovery: The Base for Service*

For a recent meeting, we scheduled as speakers some concerned local general service representatives (GSRs) to talk about the AA group. We read from the pamphlet "The AA Group" and started discussing experiences and problems. Much was shared and learned.

One of our members, Car, said, "I've been involved in our group for five years. During that time, four of us have done all the work, rotating jobs occasionally among ourselves. There are usually thirty to forty people on hand every week, but no one else will get involved. We've tried making announcements, giving pep talks, and even shaming people into helping, but nothing has worked so far. What can we do?"

Angela's answer was short and simple. She said, "Encourage good sponsorship." This wisdom was from the lips of someone relatively new.

I think Angela indicated a good way to get people involved. I've been sober for eight years, through the grace of God and the Twelve Steps of this beautiful Fellowship. During these years, I've been involved, as my sponsor was, in group service, intergroup service, and area general service, with a variety of jobs. During these jobs, I have become very confused over some things going on that did not appear to be good AA. I've heard people new to service say, "It's just a bunch of politics down there." I want to help, but also do not want to be a part of something negative. I've had a hard time explaining to a new person how I've grown with service and avoided difficulties.

What Angela implied in her short statement was: "The best service is always based in the best recovery." I am a grateful, sober alcoholic. I am willing to pass on to someone new the things that helped me get sober, i.e., the Twelve Steps. I'd better be willing to give it away if I want to keep it. But how about the growth that I've gotten in working for my group? And the good feeling of finally putting something into the AA pot instead of constantly taking out? I am not willing to lose these, either, so I give it away. If I love the alcoholic I'm sponsoring, I will give him everything good that has been given to me and share with him some of my upsetting experiences, to help him grow.

The way I've handled the slighting remarks about service is to remind myself that I am recovered alcoholic first, before any job I happen to be doing. A friend of mine says, "The highest up you can get in AA is sober." Another friend of mine always ties in his recovery during his service talks. I try to remind myself that if I am grateful, I will try to give it away even in circumstances that seem negative. Bill W., our co-founder, said, "Sometimes, the good is the enemy of the best." I love AA and want it to have the best, even if that takes some patience and tolerance on my part. I believe if we want the best service, we must start with the best recovery we are capable of. *continued on page 11*

## Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762

Office & Bookstore 9AM-5PM Monday - Saturday  
 OFFICE MANAGER -- EVELYN G.  
 ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .	443-2608
Council Assistant Chair	Kathy D.-S.	298-2636
After Hours Phones	Hans F. . . . .	223-5955
	Evelyn G. . . . .	265-8762
Business Committee Chair	Heather M. . . . .	273-7234
New Coordinators (Council)	Ray . . . . .	693-8643
Program Committee	Dean M. . . . .	229-0438
Public Information Committee	David C. . . . .	994-9051
Young People's Committee	Lejon R. . . . .	421-3680
Area Assembly		
Delegate	Marco R. . . . .	264-8648
Alt Delegate	J. P. . . . .	942-3434
Area Chair	Jorge . . . . .	566-7134
S. D. A. I. C. (Hospitals & Institutions)		
Director	Sue S. . . . .	443-6657
Co-Director	Ed G. . . . .	292-9245

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## HAPPY BIRTHDAY AA

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### STEP SIX:

Were entirely ready to have God remove all these defects of character.

### TRADITION SIX:

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

### The San Diego A. A. Coordinator

is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

#### THE SAN DIEGO AA COORDINATOR COMMITTEE

##### CHAIRMAN/EDITOR

TERRY P.  
295-5307

##### SECRETARY

MYRIAM S.

##### CONTRIBUTING EDITORS

MIKE C.

CHAR M.

MIKE G.

SUZANNE G.

ALL ANNOUNCEMENTS AND ARTICLES  
 ARE DUE BY THE MONDAY FOLLOWING  
 THE SECOND THURSDAY OF THE MONTH.  
 (Monday after the Coordinating Council Meeting)

# MEETINGS IN MOTION

## NEW MEETINGS

**TREASURING LOVE**  
-HIGH SCHOOL, 6905 SKYLINE DR.

**7PM THUR**  
**SAN DIEGO**

**OUR MOTHER THE EARTH**  
-RECV CNTR, 3820 1/2 RAY ST.

**7PM SAT**  
**NORTH PARK**

## CANCELLED MEETINGS

**ANONYMOUS ANONYMOUS**  
-CLINIC, 328 MAPLE ST.

**12 NOON TUES**  
**SAN DIEGO**

**BEACH AREA BEGINNERS TWO**  
-CHURCH, 6602 LA JOLLA BLVD

**8:15 MON**  
**LA JOLLA**

**STEPS TO SERENITY**  
-STORE, 9184 GRAMERCY ST.

**7PM SUN**  
**SERRA MESA**

## TIME CHANGES

**MISSION HILLS**  
-CHURCH, 4044 LARK ST.

**8PM MON**  
**MISSION HILLS**

**LA MESA BIG BOOK**  
-CHURCH, 5150 WILSON

**6PM MON**  
**LA MESA**

## RELOCATED MEETINGS

**WOMAN TO WOMAN**  
TO: CHURCH, 4011 OHIO ST.

**6:15 FRI**  
**NORTH PARK**

**STEP STUDY WORKSHOP**  
TO: CHURCH-UPSTAIRS, 2717 UNIVERSITY AVE.

**6:30PM TUES**  
**SAN DIEGO**

**SUNSET STEP STUDY**  
TO: CHURCH, 276 F ST.

**7:30PM SUN**  
**CHULA VISTA**

**GOOD MORNING AA**  
TO: 126 REA AVE.

**9:30AM DAILY**  
**EL CAJON**

**4TH DIMENSION**  
TO: MORLEY FIELD, UPAS ST & TEXAS ST

**6PM SAT**  
**SAN DIEGO**

**LEMON GROVE SPEAKERS**  
TO: CHURCH, 8086 BROADWAY AVE.

**7PM SAT**  
**LEMON GROVE**

## - I AM RESPONSIBLE CLUB -

In April, Ferdinand R., Theodore G., Alan B., Lawrence W., Nancy K., Mark S., Greg M., and Kevin G., donated to our blood account. A belated thanks to Lynne T., Robert M., John R., and Mark R., who donated blood in the month of Marc. Our account balance on April 30 is 112 units, with 9 donations and 1 transfer. No units will expire this month. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to your support. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club:"

**EL CAJON DONOR CENTER**  
680 FLETCHER PARKWAY, EL CAJON  
PHONE - (619) 441-1804

-OR-

**SAN DIEGO BLOOD BANK**  
440 UPAS STREET, SAN DIEGO  
PHONE - (619) 296-6393

-OR-

**SOUTH BAY DONOR CENTER**  
1717 SWEETWATER ROAD, NATIONAL CITY  
PHONE - (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762

## SERVICE SERVICE SERVICE

Do you have a job for the Convention?  
You want one but your not registered right!  
Well look no further!  
CENTRAL OFFICE NEEDS YOU!!!  
During the convention, central office is expecting convention goers to drop in. With a staff of only two they need some help. You don't need to be registered to work there! If your interested call Evelyn, or Connie @ 265-8762.

There is a Magic that happens  
between the pen and paper  
that never happens  
between the mind and the mouth

## Essence of AA

### Defects

There is a direct relationship between our nature--our general makeup or character--and our alcoholism. Our defects and our necessity to start drinking are closely intermingled. When this is recognized, our need for the Twelve Steps becomes evident.

### Resentments

When resentments are discussed at AA meetings, there is usually evidence that people confuse them with the more common annoyances and irritations that beset our daily lives. It should be understood that resentments are not instantaneous nor short-lived.

Our certain ingredient of a resentment is that the injured feeling stays with us for some time. We nurse it. We hold on to it. Indeed, we do not want to be deprived of our right to stew in it.

Another ingredient is the desire to get even--to square accounts or to humiliate the enemy in some fashion. This type of resentment is a mental and spiritual cancer that consumes you and has no effect on your enemy. If, the feeling, I offer you an almost surefire solution. When next you talk to your Higher Power through the Lord's Prayer and you say, "Forgive us our trespasses as we forgive those who trespass against us," just add the words "except Joe Blow."

That should convince you of your hypocrisy. If not, carry it a step further to God's certain answer: "In that case, Bud, that means I can forgive all *except* you."

### Humility

Humility is simply getting yourself into proper perspective in your relations with God and your fellowman. This involves both your importance and your unimportance in the total picture. It is just as wrong to accept always being wrong as it is to expect always to be right.

Humility must not be associated with weakness or doormats. Humility is the source of supreme strength.

Humility is as worthy an objective in prayer as serenity. My humility prayer goes like this: "God grant me the humility to understand both my importance and unimportance in my relations with You and my fellowman, and to have the wisdom to know which is which, when.

F.F. Grapevine Aug 71'

# Happy Birthday

**Mardi F.**  
**Tuesday Seniors**  
**22 years on May 24!**

**Harry B.**  
**El Cajon Daytime Group**  
**21 years on May 10!**

**Dick**  
**16 years on May 1!**

**Ed B.**  
**O.B. Step Study**  
**8 years on May 18!**

**Scott D.**  
**O.B. Step Study**  
**8 years on April 22!**

(If you would like to submit a birthday please call Central Office @ 265-8762)

Step Study

Step Study

Step Study

The Coordinator is looking for Step Studies. We would like to print a list of Up-coming Step Studies each month in the Coordinator. If you Know of a Step Study that is starting over on Step one during the next month, call Central Office @ 265-8762 and submit the groups: Name, meeting time, meeting place, and the date the meeting will start on Step one. Big Book studies are welcome also. Thanks.



# Speaker Meetings

**Cedar Street Speakers** 8:15PM TUE  
 -Pathfinders, 2980 Cedar Street Golden Hill

**Central Group Speakers** 8:00PM WED  
 -YWCA, 1012 "C" St. Downtown

June 7	Gabe L.	San Diego
June 14	Faith	San Diego
June 21	Jay C.	San Diego
June 28	Open Discussion	

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
 -NRC, 7601 Convoy Court Clairemont/Kearny Mesa

May 26	Dale S.	San Diego
June 2	Linda Mc.	San Diego
June 9	Jim H.	San Diego
June 16	Bonnie M.	San Diego
June 23	Mark T.	San Diego
June 30	Kim T.	San Diego

**Coronado Wednesday Speaker** 8:00PM WED  
 -Church, 700 "D" Avenue Coronado

**East County Fri. Nite Speakers** 8:00PM FRI  
 -Church, Los Coches & Ha Hana Road Lakeside

**East County Saturday Speakers** 8:15PM SAT  
 -Church, 867 Lincoln Street El Cajon

June 3	Jim C.	El Cajon
June 10	Jamie M.	Encinitas
June 17	John A.	Oceanside
June 24	Dennis C.	Chula Vista
July 1	Christine B.	Carlsbad

**Easy Does It Speakers** 8:00PM FRI  
 -Church, 2770 Glebe Road Lemon Grove

June 2	Doritheia G.	Los Angeles
June 9	Kieth D.	Yorba Linda
June 16	Randy D.	San Clemente
June 30	TBA	
July 7	TBA	

**Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
 -Harmony, 6150 Mission Gorge Rd #116 Grantville

**Lemon Grove Speaker Group** 7:00PM SAT  
 -Church, 2770 Glebe Road Lemon Grove

**Good News Gut Level Speakers** 8:30PM TUE  
 -North Shores Alano, 4861 Cass St Pacific Beach

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
 -USD Founders Hall #124 Linda Vista/Alcala Park

**Mission Hills Speaker Meeting** 8:15PM THUR  
 -Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
 -Alano Club, 4861 Cass St. Pacific Beach

**O. B. Friday Night Speakers** 8:30PM FRI  
 -O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
 -Union Hall, 5150 Kearny Mesa Road Kearny Mesa

**Participation In Recovery Spkrs** 8:00PM SAT  
 -Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
 -Church, 2728-6TH Avenue Bankers Hill/Balboa Park

**South Bay Speakers Open Mixed** 8:00PM SAT  
 -Pioneer, 270 "C" Street Chula Vista

June 3	Arlo L.	Hemet
June 10	Cliff R.	Oceanside
June 17	Tom A.	Pine Mtn.
June 24	Clara S.	West L.A.

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
 -Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
 -Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM... TNX!!!

**CHARACTER:** One of the attributes or features that make up and distinguish the individual.

**DEFECT:** An imperfection that impairs worth or utility.



## Then and Now

At a meeting last night, another light bulb went on, to illuminate yet another facet of myself as I recover in the AA program.

Our group secretary choose "Freedom" as the topic for discussion. As the first person commented, a new idea took shape in my mind. I have attended other meetings where this was discussed, and the comparison was always made between the "then" drinking days and the "now" recovering days, with emphasis on the ability to move from the smallness of our world that was ruled by alcohol, into an openness of movement, free of real and imagined fears.

My light bulb allowed me to see for the first time that long before I added alcohol to my personality, I had been captive of resentment, fear, self-centeredness, and dishonest thinking. I had not known I possessed these character defects, so I permitted them to influence choices and decisions I made. I even found myself doing right things for the wrong reasons, and was a slave to the opinions of others.

To this personality, I added alcohol and created an even worse state of mind. Being an accomplished rationalizer and justifier, I was able to adjust my values to suit my actions. I became even more adept at dishonesty, was chained to fear, drudged away at the care and feeding of resentment, and allowed self-centeredness to shackle me as no Simon Legree ever could have.

Only after coming into AA, bottoming out, and admitting my powerlessness over alcohol was I able to go on and, primarily through the Fourth step, learn the exact nature of my wrongs and how they had influenced all of my life, before and during my years of drinking. With the Sixth Step, I realized that I had to bottom out on these defects, admitting powerlessness over them also, in order to progress. True freedom came only after I became willing to let God remove these defects of character from me, in order to give me not only openness of movement but also openness of mind and of spirit.

Today, through the humility learned in Step Six and the discipline afforded by all the steps, I have freedom unlike any I've ever experienced. Freedom from "the bondage of self," as expressed in the third Step prayer in the Big Book, is the most valued, in spite of the constant vigilance and prayer necessary to maintain it.

Had I not become alcoholic and been led to this fellowship, I might have spent the rest of my life in dreary drudgery, ignorant of the necessity to change or the resources available to help me change. Bless the changes!

C.K., Chicago, Ill. Grapevine Apr. 83

## A LESSON IN HUMILITY

God, as I understand Him, has a sense of humor. One of the incidents that proved this to me happened in May, when I was asked to say a few words at our church service on Mother's Day.

As soon as I began thinking about it, "a few words" became a sermon. After a few short hours, the sermon(which still had to be written) became one of the best sermons ever heard in our church. In a few days, as I started working on the sermon, it became probably the best sermon ever heard in North Bay. And as the week passed, it was quite possible that I would be asked to give several other sermons in our church. As a result, of course, people from other churches would come to hear me. I thought it quite likely that later on people from other places--even as far away as Sault Ste. Marie--would be flocking to hear me!

Less than five years earlier, one of my major fears had been that I would die and not one soul would attend my funeral.

When the moment for my "sermon" actually arrived, God in His mercy and wisdom stepped in. I developed the most awful thirst, beyond anything I'd ever suffered when I was drinking. I started my talk, but had to keep interrupting it every second sentence or so to take a drink. The water didn't quench that thirst. And soon, as the thirst deepened, I was drinking more than I was talking. I felt an almost overwhelming temptation to toast the congregation with a "Here's mud in your eye" toss of the glass.

And then the light came on. The message came through. God was telling me, "you are an alcoholic. That is all you are. Not a preacher, not a teacher, not a speaker. Just an alcoholic, recovering by my grace."

And that was that. A lesson taught with humor. A lesson I must never forget: The important thing is not what I do or where I live or what my name is; the important thing is that I am a recovering alcoholic, by the grace of God, through membership in A.A. North Bay Ontario

### CONCEPT VI

On behalf of A.A. as a whole, our General Service Conference has the principle responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most matters should be exercised primarily by the trustee members of the Conference when they act among themselves as the General service Board of Alcoholics Anonymous.

## Minutes of the Coordinating Council Thursday, May 11, 1995

Jim J.- Chair, called 595th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Anita B. 6 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 65 Groups were represented, a quorum; 142 groups are registered. VISITORS: Jorge-Area Chair and Bobbi C. Host Core Committee-1995 International M/S/C to accept the minutes as printed in the March COORDINATOR with the following additions 1) Voting issue on compensation for office staff passed 50 yes - 5 no. 2) PI Committee attendance: Present David C.-Chair, Cliff H., Fred A., Blake C., Millie S., Mick M., Rick W. and Lyn J. Absent excused: Lissa W. and Doug M. The Seventh Tradition collected \$63.50.

COORDINATOR NEWSLETTER: Terry P. Chair, reported: Committee met Wednesday, 5/10/95 at 7:30pm. PRESENT: Terry P., Mike G., Char M., Mike C. and Suzanne G. Resigned: Tom K. 1) June issue was discussed. 2) Committee assignments were made. 3) International issue was discussed using current format and increasing circulation to 6,000 to be distributed at the Local Information booth. 4) If you or your group would like to volunteer to help at the folding party, please call Terry P. at 295-5307 or Central Office.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 4/27/95 at 7:00 pm. PRESENT: Hans F. Chair, Frank R., Dennis J., and Darren F. Resigned: Michael P. and Michael P. 1) Thanks to outgoing groups and their phone leaders: Ocean Beach Tuesday, Friday Night, and War Fever. 2) We'd like to thank everyone who answered phones in April. 3) Welcome to: Scripps Ranch Back to Basics for taking the 16th and Richard K. for taking the 24th. 4) There are 3 nights open the 14th, 21st, and 25th and the 3rd Sunday of the month. 5) Jodi and Lark were elected to fill two vacancies on the committee. 6) Special thanks to Scott who came by to the meeting and answered phones for that night. 7) If you are interested in taking over any of these slots, please call Hans F. at 223-5955 or Central Office.

ORIENTATION COMMITTEE: Ray N. -Chair, reported: Committee met Thursday, 5/11/95 at 6:30pm PRESENT: Dave A. and Steve R. 4 new coordinators were present. 1) If you have not attended, please come next month.

PUBLIC INFORMATION COMMITTEE: David C., Chair, reported: Committee met Monday, 5/1/95 at 7:00pm PRESENT: David C. Chair, Cliff H., Millie S., Fred A., Mick A., Lyn J. and Blake C. Absent excused: Doug M. and Lissa W. 1) 4 speakers reached 25 people 2 facilities. 2) Millie S. attended a seminar by Cox Cable on preparing public service announcements. If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Amy K. reported: Committee met Monday, 5/8/95 at 6:30pm PRESENT: Dean-

Chair, Amy K., Anita B., Dave B., Abi M. and Dave M. 1) Founder's Day Picnic was discussed. 2) Reservations for the Banquet have been made for November 18, 1995. There will be dinner and a band.

BUSINESS COMMITTEE: Heather M., Member reported: Committee met Tuesday, 5/9/95 at 6:00pm. PRESENT: Heather M. - Chair, Gabe L., Stu W., Lee G., and Barbara R. Absent excused: Shirley A. ALSO PRESENT: Evelyn G., Central Office Manager and Mickey S. FLYERS: No flyers P.I. COMMITTEE CANDIDATE: There were no candidates this month. Evelyn G. - COM, reported: 1) A complaint by a member regarding an article in a local paper. M/S/C to advise Area Assembly where it could more appropriately be addressed. 2) M/S/C to print additional schedules for the 1995 International Convention. 3) M/S/C to accept the Consolidated Income statement for April. NEW BUSINESS: 1) M/S/C that Central Office will not charge a distribution fee for flyers from the Southern California Convention or the San Diego Spring Round Up. 2) M/S/C to approve the minutes of the past four months. 3) M/S/C to increase the prudent reserve from 3 months to six months which is approximately \$50,000.

NEW BUSINESS: 1) M/S/C to elect Jodi and Lark to the After Hours Phone Committee. 2) M/S/C to print 6,000 additional copies of the COORDINATOR for the International Convention. 3) M/S/C to authorize Central Office to publish 15,000 additional copies of the Summer Schedule.

Evelyn G.-Central Office Manager announced that if you'd like to volunteer for the International and can not afford the registration fee, call Central Office so that you can help out.

AREA ASSEMBLY: Jorge - Area Chair: 1) Delegate Marco just returned from the General Service Conference and is going to give the Delegates report on the agenda items on 6/3/95 at 8118 University Ave in La Mesa.

1995 INTERNATIONAL: Bobbi C. Chair Host Core Committee-May 21st is the big volunteer training meeting also there is still a need for volunteers. 35,000 are registered so far, from approximately 70 countries.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in Apr.

## Group Contributions in Apr.

GROUP NAME	Apr.	YTD
A NEW WAY TO LIVE	0.00	70.43
A WOMENS MEETING	0.00	183.52
AA BY THE BAY	0.00	80.00
AA STEP STUDY	0.00	143.61
ALLIED GARDENS DISCUSSION	0.00	187.37
ALPINE WOMENS CANDLELIGHT	13.50	13.50
ANNUAL CHRISTMAS MEETING	0.00	15.05
ANNUAL GRATEFUL MEETING	0.00	42.78
ANOTHER NEW BEGINNING	110.64	363.12
ANOTHER SOBER TUESDAY	0.00	50.00
AS BILL SEES IT	40.00	80.00
BACK TO BASICS	120.00	520.00
BAY PARK STEP STUDY GROUP	72.00	102.00
BAYSIDE BIG BOOK STUDY	25.00	57.50
BEAUTIFUL BEGIN NEWCOMERS	50.00	50.00
BEGINNERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK & 12 X 12 STEP STUDY	0.00	180.00
B/B DISCUSSION FOUNDERS GRP	0.00	48.00
BIG BOOK STUDY GROUP	0.00	76.35
BUTTERFLY GROUP	0.00	15.00
CAJON VIEW OPEN DISCUSSION	25.00	75.00
CAJON VIEW STEP STUDY	0.00	50.00
CASA DE ORO TRADITION FIVE	0.00	25.00
CEDAR STREET MENS	50.00	690.95
CHEERS	65.33	100.33
CHULA VISTA 4 MIN SPEAKERS	0.00	100.00
CHULA VISTA FRIDAY NIGHT	0.00	50.00
CHULA VISTA NOON GROUP	0.00	152.70
CLAIREMONT DAYTIME STEP STUDY	0.00	50.00
CLAIREMONT MENS	250.80	595.80
CLAIREMONT OPEN DISCUSSION	50.00	75.00
CLAIREMONT WEDNESDAY GROUP	0.00	70.00
CLAIRE WEDS NOON BROWN BAG	50.00	100.00
CLAIREMONT WOMENS	0.00	121.00
CLASS ACTS	162.00	162.00
CONVOY STEP STUDY	26.50	26.50
COORD COUNCIL-CENTRAL OFF	55.02	262.12
CORONADO BEGINNERS AA	0.00	60.00
CORONADO BIG BOOK STUDY	0.00	45.00
CORONADO MENS	0.00	50.00
CORONADO NOONERS	50.00	85.00
CORONADO NUMBER ONE GROUP	0.00	40.00
COWLES MT SMOKELESS DISCUSS	0.00	30.00
CREST GROUP	0.00	150.00
D.D.G.T.M.	36.00	214.67
DEERHORN GROUP	0.00	50.00
DIAMOND ST MENS STEP STUDY	0.00	65.00
DOWNTOWN DISCUSSION	100.00	165.00
DRUNKS ONLY	0.00	900.16
DRY DOCK #21	0.00	40.00
DULZURA LIVING SOBER	0.00	50.00
EARLY RISERS (CORONADO)	74.00	292.00
EARLY RISERS (PB)	208.67	208.67
EAST COUNTY SPEAKERS	100.00	100.00
EAST COUNTY WOMENS	0.00	50.00
EAST SIDE GROUP	175.00	199.00
EASY DOES IT RIDERS	100.00	175.00

GROUP NAME	Apr.	YTD
EASY RISERS	0.00	0.00
EL CAJON DAYTIME	120.00	600.00
EL CAJON WOMENS SERENITY	62.50	62.50
EYE OPENER GROUP	60.00	310.00
FLETCHER HILLS SMOKELESS	80.00	180.00
FREE ON FRIDAY	140.00	420.00
FREE TO BE	0.00	146.48
FRESH AIR FRIDAY	120.00	120.00
FRESH START BEGINNERS	12.50	12.50
FRI NITE CEDAR ST	0.00	14.50
FRIDAY MORNING WOMENS	0.00	87.00
FRIDAY NIGHT LIVE BIG BOOK	0.00	50.00
FRIDAY NIGHT MENS	120.00	180.00
FRIDAY NITE WEEKS END	0.00	0.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP	0.00	50.00
GOOD NEWS GROUP	0.00	46.29
GREAT FACT GROUP	0.00	96.00
GRINGO (ENGLISH)	0.00	10.00
HAND IN HAND CLOSED S/S	10.00	10.00
HAPPY HOUR WOMENS SPKR MTG	0.00	70.00
HAPPY HOUR-AND-A-HALF	0.00	108.60
HI-NOONERS	0.00	60.00
HOW IT IS NOW SPEAKERS	50.00	110.00
HOW IT IS TODAY	888.00	1134.50
I NEED A MEETING MEETING	0.00	439.67
IMPERIAL BEACH GROUP	0.00	20.00
IMPERIAL GROUP	10.00	40.00
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	60.00
KEEP COMING BACK	0.00	50.00
LA JOLLA BIG BOOK	0.00	120.00
LA JOLLA DISCUSSION GROUP	112.67	112.67
LA JOLLA LUNCH BUNCH	0.00	45.00
LA JOLLA MIDDAY	30.00	70.00
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA PATIO GROUP-FRI	0.00	50.00
LA JOLLA PATIO GROUP-THUR	0.00	21.25
LA JOLLA PATIO GROUP-WED	0.00	175.00
LA JOLLA PUMP HOUSE GROUP	35.00	685.00
LA JOLLA SOLEDAD MENS	160.30	160.30
LA JOLLA STEP STUDY	75.00	135.00
LA MESA BIG BOOK	0.00	60.00
LA MESA MENS	0.00	50.00
LA MESA MONDAY NIGHT WOMENS	0.00	102.00
LA MESA OPEN DISCUSSION	0.00	150.00
LA MESA STEP STUDY WORKSHOP	0.00	101.25
LAKESIDE THURSDAY NIGHT	0.00	120.00
LEXINGTON BIG BOOK STUDY	0.00	50.00
LITTLE APPLE GROUP	0.00	95.00
LIVING FREE	0.00	600.00
LIVING PROOF GROUP	0.00	50.00
LOMA PORTAL DISCUSSION	0.00	60.87
LOTUS WOMENS CLOSED	60.00	60.00
LUNCH GROUP	0.00	300.00
LUNCH WITH BILL W BUNCH	50.00	50.00

## Group Contributions in Apr.

GROUP NAME	Apr.	YTD
LUNCHEON GROUP	100.00	100.00
MAPLE ST S/S WORKSHOP	100.00	130.00
MEDICINE WHEEL	0.00	250.00
MENS STRUCTURED STEP STUDY	0.00	50.00
MIRA MESA EARLY RISERS	18.76	65.60
MIRA MESA WOMENS	77.59	77.59
MISSION BAY MIXED	0.00	40.00
MISSION BAY SPEAKERS	0.00	60.00
MISSION POSSIBLE	0.00	35.00
MIXED NUTS	0.00	35.00
MON EVE SMOKELESS DINR MTG	0.00	90.00
MONDAY MENS GUT LEVEL GROUP	0.00	25.00
MOTHER EARTH VIEJAS REZ	0.00	3.00
NAS-NI-NAD NOONERS	50.00	50.00
NEW WOMEN	75.00	165.00
NO B.S. MENS	0.00	40.00
NOON AT THE GROVE	0.00	150.00
NOON TO ONE AA	25.00	25.00
NORTH SHORES SPEAKERS	12.00	12.00
NORTH SHORES THURS NIGHT DISC	10.00	30.00
OLD TOWN SPEAKERS	360.00	360.00
ONE STEP AHEAD	40.00	40.00
ONE STEP AT A TIME	50.01	50.01
ONE STEP AT A TIME RUNNERS	0.00	20.00
OPEN MINDED MENS	0.00	100.00
OUR PRIMARY PURPOSE	0.00	10.85
PACIFIC BEACH	0.00	150.00
P.B. WEEKEND WARMUP	0.00	300.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40
PARTICIPATION IN RECVRY SPKR	25.00	25.00
PASS IT ON GROUP	73.00	113.00
PATTERNS IN SOBRIETY	0.00	100.00
PENASQUITOS DISCUSSION	39.40	39.40
POINT LOMA AA DISCUSSION	0.00	500.00
POINT LOMA MENS	0.00	160.00
POINT LOMA SATURDAY MORN	270.00	270.00
PORTER HALL GROUP	150.00	150.00
PORTER HALL STRUCTURED S/S	0.00	25.00
PRIMARY PURPOSE GROUP	0.00	51.60
PT LOMA WOMENS DISCUSSION	195.00	195.00
RAINBOW BRIDGE	0.00	115.00
RAINBOW MEETING	0.00	7.30
RAMONA MONDAY NIGHT	0.00	37.50
ROUND TABLE DISCUSSION	75.00	75.00
SAFE SANE AND SOBER	0.00	150.00
SAN CARLOS SINGLE PURPOSE	200.00	200.00
SAN CARLOS STEP STUDY	62.50	62.50
SAN DIEGO DOCTORS S/S	100.00	100.00
SANTEE BIG BOOK STUDY	27.69	68.29
SANTEE SERENITY GROUP	20.00	100.00
SANTEE SUNDAY NITE SMOKELESS	0.00	88.00
SANTEE THURSDAY CLOSED MIXED	0.00	150.00
SANTEE WOMENS ALTER ATTITUD	50.00	50.00
SAT NIGHT EARLY DISCUSSION	225.00	325.00
SAT NIGHT SMOKELESS DISCUSS	0.00	120.00
SAT NOONERS OPEN DISCUSSION	0.00	21.60
SATURDAY AM LIVE	0.00	90.00

## Group Contributions in Apr.

GROUP NAME	Apr.	YTD
SATURDAY MENS	0.00	160.00
SATURDAY NIGHT FERVOR	36.00	36.00
SCRPS RCH BACK TO BASICS B/B	0.00	63.00
SENIOR SERENITY MEETING	0.00	40.00
SERENDIPITY WOMENS	0.00	80.00
SERENITY BY THE SEA	0.00	143.00
SIXTH AND NUTMEG SPEAKERS	0.00	100.00
SMOKEFREE LA MESA WOMENS	0.00	60.00
SMOKLESS DRUNKS LUNCHEON	0.00	60.00
SOBER NOONERS	0.00	25.00
SOBER SERENITY SMOKERS	60.00	60.00
SOLE PURPOSE GROUP	0.00	50.00
SOLUTIONS IN THE MORNING	14.25	32.25
SPRING VALLEY STEP STUDY	0.00	125.00
STADIUM GROUP	0.00	10.00
STEPS TO RECOVERY	0.00	37.50
SUNDAY BEACH SUN-DAY	0.00	113.50
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	40.00
SUNDAY MIDDAY	0.00	60.00
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY NIGHT SPEAKERS	0.00	110.00
SUNDAY SERENITY	80.00	366.00
SURVIVORS GROUP	0.00	50.00
SWEET GRASS	100.00	100.00
TALBOT STREET	0.00	150.00
THE OTHER MEETING	0.00	200.00
3RD WEEKEND WOMENS CLOSED	22.50	22.50
THURSDAY NIGHT SOBRIETY	0.00	50.00
THURSDAY NIGHT STEPPERS	0.00	30.00
THURSDAY PROMISES PROMISES	0.00	196.34
THURSDAY STEPS	100.00	100.00
TOP OF THE HILL	0.00	200.00
TORREY PINES OPEN DISCUSSION	0.00	110.00
TUES NIGHT BIG BOOK STEP STUDY	0.00	62.25
TUESDAY MORNING ALPINE	0.00	40.00
TUESDAY NIGHT PARTICIPATION	0.00	50.00
TUESDAY NIGHT WOMENS	100.00	100.00
TWELVE TO GROW ON	0.00	100.00
TWO-BIT SPEAKERS	0.00	78.78
UNIVERSITY CITY WOMENS	316.80	316.80
WAKE UP CALL	0.00	6.00
WARM AND FRIENDLY	30.00	105.00
WAY UP AND OUT	60.00	120.00
WE ARE SURVIVORS	30.00	60.00
WE NEED PEOPLE GROUP	0.00	150.00
WE'VE COME A LONG WAY	0.00	20.00
WEDNESDAY NIGHT ISLANDERS	65.00	65.00
WEDNESDAY NITE AT THE HOUSE	0.00	15.00
WEDNESDAYS WINNERS CIRCLE	170.00	170.00
WHAT NOW?	40.00	115.00
WOMENS ASK IT BASKET	0.00	5.60
WOMENS CANDLELIGHT MEETING	0.00	50.00
WOMENS STEP STUDY	0.00	90.00

THANK YOU!!

**SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS**

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND FOUR MONTHS ENDED APRIL 30, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST:</b>							
Group Contributions	\$ 7,860.93	86.4	\$24,458.11	84.0	\$23,089.24	\$ 1,368.87	105.9
Buck-A-Month	60.00	.7	273.00	.9	256.00	17.00	106.6
Individual Donations	85.00	.9	1,212.70	4.2	1,099.04	113.66	110.3
Cert. of Deposit - Interest	168.04	1.9	239.63	.8	193.33	46.30	124.0
Program income	.00	.0	645.00	2.2	.00	645.00	.0
Other Income	<u>925.00</u>	<u>10.2</u>	<u>2,280.00</u>	<u>7.8</u>	<u>150.00</u>	<u>2,130.00</u>	<u>1520.0</u>
<b>TOTAL INCOME</b>	<b>9,098.97</b>	<b>100.0</b>	<b>29,108.44</b>	<b>100.0</b>	<b>24,787.61</b>	<b>4,320.83</b>	<b>117.4</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	14.2	\$ 5,160.00	17.7	\$ 6,489.00	\$ (1,329.00)	79.5
Utilities	267.48	2.9	1,226.35	4.2	1,293.71	(67.36)	94.8
Wages	5,186.16	57.0	17,096.64	58.7	15,602.64	1,494.00	109.6
Accrued Payroll Taxes	490.82	5.4	1,961.87	6.7	1,820.61	141.26	107.8
Health Insurance	560.00	6.2	1,400.00	4.8	560.00	840.00	250.0
Telephone	267.60	2.9	1,175.70	4.0	1,281.47	(105.77)	91.8
Office Supplies	1,346.66	14.8	4,673.19	16.1	2,031.93	2,641.26	230.0
Bulk Postage	290.00	3.2	825.00	2.8	500.00	325.00	165.0
Return Postage	.00	.0	100.00	.3	50.00	50.00	200.0
Repairs & Maintenance	.00	.0	389.20	1.3	734.00	(344.80)	53.0
Insurance - W/C and Liab.	429.56	4.7	517.81	1.8	1,103.14	(585.33)	46.9
Auto/Travel/Seminar	159.85	1.8	587.91	2.0	484.05	103.86	121.5
Legal & Audit	200.00	2.2	1,000.00	3.4	2,800.00	(1,800.00)	35.7
Cash (Over)/Short	(2.39)	.0	(.90)	.0	(6.19)	5.29	14.5
Depreciation	300.00	3.3	1,200.00	4.1	1,136.00	64.00	105.6
Bad debt	.00	.0	100.00	.3	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>10,785.74</b>	<b>118.5</b>	<b>37,412.77</b>	<b>128.5</b>	<b>36,028.36</b>	<b>1,384.41</b>	<b>103.8</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 322.39	3.5	\$ 1,262.36	4.3	\$ 1,023.49	\$ 238.87	123.3
Program Committee	.00	.0	70.00	.2	.00	70.00	.0
Public Information Committee	.00	.0	303.35	1.0	118.80	184.55	255.4
Coordinating Council	.00	.0	30.00	.1	468.88	(438.88)	6.4
<b>TOTAL COMMITTEE EXPENSE</b>	<b>322.39</b>	<b>3.5</b>	<b>1,665.71</b>	<b>5.7</b>	<b>1,611.17</b>	<b>54.54</b>	<b>103.4</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(2,009.16)</b>	<b>(22.1)</b>	<b>(9,970.04)</b>	<b>(34.3)</b>	<b>(12,851.92)</b>	<b>2,881.88</b>	<b>77.6</b>
Sales Income (SEE SCH)	\$ 5,980.71	65.7	\$23,586.06	81.0	\$27,290.12	\$ (3,704.06)	86.4
Cost of Sales (SEE SCH)	<u>(3,977.59)</u>	<u>(43.7)</u>	<u>(15,721.66)</u>	<u>(54.0)</u>	<u>(18,034.03)</u>	<u>2,312.37</u>	<u>87.2</u>
<b>NET INCOME (LOSS)</b>	<b>\$ (6.04)</b>	<b>(.1)</b>	<b>\$ (2,105.64)</b>	<b>(7.2)</b>	<b>\$ (3,595.83)</b>	<b>\$ 1,490.19</b>	<b>58.6</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 153.70	1.7	\$ 722.00	2.5	\$ 625.50	\$ 96.50	115.4
Cost of Tokens	<u>96.20</u>	<u>1.1</u>	<u>379.50</u>	<u>1.3</u>	<u>310.06</u>	<u>69.44</u>	<u>122.4</u>
Net Inc. Tokens	57.50	.6	342.50	1.2	315.44	27.06	108.6
Revenue from Books	\$ 3,925.55	43.1	\$14,855.93	51.0	\$17,830.70	\$ (2,974.77)	83.3
Cost of Books	<u>2,825.19</u>	<u>31.1</u>	<u>10,684.98</u>	<u>36.7</u>	<u>12,685.92</u>	<u>(2,000.94)</u>	<u>84.2</u>
Net Inc. Books	1,100.36	12.1	4,170.95	14.3	5,144.78	(973.83)	81.1
Revenue from Pamphlets	\$ 376.20	4.1	\$ 1,862.27	6.4	\$ 2,064.05	\$ (201.78)	90.2
Cost of Pamphlets	<u>228.76</u>	<u>2.5</u>	<u>1,137.08</u>	<u>3.9</u>	<u>1,265.04</u>	<u>(127.96)</u>	<u>89.9</u>
Net Inc. Pamphlets	147.44	1.6	725.19	2.5	799.01	(73.82)	90.8
Revenue from Cassettes/Misc.	\$ 687.88	7.6	\$ 2,054.51	7.1	\$ 3,740.97	\$ (1,686.46)	54.9
Cost Cassettes/Misc.	<u>379.44</u>	<u>4.2</u>	<u>1,264.10</u>	<u>4.3</u>	<u>2,141.26</u>	<u>(877.16)</u>	<u>59.0</u>
Net Inc. Cassettes/Misc.	308.44	3.4	790.41	2.7	1,599.71	(809.30)	49.4
Revenue from Schedules	\$ 837.38	9.2	\$ 4,091.35	14.1	\$ 3,028.90	\$ 1,062.45	135.1
Cost of Schedules	<u>448.00</u>	<u>4.9</u>	<u>2,256.00</u>	<u>7.8</u>	<u>1,631.75</u>	<u>624.25</u>	<u>138.3</u>
Net Inc. Schedules	389.38	4.3	1,835.35	6.3	1,397.15	438.20	131.4
<b>TOTAL INCOME FROM SALES</b>	<b>\$ 2,003.12</b>	<b>22.0</b>	<b>\$ 7,864.40</b>	<b>27.0</b>	<b>\$ 9,256.09</b>	<b>\$ (1,391.69)</b>	<b>85.0</b>

JOIN  
the  
BUCK  
A  
MONTH  
CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

JOIN US  
fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

STATE

ZIP

ADDRESS

APT #

NAME

Continued from page 1

So when someone calls AA service "a bunch of politics," I say that if we want the best, let's make ourselves available for our Higher Power, who is the ultimate authority in AA, to work through us. On our AA triangle, recovery is the base. If we see a problem in AA service, let us be ready in our own recovery to be part of the solution. My friends in Al-Anon say, "Let it begin with me." My recovery first, or there mind that this is a give program, and in whatever we do, "Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

M.S., Baltimore, Md., reprinted from the Grapevine

## Fold & Label Party

The fold and label party for the May issue went very well. A big thanks to the following people for showing up: Dan H., AA by the Bay; Dave B., Program Committee; Abbey, Program Committee; Bill W., Back to Basics; Randy AA by the Bay; EDR; Lark, Fri. Nite Live; Steve Fri. Nite Live; Patrick, AA by the Bay; Julien, Program Committee; Jerry S., Wed Oldtimers; Qeri P., Back to Basics; Julie s., Program Committee; Jessie, Back to Basics; Linda, Back to Basics; David, Dawn Patrol; Mike, Old Town Speakers; Amy, Program Committee, David Z., Program Committee; Monte, Buck, Willy, and Sam EDR; Cathee, AA by the Bay; Pual, AA by the Bay; And Amy E. . Again Thanks to everyone for showing up. If you don't have anything going on the last Wednesday of the month, come on down to Central Office @ 6:00 PM. A good time had by all!

## SPECIAL FOLD & LABEL

The Coordinator Committee will be publishing an extra 6,000 copies of our newsletter to be placed at the convention for the convention goers to have something to remember us by. This means we will need extra people for the fold and label party on the 21st of June at 6:00pm at CENTRAL OFFICE. Your help is needed!

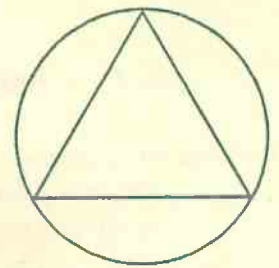
The following groups attended the May Coordinating Council: ALLIEDGARDENS DISCUSSION \* AA BY THE BAY \* AA DISCUSSION \* ADAMS AVE BIG BOOK \* ALLIED GARDENS STEP STUDY \* ANOTHER NEW BEGINNING \* BIG BOOK DISC FOUNDERS GROUP \* BACK TO BASICS FOR WOMEN \* BACK TO BASICS \* BEACH AREA BEGINNERS TWO \* BYOB \* BAY PARK STEP STUDY \* CLASS ACTS \* DRY DOCK 21 \* DAWN PATROL \* DOWNTOWN DISCUSSION GROUP \* EL CAJON DAYTIME \* EL CAJON WOMEN'S SERENITY \* EAST SIDE GROUP \* EARLY BIRDS \* EAST COUNTY MENS \* EYE OPENER GROUP \* EASY DOES IT SPEAKERS \* FIRST MIRA MESA MENS \* FRIDAY NIGHT LIVE BIG BOOK STUDY \* FRIDAY NIGHT MENS \* FLETCHER HILLS SMOKELESS \* FRIDAY MORNING WOMANS \* FRESH START BEGINNERS \* GOOD MORNING AA \* GRAD GROUP \* HAUL YOUR HINEY OUT OF BED \* HARMONY GROUP \* IMPERIAL BEACH GROUP \* LA MESA MENS \* LA MESA OPEN DISCUSSION \* LAKESIDE THURSDAY NITE \* MIRA MESA FRIDAY NIGHT \* MIRA MESA WOMENS \* MIRA MESA SUNDAY MORNING MENS \* MID WEEK MENS \* MISSION POSSIBLE \* MIRA MESA EARLY RISERS \* MORNING ATTITUDE ADJUSTMENT \* NEW WOMENS \* NATIONAL CITY MAINTENANCE PLUS \* NORTH PARK MENS \* OLD TOWN SPEAKERS \* OCEAN BEACH STEP STUDY \* OCEAN BEACH TUESDAY \* POINT LOMA MENS \* POINT LOMA AA OPEN DISCUSSION \* POSITIVE ENERGY PLUS \* PORTER HALL STRUCTURED STEP STUDY \* PACIFIC BEACH YOUNG PEOPLES \* PT LOMA AA DISCUSSION \* RULE 62 GROUP \* RAINBOW BRIDGE \* SUNDAY MIDDAY \* SATURDAY NIGHT FERVOR \* SATURDAY NIGHT EARLY DISCUSSION \* STEP ONE GROUP \* SANTEE WOMENS ALTERED ATTITUDES \* SCRIPPS BACK TO BASICS BIG BOOK \* SERENITY WITH AN ATTITUDE \* STADIUM GROUP \* THURSDAY NIGHT CLAIREMONT MENS \* TORREY PINES THURSDAY \* WET BEHIND THE EARS \* WHERE WE TALK ABOUT BOOZE \* WEDNESDAY NIGHT DISCUSSION GROUP \* NEXT MEETING WILL BE AT 8PM, THURSDAY, JUNE 8TH AT THE BIG CHURCH ON 6TH & NUTMEG IN BALBOA PARK . . . SEE YA THERE !!!

## Carrying the Message

The wonderful energy the Twelfth Step releases, by which it carries our message to the next suffering alcoholic and finally translates the Twelve Steps into action upon all our affairs, is the payoff, the magnificent reality of A.A.

As Bill Sees It page 192

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

I AM RESPONSIBLE.  
WHENEVER ANYONE, ANYWHERE, REACHES OUT  
FOR HELP, I WANT THE HAND OF AA ALWAYS TO  
BE THERE. AND FOR THAT I AM RESPONSIBLE.

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## July 1995

# W E L C O M E

### Inside . . .

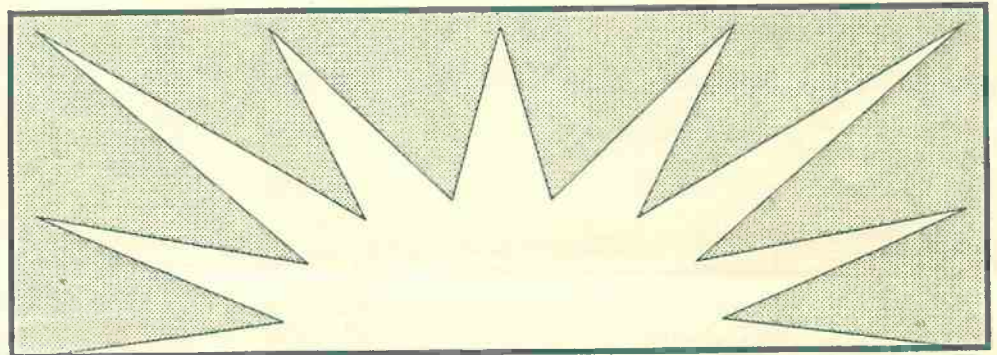
-July Calendar of  
Events

-Special  
Announcements

-Speaker Meetings

-June Coordinating  
Council Minutes

-May '95 Group  
Contributions



SAN DIEGO 1995  
Alcoholics Anonymous ● Anywhere — Everywhere

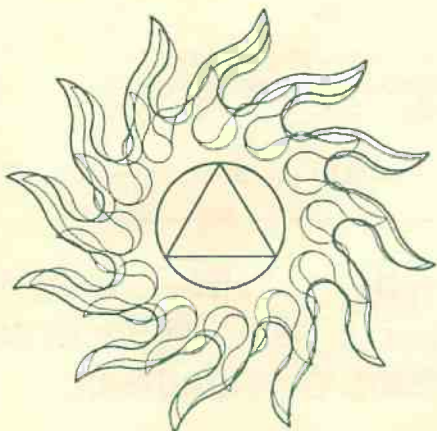
*Welcome to my home — Thank you for my life!*

In our first conversation I bore down heavily on the medical hopelessness of Dr. Bob's case, freely using Dr. Silkworth's words describing the alcoholic's dilemma, the "obsession plus allergy" theme. Though Bob was a doctor, this was news to him, bad news. Always better versed in spiritual matters than I, he had paid little attention to that aspect of my story. Even though he could not make them work, he already knew what the spiritual answers were. What really did hit him hard was the medical business, the verdict of inevitable annihilation. And the fact that I was an alcoholic and knew what I was talking about from personal experience made the blow a shattering one.

. . . it was not any spiritual teaching of mine, rather it was those twin ogres of madness and death, the allergy plus the obsession, that triggered him into a new life. It was Dr. Silkworth's idea, confirmed by William James, that struck him at great depth.

You see, our talk was a completely *mutual* thing. I had quit preaching. I knew that I needed this alcoholic as much as he needed me. *This was it.* . . . This was how to carry the message.

Bill W., ALCOHOLICS ANONYMOUS COMES OF AGE - pp 69, 70







# meetings in motion

... thanks for comin' back — HAPPY BIRTHDAY

## NEW MEETINGS

- WISDOM TO KNOW THE DIFFERENCE 7PM MON  
-CHURCH, 656 - 24TH ST SAN DIEGO
- J A W S 11:45AM WED  
-RESIDENCE, 10772 VALOR PLACE SANTEE
- A S W — "A"s 11:15AM TUE & THUR  
-ASW TRNG CNTR, 32444 ECHO LN-BLDG17-Rm 401 POINT LOMA
- WOMEN'S CLOSED STEP STUDY 7:15PM THUR  
-STORE, 1347 TAVERN RD. #15 ALPINE
- FRIDAY NITE LIVE 8PM FRI  
-HOSPITAL, ROSS & IMPERIAL EL CENTRO
- PINOY OPEN DISCUSSION (TAGALOG) 11AM SAT  
-NRC (UPAC), 3288 EL CAJON BLVD S-13 NORTH PARK
- OUT OF TOWN SPEAKERS 7PM SAT  
-AMER. LEGION, 8118 UNIVERSITY AVE LA MESA
- SUNDAY MORNING WOMEN 11AM SUN  
-GOLDEN HILL REC, 2600 GOLFCOURSE DR GOLDEN HILL
- CASA DE ORO WED NITE CLOSED DISCUSSION 7PM WED  
- 9800 SAN JUAN CASA DE ORO / SPRING VALLEY  
-CHURCH BEHIND THE OX BOW RESTAURANT, YOUTH RM NEXT TO RECTORY

- Joe A. of El Cajon — 34 years on the 30th of May
- P.O.(POST OFFICE) Barb - Warm & Friendly — 19 years - May 14th
- Tim D. - Serenity-By-The-Sea — 8 years on June 17th
- Paul O. - North Park Men's — 6 years
- Mike C. - AA By The Bay — 5 years on June 14th

a spiritual experience  
is the act of relying less  
on one's own omnipotence  
Dr. Harry Tiebout

## CANCELLED MEETINGS

- CORONADO SUNDAY NIGHT DISCUSSION 8:15PM SUN  
- CHURCH, 1208 - 9TH ST CORONADO
- MIRAMAR N A S NOONERS 11:30AM THUR  
-C.A.A.C. BLDG, M254 MIRAMAR

## RELOCATED

- DIGNITY UNLIMITED 9:15AM MON-FRI  
TO: CHURCH, 2717 UNIVERSITY AVE NORTH PARK
- GOOD MORNING A.A. 9:30AM  
TO: BUSINESS CNTR. 126 REA AVE EL CAJON
- DREAM CATCHER 7:30PM MON  
TO: MANY NATIONS RCVRV CNTR HARBISON CANYON / DEHESA  
1723 HARBISON CANYON RD. (AT SYCUAN TURN-OFF)
- SUNDAY MORNING SUNSHINE 9:15AM SUN  
TO: CHURCH, 276 "F" ST CHULA VISTA
- SUNDAY @ SIX-THIRTY 6:30PM SUN  
TO: 32 NORTH 2ND ST CHULA VISTA

Attendance at the June meeting of the Coordinating Council: ALLIED GARDENS DISCUSSION 7/7 ALLIED GARDEN FRIDAY LUNCH 7/7 AA BY THE BAY 7/7 ANOTHER SOBER TUESDAY 7/7 ADAMS AVE BIG BOOK 7/7 ALLIED GARDENS STEP STUDY 7/7 BIG BOOK DISC FOUNDERS GROUP 7/7 BACK TO BASICS FOR WOMEN 7/7 BATTERY CHARGERS 7/7 BACK TO BASICS 7/7 BEACH AREA BEGINNERS TWO 7/7 BAY PARK STEP STUDY 7/7 CREST GROUP 7/7 CLAIREMONT MENS 7/7 DRY DOCK 21 7/7 DOWNTOWN DISCUSSION GROUP 7/7 EL CAJON DAYTIME 7/7 EL CAJON WOMEN'S SERENITY 7/7 EAST COUNTY MENS 7/7 EYE OPENER GROUP 7/7 EASY DOES IT SPEAKERS 7/7 FIRST MIRA MESA MENS 7/7 FRIDAY NIGHT LIVE BIG BOOK STUDY 7/7 FRIDAY NIGHT MENS 7/7 FLETCHER HILLS SMOKELESS 7/7 FRIDAY MORNING WOMANS 7/7 FRESH START BEGINNERS 7/7 GOOD MORNING AA 7/7 GREAT FACT GROUP 7/7 HAUL YOUR HINEY OUT OF BED 7/7 HAPPY HOUR GROUP OF EL CAJON 7/7 LA MESA MENS 7/7 LA MESA OPEN DISCUSSION 7/7 LAKESIDE STEP STUDY 7/7 LITTLE APPLE GROUP 7/7 MIRA MESA FRIDAY NIGHT 7/7 MIRA MESA WOMENS 7/7 MIRA MESA SUNDAY MORNING MENS 7/7 MID WEEK MENS 7/7 MISSION POSSIBLE 7/7 MIRA MESA EARLY RISERS 7/7 NEW WOMENS 7/7 NATIONAL CITY MAINTENANCE PLUS 7/7 NORTH SHORES MENS 7/7 NORTH PARK MENS 7/7 OLD TOWN SPEAKERS 7/7 OCEAN BEACH STEP STUDY 7/7 OUR PRIMARY PURPOSE 7/7 POINT LOMA MENS 7/7 POINT LOMA SUNDAY NIGHT DISCUSSION 7/7 PROFESSIONAL GROUP 7/7 PT LOMA AA DISCUSSION 7/7 RAINBOW BRIDGE 7/7 SAN CARLOS SINGLE PURPOSE 7/7 SATURDAY NIGHT FERVOR 7/7 SATURDAY NIGHT EARLY DISCUSSION 7/7 SIXTH M& NUTMEG SPEAKERS 7/7 SATURDAY NIGHT SMOKELESS DISCUSSION 7/7 STEP ONE GROUP 7/7 SANTEE WOMENS ALTERED ATTITUDES 7/7 SCRIPPS BACK TO BASICS BIG BOOK 7/7 STADIUM GROUP 7/7 TIERRASANTA/MURPHY CANYON AA 7/7 WAR FEVER 7/7 WET BEHIND THE EARS 7/7 — is your group represented??

## SUPPORT H&I COMMITTEE

Funds collected in the GREEN CANS at meetings are used exclusively for literature purchased to carry the message of Alcoholics Anonymous to persons in hospitals, prisons, and other institutions. You can help to carry the message by contacting the H & I Committee (SDAIC) @ 444-6657 and 292-9245

## AA's Tradition of Self-Support

AA's far-flung Twelfth Step activities, carrying the message to the next sufferer, are the very lifeblood of our AA adventure. Without this vital activity, we would soon become anemic; we would literally wither and die.

Now where do AA's services—worldwide, area, local—fit into our scheme of things? Why should we provide these functions with money? The answer is simple enough. *Every single AA service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office to arrange hospitalization and sponsorship, or the World Service Headquarters [now the General Service Office] to maintain unity and effectiveness all over the globe.*

Though not costly, these service agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA must everywhere function in full strength—and that, under our Tradition of self-support, *we are all going to foot the bill.*

We have long known that Alcoholics Anonymous has no need for charitable contributions from any source. Our Fellowship is self-supporting. Neither do AA groups try to meet the rehabilitation expenses of thousands of newcomers. Long ago we learned that that was impractical.

Instead, AA offers to the new person a spiritual way of life that can eliminate the alcohol problem. With this accomplished, the new person, in the company of his fellow sufferers, can then begin the solution of his personal problems—including the financial one.

So AA groups themselves accept no charitable funds—and give none away. At first glance, this attitude may seem to be hard-nosed, even callous. An immense experience tells us otherwise. Money gifts—as a prerequisite of getting sober—are usually worthless when made a function of an AA group.

Of course, we see AA's primary charity in the Twelfth Step activities of tens of thousands of us as we daily carry the AA message to newcomers. We travel millions of miles; we absent ourselves from business and home. In the aggregate, we lay out very large sums. As individuals, we do not hesitate to give temporary financial aid to the newcomer, if and when he seems to want sobriety first. Here, then, is money charity aplenty, always given on a very personal, face-to-face basis. And perhaps even this cannot be called wholly charitable, since every Twelfth Step effort means more certain sobriety and added spiritual growth for the sponsor.

Both these principles we understand: that AA wants no charity; that we support our own services. We understand—but we sometimes forget.

BY Bill W. *Grapevine* — OCTOBER 1967

My Creator,

I am now willing  
that you should have  
all of me, good and bad.

I pray that you now remove  
from me every single defect of character  
which stands in the way of my usefulness  
to you and my fellows.

Grant me strength,  
as I go out from here,  
to do your bidding.

Amen.

### Step Seven

## **Humbly asked Him to remove our shortcomings.**

O! Great Spirit!

Whose voice I hear in the winds, and  
whose breath gives life to all the  
world, hear me! I come before you,  
one of your many children, I am small  
and weak. I need your strength and  
wisdom!

Let me walk in beauty and make my  
eyes ever behold the red and purple  
sunset. Make my hands respect the  
things you have made—my ears sharp  
to hear your voice. Make me wise so  
that I may know the things you have  
taught my people—the lesson you  
have hidden in leaf and rock.

I seek strength not to be superior to  
my brothers, but to be able to fight my  
greatest enemy—myself. Make me  
ever ready to come to you with clean  
hands and straight eyes, so that when  
my life fades, as a fading sunset, my  
Spirit may come to you without  
shame.

Native American Prayer

# Minutes of the Coordinating Council

## Thursday, June 8, 1995

Jim J.- Chair, called 596th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by David A. 8 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 62 Groups were represented, a quorum; 147 groups are registered. VISITORS: Jorge-Area Chair and Bobbi C. Host Core Committee-1995 International M/S/C to accept the minutes as printed in the May COORDINATOR with the following addition 1) Myriam StG. was present at the COORDINATOR Newsletter meeting. The Seventh Tradition collected \$65.84.

COORDINATOR NEWSLETTER: Terry P. Chair, reported: Committee met Wednesday, 6/7/95 at 7:15pm. PRESENT: Terry P., Mike C., Char M. Absent excused: Mike G. and Suzanne G. 1) July issue was discussed. 2) Committee assignments were made. 3) Discussed and voted second terms for the following members of the Committee: Terry P. Suzanne G. and Mike G. 4) Mike C. will be acting editor and Chair for the July issue as Terry P. will be out of town. 5) If you or your group would like to volunteer to help at the folding party, please call Terry P. at 295-5307 or Central Office.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 6/25/95 at 7:00pm. PRESENT: Hans F. Chair, Frank R., Dennis J., and Darren F. and Jody Y. 1) We'd like to thank everyone who answered phones in May. 2) Welcome to: Tuesday Night Men's for taking the 27th, Mid-Week Man's for taking the 3rd Sunday day shift. 3) There are 3 nights open the 5th, 14th, and 25th. If you are interested in taking over any of these slots, please call Hans F. at 223-5955 or Central Office. 4) The next meeting will be on 6/22/95 instead of the last Thursday of the Month.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 6/8/95 at 6:30pm PRESENT: Ray N., Dave A., and Steve R. 4 new coordinators were present. Absent Keith M. 1) Thank you to Dave A. and Keith M. who are rotating off Committee. 2) All new Coordinators encourage to attend.

PUBLIC INFORMATION COMMITTEE: Cliff S. - Member reported: Committee met Monday, 6/5/95 at 7:00pm PRESENT: Doug M., Lyn J., Cliff S., Lissa W. 1) 9 speakers reached 140 people 3 facilities. 2) Committee felt that participation at the level of 3rd to 6th graders was not appropriate and will decline in the future. 3) Volunteer speaker list needs updating. 4) David C.'s phone is incorrect in the COORDINATOR; should be 944-9051. 5) If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Dean MC. reported: Committee met Saturday, 6/27/95 at 10:00am at Ski Beach. PRESENT: Dean-Chair and Amy K. Absent: Anita B., Dave B., Abi M. and Dave M. 1) Discussed what a terrible idea it was to have a meeting on a Saturday morning. 2) Founder's Day Picnic appeared to be a success at about 1:30 there seem to be around 100 people present.

BUSINESS COMMITTEE: Heather M., Chair reported: Committee met Tuesday, 6/6/95 at 6:00pm. PRESENT: Gabe L. and Heather M. Absent excused: Stu W., Lee G. and Shirley A. and Barbara R. ALSO PRESENT: Evelyn G., Central Office Manager and Mickey S. FLYERS: There were no flyers. P.I. COMMITTEE CANDIDATE: There were no candidates this month. Evelyn G. - COM, reported: 1) Telephones have picked up with calls about the International however, it is still not necessary to add a new phone as of yet. 2) Health insurance bids were taken and the cost for one child is \$60.00; \$10.00 less than what was anticipated. 3) Summer schedules are at the printer. 2) Heather M. apologized for not being able to complete the remainder of her term as chair as she will be moving in September. She also felt she has not been the best chair person she could be. She is will to serve until September and she will be a better business chair in the future.

AREA ASSEMBLY: Jorge - Area Chair: 1) The Area Assembly met on June 3, 1995. Marco R. the Area Delegate reported on the results of the agenda items that were voted on. Marco invited all Districts to call him and ask him to come share the information with them. 2) Next Area Assembly is in September called the "Big Day Area Assembly". 3) Final reports are due in August. 4) PRAASA will be here in 1997 and past delegates will be standing in a 3rd Legacy Election at the Sept. Assembly to be Chair.

INTERNATIONAL CONVENTION: Bobbi C.-Chair of Host Core Committee gave a final report: 1) She thanked the Council for allowing her to come and share with the group. 2) 42,703 badges have been mailed out so far. 3) All committees are holding on site training. 4) She gave Central Office a list of phone numbers that will be connected during the convention. 5) She mentioned that there will be a variety of non Alcoholics Anonymous vendors all over San Diego; however there will be only one AA program available that is though the GSO. 6) There will be a Gay and Lesbian Dance at the Town and Country on July 1.

### ELECTION RESULTS

COORDINATOR Newsletter: Re-elected: Terry P., Suzanne G and Mike G.

After Hours Phones: Jody Y. and Lark C.

Orientation: Elected: Arla and Julie.

Program: Re-elected: Dean Mc.

Business: Re-elected: Heather M. and Shirley A.

Elected: Robert St.C.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in May

GROUPNAME	May	YTD
A NEW WAY TO LIVE	40.00	70.43
A WOMENS MEETING	0.00	183.52
AA BY THE BAY	0.00	263.00
AA STEP STUDY	78.00	143.61
ALLIED GARDENS DISCUSSION	0.00	187.37
ALLIED GARDENS FRIDAY LUNCH	50.00	50.00
ALPINE WOMENS CANDLELIGHT	0.00	13.50
ANNUAL CHRISTMAS MEETING	0.00	15.05
ANNUAL GRATEFUL MEETING	0.00	42.78
ANOTHER NEW BEGINNING	65.96	393.93
ANOTHER SOBER TUESDAY	0.00	50.00
AS BILL SEES IT	0.00	80.00
BACK TO BASICS	120.00	640.00
BACK TO BASICS FOR WOMEN	94.85	94.85
BAY PARK BIG BOOK STUDY	15.00	15.00
BAY PARK STEP STUDY GROUP	72.00	159.00
BAYSIDE BIG BOOK STUDY	0.00	57.50
BEAUTIFUL BEGINNINGS	0.00	50.00
BEGINNERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK & 12 X 12 STEP STUDY	0.00	180.00
BIG BOOK DISCUSSION FOUNDERS GRP	50.00	98.00
BIG BOOK STUDY GROUP	0.00	76.35
BUTTERFLY GROUP	0.00	15.00
CAJON VIEW OPEN DISCUSSION	0.00	75.00
CAJON VIEW STEP STUDY	50.00	50.00
CASA DE ORO TRADITION FIVE	0.00	50.00
CEDAR STREET MENS	118.00	778.55
CHIEERS	0.00	100.33
CHULA VISTA 4 MIN SPEAKERS	0.00	100.00
CHULA VISTA FRIDAY NIGHT	0.00	100.00
CHULA VISTA NOON GROUP	33.05	194.59
CLAIREMONT DAYTIME STEP STUDY	50.00	50.00
CLAIREMONT MENS	0.00	595.80
CLAIREMONT MIXED DISCUSSION	0.00	47.40
CLAIREMONT OPEN DISCUSSION	0.00	75.00
CLAIREMONT SUN NIGHT DISCUSSION	25.00	55.00
CLAIREMONT WEDNESDAY GROUP	10.00	70.00
CLAIREMONT WEDS NOON BROWN BAG	0.00	100.00
CLAIREMONT WOMENS	71.00	121.00
CLASSACTS	0.00	162.00
CONVOY STEP STUDY	0.00	26.50
COORDINATING COUNCIL-CENTRAL OFFICE	63.50	381.46
CORONADO BEGINNERS AA	0.00	60.00
CORONADO BIG BOOK STUDY	45.00	45.00
CORONADO MENS	0.00	50.00
CORONADO NOONERS	10.00	95.00
CORONADO NUMBER ONE GROUP	0.00	65.00
COWLES MT SMOKELESS DISCUSSION	0.00	30.00
CREST GROUP	50.00	150.00
D.D.G.T.M.	27.00	214.67
DEERHORN GROUP	0.00	50.00
DEL MAR WEDNESDAY LUNCH BUNCH	0.00	125.00
DIAMOND ST MENS STEP STUDY	44.00	109.00
DOWNTOWN DISCUSSION	0.00	165.00
DRUNKS ONLY	474.87	1375.03
DRY DOCK #2I	0.00	40.00
DULZURA LIVING SOBER	0.00	50.00
EARLY RISERS (CORONADO)	0.00	292.00
EARLY RISERS (PB)	0.00	208.67
EAST COUNTY MENS	0.00	50.00
EAST COUNTY SPEAKERS	0.00	100.00
EAST COUNTY WOMENS	0.00	50.00
EAST SIDE GROUP	0.00	199.00
EASY DOES IT RIDERS	0.00	358.00
EASY RISERS	0.00	0.00
EL CAJON DAYTIME	120.00	720.00

## Group Contributions in May

GROUPNAME	May	YTD
EL CAJON NAVAJO ROAD GROUP	64.47	64.47
EL CAJON WOMENS SERENITY	0.00	62.50
EYE OPENER GROUP	150.00	385.00
FLETCHER HILLS SMOKELESS	0.00	180.00
FREE ON FRIDAY	0.00	420.00
FREE TO BE	31.10	177.58
FRESH AIR FRIDAY	0.00	220.00
FRESH START BEGINNERS	25.00	37.50
FRI NITE CEDAR ST	0.00	86.56
FRIDAY MORNING WOMENS	92.00	179.00
FRIDAY NIGHT LIVE BIG BOOK	50.00	100.00
FRIDAY NIGHT MENS	90.00	270.00
FRIDAY NIGHT WOMENS	25.00	25.00
FRIDAY NITE WEEKS END	0.00	0.00
FRIDAY NOONERS	73.00	73.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP-TUES	0.00	50.00
GOLDEN HILLS SUN DISCUSSION	9.21	9.21
GOOD NEWS GROUP	0.00	46.29
GREAT FACT GROUP	0.00	156.00
GRINGO(ENGLISH)	0.00	40.00
HAND IN HAND CLOSED STEP STUDY	0.00	10.00
HAPPY HOUR WOMENS SPEAKER	0.00	70.00
HAPPY HOUR-AND-A-HALF	46.20	108.60
HI-NOONERS	0.00	60.00
HOW IT IS	20.00	20.00
HOW IT IS NOW SPEAKERS	0.00	110.00
HOW IT IS TODAY	0.00	1134.50
I NEED A MEETING MEETING	77.00	516.67
IMPERIAL BEACH GROUP	0.00	20.00
IMPERIAL GROUP	20.00	40.00
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	60.00
JUST US GIRLS	0.00	84.05
KEARNY MESA NIGHT HOWLERS	10.00	10.00
KEEP COMING BACK	0.00	50.00
LA JOLLA BIG BOOK	120.00	120.00
LA JOLLA DISCUSSION GROUP	0.00	161.95
LA JOLLA LUNCH BUNCH	0.00	45.00
LA JOLLA MIDDAY	0.00	70.00
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA PATIO GROUP-FRI	25.00	75.00
LA JOLLA PATIO GROUP-THUR	0.00	21.25
LA JOLLA PATIO GROUP-WED	65.00	175.00
LA JOLLA PUMP HOUSE GROUP	0.00	685.00
LA JOLLA SOLEDAD MENS	0.00	160.30
LA JOLLA SPEAKERS	615.22	615.22
LA JOLLA STEP STUDY	0.00	135.00
LA MESA BIG BOOK	0.00	120.00
LA MESA MENS	0.00	50.00
LA MESA MONDAY NIGHT WOMENS	0.00	102.00
LA MESA OPEN DISCUSSION	36.00	186.00
LA MESA STEP STUDY WORKSHOP	0.00	101.25
LAKESIDE THURSDAY NIGHT	0.00	120.00
LEXINGTON BIG BOOK STUDY	0.00	50.00
LITTLE APPLE GROUP	0.00	95.00
LIVING FREE	600.00	600.00
LIVING PROOF GROUP	0.00	50.00
LOMA PORTAL DISCUSSION	0.00	60.87
LOTUS WOMENS CLOSED	0.00	60.00
LUNCH GROUP	0.00	300.00
LUNCH WITH BILL W BUNCH	0.00	50.00
LUNCHEON GROUP	0.00	100.00
MAPLE ST STEP STUDY WORKSHOP	0.00	130.00
MEDICINE WHEEL	0.00	250.00

## Group Contributions in May

## Group Contributions in May

GROUPNAME	May	YTD	GROUPNAME	May	YTD
MENS STRUCTURED STEP STUDY	0.00	50.00	SCRIPPS RANCH BACK TO BASICS	0.00	63.00
MID-WEEK MENS	100.00	100.00	SENIOR SERENITY MEETING	0.00	80.00
MIRA MESA EARLY RISERS	30.13	95.73	SERENDIPITY WOMENS	40.00	120.00
MIRA MESA FRIDAY NIGHT	0.00	35.00	SERENITY BY THE SEA	8.00	143.00
MIRA MESA WOMENS	0.00	77.59	SIXTH AND NUTMEG SPEAKERS	0.00	100.00
MIRAMAR NAS NOONERS	0.00	46.33	SLOW LEARNERS	0.00	10.00
MISSION BAY MIXED	0.00	40.00	SMOKEFREE LA MESA WOMENS	0.00	120.00
MISSION BAY SPEAKERS	60.00	60.00	SMOKLESS DRUNKS LUNCHEON	0.00	150.00
MISSION POSSIBLE	0.00	35.00	SOBER NOONERS	0.00	25.00
MIXED NUTS	35.00	70.00	SOBER SERENITY SMOKERS	0.00	60.00
MON EVE SMOKELESS DINNER	0.00	90.00	SOBRIETY SEEKERS STEP STUDY	0.00	20.00
MONDAY MENS GUT LEVEL GROUP	0.00	25.00	SOBRIETY WORKING FOR WOMEN-W	73.10	73.10
MOTHER EARTH VIEJAS REZ	0.00	3.00	SOLE PURPOSE GROUP	0.00	50.00
NAS-NI-NAD NOONERS	0.00	50.00	SOLUTIONS IN THE MORNING	8.00	40.25
NEW BEGINNINGS	10.00	10.00	SPRING VALLEY STEP STUDY	0.00	125.00
NEW HOPE	0.00	25.00	STADIUM GROUP	0.00	10.00
NEW WOMEN	0.00	165.00	STEPS TO RECOVERY	0.00	37.50
NO B.S. MENS	0.00	40.00	SUNDAY BEACH SUN-DAY	0.00	188.50
NOON AT THE GROVE	0.00	150.00	SUNDAY BRUNCH BUNCH SPEAKERS	0.00	40.00
NOON TO ONE AA	0.00	25.00	SUNDAY MIDDAY	0.00	60.00
NORTH PARK MENS	0.00	212.50	SUNDAY MORNING SPIRITUAL MEETING	50.00	100.00
NORTH SHORES SPEAKERS	0.00	12.00	SUNDAY MORNING SUNSHINE	50.00	50.00
NORTH SHORES THURS NIGHT DISC	0.00	40.00	SUNDAY NIGHT DISCUSSION	0.00	40.00
OLD TOWN SPEAKERS	0.00	360.00	SUNDAY NIGHT SPEAKERS	0.00	110.00
ONE DAY AT A TIME BEGINNERS	0.00	45.00	SUNDAY SERENITY	80.00	366.00
ONE STEP AHEAD	0.00	40.00	SUNDAY WOMENS GROUP	40.00	0.00
ONE STEP AT A TIME	0.00	50.01	SURVIVORS GROUP	0.00	50.00
ONE STEP AT A TIME RUNNERS	20.00	20.00	SWEET GRASS	0.00	100.00
OPEN MINDED MENS	0.00	100.00	T.G.I.S.	0.00	60.00
OUR PRIMARY PURPOSE	0.00	41.98	TALBOT STREET	50.00	150.00
OVER 50	0.00	50.00	THE OTHER MEETING	100.00	200.00
PACIFIC BEACH	150.00	150.00	THIRD WEEKENDERS WOMENS CLOSED AA	0.00	22.50
PACIFIC BEACH WEEKEND WARMUP	0.00	600.00	THURSDAY MORNING MEETING	75.00	75.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40	THURSDAY NIGHT SOBRIETY	0.00	50.00
PARADISE HILLS	0.00	25.00	THURSDAY NIGHT STEPPERS	30.00	30.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	25.00	THURSDAY NIGHT WOMENS SPEAKERS	38.00	38.00
PASS IT ON GROUP	30.00	143.00	THURSDAY PROMISES PROMISES	0.00	196.34
PATTERNS IN SOBRIETY	0.00	100.00	THURSDAY STEPS	0.00	100.00
PENASQUITOS DISCUSSION	0.00	39.40	TIERRASANTA BIG BOOK STUDY	150.00	150.00
POINT LOMA AA DISCUSSION	100.00	500.00	TOP OF THE HILL	0.00	200.00
POINT LOMA MENS	0.00	160.00	TORREY PINES OPEN DISC	0.00	110.00
POINT LOMA SATURDAY MORNING	0.00	270.00	TUES NIGHT BIG BOOK STEP STUDY	0.00	62.25
PORTER HALL GROUP	50.00	200.00	TUESDAY MORNING ALPINE	0.00	40.00
PORTER HALL STRUCTURED S/S	0.00	25.00	TUESDAY NIGHT PARTICIPATION	0.00	50.00
PRIMARY PURPOSE GROUP	0.00	51.60	TUESDAY NIGHT WOMENS	0.00	100.00
PROFESSIONAL GROUP	30.00	30.00	TWELVE TO GROW ON	50.00	100.00
PT LOMA WOMENS DISCUSSION	0.00	195.00	TWO-BIT SPEAKERS	33.16	78.78
RAINBOW BRIDGE	0.00	115.00	UNIVERSITY CITY DISCUSSION	0.00	25.00
RAINBOW MEETING	0.00	7.30	UNIVERSITY CITY WOMENS	0.00	316.80
RAMONA MONDAY NIGHT	0.00	37.50	WAKE UP CALL	0.00	6.00
ROUND TABLE DISCUSSION	0.00	75.00	WARM AND FRIENDLY	0.00	105.00
SAFE SANE AND SOBER	0.00	150.00	WATER WALKERS TOO!	0.00	100.00
SAN CARLOS SINGLE PURPOSE	0.00	200.00	WAY UP AND OUT	0.00	120.00
SAN CARLOS STEP STUDY	25.00	87.50	WE ARE SURVIVORS	0.00	60.00
SAN DIEGO DOCTORS STEP STUDY	0.00	100.00	WE NEED PEOPLE GROUP	50.00	150.00
SANTEE BIG BOOK STUDY	11.10	104.81	WE'VE COME A LONG WAY	20.00	40.00
SANTEE SERENITY GROUP	20.00	120.00	WEDNESDAY NIGHT ISLANDERS	0.00	65.00
SANTEE SUNDAY NITE SMOKELESS	70.00	158.00	WEDNESDAY NITE AT THE HOUSE	0.00	15.00
SANTEE THURSDAY CLOSED MIXED	0.00	285.00	WEDNESDAYS WINNERS CIRCLE	0.00	170.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	50.00	WHAT NOW?	0.00	115.00
SAT NIGHT EARLY DISCUSSION	0.00	325.00	WOMENS ASK IT BASKET	0.00	5.60
SAT NIGHT SMOKELESS DISCUSSION	48.00	120.00	WOMENS CANDLELIGHT MEETING	0.00	50.00
SAT NOONERS OPEN DISCUSSION	0.00	21.60	WOMENS STEP STUDY	0.00	90.00
SATURDAY AM LIVE	0.00	90.00			
SATURDAY MENS	0.00	160.00			
SATURDAY NIGHT FERVOR	0.00	36.00			

THANK YOU FOR SUPPORTING  
YOUR CENTRAL OFFICE!!

## SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND FIVE MONTHS ENDED MAY 31, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST:</b>							
Group Contributions	\$ 5,810.72	85.4	\$30,268.83	84.3	\$29,553.52	\$ 715.31	102.4
Buck-A-Month	24.00	.4	297.00	.8	352.00	(55.00)	84.4
Individual Donations	468.53	6.9	1,681.23	4.7	1,330.04	351.19	126.4
Cert. of Deposit - Interest	.00	.0	239.63	.7	193.33	46.30	124.0
Program income	.00	.0	645.00	1.8	.00	645.00	.0
Other Income	499.96	7.4	2,779.96	7.7	150.00	2,629.96	1853.3
<b>TOTAL INCOME</b>	<b>6,803.21</b>	<b>100.0</b>	<b>35,911.65</b>	<b>100.0</b>	<b>31,578.89</b>	<b>4,332.76</b>	<b>113.7</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	19.0	\$ 6,450.00	18.0	\$ 7,779.00	\$ (1,329.00)	82.9
Utilities	310.93	4.6	1,537.28	4.3	1,490.97	46.31	103.1
Wages	3,947.16	58.0	21,043.80	58.6	19,067.30	1,976.50	110.4
Accrued Payroll Taxes	345.68	5.1	2,307.55	6.4	2,139.63	167.92	107.9
Health Insurance	350.00	5.1	1,750.00	4.9	715.00	1,035.00	244.8
Telephone	455.69	6.7	1,631.39	4.5	1,418.57	212.82	115.0
Office Supplies	535.93	7.9	5,209.12	14.5	2,478.57	2,730.55	210.2
Bulk Postage	150.00	2.2	975.00	2.7	800.00	175.00	121.9
Return Postage	50.00	.7	150.00	.4	50.00	100.00	300.0
Repairs & Maintenance	.00	.0	389.20	1.1	734.00	(344.80)	53.0
Insurance - W/C and Liab.	89.32	1.3	607.13	1.7	1,103.14	(496.01)	55.0
Auto/Travel/Seminar	304.71	4.5	892.62	2.5	564.55	328.07	158.1
Legal & Audit	2,200.00	32.3	3,200.00	8.9	3,000.00	200.00	106.7
Cash (Over)/Short	(1.11)	.0	(2.01)	.0	27.96	(29.97)	(7.2)
Depreciation	300.00	4.4	1,500.00	4.2	1,420.00	80.00	105.6
Bad debt	.00	.0	100.00	.3	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>10,328.31</b>	<b>151.8</b>	<b>47,741.08</b>	<b>132.9</b>	<b>42,936.69</b>	<b>4,804.39</b>	<b>- 111.2</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 294.84	4.3	\$ 1,557.20	4.3	\$ 1,362.82	\$ 194.38	114.3
Program Committee	.00	.0	70.00	.2	.00	70.00	.0
Public Information Committee	30.00	.4	333.35	.9	210.48	122.87	158.4
Coordinating Council	15.00	.2	45.00	.1	468.88	(423.88)	9.6
<b>TOTAL COMMITTEE EXPENSE</b>	<b>339.84</b>	<b>5.0</b>	<b>2,005.55</b>	<b>5.6</b>	<b>2,042.18</b>	<b>(36.63)</b>	<b>98.2</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(3,864.94)</b>	<b>(56.8)</b>	<b>(13,834.98)</b>	<b>(38.5)</b>	<b>(13,399.98)</b>	<b>(435.00)</b>	<b>103.3</b>
Sales Income (SEE SCH)	\$ 6,102.66	89.7	\$29,688.72	82.7	\$35,588.32	\$ (5,899.60)	83.4
Cost of Sales (SEE SCH)	(4,109.14)	(60.4)	(19,830.80)	(55.2)	(23,593.79)	3,762.99	84.1
<b>NET INCOME (LOSS)</b>	<b>\$ (1,871.42)</b>	<b>(27.5)</b>	<b>\$ (3,977.06)</b>	<b>(11.1)</b>	<b>\$ (1,405.45)</b>	<b>\$ (2,571.61)</b>	<b>283.0</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 388.50	5.7	\$ 1,110.50	3.1	\$ 870.00	\$ 240.50	127.6
Cost of Tokens	302.66	4.5	682.16	1.9	430.68	251.48	158.4
Net Inc. Tokens	85.84	1.3	428.34	1.2	439.32	(10.98)	97.5
Revenue from Books	\$ 3,668.80	52.9	\$18,524.73	51.6	\$23,178.00	\$ (4,653.27)	79.9
Cost of Books	2,625.60	38.6	13,310.58	37.1	16,531.26	(3,220.68)	80.5
Net Inc. Books	1,043.20	15.3	5,214.15	14.5	6,646.74	(1,432.59)	78.5
Revenue from Pamphlets	\$ 444.87	6.5	\$ 2,307.14	6.4	\$ 2,566.31	\$ (259.17)	89.9
Cost of Pamphlets	274.37	4.0	1,411.45	3.9	1,573.38	(161.93)	89.7
-Net Inc. Pamphlets	170.50	2.5	895.69	2.5	992.93	(97.24)	90.2
Revenue from Cassettes/Misc	\$ 470.12	6.9	\$ 2,524.63	7.0	\$ 4,471.74	\$ (1,947.11)	56.5
Cost Cassettes/Misc.	301.76	4.4	1,565.86	4.4	2,621.47	(1,055.61)	59.7
-Net Inc. Cassettes/Misc.	168.36	2.5	958.77	2.7	1,850.27	(891.50)	51.8
Revenue from Schedules	\$ 1,130.37	16.6	\$ 5,221.72	14.5	\$ 4,502.27	\$ 719.45	116.0
Cost of Schedules	604.75	8.9	2,860.75	8.0	2,437.00	423.75	117.4
-Net Inc. Schedules	525.62	7.7	2,360.97	6.6	2,065.27	295.70	114.3
<b>Total Income from Sales</b>	<b>\$ 1,993.52</b>	<b>29.3</b>	<b>\$ 9,857.92</b>	<b>27.5</b>	<b>\$11,994.53</b>	<b>\$ (2,136.61)</b>	<b>82.2</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
fill out this form and  
send your \$12 today



check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

NAME

ADDRESS

CITY

STATE

ZIP

APT #

**3RD WEEKENDERS - CAMP-OUT**

July 20 thru 23  
at William Heise Park

FOR INFO & REGISTRATION — CALL GEORGE @ 549-0307

**FILIPINO COMMUNITY — MEETINGS IN TAGALOG**

at UPAC Center - 3288 El Cajon Blvd #13 - SD 92104  
FOR MORE INFO — CALL BOBBY OR EDGAR @ 521-5720

**S U M M E R F E S T**

**"You Are No Longer Alone"**

Eugene Hilton, Eugene Oregon  
July 21, 22, & 23 - 1995

Golf Tourney, Dances, Meetings, and OREGON  
INFO (503) 341-0772  
FLYER AT CENTRAL OFFICE

**17TH ANNUAL H C I CAMPOUT**

HUMBOLDT COUNTY INTERGROUP

August 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> - '95

at REDWOOD CREEK, CALIFORNIA

Campfires, Meetings, Swimming, Games,  
Kid's Activities - (AA - Al Anon)  
INFO (707) 443-8141  
FLYER AT CENTRAL OFFICE

**Carry The Message — NMCYPAA**

NEW MEXICO CONFERENCE OF YOUNG PEOPLE IN A.A.

August 25, 26, & 27 - '95

at Ramada Inn on Hotel Circle Rd  
ALBUQUERQUE, NEW MEXICO

Speakers, Meetings, Banquets (a lot of Q's), Dances  
INFO (505) 246-0786 OR (505) 268-9145  
FLYER AT CENTRAL OFFICE

38th International Conference of  
Young People In Alcoholics Anonymous

**"KE MAKEMAKE NEI E HELE MAU"**

( WILLING TO GO TO ANY LENGTH )

AUGUST 31<sup>ST</sup> THRU SEPTEMBER 3<sup>RD</sup>, 1995  
in Honolulu, Hawaii

A L L A G E S W E L C O M E ! !

INFO (808) 263-3254 — TTY-TDD (808) 423-9958  
FLYER AT CENTRAL OFFICE

Love is selfless, yet it exhilarates the self.  
Sue Atchley Ebaugh

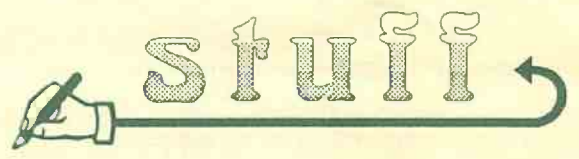
**San Diego AA Coordinator**

CHAIR & EDITOR — TERRY P. - 295-5307  
SECRETARY & CONTRIBUTING — MIRIAM S<sup>T</sup> G.  
CONTRIBUTING EDITORS — *///*  
CHAR M<sup>c</sup>., MIKE G., AND SUZANNE G.

AND WE ARE LOOKING FOR INTERESTED MEMBERS  
OF THE FELLOWSHIP TO JOIN OUR COMMITTEE.  
CALL TERRY FOR INFO.  
SITTIN' IN EDITOR — MIKE C. - THANKS FOR THE O. T. S.

**STEP STUDIES & BOOK STUDIES — SECRETARIES**

WHEN YOUR GROUP IS STARTING A NEW CYCLE (ie. STEP ONE OR THE BEGINNING OF THE BOOK), DROP US A LINE SO WE CAN INCLUDE IT IN OUR "MEETINGS IN MOTION" PAGE...INQUIRING MINDS WANT TO KNOW. CALL CENTRAL OFFICE (265-8762) AND LET US KNOW THE NAME, TIME, AND LOCATION OF THE MEETING - WHEN THE NEW CYCLE STARTS - AND WE WILL DO THE REST. *///*



**DURING THE CONVENTION CENTRAL OFFICE WILL BE OPEN**

San Diego Central Office of Alcoholics Anonymous will be OPEN for "business as usual" to sell books and other World Services literature, answer questions, answer phones . . . and share a cup of coffee during our regular business hours of 9AM to 5PM, Monday thru Saturday - closed Sunday. Central Office is located at 7075 Mission Gorge Road, Suite B, San Diego, 92120—that's in Grantville. Our phone number is 265-8762, and that is a 24-hour phone.

The average member does not, I suppose, spend more than five minutes a day in prayer, asking and thanking for help to keep sober. He is awake about sixteen hours a day, approximately 1000 minutes. He is therefore paying out a premium of five units for 1000, that is, one-half of one percent.

The United States Congress passed a law that one-half of one percent of alcohol in a drink did not render that drink an intoxicating one. No one need fear that this amount of prayer will render anyone spiritually intoxicated or lead to religious mania.

ANONYMOUS, "The Road Back". Dublin (*Grapevine* - April, 1955)

## SINGLENESS OF PURPOSE

a letter from a member to the fellowship:

I recently completed the Eighth Step and have decided that my first amends should be to Alcoholics Anonymous itself, which I believe I have harmed to some extent by violating its singleness of purpose.

I used to identify myself as an alcoholic and addict. I do not anymore because I now believe other addictions are irrelevant at AA meetings. But, aside from that, I also used to insist on talking about my other addictions beyond what was necessary to relate them to alcohol. I justified this by saying that alcohol was just another drug, and so it was unfair to expect me not to talk about all my addictions. And refused to attend any other fellowship, because I claimed to prefer the wisdom and sobriety in AA.

I realize now how rude and self-centered this position was. It is not a question of what is fair or whether alcohol is just another drug. The Traditions and primary purpose of AA are what they are whether I agree with them or not.

In the past, when I was active, I often had dinner at the homes of people who did not use drugs, but who did drink. I never considered insisting that I had the right to smoke a joint at their dinner table because they were drinking wine. And imagine if I had, and then added insult to injury by saying: "And not only do I have a right to use any drug I want to around here if you're going to drink, but I'm going to keep coming back and I'm going to keep using any drug I want to in your home because I like the food you serve and your company better than the food and company I find in the homes of my drug addict friends. And I have a right to do this because all drugs are the same and I don't care what the rules or customs of your home are."

Such a gross abuse of hospitality sounds preposterous, but that is essentially what I was doing by insisting that I had a right to violate AA's singleness of purpose. I was abusing the hospitality of this Fellowship.

This is not an apology. I was too sick to realize how selfishly I was acting, and a mere apology is not necessarily an amends. I am hoping to amend the harm I did by stating clearly what I did, for the benefit of others, and, further, by not doing it again.  
H.D. New Medford, New Jersey *Grapevine*. August 1993

ed. note—The June '95 issue of *Grapevine* has a bit more input on our First, Third, and Fifth Traditions.

## The Twelve Concepts for World Service

### — Concept XII —

"General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others: that all important decisions be reached by discussion vote and whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action."

as written by Bill:

Warranty One—

The Conference shall never become the seat of perilous power.

Warranty Two—

Sufficient operating funds, plus an ample Reserve, should be its prudent financial responsibility.

Warranty Three—

None of the Conference members shall ever be placed in a position of unqualified authority over any of the others.

Warranty Four—

That all important decisions be reached by discussion, vote, and, whenever possible, by substantial unanimity.

Warranty Five—

That no Conference action ever be personally punitive or an incitement to public controversy.

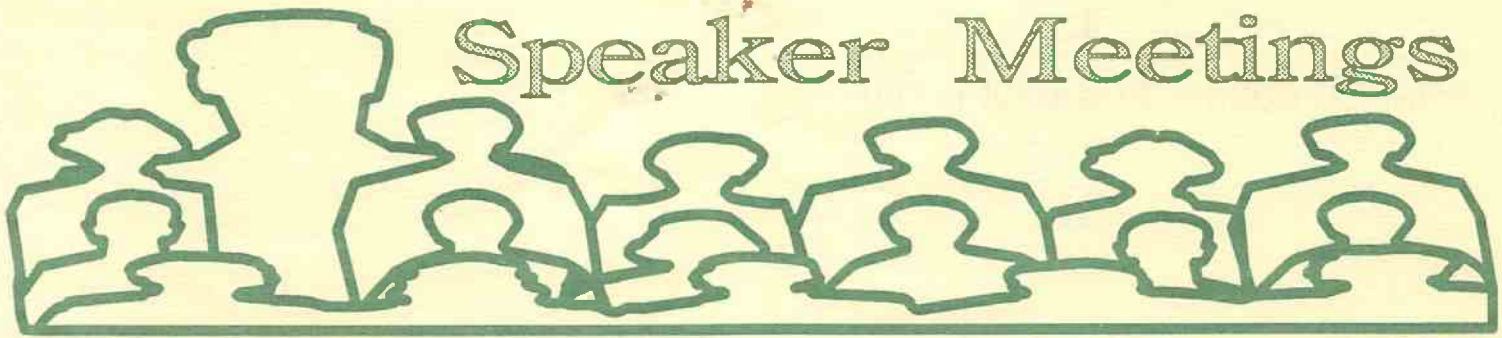
Warranty Six—

That though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in action and in spirit.

for more info and a great discussion of each of these Warranties get a copy of AA World Services BM-31: The AA Service Manual & Twelve Concepts for World Service. AVAILABLE AT CENTRAL OFFICE.



# Speaker Meetings



<b>Cedar Street Speakers</b> -Pathfinders, 2980 Cedar Street	<b>8:15PM TUE</b> Golden Hill	<b>Mission Bay Sat. Night Speakers</b> -USD Founders Hall #124	<b>8:00PM SAT</b> Linda Vista/Alcala Park
<b>Central Group Speakers</b> -YWCA, 1012 "C" St.	<b>8:00PM WED</b> Downtown	<b>Mission Hills Speaker Meeting</b> -Church, Jackdaw & Ft. Stockton	<b>8:15PM THUR</b> Mission Hills
Jul 5 Marco R. San Diego		<b>New Light Speakers</b> -Alano Club, 938 E. Washington Ave	<b>7:30PM FRI</b> El Cajon
Jul 12 Judy B. San Diego		<b>North Shores Saturday Nite</b> -Alano Club, 4861 Cass St.	<b>8:00PM SAT</b> Pacific Beach
Jul 19 Butch M. La Mesa		Jul 1 Rick H. San Diego	
Jul 26 Open Discussion		Jul 8 Francine W. Los Angeles	
<b>Clairemont Fri. Nite Speakers</b> -NRC, 7601 Convoy Court	<b>8:00PM FRI</b> Clairemont/Kearny Mesa	Jul 15 Sheila L. Palos Verdes	
<b>Coronado Wednesday Speaker</b> -Church, 700 "D" Avenue	<b>8:00PM WED</b> Coronado	Jul 22 Terry San Diego	
Jun 28 Dr. Paul O. Laguna Niguel		Jul 29 - TO BE ANNOUNCED -	
Jul 5 Diana J. San Diego		<b>O. B. Friday Night Speakers</b> -O.B.R.&R, 5029 W. Point Loma Blvd	<b>8:30PM FRI</b> Ocean Beach
Jul 12 Cliff H. San Diego		<b>Old Town Speakers</b> -Union Hall, 5150 Kearny Mesa Road	<b>7:00PM SUN</b> Kearny Mesa
Jul 19 Don G. Los Angeles		<b>Participation In Recovery Spkrs</b> -Alano Club, 9545 Kearny Villa Rd #105	<b>8:00PM SAT</b> Mira Mesa
Jul 26 Joe R. Chula Vista		<b>Sixth &amp; Nutmeg Speakers</b> -Church, 2728-6 <sup>th</sup> Avenue	<b>8:00PM TUE</b> Bankers Hill/Balboa Park
<b>East County Fri. Nite Speakers</b> -Church, Los Coches & Ha Hana Road	<b>8:00PM FRI</b> Lakeside	Jul 4 Ed L. Escondido	
<b>East County Saturday Speakers</b> -Church, 867 Lincoln Street	<b>8:15PM SAT</b> El Cajon	Jul 11 Carrol M. La Jolla	
<b>Easy Does It Speakers</b> -Church, 2770 Glebe Road	<b>8:00PM FRI</b> Lemon Grove	Jul 18 Charles F. Long Beach	
Jun 30 David San Diego		Jul 25 Debbie G. Vista	
Jul 7 Nadine M. Long Beach		<b>South Bay Speakers Open Mixed</b> -Pioneer, 270 "C" Street	<b>8:00PM SAT</b> Chula Vista
Jul 14 Jim B. Grenada Hills		<b>Sunday Brunch Bunch Speakers</b> -Recovery Center, 3830 Ray St	<b>11:00AM SUN</b> North Park
Jul 21 Rita D. Delmar		<b>Tuesday Night Speaker Meeting</b> -Tradition One, 4104 Delta Street	<b>7:00PM TUE</b> San Diego
Jul 28 Buck H. Oceanside		<b>CONTACT PERSONS AND GROUP SECRETARIES:</b>	
<b>Good News Gut Level Speakers</b> -North Shores Alano, 4861 Cass St	<b>8:30PM TUE</b> Pacific Beach	WE WANT TO HEAR FROM YOU IN TIME TO MEET OUR DEADLINE!	
<b>Happy Hour Women's AA (BABYSITTING)</b> -Harmony, 6150 Mission Gorge Rd #116	<b>5:45PM FRI</b> Grantville	PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE	
<b>Lemon Grove Speaker Group</b> -Church, 8086 Broadway Ave.	<b>7:00PM SAT</b> Lemon Grove	MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING.	
Jul 1 THREE RANDOM SPEAKERS (could be fun!)		JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL	
Jul 8 Harry H. Oceanside		OUT A YELLOW FORM . . . TNX///	
Jul 15 Diane B. Los Angeles			
Jul 22 Frank S. Simi Valley			
Jul 29 Paul O. Laguna Niguel			

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

*"Now we go out to our fellows and repair the damage done in the past."*

**AUGUST 1995**

## 'Persons we had harmed'

INSIDE . . .

**-August Calendar  
of Events**

**-Special Announcements**

**-Meetings In Motion,  
Speaker Meetings, Step  
Studys**

**-July Coordinating  
Council Minutes**

**-International Convention  
Final**

**-Group Contributions  
in the month of  
July '95**

In mental preparation of my Eight Step list, I discovered that some names came to mind naturally. In most instances, we want to change for the better where our children and family are concerned.

However, I found there were other people I did *not* want to make amends to, people I hold some resentments toward—so I impulsively concluded they didn't deserve any amends. I have to keep in mind that had I behaved in a more reasonable manner, they might not have responded as they did. If the circumstances had been reversed, I might have taken the same action they choose. I have to allow others to make mistakes and be human. Harboring resentments because of something others did is, in effect, imposing my upon them. By imposing my standards upon them, I am trying to assume God's role. I must realize I am not responsible for the actions of others, whether I approve of them or not. If I take on that task, I am passing judgment on them for reacting in a way that is unacceptable to *me*. I am taking their inventory.

In this Step, it states that we "became willing to make amends." This implies that there is going to be some conscious effort on my part to make all the needed amends. Those that come easy, to my old way of reasoning, would be an excellent stopping point. Yet the Step says we became willing to make amends to *all* those we had harmed. In going to these other people, I don't believe I need to apologize for being human; rather, I simply need to acknowledge that I was at fault and humbly ask them to pardon me. I do not need to make amends on my hands and knees; I need to walk tall, without false pride. When I go in humility and sincerely ask people to forgive me, this will remove the burden from my shoulders. They, too, may have been at fault, but I am neither their God nor their conscience. I am responsible only for myself.

For me, this Step offers two features: I am being responsible, by owning up to my wrongs and making amends for them; at the same time, I accept others as they are, regardless of what they did, or of what they may do when I go to them to make amends.

It's a Step with a double feature. When doing it, we make a double play. After finishing it, we receive double indemnity. Our reward is two for the price of one.

B. D., Reynoldsburg, Ohio, *Grapevine Sep. 1979*

## Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762

Office & Bookstore 9AM-5PM Monday - Saturday  
 OFFICE MANAGER -- EVELYN G.  
 ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .	443-2608
Council Assistant Chair	Kathy D.-S.	298-2636
After Hours Phones	Hans F. . . . .	223-5955
	Evelyn G. . . . .	265-8762
Business Committee Chair	Heather M. . . . .	273-7234
New Coordinators (Council)	Ray . . . . .	693-8643
Program Committee	Dean M. . . . .	229-0438
Public Information Committee	David C. . . . .	994-9051
Young People's Committee	Lejon R. . . . .	421-3680
Area Assembly		
Delegate	Marco R. . . . .	264-8648
Alt Delegate	J. P. . . . .	942-3434
Area Chair	Jorge . . . . .	566-7134
S. D. A. I. C. (Hospitals & Institutions)		
Director	Sue S. . . . .	443-6657
Co-Director	Ed G. . . . .	292-9245

---

### Think, Think, Think

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#### STEP EIGHT:

Made a list of all persons we had harmed, and became willing to make amends to the all.

#### TRADITION EIGHT:

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

The San Diego A. A. Coordinator is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

THE SAN DIEGO AA COORDINATOR COMMITTEE  
 CHAIRMAN/EDITOR

TERRY P.  
 295-5307

SECRETARY  
 MYRIAM S.

CONTRIBUTING EDITORS

MIKE C.  
 CHAR M.

ALL ANNOUNCEMENTS AND ARTICLES  
 ARE DUE BY THE MONDAY FOLLOWING  
 THE SECOND THURSDAY OF THE MONTH.  
 (Monday after the Coordinating Council Meeting)

# MEETINGS IN MOTION

## NEW MEETINGS

DEL MAR MONDAY LUNCH BUNCH  
RESTURANT 2650 VIA DE LA VALLE C#110

MON @ 12 NOON  
DEL MAR

HUMP NITE GRATITUDE  
HOTEL 9940 RIVER ST

WEDS @ 7 PM  
LAKESIDE

NEW RESIDENTS & VISITORS  
CHURCH 1050 THOMAS ST

WEDS @ 8:15 PM  
PACIFIC BEACH

## CANCELLED MEETINGS

WOMEN AND CHILDREN FIRST  
NRC 7601 CONVOY CRT

MON @ 10:30 AM  
KEARNY MESA

WISDOM TO KNOW DIFFERENCE  
CHURCH 24TH & G ST

MON @ 7 PM  
GOLDEN HILLS

SUBASE NOONERS  
NAVSUBASE

TUES & THURS @ 12 NOON  
POINT LOMA

NORTH PARK YOUNG PEOPLES  
RECV CTR 3830 RAY ST

FRI @ 7 PM  
NORTH PARK

POTRERO BIG BOOK STUDY  
CHURCH POTRERO HWY 94

POTRERO BIG BOOK STUDY

## RELOCATED & TIME CHANGE

SUNDAY SPEAKERS MEETING  
TO: INDIAN CTR 3812 RAY ST

SUN @ 11 AM  
NORTH PARK

## ADDRESS CORRECTION

CORONADO SUN NIGHT DISCUSSION  
TO: CHURCH 9TH & C ST (901 C ST)

SUN @ 8:15 PM  
CORONADO

1995 International Convention Final  
To our 5,000 volunteers--The San Diego Host

### Committee:

On Sunday morning, July 2, 1995, at Jack Murphy Stadium as I looked from the dias over the 65,000 from the U.S., Canada and the world--all I could see was a sea of yellow visors mixed in through the crowd.

Never have I been so proud to be a member of A. A. and to be living here, as I was on that day.

Throughout the week I saw you everywhere. Helpful and kind, exhausted and thrilled, willing to do even more--to go wherever you were called, to do whatever needed to be done.

You are beyond wonderful. Everyone - everywhere were giving you thanks and praise.

Your smiles, conduct and service very best!

You will remain in my heart and the heart of the fellowship worldwide forever.

May God Bless and keep you always.

Bobby C., Chairperson

## From The Editor:

W hew, well WE DID IT!! We pulled off the largest convention to ever come to San Diego, the largest gathering a recovering alcoholics ever. Everyone said we did a great job. Congratulations A.A. in San Diego.

Now that thats over--back to the familiar routine. Meetings with less than a hundred people in them. Unless you go to a particularly large meeting that is. I did enjoy seeing all those people though. Seeing recovering alcoholics from far away places, and several friends from around the country was an incredible experience. But one experience I'm sure I'll never forget is, going to a meeting with 60,000+ members of the program of Alcoholics Anonymous. Only one word describes it: WOW! Yes it was a *spiritual* experience.

The convention did bring several treats to San Diego; not only the incredible fellowship, and activities and the convention center and the Murph, but also meetings where folks shared what AA was like in many different places. For me this gave an incredible sense of hope. Not only for myself but for AA as a whole and especially for the still suffering Alcoholic. Our convention truly mocked it's theme, "Alcoholics Anonymous Anywhere Everywhere." Other special treats (for me at least), were seeing Dr. Paul speak, and going to a meeting in La Jolla where after all the birthday celebrations were through there was no time left for sharing. Two Hundred Fifteen YEARS and ninety days. And to think there was articles in the paper saying there is no scientific proof that AA really works. Keep coming back!

Well I've said enough. On a different note though; I will be leaving the area in October. I would like to say it has been a privilege serving and now it is time to pass the coffee pot, so to speak.

Terry P., Editor/Chairperson

## CONCEPT I

The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

The A.A. today hold ultimate responsibility and the final authority for our world services--those special elements of over-all service activity which make it possible for our society to function as a whole. The groups assumed responsibility at the St. Louis International Convention of 1955. There, on behalf of Dr. Bob, the trustees and A.A.'s old-time leaders, I made the transfer of world service responsibility to our entire Fellowship.

SERVICE SERVICE SERVICE

## WANTED: EDITOR

The Coordinator committee needs a new editor.  
COMPUTER experience recommended.

SUGGESTED SOBRIETY:

Two Years

TERM OF OFFICE:

One year -

(elligible two consecutive years)

FOR INFO CALL COMMITTEE CHAIR

Terry @ 295-5307

## WANTED: Committee Member

The Coordinator committee needs two new members.

SUGGESTED SOBRIETY:

Two Years

TERM OF OFFICE:

One year -

(eligible two consecutive years)

FOR INFO CALL COMMITTEE CHAIR

Terry @ 295-5307

## WANTED: Committee Member

The buisness committee needs one new female member.

SUGGESTED SOBRIETY:

Three Years

TERM OF OFFICE:

One year -

(eligible two consecutive years)

FOR INFO CALL COMMITTEE CHAIR

Heather @ 273-7234

# Happy Birthday

*George W.*  
*30 years July*

*Luana K.*  
*11 years on July 24!*

*Geri P.*  
*Back to Basics*  
*22 years on June 29!*

The following groups attended the July Coordinating Council: ALLIED GARDENS DISCUSSION ❖ AA BY THE BAY ❖ AA DISCUSSION ❖ ANOTHER SOBER TUESDAY ❖ ALLIED GARDENS STEP STUDY ❖ ANOTHER NEW BEGINNING ❖ BACK TO BASICS FOR WOMEN ❖ BATTERY CHARGERS ❖ BACK TO BASICS ❖ BEACH AREA BEGINNERS TWO ❖ BAY PARK STEP STUDY ❖ CEDAR STREET MENS ❖ CLASS ACTS ❖ CLAIREMONT MENS ❖ DRY DOCK 21 ❖ EL CAJON DAYTIME ❖ EL CAJON WOMEN'S SERENITY ❖ EAST SIDE GROUP ❖ EARLY BIRDS ❖ EAST COUNTY MENS ❖ EYE OPENER GROUP ❖ FRIDAY NIGHT LIVE BIG BOOK STUDY ❖ FRIDAY NIGHT MENS ❖ GOLDEN HILLS SUNDAY NIGHT DISCUSSION ❖ HAUL YOUR HINEY OUT OF BED ❖ IMPERIAL BEACH GROUP ❖ LA MESA OPEN DISCUSSION ❖ LAKESIDE STEP STUDY ❖ LAKESIDE THURSDAY NITE ❖ MIRA MESA SUNDAY MORNING MENS ❖ MID WEEK MENS ❖ MISSION POSSIBLE ❖ MIRA MESA EARLY RISERS ❖ NEW WOMENS ❖ NATIONAL CITY MAINTENANCE PLUS ❖ NORTH SHORES MENS ❖ NORTH PARK MENS ❖ OLD TOWN SPEAKERS ❖ OCEAN BEACH STEP STUDY ❖ OCEAN BEACH TUESDAY ❖ POINT LOMA MENS ❖ PROFESSIONAL GROUP ❖ POSITIVE ENERGY PLUS ❖ PORTER HALL STRUCTURED STEP STUDY ❖ PACIFIC BEACH YOUNG PEOPLES ❖ RULE 62 GROUP ❖ RAINBOW BRIDGE ❖ SUNDAY MIDDAY ❖ SATURDAY NIGHT SMOKELESS DISCUSSION ❖ STEP ONE GROUP ❖ WET BEHIND THE EARS

— I AM RESPONSIBLE CLUB —

In June, Kelly W., Theodore G., Chavonne h., Pual M., and Thomas B., donated to our blood account. Our account balance on June 30 was 124 units, with 5 donations. No units will expire this month. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to YOUR SUPPORT. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club:"

EL CAJON DONOR CENTER  
680 FLETCHER PARKWAY, EL CAJON  
PHONE — (619) 441-1804

- OR -

SAN DIEGO BLOOD BANK  
440 UPAS STREET, SAN DIEGO  
PHONE — (619) 296-6393

- OR -

SOUTH BAY DONOR CENTER  
1717 SWEETWATER ROAD, NATIONAL CITY  
PHONE — (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762



## Speaker Meetings

**Cedar Street Speakers** 8:15PM TUE  
-Pathfinders, 2980 Cedar Street Golden Hill

Aug. 1	Christine D.	San Diego
Aug. 8	Richard B.	Ocean Beach
Aug. 15	Lynn S.	Clairemont
Aug. 22	Rick O.	Chula Vista
Aug. 29	Michele R.	Golden Hills

**Central Group Speakers** 8:00PM WED  
-YWCA, 1012 "C" St. Downtown

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
-NRC, 7601 Convoy Court Clairemont/Kearny Mesa

**Coronado Wednesday Speaker** 8:00PM WED  
-Church, 700 "D" Avenue Coronado

**East County Fri. Nite Speakers** 8:00PM FRI  
-Church, Los Coches & Ha Hana Road Lakeside

July 26	Joe R.	Chula Vista
Aug. 2	Tobe R.	Mission Beach
Aug. 9	Bill H.	Mira Mesa
Aug. 16	Karen G.	Venice Ca.
Aug. 23	Cindi M.	Laguna Niguel
Aug. 30	Deirbre A.	San Diego

**East County Saturday Speakers** 8:15PM SAT  
-Church, 867 Lincoln Street El Cajon

Aug. 5	Kathy H.	El Cajon
Aug 12	Rachel K.	Lakeside
Aug. 19	Michael M.	Hunington Beach
Aug. 26	Polly P.	Cypress Ca.
Sept. 2	Margaret S.	Fallbrook Ca.

**Easy Does It Speakers** 8:00PM FRI  
-Church, 2770 Glebe Road Lemon Grove

July 28	Buck H.	Oceanside
Aug. 4	Debbie B.	Lemon Grove
Aug. 11	Ty W.	Santa Monica
Aug. 18	Maureen P.	Oxnard
Aug. 25	Hnak M.	Redondo Beach
Sept. 1	Jim N.	Dana Pt.

**Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
-Harmony, 6150 Mission Gorge Rd #116 Grantville

**Lemon Grove Speaker Group** 7:00PM SAT  
-Church, 2770 Glebe Road Lemon Grove

**Good News Gut Level Speakers** 8:30PM TUE  
-North Shores Alano, 4861 Cass St Pacific Beach

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
-USD Founders Hall #124 Linda Vista/Alcala Park

**Mission Hills Speaker Meeting** 8:15PM THUR  
-Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
-Alano Club, 4861 Cass St. Pacific Beach

Aug 5	Collean M.	Chula Vista
Aug. 12	John H.	San Diego
Aug. 19	Dick W.	San Diego
Aug. 26	Wes M.	Palm Springs

**O. B. Friday Night Speakers** 8:30PM FRI  
-O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
-Union Hall, 5150 Kearny Mesa Road Kearny Mesa

Aug. 6	Cliff R.	Oceanside
Aug. 13	Terry B.	Carlsbad
Aug. 20	Marilyn S.	Los Angeles
Aug. 27	Col. Bob E.	Dana Pt.

**Participation In Recovery Spkrs** 8:00PM SAT  
-Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
-Church, 2728-6TH Avenue Bankers Hill/Balboa Park

**South Bay Speakers Open Mixed** 8:00PM SAT  
-Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
-Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
-Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM... TNX!!!

## SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND SIX MONTHS ENDED JUNE 30, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 5,921.95	79.2	\$36,190.78	83.4	\$37,464.07	\$ (1,273.29)	96.6
Buck-A-Month	90.00	1.2	387.00	.9	388.00	(1.00)	99.7
Individual Donations	119.15	1.6	1,800.38	4.2	2,883.07	(1,082.69)	62.5
Cert. of Deposit - Interest	47.11	.6	286.74	.7	225.21	61.53	127.3
Program income	.00	.0	645.00	1.5	.00	645.00	.0
Other Income	1,300.04	17.4	4,080.00	9.4	316.00	3,764.00	1291.1
<b>TOTAL INCOME</b>	<b>7,478.25</b>	<b>100.0</b>	<b>43,389.90</b>	<b>100.0</b>	<b>41,276.35</b>	<b>2,113.55</b>	<b>105.1</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	17.3	\$ 7,740.00	17.8	\$ 9,512.00	\$ (1,772.00)	81.4
Utilities	233.82	3.1	1,771.10	4.1	1,784.77	(13.67)	99.2
Wages	4,589.16	61.4	25,632.96	59.1	23,167.46	2,465.50	110.6
Accrued Payroll Taxes	370.74	5.0	2,678.29	6.2	2,567.77	110.52	104.3
Health Insurance	340.00	4.6	2,090.00	4.8	855.00	1,235.00	244.4
Telephone	319.16	4.3	1,950.55	4.5	1,647.42	303.13	118.4
Office Supplies	697.35	9.3	5,906.47	13.6	3,361.45	2,545.02	175.7
Bulk Postage	.00	.0	975.00	2.3	800.00	175.00	121.9
Return Postage	.00	.0	150.00	.4	100.00	50.00	150.0
Repairs & Maintenance	528.90	7.1	918.10	2.1	933.23	(15.13)	98.4
Insurance - W/C and Liab.	88.25	1.2	695.38	1.6	1,104.26	(408.88)	63.0
Auto/Travel/Seminar	246.96	3.3	1,139.58	2.6	632.10	507.48	180.3
Legal & Audit	200.00	2.7	3,400.00	7.8	3,400.00	.00	100.0
Cash (Over)/Short	(29.12)	(.4)	(31.13)	(.1)	75.91	(107.04)	(41.0)
Depreciation	300.00	4.0	1,800.00	4.2	1,704.00	96.00	105.6
Bad debt	.00	.0	100.00	.2	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>9,175.22</b>	<b>122.7</b>	<b>56,916.30</b>	<b>131.2</b>	<b>51,793.37</b>	<b>5,122.93</b>	<b>109.9</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 854.80	11.4	\$ 2,412.00	5.6	\$ 1,696.19	\$ 715.81	142.2
Program Committee	95.73	1.3	165.73	.4	15.76	149.97	1051.6
Public Information Committee	105.95	1.4	439.30	1.0	445.27	(5.97)	98.7
Coordinating Council	15.00	.2	60.00	.1	483.88	(423.88)	12.4
Other expense	6,643.29	88.8	6,643.29	15.3	.00	6,643.29	.0
<b>TOTAL COMMITTEE EXPENSE</b>	<b>7,714.77</b>	<b>103.2</b>	<b>9,720.32</b>	<b>22.4</b>	<b>2,641.10</b>	<b>7,079.22</b>	<b>368.0</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(9,411.74)</b>	<b>(125.9)</b>	<b>(23,246.72)</b>	<b>(53.6)</b>	<b>(13,158.12)</b>	<b>(10,088.60)</b>	<b>176.7</b>
<b>SALES INCOME</b>							
Sales Income (SEE SCH)	\$ 7,052.96	94.3	\$36,741.68	84.7	\$43,961.25	\$ (7,219.57)	83.6
Cost of Sales (SEE SCH)	(4,744.85)	(63.5)	(24,575.65)	(56.6)	(29,155.58)	4,579.93	84.3
<b>NET INCOME (LOSS)</b>	<b>\$ (7,103.63)</b>	<b>(95.0)</b>	<b>\$ (11,080.69)</b>	<b>(25.5)</b>	<b>\$ 1,647.55</b>	<b>\$ (12,728.24)</b>	<b>(672.6)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 369.00	4.9	\$ 1,479.50	3.4	\$ 1,089.00	\$ 390.50	135.9
Cost of Tokens	182.04	2.4	864.20	2.0	538.72	325.48	160.4
Net Inc. Tokens	186.96	2.5	615.30	1.4	550.28	65.02	111.8
Revenue from Books	\$ 4,317.10	57.7	\$22,841.83	52.6	\$27,968.95	\$ (5,127.12)	81.7
Cost of Books	3,112.51	41.6	16,423.09	37.9	19,960.51	(3,537.42)	82.3
Net Inc. Books	1,204.59	16.1	6,418.74	14.8	8,008.44	(1,589.70)	80.2
Revenue from Pamphlets	\$ 393.26	5.3	\$ 2,700.40	6.2	\$ 3,462.46	\$ (762.06)	78.0
Cost of Pamphlets	240.33	3.2	1,651.78	3.8	2,123.76	(471.98)	77.8
Net Inc. Pamphlets	152.93	2.0	1,048.62	2.4	1,338.70	(290.08)	78.3
Revenue from Cassettes/Misc.	\$ 551.40	7.4	\$ 3,076.03	7.1	\$ 5,556.71	\$ (2,480.68)	55.4
Cost Cassettes/Misc.	381.97	5.1	1,947.83	4.5	3,352.84	(1,405.01)	58.1
Net Inc. Cassettes/Misc.	169.43	2.3	1,128.20	2.6	2,203.87	(1,075.67)	51.2
Revenue from Schedules	\$ 1,422.20	19.0	\$ 6,643.92	15.3	\$ 5,884.13	\$ 759.79	112.9
Cost of Schedules	828.00	11.1	3,688.75	8.5	3,179.75	509.00	116.0
Net Inc. Schedules	594.20	8.0	2,955.17	6.8	2,704.38	250.79	109.3
<b>Total Income from Sales</b>	<b>\$ 2,308.11</b>	<b>30.9</b>	<b>\$12,166.03</b>	<b>28.0</b>	<b>\$14,805.67</b>	<b>\$ (2,639.64)</b>	<b>82.2</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

JOIN US  
fill out this form and  
send your \$12 today



check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

STATE

ZIP

ADDRESS

APT #

NAME

# HAPPENINGS

## Carry The Message — NMCYPAA

NEW MEXICO CONFERENCE OF YOUNG PEOPLE IN A.A.

August 25,26, & 27 - '95

at Ramada Inn on Hotel Circle rd.

Albuquerque, New Mexico

Speakers, Meeting, Banquets, & Dances

INFO (505) 246-0786 or (505) 268-9145

flyer at central office

38th International conference of

Young People in Alcoholics Anonymous

"KE MAKEMAKE NEI E HELE MAU"

(WILLING TO GO TO ANY LENGTH)

AUGUST 31<sup>ST</sup> THRU SEPTEMBER 3<sup>RD</sup>, 1995

IN HONOLULU HAWAII

ALL AGES WELCOME!!

INFO (808) 263-3254 — TTY-TDD

(808) 423-9958

flyer at central office

## LIVING SOBER 1995

SEPTEMBER 1,2,3, & 4(labor day weekend)

FASHION CENTER

699 Eighth Street at Townsend

San Francisco, California

TWENTY YEARS OF LIVING SOBER

flyer at central office

## THE SPIRIT SAN FRANCISCO

3<sup>rd</sup> Annual AA Covention / with Al-Anon participation

September 22,23,24, 1995

St. Mary's Cathedral &

Cathedral Hill Hotel

Speakers, Dance, Marathon Meetings & Fellowship

flyer at central office

## Progress, Not Perfection

1995 ARIZONA AREA

CONVENTION

OCT 27,28,29, 1995

Yuma County Civic & Convention Center

YUMA, AZRIZONA

INFO (520) 782-2605

flyer at central office

## INLAND EMPIRE

8TH ANNUAL CONVENTION

OCT 27,28,29, 1995

Hilton Hotel

San Bernadino, California

COURAGE TO CHANGE

flyer at central office

## Fold & Label Party

Well the turn-out for the June Fold & Label Party was nothing short of incredible. There was some many people we started running out of places to put them. In spite of the fact that there was an extra 6,000 copies of the Coordinator to fold we made record time and were done by 9:00pm. A great thanks to those of you who came out. You made a difference. Thanks to: George S., and Lora S., Easy Does It Riders; Christa Z.; Mike C., Cajonview Step Study; Rick F. and Kahlo A., Mission Possible; Ione G., El Cajon Jugs; Neal D., Easy Does It Riders; Harry H., Tradition V; Rudy D.; Leuye H., Mission Possible; Kellie F.; Connie, Joy, & Jason, Central Office; J.W.H. Fletcher Hill Monday Night Smokeless; Carlos M., AA Discussion Pt. Loma; Tom R., & Gregory K., OBR&R; Lez M., LGAC; Scott G., Barbara S., Harlene G.; Laura M.; Bill S., Eye Opener; Myriam StG, & Jim StG.; Lou K., Mira Mesa Sunday Morning Mens.; Laura F., Haul Your Henny(Mira Mesa); Richard D., Mission Possible; Brawl C., Dean A., Robert C., Timothy M., George D., & John C., Pathfinders; Joe S., & John S., Tierra Santa Murphy Canyon; Ingeborg, Friday Womens; Amy K., Friday Night Live Big Book; Scott G., Ocean Beach Tuesday; Shelley H., Mission Possible; Bill W., Back to Basics; Jim H., Tuesday Night Mira Mesa; Kim L., Claremont Thursday Nite Mens; Jack E., Tuesday Night Mira Mesa; Charley, Battery Charger; Paul C., Wednesday Oceanside Mens; Jerry & Connie Thursday Night Mens & Easy Does It Riders; and always Amy E. THANKS SO MUCH EVERYONE!!!!



# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

*"Just as the aim of each A.A. member is personal sobriety, the aim of our services is to bring sobriety within reach of all who want it."*

**SEPTEMBER 1995**

## **Don't Tell Us What to Do!**

### **INSIDE ...**

*-September Calendar  
of Events*

*-Special Announcements*

*-Meetings In Motion,  
Speaker Meetings, Step  
Studys*

*-August Coordinating  
Council Minutes*

*-Group Contributions  
in the month of  
August '95*

One of my lifelong hostilities used to be directed squarely at fraternal associations, societies, and all other kinds of organizations. It seems to have stemmed from the fact that I could not bear being told what to do or how to do it. Besides that, drinking or not, I never understood what was going on. When people talked about purposes and goals, my mind would go blank.

When I had my last drink, in 1960, and began attending meetings of Alcoholics Anonymous, I came in contact with so many people that I was sure AA would turn out to be just another big organization. If so, that meant bosses, competition, and favoritism, a troika I had never been able to deal with successfully. I feared that my newfound sobriety would be short-lived.

But if AA was organized, I could not account for the absence of pressures that are regularly built into organizational structures. For example, nobody approached me with a membership application blank. Nobody told me which group to join or that I had to join any group. Once I had joined, there was no arm-twisting as to how to vote at group elections.

My first awareness of any structure in AA was in my own home group. It came at a time when we were obliged to look for new quarters. What a lot of planning was required. It was just like hunting for an apartment or a house. What part of town did we want to be in? What was the minimum space requirement? How high a rent or contribution were we able to pay?

Once we were reestablished, the group's activities got under way again. On meeting night, the door had to be unlocked and the AA sign hung out. The hospitality chairman had to see to refreshments, setting up the room, and greeting members. All the other officers at group level had their jobs to do: the local intergroup delegate, the institutions representative, the Grapevine representative, and the general service representative.

That's quite a lot of organizing, calling for organizational know-how! Yet I cannot imagine my group's functioning for long without it or something very much like it.

Does that mean that my group is flouting the Ninth Tradition? I don't think so. The Tradition's reference is to the organizing of AA as a whole in a hierarchical, or governmental, sense. It has been my observation that groups practicing the principle of rotation usually have no trouble with the Ninth Tradition.

## Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762

Office & Bookstore 9AM-5PM Monday - Saturday  
OFFICE MANAGER -- EVELYN G.  
ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .	443-2608
Council Assistant Chair	Kathy D.-S.	298-2636
After Hours Phones	Hans F. . . . .	223-5955
	Evelyn G. . . . .	265-8762
Business Committee Chair	Heather M. . . . .	273-7234
New Coordinators (Council)	Ray . . . . .	693-8643
Program Committee	Dean M. . . . .	229-0438
Public Information Committee	David C. . . . .	944-9051
Young People's Committee	Craig B. . . . .	589-9228
Area Assembly		
	Delegate	Marco R. . . . . 264-8648
	Alt Delegate	J. P. . . . . . 942-3434
	Area Chair	Jorge . . . . . 566-7134
S. D. A. I. C. (Hospitals & Institutions)		
	Director	Sue S. . . . . 443-6657
	Co-Director	Ed G. . . . . 292-9245

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## First Things First

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### STEP NINE:

Made direct amends to such people wherever possible, except when to do so would injure them or others.

### TRADITION NINE:

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

The San Diego A. A. Coordinator is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

THE SAN DIEGO AA COORDINATOR COMMITTEE

CHAIRMAN/EDITOR

TERRY P.  
295-5307

SECRETARY  
MYRIAM S.  
596-0033

CONTRIBUTING EDITORS

CHAR M.

ALL ANNOUNCEMENTS AND ARTICLES  
ARE DUE BY THE MONDAY FOLLOWING  
THE SECOND THURSDAY OF THE MONTH.  
(Monday after the Coordinating Council Meeting)

# MEETINGS IN MOTION

## NEW MEETINGS

4TH DIMENSION CENTER 3788 PARK BL	DAILY @ 1:15 PM SAN DIEGO
CEDAR MTG CENTER 3788 PARK BL	WED @ 6:30 PM SAN DIEGO
CEDAR MTG CENTER 3788 PARK BL	FRI @ 7 PM SAN DIEGO
NO B.S. BIG BOOK STUDY 1903 K ST	SUN @ 5 PM SAN DIEGO
THE GAP CAFE 30 TH & GRAPE	MON @ 8 PM SAN DIEGO
A-STREET BIG BOOK DUPLEX 2517 1/2 A ST	WED @ 8 PM SAN DIEGO
THUR WOMEN RES 4660 LISANN ST	THURS @ 7:30 PM CLAIREMONT

## CANCELLED MEETINGS

WOMENS GUT LEVEL NRC 7601 CONVOY CRT	MON @ 12 NOON KEARNY MESA
WOMENS MEETING CENTER 6150 MISSION GORGE RD S-116	THURS @ 6:30 GRANTVILLE
NORTH PARK YOUNG PEOPLES RECV HM 3830 RAY ST	FRI @ 7 PM NORTH PARK

## RELOCATED & TIME CHANGE

B.Y.O.B. TO: 2717 UNIVERSITY AV (UPSTAIRS-REAR)	DAILY @ NOON SAT-SUN @ 1 PM NORTH PARK
NEW WOMEN TO: CHURCH 4773 MARLBORO DR	WED @ 7 PM NORMAL HEIGHTS
MENS STAG TO: REC HM 73 N SECOND	THUR @ 6 PM CHULA VISTA

## San Diego Fellowship of Alcoholics Anonymous Balance Sheet — period ending July 31, 1995

### ASSETS

CURRENT ASSETS	
Petty Cash	\$ 150.00
Cash - Cert of Deposit	15,898.04
Cash - B of A	21,892.10
Cash - Cert of Deposit	10,669.63
Inventory	14,049.01
Prepaid Expenses	<u>1,871.21</u>
TOTAL CURRENT ASSETS	\$64,530.01
Depreciable property and equipment at cost	\$40,018.79
Less: Accumulated depreciation and amortization	<u>(36,036.00)</u>
NET DEPRECIABLE PROPERTY AND EQUIPMENT	<u>3,982.79</u>
NET PROPERTY AND EQUIPMENT	3,982.79
OTHER ASSETS:	
Deposits	<u>1,500.00</u>
TOTAL OTHER ASSETS	<u>1,500.00</u>
TOTAL ASSETS	<u>\$70,012.80</u>

### LIABILITIES AND STOCKHOLDERS' EQUITY

CURRENT LIABILITIES:	
Payroll Taxes Payable	\$ 1,489.75
Sales Tax Payable	<u>549.10</u>
TOTAL CURRENT LIABILITIES	\$ 2,038.85
OTHER LIABILITIES:	
TOTAL LIABILITIES	2,038.85
FUND BALANCES	
Special Events	1,000.00
Program Committee	300.00
General Fund (01/01/95)	79,279.75
Net Profit	<u>(12,605.80)</u>
TOTAL FUND BALANCES	67,973.95
TOTAL LIABILITY AND FUND BALANCES	<u>\$70,012.80</u>

## From The Editor:

Well things are back to normal after the convention. The phones stopped ringing off the walls down at Central Office, and I haven't been to a meeting with numerous out-of-towners introducing themselves. Yeah, things are back to normal.

There was quite a large flow of people through Central Office and it was reported that there were approximately 9,500 calls received at Central Office during the month of June. That's a lot of phone calls. Good job, to all those who volunteered.

This brings to light some functions that are performed by Central Office and should remind us of the importance of having a well staffed and functioning Central Office. Currently though, contributions are off for the year. This may be in part due to the expense that everyone incurred during the convention. It is important to support Central Office in our contributions, so that we have that resource available, not only for the fellowship at large but most importantly for the still suffering alcoholic.

I recently heard a story of when AA was young and Bill W. was voicing concerns about finances, for things like literature, and various supplies. He remarked on the fact that the popular denomination of contributions, which at the time was a dime, just wasn't enough to get by on. We may be facing one of these situations where our current popular contribution, the dollar, may just not be enough to get by on. As we continue to increase the demands on Central Office, and the prices of supplies never gets cheaper, we have to continue to increase our support. Maybe we can break that dollar barrier, who knows?

Terry P., Editor/Chairperson

# Happy Birthday

*Ann T.*

*20 years on August 23!*

*Evelyn G.*

*6 years on August 14!*

The following groups attended the August

Coordinating Council: ALLIED GARDENS DISCUSSION \* AA BY THE BAY \* AA DISCUSSION \* ANOTHER SOBER TUESDAY \* ANOTHER NEW BEGINNING \* BIG BOOK DISC \* FOUNDERS GROUP \* BACK TO BASICS \* BEACH AREA BEGINNERS TWO \* BAY PARK STEP STUDY \* CLASS ACTS \* CLAIREMONT MENS \* CLAIREMONT WOMENS \* DAWN PATROL \* DOWNTOWN DISCUSSION GROUP \* EL CAJON DAYTIME \* EL CAJON WOMEN'S SERENITY \* EAST SIDE GROUP \* EARLY BIRDS \* EAST COUNTY MENS \* FIRST MIRA MESA MENS \* FRESH START BEGINNERS \* GOLDEN HILLS SUNDAY NIGHT DISCUSSION \* HAUL YOUR HINEY OUT OF BED \* HAPPY HOUR GROUP OF EL CAJON \* HARMONY GROUP \* IMPERIAL BEACH GROUP \* LA MESA MENS \* LA MESA OPEN DISCUSSION \* LAKESIDE STEP STUDY \* LAKESIDE THURSDAY NITE \* MID WEEK MENS \* MIRA MESA EARLY RISERS \* NEW WOMENS \* NATIONAL CITY MAINTENANCE PLUS \* NORTH PARK MENS \* NOON TO ONE AA \* OLD TOWN SPEAKERS \* OVER 50 \* OUR PRIMARY PURPOSE \* POINT LOMA SUNDAY NIGHT DISCUSSION \* POSITIVE ENERGY PLUS \* PORTER HALL STRUCTURED STEP STUDY \* PACIFIC BEACH YOUNG PEOPLES \* PT LOMA AA DISCUSSION \* RULE 62 GROUP \* RAINBOW BRIDGE \* SATURDAY NIGHT FERVOR \* SATURDAY NIGHT SMOKELESS DISCUSSION \* STEP ONE GROUP \* SCRIPPS BACK TO BASICS BIG BOOK \* STADIUM GROUP \* TIERRASANTA/MURPHY CANYON AA \* WAR FEVER \* WAY UP AND OUT

## -I AM RESPONSIBLE CLUB-

No units will expire this month. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to YOUR SUPPORT. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club:"

EL CAJON DONOR CENTER  
680 FLETCHER PARKWAY, EL CAJON  
Phone — (619) 441-1804

- OR -

SAN DIEGO BLOOD BANK  
440 UPAS STREET, SAN DIEGO  
Phone — (619) 296-6393

- OR -

SOUTH BAY DONOR CENTER  
1717 SWEETWATER ROAD, NATIONAL CITY  
Phone — (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762

## LACK OF MEETINGS = NEGATIVE ATTITUDES

I have been sober in AA for nearly five years, and a great deal has happened since my first meeting.

I tried to follow the Steps to the best of my ability for the first few years. I was working at a menial job, which yielded a menial paycheck. I was single and living with three other people in a run-down house in a university town. My car was old and barely running. My social life outside of AA was nonexistent, and my future looked pretty grim.

But I was told to get on my knees each day and thank God for a sober day. I was told that the lively social life, the new cars, the fancy apartments, the prestigious jobs did not matter. What did matter was that I did not pick up one drink for one day and was grateful for my new-found physical, mental, and spiritual sobriety.

I practiced being grateful each day. I say "practiced" because, when I was an active alcoholic, my attitude and disposition had never been predisposed to being grateful and positive. So I practiced saying the words, and pretty soon I began to believe them.

Several years went by, and my life took amazing turns. I returned to school and, by the grace of God, was able to earn a master's degree. Again by the grace of God, I met and married a wonderful man who is also a recovering alcoholic. I acquired a new job, and I went to live in the house that I had always wanted.

I wish I could say that I lived happily ever after. But I soon encountered severe problems, all of which were a consequence of my attitude. I allowed my job to take precedence over AA principles, and in a short time, I was returning from work with self-pity and negative attitudes reminiscent of my old drunken self. I put the job and other materialistic elements above my sobriety. I snapped at my husband, cut back on meetings, closed the Big Book, and refrained from calling my sponsor.

One day, I came home from work with extreme anxiety, a nervous stomach, and a desire to escape. Translated, all of that means "drink." Then, I remembered something that my husband once said at a meeting: "Anything you put before your sobriety, you're going to lose."

Thank God, I remembered that. (If I hadn't, my husband would have reminded me.) I see now that mundane things are nice, but certainly not necessary to make me kind, serene and sober. My priorities were surely out of whack. I forgot from whence I came.

I hope that from now on I will be able to maintain the proper attitude and order of business in life: AA first, all else second.

*L.C., South Deerfield, Mass., Grapevine July 1980*

## In Memory Of

*Teddy H.*

*Sober 20 years, one day at a time, passed  
away on August 5th*

*Jerry G.*

*Passed away on August 9th*

## Minutes of the Coordinating Council Thursday August 10, 1995

Jim J.- Chair, called 598th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Kit K.. 5 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 50 Groups were represented, a quorum; 147 groups are registered. VISITORS: Jorge - Area Chair. M/S/C to accept the minutes as printed in the July COORDINATOR with the following correction: Amy K. and Abi M. were not present at the Program Committee meeting on 6/26/95. The Seventh Tradition collected \$49.90.

COORDINATOR NEWSLETTER: Myriam StG. - Member, reported: Committee met Wednesday, 8/10/95 at 7:05pm. PRESENT: Terry P.- Chair, Char M., and Myriam StG. Absent: Mike C. 1) Mike C. removed from Committee due to absences 2) September issue was discussed. 3) Committee needs help at the folding party. The turn-out last month was very small. 4) Committee needs 4 new members, computer knowledge helpful not required. THERE ARE A VARIETY OF JOBS NECESSARY TO PRINT, LABEL AND MAIL THE COORDINATOR. PLEASE CALL FOR MORE INFORMATION: Terry P. or Myriam StG. or Central Office.. 5) If you or your group would like to volunteer to help at the folding party, please call Terry P. at 295-5307, Myriam StG. at 596-0033 or Central Office.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 7/27/95 at 7:00 pm. PRESENT: Hans F. Chair, Darren F., Dennis J., and Jodi W. Absent: Frank R., and Lark. 1) Thanks to everyone who answered phones last month! 2) The 1st is still open. A special thanks to Dennis J. a member of the Committee who answered the phones on the 1st of August all night. 3) There will be open nights coming up in two to three months. 4) The Committee could use some help, if you are interested in working with the After Hours Phone Committee, you are welcome to come to the next meeting on at 7:00 pm, August 31, 1995. 5) If your group is interested in taking over any slots, please call Hans F. at 223-5955 or Central Office.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 4/13/95 at 6:30pm PRESENT: Julie and Ray N. 3 new coordinators were present. Absent Dave A. 1) All new Coordinators encouraged to attend.

PUBLIC INFORMATION COMMITTEE: David C. - Chair, reported: Committee met Monday, 8/7/95 at 7:00pm PRESENT: David C. Chair, Lyn J., Doug M., Michael M., Fred A., and Millie S. Absent excused: Cliff H. and Blake C. Unexcused: Randy H. 1) 5 speakers reached 270 people 2 facilities. 2) Committee contacted each person on the existing speaker list to update current speaker list. 3) David C.'s number needs to be corrected in the COORDINATOR. 4) A workshop will be held at the Central Office on Sunday Oct. 22, 1995 at 2:00 pm. 5) Committee continues it's efforts to distribute A.A. approved Public

Service Announcements and films to video stores, TV and radio. 6) There are 3 members needed for this Committee. If you are interested in joining this Committee, please contact Central Office. 7) Committee is ordering a tape of the P.I.C. workshop given at the International Convention.

PROGRAM COMMITTEE: Dean M. - Chair, reported: Committee met Monday, 7/24/95 at 6:00pm PRESENT: Dean-Chair, Anita B., Dave B., and Dave G. Absent excused: Amy K. Abi M. was absent. 1) The annual banquet will be a dinner/speaker/dance on November 18 at the Albar Temple. Flyers will be available at the following Council meeting. Tickets for dinner is \$20. There will be tickets for the dance at \$5. 2) The Committee is requesting information on potential bands for the New Year's Eve Party.

BUSINESS COMMITTEE: Robert St. C., Member reported: Committee met Tuesday, 8/8/95 at 6:00pm. PRESENT: Robert StC., Gabe L., Stu W., and Shirley A. Absent: Heather M.-Chair. ALSO PRESENT: Evelyn G., Central Office Manager and Micki S. Recording Secretary, and Joe , DCM District 6. FLYERS: M/S/C to accept a flyer District 6. P.I. COMMITTEE CANDIDATE: There were no candidates this month. Evelyn G. - COM, reported: 1) Central Office was shorthanded as Connie J. is out on medical excuse. New bank cards needed for accounts. 2) Conference for Intergroups and Central Office Managers will be in Atlanta Oct. 5-8. There will be a financial report at the next Committee Meeting 3) M/S/C to accept the Consolidated Income statement for July. 4) Thank you to Heather M. for her service she resigned; two women are needed on the Committee. OLD BUSINESS: Committee members to review, update and correct Manual of Procedures for the Business Committee. Committee will be preparing motions for the Council for any changes in the procedures which are no longer necessary or are now obsolete.

NEW BUSINESS: None

OLD BUSINESS: Elect two women to the Business Committee. Elected Mickey S. and Gretchen K. Elect members for the COORDINATOR Newsletter Committee. Elected Jim C.

AREA REPRESENTATIVE: Jorge - Area Chair: reported that the Area Big Day would be 9/16/95 at 9:00 am at 4177 Marlborough Ave.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in July

## Group Contributions in July

GROUP NAME	July	YTD
12 TRAD FOR SPIRITUAL GROWTH	0.00	10.00
A NEW WAY TO LIVE	80.00	150.43
A WOMENS MEETING	0.00	374.65
AA BY THE BAY	198.00	461.00
AA STEP STUDY	0.00	143.61
ALLIED GARDENS DISCUSSION	140.00	327.37
ALLIED GARDENS FRIDAY LUNCH	0.00	50.00
ALPINE WOMENS CANDLELIGHT	13.50	27.00
ANNUAL CHRISTMAS MEETING	0.00	15.05
ANNUAL GRATEFUL MEETING	0.00	42.78
ANOTHER NEW BEGINNING	6.07	400.00
ANOTHER SOBER TUESDAY	50.00	100.00
AS BILL SEES IT	0.00	80.00
BACK COUNTRY SOBRIETY	5.00	5.00
BACK TO BASICS	120.00	760.00
BACK TO BASICS FOR WOMEN	0.00	94.85
BACK TO BASICS STEP STUDY	10.00	10.00
BAY PARK BIG BOOK STUDY	0.00	35.00
BAY PARK STEP STUDY GROUP	0.00	159.00
BAYSIDE BIG BOOK STUDY	0.00	57.50
BEAUTIFUL BEGINNINGS	0.00	50.00
BEGINNERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK & 12 X 12 STEP STUDY	0.00	180.00
BIG BOOK DISCUSSION FOUNDERS GRP	0.00	98.00
BIRDS OF A FEATHER	75.00	75.00
BUTTERFLY GROUP	0.00	15.00
CAJON VIEW OPEN DISCUSSION	0.00	150.00
CAJON VIEW STEP STUDY	25.00	100.00
CASA DE ORO TRADITION FIVE	0.00	50.00
CEDAR STREET MENS	96.00	874.55
CHEERS	125.00	265.33
CHULA VISTA 4 MIN SPEAKERS	0.00	100.00
CHULA VISTA BEGINNERS STEP STUDY	25.00	25.00
CHULA VISTA FRIDAY NIGHT	0.00	100.00
CHULA VISTA NOON GROUP	45.82	286.90
CLAIREMONT DAYTIME STEP STUDY	0.00	50.00
CLAIREMONT MENS	0.00	1007.25
CLAIREMONT MIXED DISCUSSION	0.00	47.40
CLAIREMONT OPEN DISCUSSION	0.00	125.00
CLAIREMONT SUN NIGHT DISCUSSION	0.00	55.00
CLAIREMONT WEDNESDAY GROUP	0.00	70.00
CLAIREMONT WEDS NOON BROWN BAG	0.00	160.00
CLAIREMONT WOMENS	91.00	212.00
CLASS ACTS	138.00	300.00
CONVOY DISCUSSION	85.74	85.74
CONVOY STEP STUDY	25.00	51.50
CONVOY THURS NIGHT DISCUSSION	0.00	60.27
COORDINATING COUNCIL-CENTRAL OFFICE	47.38	478.74
CORONADO BEGINNERS AA	0.00	60.00
CORONADO BIG BOOK STUDY	0.00	45.00
CORONADO MENS	0.00	50.00
CORONADO NOONERS	40.00	145.00
CORONADO NUMBER ONE GROUP	0.00	65.00
COWLES MT SMOKELESS DISCUSSION	0.00	140.68
CREST GROUP	0.00	200.00
D.D.G.T.M.	60.00	274.67
DEERHORN GROUP	0.00	50.00
DEL MAR MONDAY LUNCH BUNCH	0.00	125.00
DIAMOND ST MENS STEP STUDY	0.00	109.00
DOWNTOWN DISCUSSION	0.00	165.00
DOWNTOWN NOON DISCUSSION	40.00	40.00
DRUNKS ONLY	0.00	1634.26
DRY DOCK #21	0.00	40.00
DULZURA LIVING SOBER	0.00	50.00
EARLY RISERS (CORONADO)	192.00	484.00
EARLY RISERS (PB)	0.00	208.67
EAST COUNTY FRIDAY SPEAKERS	13.27	13.27
EAST COUNTY MENS	0.00	50.00
EAST COUNTY SPEAKERS	0.00	100.00
EAST COUNTY WOMENS	0.00	133.79
EAST SIDE GROUP	0.00	224.00
EASY DOES IT RIDERS	0.00	358.00
EASY RISERS	0.00	0.00
EL CAJON DAYTIME	120.00	840.00
EL CAJON EARLY STARTERS	0.00	50.00
EL CAJON NAVAJO ROAD GROUP	0.00	64.47

GROUP NAME	July	YTD
EL CAJON WOMENS SERENITY	36.32	98.82
EYE OPENER GROUP	148.00	533.00
FLETCHER HILLS SMOKELESS	50.00	230.00
FOURTH & BROOKES WOMENS	60.00	60.00
FREE ON FRIDAY	0.00	638.00
FREE TO BE	46.13	307.39
FRESH AIR FRIDAY	0.00	220.00
FRI NITE CEDAR ST	0.00	86.56
FRIDAY MORNING WOMENS	0.00	179.00
FRIDAY NIGHT LIVE BIG BOOK	38.00	138.00
FRIDAY NIGHT MENS	0.00	301.95
FRIDAY NIGHT WOMENS	0.00	25.00
FRIDAY NITE WEEKS END	75.00	75.00
FRIDAY NOONERS	0.00	73.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP-TUES	0.00	163.15
GOLDEN HILLS SUN DISCUSSION	0.00	15.91
GOOD NEWS GROUP	0.00	46.29
GREAT FACT GROUP	0.00	156.00
GRINGO (ENGLISH)	0.00	40.00
GROVE BREAKFAST MEETING	15.00	15.00
HAND IN HAND CLOSED STEP STUDY	0.00	10.00
HAPPY HOUR WOMENS SPEAKER	0.00	70.00
HAPPY HOUR-AND-A-HALF	0.00	108.60
HAUL YOUR HINEY OUT OF BED	32.21	32.21
HI-NOONERS	79.50	139.50
HIGH BOTTOM GROUP	5.00	5.00
HOW IT IS	0.00	20.00
HOW IT IS NOW SPEAKERS	100.00	210.00
HOW IT IS TODAY	200.00	1334.50
I NEED A MEETING MEETING	0.00	516.67
IMPERIAL BEACH GROUP	0.00	20.00
IMPERIAL GROUP	0.00	70.00
IMPERIAL MENS GROUP	0.00	10.00
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	60.00
JUST US GIRLS	0.00	84.05
KEARNY MESA NIGHT HOWLERS	0.00	10.00
KEEP COMING BACK	0.00	50.00
LA JOLLA BIG BOOK	0.00	120.00
LA JOLLA DISCUSSION GROUP	0.00	161.95
LA JOLLA LUNCH BUNCH	0.00	45.00
LA JOLLA MENS	0.00	204.75
LA JOLLA MIDDAY	0.00	70.00
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA MONDAY WOMENS GROUP	0.00	350.00
LA JOLLA NONSMOKERS DISC	0.00	823.39
LA JOLLA PATIO GROUP-FRI	50.00	125.00
LA JOLLA PATIO GROUP-THUR	100.00	121.25
LA JOLLA PATIO GROUP-WED	0.00	250.50
LA JOLLA PUMP HOUSE GROUP	0.00	685.00
LA JOLLA SOLEDAD MENS	0.00	160.30
LA JOLLA SPEAKERS	0.00	615.22
LA JOLLA STEP STUDY	0.00	135.00
LA JOLLA THURSDAY NIGHT	0.00	382.50
LA MESA BIG BOOK	0.00	170.00
LA MESA MENS	0.00	50.00
LA MESA MONDAY NIGHT WOMENS	0.00	227.00
LA MESA OPEN DISCUSSION	0.00	246.00
LA MESA STEP STUDY WORKSHOP	0.00	101.25
LAKESIDE STEP STUDY	77.00	77.00
LAKESIDE THURSDAY NIGHT	0.00	120.00
LEMON GROVE SPEAKERS	0.00	150.00
LEXINGTON BIG BOOK STUDY	50.00	100.00
LITTLE APPLE GROUP	0.00	95.00
LIVING FREE	0.00	850.00
LIVING PROOF GROUP	0.00	50.00
LOMA PORTAL DISCUSSION	0.00	61.67
LOTUS WOMENS CLOSED	0.00	60.00
LOVE AND TRUTH 12 X 12 S/S	0.00	25.00
LUNCH GROUP	0.00	300.00
LUNCH WITH BILL W BUNCH	0.00	50.00
LUNCHEON GROUP	0.00	100.00
MAPLE ST STEP STUDY WORKSHOP	0.00	130.00
MEDICINE WHEEL	0.00	250.00

## Group Contributions in July

GROUP NAME	July	YTD
MENS STRUCTURED STEP STUDY	0.00	50.00
MID-WEEK MENS	12.50	112.50
MIRA MESA EARLY RISERS	20.72	136.53
MIRA MESA FRIDAY NIGHT	0.00	35.00
MIRA MESA WOMENS	0.00	77.59
MISSION BAY MIXED	0.00	40.00
MISSION BAY SPEAKERS	0.00	60.00
MISSION POSSIBLE	0.00	35.00
MIXED NUTS	0.00	70.00
MON EVE SMOKELESS DINNER	0.00	185.00
MONDAY MENS CUT LEVEL GROUP	0.00	25.00
MOTHER EARTH GROUP	43.88	43.88
MOTHER EARTH VIEJAS REZ	0.00	3.00
NAS-NI-NAD NOONERS	0.00	50.00
NEW BEGINNINGS	0.00	10.00
NEW HOPE	0.00	25.00
NEW WOMEN	0.00	165.00
NO B.S. MENS	0.00	40.00
NOON AT THE GROVE	0.00	150.00
NOON TO ONE AA	0.00	25.00
NOONERS ANONYMOUS	100.00	100.00
NORTH PARK MENS	0.00	212.50
NORTH SHORES BREAKFAST	50.00	50.00
NORTH SHORES SPEAKERS	0.00	12.00
NORTH SHORES THURS NIGHT DISC	0.00	50.00
OLD TOWN MAINSTREAM	343.20	343.20
OLD TOWN SPEAKERS	0.00	360.00
ONE DAY AT A TIME BEGINNERS	0.00	45.00
ONE STEP AHEAD	0.00	65.00
ONE STEP AT A TIME RUNNERS	0.00	20.00
OPEN MINDED MENS	0.00	100.00
ORIGINAL ANONYMOUS ANONYMOUS	0.00	60.00
OUR PRIMARY PURPOSE	0.00	41.98
OVER 50	0.00	50.00
PACIFIC BEACH	0.00	150.00
PACIFIC BEACH WEEKEND WARMUP	0.00	600.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40
PARADISE HILLS	0.00	25.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	25.00
PASS IT ON GROUP	0.00	143.00
PATTERNS IN SOBRIETY	0.00	268.00
PEACHTREE MEETINGS	0.00	62.50
PENASQUITOS BIG BOOK	0.00	12.50
PENASQUITOS DISCUSSION	19.67	59.07
PENASQUITOS STEP STUDY	0.00	12.50
POINT LOMA AA DISCUSSION	0.00	500.00
POINT LOMA MENS	180.00	340.00
POINT LOMA SATURDAY MORNING	0.00	270.00
PORTER HALL GROUP	0.00	200.00
PORTER HALL STRUCTURED S/S	0.00	145.00
PRIMARY PURPOSE GROUP	0.00	51.60
PROFESSIONAL GROUP	0.00	30.00
PT LOMA WOMENS DISCUSSION	50.00	293.11
RAINBOW BRIDGE	0.00	115.00
RAINBOW MEETING	0.00	7.30
RAMONA MONDAY NIGHT	0.00	37.50
ROUND TABLE DISCUSSION	0.00	75.00
SAFE SANE AND SOBER	0.00	150.00
SAN CARLOS SINGLE PURPOSE	0.00	200.00
SAN CARLOS STEP STUDY	0.00	137.50
SAN DIEGO DOCTORS STEP STUDY	0.00	100.00
SANTEE BIG BOOK STUDY	21.75	126.56
SANTEE SERENITY GROUP	20.00	160.00
SANTEE SUNDAY NITE SMOKELESS	0.00	158.00
SANTEE THURSDAY CLOSED MIXED	100.00	385.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	100.00
SAT NIGHT EARLY DISCUSSION	0.00	325.00
SAT NIGHT SMOKELESS DISCUSSION	50.00	170.00
SAT NOONERS OPEN DISCUSSION	0.00	21.60
SATURDAY AM LIVE	0.00	90.00
SATURDAY MENS	0.00	160.00
SATURDAY NIGHT FERVOR	0.00	36.00
SCRIPPS RANCH BACK TO BASICS	0.00	123.00
SENIOR SERENITY MEETING	0.00	116.00
SERENDIPITY WOMENS	0.00	120.00
SERENITY BY THE SEA	33.00	234.00

## Group Contributions in July

GROUP NAME	July	YTD
SIXTH AND NUTMEG SPEAKERS	45.00	145.00
SLOW LEARNERS	0.00	10.00
SMOKEFREE LA MESA WOMENS	0.00	120.00
SMOKELESS DRUNKS LUNCHEON	0.00	150.00
SOBER NOONERS	0.00	25.00
SOBER SERENITY SMOKERS	0.00	60.00
SOBRIETY SEEKERS STEP STUDY	0.00	20.00
SOBRIETY WORKING FOR WOMEN-W	26.58	99.68
SOLE PURPOSE GROUP	0.00	100.00
SOLUTIONS IN THE MORNING	0.00	40.25
SOUTH BAY GUYS & GALS DISC	0.00	27.00
SPRING VALLEY STEP STUDY	0.00	125.00
STADIUM GROUP	0.00	10.00
STEPS TO RECOVERY	0.00	37.50
SUNDAY BEACH SUN-DAY	0.00	188.50
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	40.00
SUNDAY KIND OF LOVE	72.50	72.50
SUNDAY MIDDAY	0.00	150.00
SUNDAY MORNING SPIRITUAL MEETING	0.00	150.00
SUNDAY MORNING SUNSHINE	0.00	50.00
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY NIGHT SPEAKERS	0.00	110.00
SUNDAY SERENITY	80.00	446.00
SUNDAY WOMENS GROUP	0.00	0.00
SURVIVORS GROUP	0.00	140.00
SWEET GRASS	106.00	322.00
T.G.I.S.	0.00	60.00
TALBOT STREET	0.00	290.00
THE OTHER MEETING	0.00	200.00
THE WOMENS ROOM	0.00	60.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	22.50
THURSDAY MORNING MEETING	0.00	175.00
THURSDAY NIGHT SOBRIETY	0.00	150.00
THURSDAY NIGHT STEPPERS	0.00	30.00
THURSDAY NIGHT WOMENS SPEAKERS	0.00	38.00
THURSDAY PROMISES PROMISES	0.00	196.34
THURSDAY STEPS	0.00	100.00
TIERRASANTA BIG BOOK STUDY	0.00	150.00
TOP OF THE HILL	0.00	200.00
TORREY PINES OPEN DISC	0.00	110.00
TORREY PINES THURS NITE DISC	50.00	50.00
TUES NIGHT BIG BOOK STEP STUDY	0.00	62.25
TUESDAY MORNING ALPINE	40.00	80.00
TUESDAY NIGHT PARTICIPATION	0.00	50.00
TUESDAY NIGHT STEPPERS	55.00	55.00
TUESDAY NIGHT WOMENS	0.00	100.00
TWELVE TO GROW ON	0.00	140.00
TWO-BIT SPEAKERS	0.00	78.78
UNIVERSITY CITY DISCUSSION	0.00	25.00
UNIVERSITY CITY WOMENS	0.00	316.80
WAKE UP CALL	0.00	6.00
WAR FEVER	65.00	85.00
WARM AND FRIENDLY	150.00	255.00
WATER WALKERS TOO!	0.00	100.00
WAY UP AND OUT	0.00	120.00
WE ARE SURVIVORS	0.00	60.00
WE NEED PEOPLE GROUP	0.00	150.00
WE'VE COME A LONG WAY	0.00	40.00
WEDNESDAY NIGHT ISLANDERS	60.00	125.00
WEDNESDAY NITE AT THE HOUSE	0.00	30.00
WEDNESDAYS WINNERS CIRCLE	170.00	340.00
WHAT NOW?	0.00	165.00
WOMENS ASK IT BASKET	0.00	5.60
WOMENS CANDLELIGHT MEETING	0.00	50.00
WOMENS STEP STUDY	0.00	90.00

In 1955, Bill W. wrote:

"Concerning any given service, we must propose the question: "Is this service really needed?"

**Your Central Office answered over 6,000 calls in the month of July, over 200 12th step calls.**

"If it is, then maintain it we must, or fail in our mission to those who seek A.A."

**Central Office needs your Contributions.**

## SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND SIX MONTHS ENDED JUNE 30, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 4,453.36	99.7	\$40,644.14	84.9	\$ 44,404.69	\$ (3,760.55)	91.5
Buck-A-Month	82.00	1.8	469.00	1.0	514.00	(45.00)	91.3
Individual Donations	21.00	.5	1,821.38	3.8	3,015.04	(1,193.66)	60.4
Cert. of Deposit - Interest	.00	.0	286.74	.6	225.21	61.53	127.3
Program income	.00	.0	645.00	1.4	.00	645.00	.0
Other Income	(89.35)	(2.0)	3,990.65	8.3	3,160.00	3,674.65	1262.9
<b>TOTAL INCOME</b>	<b>4,467.01</b>	<b>100.0</b>	<b>47,856.91</b>	<b>100.0</b>	<b>48,474.94</b>	<b>(618.03)</b>	<b>98.7</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	28.9	\$ 9,030.00	18.9	\$10,802.00	\$ (1,772.00)	83.6
Utilities	302.68	6.8	2,073.78	4.3	2,179.03	(105.25)	95.2
Wages	4,547.66	101.8	30,180.62	63.1	26,892.12	3,288.50	112.2
Accrued Payroll Taxes	368.83	8.3	3,047.12	6.4	2,852.73	194.39	106.8
Health Insurance	340.00	7.6	2,430.00	5.1	1,065.00	1,365.00	228.2
Telephone	246.81	5.5	2,197.36	4.6	1,892.60	304.76	116.1
Office Supplies	288.63	6.5	6,195.10	13.0	3,952.52	2,242.58	156.7
Bulk Postage	150.00	3.4	1,125.00	2.4	800.00	325.00	140.6
Return Postage	50.00	1.1	200.00	.4	100.00	100.00	200.0
Repairs & Maintenance	.00	.0	918.10	1.9	1,307.23	(389.13)	70.2
Insurance - W/C and Liab.	88.25	2.0	783.63	1.6	1,104.26	(320.63)	71.0
Auto/Travel/Seminar	349.18	7.8	1,488.76	3.1	887.70	601.06	167.7
Legal & Audit	200.00	4.5	3,600.00	7.5	3,600.00	.00	100.0
Cash (Over)/Short	44.51	1.0	13.38	.0	73.66	(60.28)	18.2
Depreciation	300.00	6.7	2,100.00	4.4	1,988.00	112.00	105.6
Bad debt	.00	.0	100.00	.2	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>8,566.55</b>	<b>191.8</b>	<b>65,482.85</b>	<b>136.8</b>	<b>59,644.85</b>	<b>5,838.00</b>	<b>109.8</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 291.71	6.5	\$ 2,703.71	5.7	\$ 2,123.04	\$ 580.67	127.4
Program Committee	.00	.0	165.73	.4	15.76	149.97	1051.6
Public Information Committee	10.55	.2	449.85	.9	678.47	(228.62)	66.3
Coordinating Council	15.00	.3	75.00	.2	498.88	(423.88)	15.0
Other expense	.00	.0	6,643.29	13.9	.00	6,643.29	.0
<b>TOTAL COMMITTEE EXPENSE</b>	<b>317.26</b>	<b>7.1</b>	<b>10,037.58</b>	<b>21.0</b>	<b>3,316.15</b>	<b>6,721.43</b>	<b>302.7</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(4,416.80)</b>	<b>(98.9)</b>	<b>(27,663.52)</b>	<b>(57.8)</b>	<b>(14,486.06)</b>	<b>(13,177.46)</b>	<b>191.0</b>
Sales Income (SEE SCH)	\$ 8,297.66	185.8	\$ 45,039.34	94.1	\$50,407.61	\$ (5,368.27)	89.4
Cost of Sales (SEE SCH)	(5,405.97)	(121.0)	(29,981.62)	(62.7)	(33,396.65)	3,415.03	89.8
<b>NET INCOME (LOSS)</b>	<b>\$ (1,525.11)</b>	<b>(34.1)</b>	<b>\$ (12,605.80)</b>	<b>(26.3)</b>	<b>\$ 2,524.90</b>	<b>\$ (15,130.70)</b>	<b>(499.3)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 183.00	4.1	\$ 1,662.50	3.5	\$ 1,296.00	\$ 366.50	128.3
Cost of Tokens	90.28	2.0	954.48	2.0	640.84	313.64	148.9
Net Inc. Tokens	92.72	2.1	708.02	1.5	655.16	52.86	108.1
Revenue from Books	\$ 4,411.95	98.8	\$27,253.78	57.0	\$32,032.80	\$ (4,779.02)	85.1
Cost of Books	3,183.49	71.3	19,606.58	41.0	22,870.33	(3,263.75)	85.7
Net Inc. Books	1,228.46	27.5	7,647.20	16.0	9,162.47	(1,515.27)	83.5
Revenue from Pamphlets	\$ 404.34	9.1	\$ 3,104.74	6.5	\$ 4,075.68	\$ (970.94)	76.2
Cost of Pamphlets	247.27	5.5	1,899.05	4.0	2,500.29	(601.24)	76.0
Net Inc. Pamphlets	157.07	3.5	1,205.69	2.5	1,575.39	(369.70)	76.5
Revenue from Cassettes/Misc.	\$ 434.35	9.7	\$ 3,510.38	7.3	\$ 6,063.30	\$ (2,552.92)	57.9
Cost Cassettes/Misc.	352.68	7.9	2,300.51	4.8	3,637.94	(1,337.43)	63.2
Net Inc. Cassettes/Misc.	81.67	1.8	1,209.87	2.5	2,425.36	(1,215.49)	49.9
Revenue from Schedules	\$ 2,864.02	64.1	\$ 9,507.94	19.9	\$ 6,939.83	\$ 2,568.11	137.0
Cost of Schedules	1,532.25	34.3	5,221.00	10.9	3,747.25	1,473.75	139.3
Net Inc. Schedules	1,331.77	29.8	4,286.94	9.0	3,192.58	1,094.36	134.3
<b>Total Income from Sales</b>	<b>\$ 2,891.69</b>	<b>64.7</b>	<b>\$15,057.72</b>	<b>31.5</b>	<b>\$17,010.96</b>	<b>\$ (1,953.24)</b>	<b>88.5</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
YOU into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

JOIN US  
fill out this form and  
send your \$12 today



check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

STATE

ZIP

ADDRESS

APT #

NAME



# HAPPENINGS

38th International conference of  
Young People in Alcoholics Anonymous  
**"KE MAKEMAKE NEI E HELE MAU"**  
(WILLING TO GO TO ANY LENGTH)  
AUGUST 31<sup>ST</sup> THRU SEPTEMBER 3<sup>RD</sup>, 1995  
IN HONOLULU HAWAII  
ALL AGES WELCOME!!  
INFO (808) 263-3254 — TTY-  
TDD (808) 423-9958  
flyer at central office

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**LIVING SOBER 1995**  
SEPTEMBER 1, 2, 3, & 4 (labor day weekend)  
FASHION CENTER  
699 Eighth Street at Townsend  
San Francisco, California  
TWENTY YEARS OF LIVING SOBER  
flyer at central office

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**THE SPIRIT SAN FRANCISCO**  
3<sup>rd</sup> Annual AA Covention / with Al-Anon  
participation  
September 22, 23, 24, 1995  
St. Mary's Cathedral &  
Cathedral Hill Hotel  
Speakers, Dance, Marathon Meetings &  
Fellowship  
flyer at central office

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## CONCEPT II

When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference — excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter — the actual voice and the effective conscience for our whole society.

11<sup>th</sup> Annual Laguna Mtn.  
**Harvest Moon Kickback**  
Sep 22, 23, & 24  
LAKE HENSHAW  
Meetings, fishing tournament, motorcycle poker  
run, chili cook off, vollyball, & more.  
flyer at central office

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**21<sup>st</sup> Annual Woman to Woman**  
Oct. 6, 7, 8  
on MISSION BAY @  
PRINCES RESORT

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**Progress, Not Perfection**  
1995 ARIZONA AREA CONVENTION  
OCT 27, 28, 29, 1995  
Yuma County Civic & Convention Center  
YUMA, AZRIZONA  
INFO (520) 782-2605  
flyer at central office

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**INLAND EMPIRE**  
8TH ANNUAL CONVENTION  
OCT 27, 28, 29, 1995  
Hilton Hotel  
San Bernadino, California  
COURAGE TO CHANGE  
flyer at central office

## Fold & Label

Thanks to everyone who turned out for the fold & label party. If you would like to make a group commitment please contact the Coordinator editor. Thanks to: Jon H., NSAC Monday Nite Mens; Bill S., Eyeopener; Charles, Battery Charges; Stu W.; David S., Harrie H., Barbara P., David T., & Carol M., Sothern California Convention; Barbara S., Friday Nite Live Big Book; Barbara N., Inter Nots; Char, & Amy. Thanks all!!!



## Speaker Meetings

**Cedar Street Speakers** 8:15PM TUE  
 -Pathfinders, 2980 Cedar Street Golden Hill

Sep 5	Frank K.	Ocean Beach
Sep 12	Gail B.	Ocean Beach
Sep 19	Rob B	Ocean Beach
Sep 26	Betha	Temecula

**Central Group Speakers** 8:00PM WED  
 -YWCA, 1012 "C" St. Downtown

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
 -NRC, 7601 Convoy Court Clairemont/Kearny Mesa

**Coronado Wednesday Speaker** 8:00PM WED  
 -Church, 700 "D" Avenue Coronado

**East County Fri. Nite Speakers** 8:00PM FRI  
 -Church, Los Coches & Ha Hana Road Lakeside

**East County Saturday Speakers** 8:15PM SAT  
 -Church, 867 Lincoln Street El Cajon

Sep 2	Margaret S.	Fallbrook
Sep 9	Peg & Dick W.	Oceanside
Sep 16	Baldy	Pasadena
Sep 23	Cliff R.	Oceanside
Sep 30	Mike R.	Lakeside
Oct 7	Mike M.	Huntington Beach

**Easy Does It Speakers** 8:00PM FRI  
 -Church, 2770 Glebe Road Lemon Grove

Sep 1	Jim N.	Dana Pt.
Sep 8	T.B.A.	
Sep 15	Linda Mc.	Santa Monica
Sep 22	Jeannette C.	West L.A.
Sep 29	Bobby B.	Long Beach
Oct 6	Gloria D.	Long Beach

**Fireside Group** 8:00PM WED  
 -Club, 6901 Central Ave. Lemon Grove

Aug 30	Peter F.	San Diego
Sep 6	Laura	San Diego
Sep 12	Lisa	San Diego
Sep 20	Steve C.	San Diego
Sep 27	Kay	San Diego

**Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
 -Harmony, 6150 Mission Gorge Rd #116 Grantville

**Good News Gut Level Speakers** 8:30PM TUE  
 -North Shores Alano, 4861 Cass St Pacific Beach

**Lemon Grove Speaker Group** 7:00PM SAT  
 -Church, 2770 Glebe Road Lemon Grove

Sep 2	Noel C.	Brawley
Sep 9	Jonh W.	Los Angeles
Sep 16	Bob L.	Glendale
Sep 23	Jim I.	Los angeles
Sep 30	Chris F.	Rancho Bernardo
Oct 7	Charlene E.	LA.Jolla

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
 -USD Founders Hall #124 Linda Vista/Alcala Park

Sep 2	Tom P.	San Diego
Sep 9	Jennifer R.	San Diego
Sep 16	Kim G.	San Diego
Sep 23	Rubin G.	San Diego
Sep 30	Rufus E.	San Diego
Oct 7	Carol D.	San Diego

**Mission Hills Speaker Meeting** 8:15PM THUR  
 -Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
 -Alano Club, 4861 Cass St. Pacific Beach

Sep 2	Liz H.	San Diego
Sep 9	Mickey B.	N. Hollywood
Sep 16	Alitia	San Diego
Sep 23	Dave P.	San Diego
Sep 30	Linda	Mission Valley

**O. B. Friday Night Speakers** 8:30PM FRI  
 -O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
 -Union Hall, 5150 Kearny Mesa Road Kearny Mesa

Sep 3	Dick O.	Fallbrook
Sep 10	Micheal B.	Carlsbad
Sep 17	Bob D.	Santa Monica
Sep 24	Rachel L.	Long Beach

**Participation In Recovery Spkrs** 8:00PM SAT  
 -Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
 -Church, 2728-6TH Avenue Bankers Hill/Balboa Park

**South Bay Speakers Open Mixed** 8:00PM SAT  
 -Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
 -Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
 -Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM... TNX!!!

Continued from page 1

Rotation, one of the blessed safeguards of our fellowship, applies not only to groups but to central offices and intergroups, committees, and board. It provides for limited terms of office, thus assuring the next person the same chance at recovery that we had. It is also designed to help us keep the emphasis on the principles before personalities by avoiding the trap of thinking we are the only ones who can do a given job. Rotation is also applied to staff assignments at GSO (the AA General Service Office). In that way, no one staff member becomes *the* expert on a given subject; the whole staff becomes that much more familiar with our society's problems and their solutions; and our fellowship gains in the end.

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*"The Conference represents us,  
but cannot rule us"*

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Rotation applies throughout our general service structure. The levels of the structure start with the group and moves by stages to the General Service Conference. From there, they move back to the group, the solid basis from which all general or worldwide service proceeds. A capsule picture of this structure might be in order here.

If a group wants to have a representative at the conference, it elects a GSR (general service representative).

GSRs in a given district elect a DCM (district committee member). The DCMs from a given area form the area committee, where among other activities, problems affecting the membership are gathered to be brought to the conference. Once every two years, the GSRs and the DCMs come together in an area assembly to elect an area delegate. The delegate brings his or her area problems to the Conference but is not there solely to represent one area. Each delegate's actions and voting will be directed toward the best interests of AA as a whole.

The General Service Conference meets annually in New York. Groups in the United States and Canada send 91 delegates, via area assemblies, to discuss AA business. Conference discussion and its resulting Advisory Actions cover an extraordinarily wide range of subjects. Other members of the conference are the General Service Board (trustees), the GSO and Grapevine staffs, and the boards of AA World Services, Inc., and the Grapevine, Inc.

Here is a very important note about the conference. In *The AA Service Manual*, Bill W. wrote that "while the

conference can issue orders to the General Service Office, it can never mandate or govern the Society of Alcoholics

Anonymous which it serves. *The Conference represents us, but cannot rule us.*"

GSO is located in New York. One of the multitude of services it provides is to coordinate and arrange the annual conference. A trip to GSO is a memorable occasion for AAs visiting New York from all parts of the world.

Some of us (and I used to be one) have trouble with the facts that the AA Grapevine, which publishes our monthly magazine, is incorporated and AA World Services, which publishes our Conference-approved literature, is also incorporated. I used to cite those two organizations as proof positive that AA was indeed organized. With time, I came to recognize that we as AAs do not exist in a vacuum — that we are subject to local and state laws. By complying with those laws and incorporating as legal entities, both the Grapevine and AAWS vastly improved their capability of serving us, which is the only reason for their existence in the first place.

The Ninth Tradition is concerned primarily with our fellowship as a whole. But it does have a personal application, too. I must have order in my personal life, and I am willing to go to any length to secure it. The achievement of one of my paramount desires, peace of mind, seems to come about as a direct result of discipline (self-organization) in my thinking, in my emotional views, and in my spiritual outlook. My sobriety depends on the well-being and the good, orderly direction of those several aspects of my makeup.

I gained a fresh view of the Traditions one evening when I was scheduled to speak at an AA meeting. Because I had not planned my time carefully, I had to rush, and my thoughts were scattered when I arrived at the group. I heard myself say to the chairman, "Please give me a minute to get myself organized."

W.H., Manhattan, N.Y., *Grapevine Jun 82*

## *Search for Motives*

Some of us clung to the claim that when drinking we never hurt anybody but ourselves. Our families didn't suffer, because we always paid the bills and seldom drank at home. Our business associates didn't suffer, because we were usually on the job. Our reputations didn't suffer, because we were certain few knew of our drinking. Those who did would sometimes assure us that, after all, a lively binder was only a good man's fault. What real harm, therefore, had we done? No more, surely, than we could easily mend with a few casual apologies.

This attitude, of course, is the end result of purposeful forgetting. It is an attitude which can be changed only by a deep and honest search of our motives and actions.

As Bill Sees It, page 64

# The San Diego

# AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

*"We can try to stop making unreasonable demands upon those we love. We can show kindness where we had shown none. With those we dislike we can begin to practice justice and courtesy, perhaps going out of our way to understand and help them."*

## October 1995

### A DAY WITHOUT REGRETS

#### INSIDE . . .

-October Calendar  
of Events

-Special Announcements

-Meetings In Motion,  
Speaker Meetings, Step  
Studys

-September Coordinating  
Council Minutes

-Group Contributions  
in the month of  
September '95

Until someone suggested I write an article about Step Ten, I had not been aware that this is not really one of my favorite Steps. For one thing, it's so *daily*.

It's easier to admit powerlessness, to come to believe, to make a decision, to make a list—do some major cleanup on oneself, then move on to bigger and better things like carrying the message and writing instructive articles explaining the program to people who may not be catching all the nuances because they aren't as bright as I am.

It's okay to admit privately that a lot one's past behavior was counterproductive to a rich, fulfilling life, and then to confess as much in dramatic or pitiful or humorous cadences. But to go through all this every day! To cast a judicious eye over how you have comported yourself, not in the past, but in the *present*, trying to be honest about what have done this day!

No wonder this is not a Step I've pondered over frequently. It's one thing to be brave about the Fourth Step. After all, that deals with the *past*. The defects that began to loom up out of the alcohol-saturated mists of my history--such as irresponsibility toward duties I had freely accepted, nay, actually sought, insensitivity, not to say blindness, about how my actions were affecting others--well, all those failings were due to the effect of alcohol on my brain. Weren't they?

After a while, however, this pesky Step makes you wonder a little. One year, five years, ten--without a drop of alcohol to muddle and distort my mental processes -- and I *still* thought mostly in terms of "Will this course of action interfere with my comfort and pleasure?" rather than, "Am I selfishly hurting someone else for the sake of an ephemeral few moments of personal ego gratification?"

Because, *now*, it is *me*, not booze, that causes me to conduct myself in ways that leave me feeling ashamed, and which often rebound to my own disadvantage by alienating people with whom I need to be on good terms. Furthermore, there seems to be a consensus in Alcoholics Anonymous that one's own psychological makeup predisposed one toward drinking to excess in the first place and that only by working oneself out of those traits of character can one be reasonably certain never again to have to undergo the horror of waking up debilitated, dehydrated, aching, and in despair.

The whole thing was also sometimes complicated by the fine line between faults and virtues. What is necessary and good for my own individual survival often conflicts with what is necessary to the functioning of whatever group of human beings I happen to be dependent on and without whom I could not survive at all.

*Continued on page 11*



## Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762

Office & Bookstore 9AM-5PM Monday - Saturday  
 OFFICE MANAGER -- EVELYN G.  
 ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .443-2608
Council Assistant Chair	Kathy D.-S298-2636
After Hours Phones	Hans F. . . 223-5955 Evelyn G. .265-8762
Business Committee Chair	Heather M273-7234
New Coordinators (Council)	Ray . . . . . 693-8643
Program Committee	Dean M. . . 229-0438
Public Information Committee	David C. . . 994-9051
Young People's Committee	Lejon R. . . 421-3680
Area Assembly	
Delegate	Marco R. . 264-8648
Alt Delegate	J. P. . . . . 942-3434
Area Chair	Jorge . . . . 566-7134
S. D. A. I. C. (Hospitals & Institutions)	
Director	Sue S. . . . 443-6657
Co-Director	Ed G. . . . .292-9245

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Keep it Simple

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### STEP TEN:

Continue to take personal inventory and when we were wrong promptly admitted it.

### TRADITION TEN:

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

The San Diego A. A. Coordinator is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from *The Grapevine* are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

#### THE SAN DIEGO AA COORDINATOR COMMITTEE

Editor

TERRY P.  
295-5307

Chairman  
MYRIAM S.  
596-0033

#### CONTRIBUTING EDITORS

CHAR M.

ALL ANNOUNCEMENTS AND ARTICLES  
 ARE DUE BY THE MONDAY FOLLOWING  
 THE SECOND THURSDAY OF THE MONTH.  
 (Monday after the Coordinating Council Meeting)

# MEETINGS IN MOTION

## NEW MEETINGS

MAPLE STREET NOONERS  
CLINIC 4TH & MAPLE

TUES @ 12 NOON  
SAN DIEGO

TUES CAME TO BELIEVE  
CLUB 9545 KEARNY VILLA RD #105

TUES @ 12 NOON  
MIRA MESA

CAMPO 4 CORNERS  
CLINIC S-I-H-C BIA RD

WEDS @ 12 NOON  
CAMPO

WE AGNOSTICS  
CLUB 1730 MONROE AVE

SUN @ 5 PM  
SAN DIEGO

## CANCELLED MEETINGS

WAKE UP CALL  
SERV CTR 5029 W POINT LOMA BL

DAILY M-F @ 7 AM  
OCEAN BEACH

NEW HOPE  
BALBOA PARK NAVAL STA

THURS @ 7 PM  
SAN DIEGO

HOW IT WORKS STEP STUDY  
RC 2225 VICTORIA DR

THURS @ 8 PM  
ALPINE

## RELOCATED & TIME CHANGE

WATER WALKERS  
CHURCH 2300 BANCROFT DR

NOW ON THURS @ 6 PM  
SPRING VALLEY

CEAD MILE FAILTE DN  
From: CHURCH 4369 46TH ST  
To: CHURCH-(upper level) 2111 CAMINO DEL RIO SO

TUES @ 7:30 PM  
SAN DIEGO  
MISSION VALLEY

SATURDAY NITE SPECIAL  
From: CENTER 2751 ALPINE BL  
To: COMM CENTER TAVERN RD & ALPINE BL

SAT @ 7:30 PM  
ALPINE  
ALPINE

BATTERY CHARGERS  
From: HOSPITAL 6535 ALVARADO RD  
To: CAMPUS-(bldg E) 9000 WAKARUSA

SUN @ 9 AM  
LA MESA  
LA MESA

The following groups attended the September Coordinating Council: ALLIED GARDENS DISCUSSION \* ANOTHER SOBER TUESDAY \* ALLIED GARDENS STEP STUDY \* ANOTHER NEW BEGINNING \* BIG BOOK DISC FOUNDERS GROUP \* BATTERY CHARGERS \* BACK TO BASICS \* BEACH AREA BEGINNERS TWO \* BAY PARK STEP STUDY \* CEDAR STREET MENS \* CLAIREMONT MENS \* CLAIREMONT WOMENS \* DRY DOCK 21 \* DOWNTOWN DISCUSSION GROUP \* DOUBLE DOSE OF SERENITY \* EL CAJON DAYTIME \* EL CAJON WOMEN'S SERENITY \* EAST SIDE GROUP \* EARLY BIRDS \* EAST COUNTY MENS \* EYE OPENER GROUP \* EASY DOES IT SPEAKERS \* FIRST MIRA MESA MENS \* FRIDAY NIGHT MENS \* FRIDAY MORNING WOMANS \* FRESH START BEGINNERS \* HAUL YOUR HINEY OUT OF BED \* HAPPY HOUR GROUP OF EL CAJON \* HARMONY GROUP \* LA MESA MENS \* LA MESA OPEN DISCUSSION \* LITTLE APPLE GROUP \* LA JOLLA MENS \* MIRA MESA FRIDAY NIGHT \* MIRA MESA WOMENS \* MIRA MESA SUNDAY MORNING MENS \* MID WEEK MENS \* MIRA MESA EARLY RISERS \* NATIONAL CITY MAINTENANCE PLUS \* NORTH SHORES MENS \* NORTH PARK MENS \* OLD TOWN SPEAKERS \* OCEAN BEACH TUESDAY \* OUR PRIMARY PURPOSE \* POINT LOMA MENS \* PROFESSIONAL GROUP \* POSITIVE ENERGY PLUS \* PT LOMA AA DISCUSSION \* RULE 62 GROUP \* SAN CARLOS SINGLE PURPOSE \* SIXTH M& NUTMEG SPEAKERS \* STEP ONE GROUP \* SCRIPPS BACK TO BASICS \* BIG BOOK \* SERENDIPITY \* TIERRASANTA/MURPHY CANYON AA \* TUESDAY NIGHT BIG BOOK STEP STUDY \* TALBOT STREET \* WET BEHIND THE EARS

## CONCEPT III

As a traditional means of creating and maintaining a clearly defined working relationship between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

# IN MEMORY OF

## TOM K.

ALWAYS A HELPING HAND AT CENTRAL OFFICE

Sober since 10 Oct 1993

PASSED AWAY ON 18 AUG

He will be truly missed

**Inventory:** a list of traits, preferences, attitudes, interests, or abilities used to evaluate personal characteristics or skills.

**Promptly:** being ready and quick to act as occasion demands.

# Happy Birthday

## Good Morning AA

Bill M.	22 years	26 Aug
Bill E.	7 years	5 Aug
Glen J.	4 years	8 Aug

## Senior Serenity

Marty	36 years	16 Aug
Joe	36 years	17 Aug

## Step Study of Chula Vista

Ann Theresa E.	20 years
Kristen W.	3 years
Bruce L.	2 years
Guadalupe	1 years
Jim P.	1 years

## Sunday Grove Breakfast Meeting

Pual W.	10 years
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Happy birthday everyone!!!

## From the editor

Well, this is my last month to edit the Coordinator. I would like to thank everyone for giving me the opportunity to do this. It was quite an experience, which I really enjoyed. I got a lot out of this commitment and while participating in the program of Alcoholics Anonymous in itself will not keep me sober, it sure is an important part of my program. I also got a good look at the inner workings of AA here in the San Diego area. From the extremely helpful staff at central office, to the always smiling faces of those who showed up to help fold and label the Coordinator. There were low points and high points, one of the high points was the convention where several thousand volunteers showed up to help. One of the low points being the Coordinating Council were a small fraction of the groups in San Diego are represented. That's the thing about volunteering; a lot more people show up when it's fun. I know I like it that way. But we've got to remember all those tedious and unpopular jobs in AA. Most of which keep all those AA services we enjoy so much functioning. Remember that still suffering alcoholic, who may need your helping hand.

So, thanks everyone and I'll see you in Minneapolis in 2000. Arrivederci!!

Terry P., Editor

## — I AM RESPONSIBLE CLUB —

No units will expire this month. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to YOUR SUPPORT. For more information about donating blood to this account contact the following locations—and be sure to credit the "I Am Responsible Club."

EL CAJON DONOR CENTER  
680 FLETCHER PARKWAY, EL CAJON  
Phone — (619) 441-1804

- OR -

SAN DIEGO BLOOD BANK  
440 UPAS STREET, SAN DIEGO  
Phone — (619) 296-6393

- OR -

SOUTH BAY DONOR CENTER  
1717 SWEETWATER ROAD, NATIONAL CITY  
Phone — (619) 336-4090

IF YOU HAVE A NEED, contact Central Office—265-8762

## Fold & Label

Thanks to everyone who turned out for the fold & label party. If you would like to make a group commitment please contact the Coordinator editor. Thanks to:

Jocelyn C.	District 6
Roger B.	District 6
Tom M.	District 6
Kathryn J.	District 6
Tom F.	District 6
Scott G.	OB Tuesday Night
Jimmy	Lakeside Hotel
Miriam	Eye Opener
Bill S.	Eye Opener
Amy E.	

Thanks everyone!

## "Let's Keep It Simple"

"We need to distinguish sharply between spiritual simplicity and functional simplicity.

When we say that A.A. advocates no theological proposition except God as we understand Him, we greatly simplify A.A. life by avoiding conflict and exclusiveness.

But when we get into questions of action by groups, by areas, and by A.A. as a whole, we find that we must to some extent organize to carry the message — or else face chaos. And chaos is not simplicity."

As Bill Sees It, page 162

# Minutes of the Coordinating Council

## Thursday September 14, 1995

Jim J. - Chair, called 599th meeting to order at 8:00pm with a moment of silence followed by the Serenity Prayer. Traditions were read by Ray N.. 5 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair, 52 Groups were represented, a quorum; 149 groups are registered., 3 new Coordinators. VISITORS: - Anne S.- Area Treasurer. M/S/C to accept the minutes as printed in the September COORDINATOR. The Seventh Tradition collected \$46.25.

COORDINATOR NEWSLETTER: Myriam StG. - Member, reported: Committee met Wednesday, 8/10/95 at 7:05pm. PRESENT: Terry P. - Chair and Myriam StG. Absent: Char M.. 1) Terry resigned. By default Myriam StG. is new editor committee chair. 2) October issue was discussed. Colors are orange with black ink. 3) Committee needs help at the folding party. 4) Committee needs 4 new members, computer knowledge helpful not required. THERE ARE A VARIETY OF JOBS NECESSARY TO PRINT, LABEL AND MAIL THE COORDINATOR. PLEASE CALL FOR MORE INFORMATION: Myriam StG. or Central Office. 5) The Committee advised that if there were no volunteers for the newsletter committee the COORDINATOR would not be printed at all. 6) If you or your group would like to volunteer to help at the folding party, please call Myriam StG. at 596-0033 or Central Office.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 8/30/95 at 7:00 pm. PRESENT: Hans F. Chair, Darren F., Dennis J., and Jodi W. Absent: Frank R., and Lark C. 1) Thanks to everyone who answered phones last month! 2) 3 open nights the 1st is still open 18th and the 23rd. A special thanks to Dennis J. a member of the Committee who answered the phones on the 1st all night again. 3) Frank R. is handling the phones on the 18th. Hans F. to take of the 23rd. 4) Frank R. is resigning from the Committee. 5) If your group is interested in taking over any slots, please call Hans F. at 223-5955 or Central Office.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 9/14/95 at 6:30pm PRESENT: Julie, Arla and Ray N. 1 new coordinator was present. 1) All new Coordinators encouraged to attend at least one orientation meeting.

PUBLIC INFORMATION COMMITTEE: David C. - Chair, reported: Committee met Monday, 9/4/95 at 7:00pm PRESENT: David C. Chair, Fred A., Cliff H., Randy H., and Millie S. Absent: Blake C., Doug M., Michael M., and Lyn J. 1) 3 speakers reached 105 people 2 facilities. 2) Committee contacted each person on the existing speaker list to update current speaker list and they will also attend the workshop. 3) a workshop will be held at the Central Office on Sunday Oct. 22, 1995 at 2:00 pm. All who have requested to be speakers must attend the workshop. 5) Committee continues it's efforts to distribute A.A. approved Public Service Announcements and

films to video stores, TV and radio. 6) High school students sent a package of letters thanking the Committee for speaking at their school. 7) There are 3 members needed for this Committee. If you are interested in joining this Committee, please contact Central Office.

PROGRAM COMMITTEE: Dean M. - Chair, reported: Committee met Monday, 8/28/95 at 6:00pm PRESENT: Dean Chair, Anita B., Amy K., Abi M., and Dave G. Absent excused: Dave B. 1) The tickets for the banquet are now available for committee members or Central Office. Buy tickets early as space is limited. 2) If you wish to purchase tickets for your group contact David G. 460-6576. Tickets from Central Office are sold by cash or check..

BUSINESS COMMITTEE: Stu W. , Member reported: Committee met Tuesday, 9/10/95 at 6:00pm. PRESENT: Robert StC., Gabe L., Stu W., Gretchen K., Mickey S. and Shirley A. ALSO PRESENT: Evelyn G., Central Office Manager, David A. -Grapevine, Linda -Feeling Good Convention and Dean Mc. -Program Committee Chair. FLYERS: M/S/C to accept a flyer for the 2nd annual Grapevine Celebration, M/S/C to accept the Feeling Good Convention flyer; fee was waived as the Convention contributes to Central Office. P.I. COMMITTEE CANDIDATE: There were no candidates this month. Evelyn G. - COM, reported: 1) The budget for the annual Intergroup Central Office Seminars in Atlanta was \$750, which includes airfare, accommodations and seminar. M/S/C to approve expenditure. 2) Bank signature cards were signed by Gabe L. New Business Chair and Stu W. as 3rd signer. 3) M/S/C to accept the Consolidated Income statement for August. Please note that Central Office income is down by \$10,000.00 this year! 4) M/S/C to not print fall schedules this year as Central Office has over 11,000 summer schedules still in stock. NEW BUSINESS: Committee elected Gabe L. as new Business Chair. OLD BUSINESS: Committee agreed to present a motion to the Council to amend the Manual of Procedures for the Business Committee.

NEW BUSINESS: 1) Elect 1 member to the After Hours Phone Committee. Elected John D. 2) Motion by the Business Committee to delete page 4 paragraph 10 which calls for a fund of \$1,000.00 for expenses of Special Events.

OLD BUSINESS: Elect members for the COORDINATOR Newsletter Committee. Elected: John, Jackie, and Lars.

AREA REPRESENTATIVE: - Anne S. - Area Treasurer: reported that the Area Big Day would be 9/16/95 at 9:00 am at 4177 Marlborough Ave.

Respectfully submitted,

  
Evelyn G.  
Recording Secretary



## Group Contributions in Aug.

## Group Contributions in Aug.

GROUP NAME	Aug.	YTD	GROUP NAME	Aug.	YTD
12 TRAD FOR SPIRITUAL GROWTH	10.00	10.00	EAST SIDE GROUP	125.00	324.00
92037 DISCUSSION GROUP	600.00	600.00	EASY DOES IT RIDERS	0.00	358.00
A NEW WAY TO LIVE	0.00	150.43	EASY RISERS	15.00	15.00
A VISION FOR YOU	5.00	5.00	EL CAJON DAYTIME	240.00	1080.00
A WOMENS MEETING	0.00	374.65	EL CAJON EARLY STARTERS	50.00	50.00
AA BY THE BAY	0.00	461.00	EL CAJON NAVAJO ROAD GROUP	0.00	64.47
AA STEP STUDY	0.00	143.61	EL CAJON WOMENS SERENITY	0.00	98.82
ALLIED GARDENS DISCUSSION	0.00	327.37	EYE OPENER GROUP	60.00	593.00
ALLIED GARDENS FRIDAY LUNCH	0.00	50.00	FLETCHER HILLS SMOKELESS	40.00	270.00
ALPINE WOMENS CANDLELIGHT	0.00	27.00	FOURTH & BROOKES WOMENS	0.00	60.00
ANNUAL CHRISTMAS MEETING	0.00	15.05	FREE ON FRIDAY	0.00	638.00
ANNUAL GRATEFUL MEETING	0.00	42.78	FREE TO BE	33.22	307.39
ANONYMOUS ANONYMOUS	0.00	120.00	FRESH AIR FRIDAY	0.00	220.00
ANOTHER NEW BEGINNING	0.00	400.00	FRI NITE CEDAR ST	0.00	86.56
ANOTHER SOBER TUESDAY	0.00	100.00	FRIDAY MORNING WOMENS	0.00	179.00
AS BILL SEES IT	0.00	80.00	FRIDAY NIGHT LIVE BIG BOOK	60.00	198.00
AS BILL SEES IT	13.94	13.94	FRIDAY NIGHT MENS	0.00	301.95
B.Y.O.B.	30.00	30.00	FRIDAY NIGHT WOMENS	0.00	25.00
BACK COUNTRY SOBRIETY	0.00	5.00	FRIDAY NITE WEEKS END	0.00	75.00
BACK TO BASICS	120.00	880.00	FRIDAY NOONERS	0.00	73.00
BACK TO BASICS FOR WOMEN	0.00	94.85	GET WITH THE PROGRAM	0.00	45.50
BACK TO BASICS STEP STUDY	0.00	10.00	GILMAN GROUP-TUES	0.00	163.15
BAY PARK BIG BOOK STUDY	20.00	35.00	GOLDEN HILLS SUN DISCUSSION	0.00	15.91
BAY PARK STEP STUDY GROUP	0.00	159.00	GOOD NEWS GROUP	0.00	46.29
BAYSIDE BIG BOOK STUDY	0.00	57.50	GREAT FACT GROUP	0.00	156.00
BEAUTIFUL BEGINNINGS	0.00	50.00	GRINGO (ENGLISH)	0.00	40.00
BEGINNERS STEPS TO SOBRIETY	0.00	81.50	GROVE BREAKFAST MEETING	0.00	15.00
BIG BOOK & 12 X 12 STEP STUDY	0.00	180.00	HAND IN HAND CLOSED STEP STUDY	0.00	10.00
BIG BOOK DISCUSSION FOUNDERS GRP	0.00	98.00	HAPPY HOUR WOMENS SPEAKER	0.00	70.00
BIRDS OF A FEATHER	0.00	75.00	HAPPY HOUR-AND-A-HALF	0.00	108.60
BUTTERFLY GROUP	25.00	40.00	HAUL YOUR HINEY OUT OF BED	0.00	32.21
CAJON VIEW OPEN DISCUSSION	25.00	150.00	HI-NOONERS	0.00	139.50
CAJON VIEW STEP STUDY	25.00	100.00	HIGH BOTTOM GROUP	0.00	5.00
CASA DE ORO TRADITION FIVE	100.00	150.00	HOW IT IS	0.00	20.00
CEDAR STREET MENS	113.11	987.66	HOW IT IS NOW SPEAKERS	0.00	210.00
CHEERS	100.00	365.33	HOW IT IS TODAY	0.00	1334.50
CHULA VISTA 4 MIN SPEAKERS	0.00	100.00	I NEED A MEETING MEETING	0.00	516.67
CHULA VISTA BEGINNERS STEP STUDY	0.00	25.00	IMPERIAL BEACH GROUP	0.00	20.00
CHULA VISTA FRIDAY NIGHT	0.00	100.00	IMPERIAL GROUP	0.00	70.00
CHULA VISTA NOON GROUP	46.49	286.90	IMPERIAL MENS GROUP	10.00	10.00
CLAIREMONT DAYTIME STEP STUDY	0.00	50.00	INTERNATIONAL GROUP	0.00	25.00
CLAIREMONT MENS	0.00	1007.25	ISLAND DROP-IN GROUP	0.00	75.00
CLAIREMONT MIXED DISCUSSION	0.00	47.40	JAMUL CLOSED	0.00	60.00
CLAIREMONT OPEN DISCUSSION	0.00	125.00	JUST US GIRLS	0.00	84.05
CLAIREMONT SUN NIGHT DISCUSSION	0.00	55.00	KEARNY MESA NIGHT HOWLERS	0.00	10.00
CLAIREMONT WEDNESDAY GROUP	0.00	70.00	KEEP COMING BACK	0.00	50.00
CLAIREMONT WEDS NOON BROWN BAG	60.00	220.00	LA JOLLA BIG BOOK	0.00	120.00
CLAIREMONT WOMENS	0.00	212.00	LA JOLLA COVE BEGINNERS	220.00	220.00
CLASS ACTS	0.00	300.00	LA JOLLA DISCUSSION GROUP	0.00	161.95
CONVOY DISCUSSION	0.00	85.74	LA JOLLA LUNCH BUNCH	0.00	45.00
CONVOY STEP STUDY	0.00	51.50	LA JOLLA MENS	204.75	204.75
CONVOY THURS NIGHT DISCUSSION	60.27	60.27	LA JOLLA MIDDAY	0.00	70.00
COORDINATING COUNCIL-CENTRAL OFFICE	49.90	478.74	LA JOLLA MONDAY NIGHT AA	0.00	60.00
CORONADO BEGINNERS AA	0.00	60.00	LA JOLLA MONDAY WOMENS GROUP	0.00	350.00
CORONADO BIG BOOK STUDY	0.00	45.00	LA JOLLA NONSMOKERS DISC	823.39	823.39
CORONADO MENS	20.00	70.00	LA JOLLA PATIO GROUP-FRI	0.00	125.00
CORONADO NOONERS	95.00	230.00	LA JOLLA PATIO GROUP-THUR	0.00	121.25
CORONADO NUMBER ONE GROUP	0.00	65.00	LA JOLLA PATIO GROUP-WED	30.00	250.50
COWLES MT SMOKELESS DISCUSSION	160.68	190.68	LA JOLLA PUMP HOUSE GROUP	0.00	685.00
CREST GROUP	0.00	200.00	LA JOLLA SOLEDAD MENS	0.00	160.30
D.D.G.T.M.	40.00	314.67	LA JOLLA SPEAKERS	258.03	873.25
DEERHORN GROUP	0.00	50.00	LA JOLLA STEP STUDY	0.00	135.00
DEL MAR MONDAY LUNCH BUNCH	0.00	125.00	LA JOLLA THURSDAY NIGHT	382.50	382.50
DIAMOND ST MENS STEP STUDY	0.00	109.00	LA MESA BIG BOOK	50.00	170.00
DIGNITY UNLIMITED	20.00	20.00	LA MESA MENS	205.00	255.00
DOWNTOWN DISCUSSION	0.00	165.00	LA MESA MONDAY NIGHT WOMENS	0.00	227.00
DOWNTOWN NOON DISCUSSION	0.00	40.00	LA MESA OPEN DISCUSSION	60.00	246.00
DRUNKS ONLY	234.64	1868.90	LA MESA STEP STUDY WORKSHOP	0.00	101.25
DRY DOCK #21	0.00	40.00	LAKESIDE STEP STUDY	0.00	77.00
DULZURA LIVING SOBER	50.00	100.00	LAKESIDE THURSDAY NIGHT	0.00	120.00
EARLY RISERS (CORONADO)	0.00	484.00	LEMON GROVE SPEAKERS	150.00	150.00
EARLY RISERS (PB)	0.00	208.67	LEXINGTON BIG BOOK STUDY	0.00	100.00
EAST COUNTY FRIDAY SPEAKERS	0.00	13.27	LITTLE APPLE GROUP	0.00	95.00
EAST COUNTY MENS	0.00	50.00	LIVING FREE	0.00	850.00
EAST COUNTY SPEAKERS	0.00	100.00	LIVING PROOF GROUP	0.00	50.00
EAST COUNTY WOMENS	83.79	133.79	LOMA PORTAL DISCUSSION	0.00	61.67

## Group Contributions in Aug.

GROUP NAME	Aug.	YTD
LOTUS WOMENS CLOSED	0.00	60.00
LOVE AND TRUTH 12 X 12 S/S	0.00	25.00
LUNCH GROUP	0.00	300.00
LUNCH WITH BILL W BUNCH	0.00	50.00
LUNCHEON GROUP	0.00	100.00
MAPLE ST STEP STUDY WORKSHOP	50.00	180.00
MEDICINE WHEEL	0.00	250.00
MENS STRUCTURED STEP STUDY	0.00	50.00
MID-WEEK MENS	0.00	112.50
MIRA MESA EARLY RISERS	16.68	153.21
MIRA MESA FRIDAY NIGHT	0.00	35.00
MIRA MESA WOMENS	27.40	104.99
MISSION BAY MIXED	0.00	40.00
MISSION BAY SPEAKERS	0.00	60.00
MISSION POSSIBLE	0.00	35.00
MIXED NUTS	0.00	70.00
MON EVE SMOKELESS DINNER	95.00	185.00
MONDAY MENS GUT LEVEL GROUP	0.00	25.00
MORNING GLORYS WOMENS STEP STUDY	30.00	30.00
MOTHER EARTH GROUP	0.00	43.88
MOTHER EARTH VIEJAS REZ	0.00	3.00
NAS-NI-NAD NOONERS	0.00	50.00
NEW BEGINNINGS	0.00	10.00
NEW HOPE	0.00	25.00
NEW WOMEN	0.00	165.00
NO B.S. MENS	0.00	40.00
NOON AT THE GROVE	0.00	150.00
NOON TO ONE AA	0.00	25.00
NOONERS ANONYMOUS	0.00	100.00
NORTH PARK MENS	0.00	212.50
NORTH SHORES BREAKFAST	0.00	50.00
NORTH SHORES SPEAKERS	0.00	12.00
NORTH SHORES THURS NIGHT DISC	10.00	60.00
OLD TOWN MAINSTREAM	0.00	343.20
OLD TOWN SPEAKERS	0.00	360.00
ONE DAY AT A TIME BEGINNERS	0.00	45.00
ONE STEP AHEAD	25.00	65.00
ONE STEP AT A TIME RUNNERS	0.00	20.00
OPEN MINDED MENS	0.00	100.00
ORIGINAL ANONYMOUS ANONYMOUS	60.00	60.00
OUR PRIMARY PURPOSE	0.00	41.98
OVER 50	0.00	50.00
PACIFIC BEACH	0.00	150.00
PACIFIC BEACH WEEKEND WARMUP	0.00	600.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40
PARADISE HILLS	0.00	25.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	25.00
PASS IT ON GROUP	50.00	193.00
PATTERNS IN SOBRIETY	168.00	268.00
PEACHTREE MEETINGS	25.00	62.50
PENASQUITOS BIG BOOK	12.50	12.50
PENASQUITOS DISCUSSION	0.00	59.07
PENASQUITOS STEP STUDY	12.50	12.50
POINT LOMA AA DISCUSSION	0.00	500.00
POINT LOMA MENS	0.00	340.00
POINT LOMA SATURDAY MORNING	0.00	270.00
PORTER HALL GROUP	200.00	400.00
PORTER HALL STRUCTURED S/S	60.00	145.00
PRIMARY PURPOSE GROUP	0.00	51.60
PROFESSIONAL GROUP	0.00	30.00
PT LOMA WOMENS DISCUSSION	48.11	293.11
RAINBOW BRIDGE	180.00	295.00
RAINBOW MEETING	0.00	7.30
RAMONA MONDAY NIGHT	0.00	37.50
ROUND TABLE DISCUSSION	0.00	75.00
SAFE SANE AND SOBER	0.00	150.00
SAN CARLOS SINGLE PURPOSE	0.00	200.00
SAN CARLOS STEP STUDY	50.00	137.50
SAN DIEGO DOCTORS STEP STUDY	0.00	100.00
SANTEE BIG BOOK STUDY	0.00	126.56
SANTEE SERENITY GROUP	20.00	160.00
SANTEE SUNDAY NITE SMOKELESS	60.00	218.00
SANTEE THURSDAY CLOSED MIXED	60.00	445.00
SANTEE WOMENS ALTERED ATTITUDES	50.00	100.00
SAT NIGHT EARLY DISCUSSION	0.00	325.00
SAT NIGHT SMOKELESS DISCUSSION	0.00	170.00

## Group Contributions in Aug.

GROUP NAME	Aug.	YTD
SAT NOONERS OPEN DISCUSSION	0.00	21.60
SATURDAY AM LIVE	0.00	90.00
SATURDAY MENS	49.69	209.69
SATURDAY NIGHT FERVOR	0.00	36.00
SCRIPPS RANCH BACK TO BASICS	0.00	123.00
SENIOR SERENITY MEETING	36.00	116.00
SERENDIPITY WOMENS	0.00	120.00
SERENITY BY THE SEA	22.00	234.00
SIXTH AND NUTMEG SPEAKERS	0.00	145.00
SLOW LEARNERS	0.00	10.00
SMOKEFREE LA MESA WOMENS	0.00	120.00
SMOKELESS DRUNKS LUNCHEON	0.00	150.00
SOBER NOONERS	0.00	25.00
SOBER SERENITY SMOKERS	60.00	120.00
SOBRIETY SEEKERS STEP STUDY	0.00	20.00
SOBRIETY WORKING FOR WOMEN-W	27.91	127.59
SOLE PURPOSE GROUP	0.00	100.00
SOLUTIONS IN THE MORNING	0.00	40.25
SOUTH BAY GUYS & GALS DISC	0.00	27.00
SPRING VALLEY STEP STUDY	85.00	210.00
STADIUM GROUP	0.00	70.00
STEPS TO RECOVERY	0.00	37.50
SUNDAY BEACH SUN-DAY	0.00	188.50
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	40.00
SUNDAY KIND OF LOVE	0.00	72.50
SUNDAY MIDDAY	0.00	150.00
SUNDAY MORNING SPIRITUAL MEETING	50.00	150.00
SUNDAY MORNING SUNSHINE	0.00	50.00
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY NIGHT SPEAKERS	0.00	110.00
SUNDAY SERENITY	80.00	526.00
SUNDAY WOMENS GROUP	0.00	0.00
SURVIVORS GROUP	50.00	190.00
SWEET GRASS	0.00	322.00
T.G.I.S.	0.00	60.00
TALBOT STREET	90.00	290.00
THE OTHER MEETING	120.00	320.00
THE WOMENS ROOM	60.00	60.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	22.50
THURSDAY MORNING MEETING	100.00	175.00
THURSDAY NIGHT SOBRIETY	50.00	150.00
THURSDAY NIGHT STEPPERS	0.00	30.00
THURSDAY NIGHT WOMENS SPEAKERS	0.00	38.00
THURSDAY PROMISES PROMISES	0.00	196.34
THURSDAY STEPS	0.00	100.00
TERRASANTA BIG BOOK STUDY	0.00	150.00
TOP OF THE HILL	0.00	200.00
TORREY PINES OPEN DISC	0.00	110.00
TORREY PINES THURS NITE DISC	0.00	50.00
TUES NIGHT BIG BOOK STEP STUDY	0.00	62.25
TUESDAY MORNING ALPINE	0.00	80.00
TUESDAY NIGHT PARTICIPATION	0.00	50.00
TUESDAY NIGHT STEPPERS	80.00	135.00
TUESDAY NIGHT WOMENS	0.00	100.00
TWELVE TO GROW ON	0.00	140.00
TWO-BIT SPEAKERS	0.00	78.78
UNIVERSITY CITY DISCUSSION	0.00	25.00
UNIVERSITY CITY WOMENS	360.00	676.80
WAKE UP CALL	0.00	6.00
WAR FEVER	0.00	85.00
WARM AND FRIENDLY	0.00	255.00
WATER WALKERS TOO!	0.00	100.00
WAY UP AND OUT	40.00	160.00
WE ARE SURVIVORS	0.00	60.00
WE NEED PEOPLE GROUP	100.00	250.00
WE'VE COME A LONG WAY	20.00	60.00
WEDNESDAY NIGHT ISLANDERS	0.00	125.00
WEDNESDAY NITE AT THE HOUSE	0.00	30.00
WEDNESDAYS WINNERS CIRCLE	0.00	340.00
WHAT NOW?	0.00	165.00
WOMEN IN HARMONY	63.88	63.88
WOMENS ASK IT BASKET	0.00	5.00
WOMENS CANDLELIGHT MEETING	0.00	50.00
WOMENS STEP STUDY	0.00	90.00

Is your group listed here? If not, why not?  
Central Office needs your contributions.

## SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT FOR THE MONTH AND SIX MONTHS ENDED AUGUST 31, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 7,942.38	93.3	\$48,586.52	86.2	\$52,592.22	\$ (4,005.70)	92.4
Buck-A-Month	60.00	.7	529.00	.9	598.00	(69.00)	88.5
Individual Donations	507.60	6.0	2,328.98	4.1	3,230.04	(901.06)	72.1
Cert. of Deposit - Interest	.00	.0	286.74	.5	235.39	51.35	121.8
Program income	.00	.0	645.00	1.1	.00	645.00	.0
Other Income	.00	.0	3,990.65	7.1	316.00	3,674.65	1262.9
<b>TOTAL INCOME</b>	<b>8,509.98</b>	<b>100.0</b>	<b>56,366.89</b>	<b>100.0</b>	<b>56,971.65</b>	<b>(604.76)</b>	<b>98.9</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	15.2	\$10,320.00	18.3	\$12,092.00	\$ (1,772.00)	85.4
Utilities	465.54	5.5	2,539.32	4.5	2,644.03	(104.71)	96.0
Wages	3,245.16	38.1	33,425.78	59.3	30,931.78	2,494.00	108.1
Accrued Payroll Taxes	248.26	2.9	3,295.38	5.9	3,176.60	118.78	103.7
Health Insurance	200.00	2.4	2,630.00	4.7	1,485.00	1,145.00	177.1
Telephone	271.34	3.2	2,468.70	4.4	2,173.52	295.18	113.6
Office Supplies	500.13	5.9	6,695.23	11.9	4,027.65	2,667.58	166.2
Bulk Postage	150.00	1.8	1,275.00	2.3	1,100.00	175.00	115.9
Return Postage	.00	.0	200.00	.4	150.00	50.00	133.3
Repairs & Maintenance	391.00	4.6	1,309.10	2.3	1,487.69	(178.59)	88.0
Insurance - W/C and Liab.	88.25	1.0	871.88	1.6	1,104.26	(232.38)	79.0
Auto/Travel/Seminar	402.65	4.7	1,891.41	3.4	970.52	920.89	194.9
Legal & Audit	200.00	2.4	3,800.00	6.7	3,800.00	.00	100.0
Cash (Over)/Short	(17.50)	(.2)	(4.12)	.0	50.67	(54.79)	(8.1)
Depreciation	300.00	3.5	2,400.00	4.3	2,272.00	128.00	105.6
Bad debt	.00	.0	100.00	.2	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>7,734.83</b>	<b>90.9</b>	<b>73,217.68</b>	<b>129.9</b>	<b>67,613.72</b>	<b>5,603.96</b>	<b>108.3</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 310.43	3.7	\$ 3,014.14	5.4	\$ 2,525.27	\$ 488.87	119.4
Program Committee	.00	.0	165.73	.3	50.61	115.12	327.5
Public Information Committee	.00	.0	449.85	.8	728.47	(278.62)	61.8
Coordinating Council	15.00	.2	90.00	.2	1,063.88	(973.88)	8.5
Other expense	.00	.0	6,643.29	11.8	.00	6,643.29	.0
<b>TOTAL COMMITTEE EXPENSE</b>	<b>325.43</b>	<b>3.8</b>	<b>10,363.01</b>	<b>18.4</b>	<b>4,368.23</b>	<b>5,994.78</b>	<b>237.2</b>
<b>NET PROFIT BEFORE SALES</b>	<b>449.72</b>	<b>5.3</b>	<b>(27,213.80)</b>	<b>(48.3)</b>	<b>(15,010.30)</b>	<b>(12,203.50)</b>	<b>181.3</b>
Sales Income (SEE SCH)	\$ 5,711.44	67.1	\$50,750.78	90.0	\$58,050.56	\$ (7,299.78)	87.4
Cost of Sales (SEE SCH)	(3,815.44)	(44.8)	(33,797.06)	(60.0)	(38,405.43)	4,608.37	88.0
<b>NET INCOME (LOSS)</b>	<b>\$ 2,345.72</b>	<b>27.6</b>	<b>\$ (10,260.08)</b>	<b>(18.2)</b>	<b>\$ 4,634.83</b>	<b>\$ (14,894.91)</b>	<b>(221.4)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 175.50	2.1	\$ 1,838.00	3.3	\$ 1,506.00	\$ 332.00	122.1
Cost of Tokens	86.58	1.0	1,041.06	1.9	744.44	296.62	139.8
Net Inc. Tokens	88.92	1.0	796.94	1.4	761.56	35.38	104.7
Revenue from Books	\$ 3,727.80	43.8	\$30,981.58	55.0	\$36,831.15	\$ (5,849.57)	84.1
Cost of Books	2,686.02	31.6	22,292.60	39.6	26,303.65	(4,011.05)	84.8
Net Inc. Books	1,041.78	12.2	8,688.98	15.4	10,527.50	(1,838.52)	82.5
Revenue from Pamphlets	\$ 522.43	6.1	\$ 3,627.17	6.4	\$ 4,636.13	\$ (1,008.96)	78.2
Cost of Pamphlets	317.98	3.7	2,217.03	3.9	2,843.79	(626.76)	78.0
Net Inc. Pamphlets	204.45	2.4	1,410.14	2.5	1,792.34	(382.20)	78.7
Revenue from Cassettes/Misc.	\$ 324.96	3.8	\$ 3,835.34	6.8	\$ 6,836.30	\$ (3,000.96)	56.1
Cost Cassettes/Misc.	210.86	2.5	2,511.37	4.5	4,056.05	(1,544.68)	61.9
Net Inc. Cassettes/Misc.	114.10	1.3	1,323.97	2.4	2,780.25	(1,456.28)	47.6
Revenue from Schedules	\$ 960.75	11.3	\$10,468.69	18.6	\$ 8,240.98	\$ 2,227.71	127.0
Cost of Schedules	514.00	6.0	5,735.00	10.2	4,457.50	1,277.50	128.7
Net Inc. Schedules	446.75	5.3	4,733.69	8.4	3,783.48	950.21	125.1
<b>Total Income from Sales</b>	<b>\$ 1,896.00</b>	<b>22.3</b>	<b>\$16,953.72</b>	<b>30.1</b>	<b>\$19,645.13</b>	<b>\$ (2,691.41)</b>	<b>86.3</b>

# JOIN the BUCK A MONTH CLUB

this promotion is to attract  
**YOU** into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
fill out this form and  
send your \$12 today



check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

STATE

ZIP

ADDRESS

APT #

NAME

# HAPPENINGS

21<sup>st</sup> Annual Woman to Woman

Oct. 6,7,8

on MISSION BAY @  
PRINCES RESORT

---

Progress, Not Perfection

1995 ARIZONA AREA

CONVENTION

OCT 27,28,29, 1995

Yuma County Civic & Convention Center

YUMA, ARIZONA

INFO (520) 782-2605

flyer at central office

INLAND EMPIRE

8TH ANNUAL CONVENTION

OCT 27,28,29, 1995

Hilton Hotel

San Bernardino, California

COURAGE TO CHANGE

flyer at central office

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29<sup>th</sup> ANNUAL ROUNDUP

LAS VEGAS, NEVADA

NOV. 23,24,25,26 1995

Dances, Sports events, Marathon meetings,  
Free baby sitting during speaker mtgs.

The Round-up committee

P.O. Box 43177

Las Vegas, Nevada 89116

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10<sup>th</sup> ANNUAL "ROOTS" MEETING

Remember Our Old Timers Stories

Speakers Have Over 30 Years Sobriety



Sunday, November 26, 1995



1PM - 3PM

War Memorial Building Balboa Park

Park Blvd. & Zoo Dr. (Free parking @ north end of zoo parking lot)

Presented by the San Diego - Imperial Area Assembly Archives Committee

Cookie Donations Gratefully Accepted

For Rides or Information: Ada K. 469-4662



## Speaker Meetings

**Cedar Street Speakers** 8:15PM TUE  
 -Pathfinders, 2980 Cedar Street Golden Hill  
 Oct 3 Don H. Linda Vista  
 Oct 10 Diane R. Santee  
 Oct 17 Dave B. Los Angeles  
 Oct 24 T.B.A.  
 Oct 31 Murlin Golden Hills

**Central Group Speakers** 8:00PM WED  
 -YWCA, 1012 "C" St. Downtown

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
 -NRC, 7601 Convoy Court Clairemont/Kearny Mesa

**Coronado Wednesday Speaker** 8:00PM WED  
 -Church, 700 "D" Avenue Coronado  
 Oct 4 Donna B. Riverside  
 Oct 11 Eric B. Anahiem  
 Oct 18 Joe G. N. Hollywood  
 Oct 25 Norman Coronado  
 Nov 1 Lars J. San Diego

**East County Fri. Nite Speakers** 8:00PM FRI  
 -Church, Los Coches & Ha Hana Road Lakeside

**East County Saturday Speakers** 8:15PM SAT  
 -Church, 867 Lincoln Street El Cajon  
 Oct 7 Micheal M. Huntington Beach  
 Oct 14 Norma Jean C. Riverside  
 Oct 21 Pat J. Vista  
 Oct 28 Mary H. Alpine  
 Nov 4 Fernando P. El Cajon

**Easy Does It Speakers** 8:00PM FRI  
 -Church, 2770 Glebe Road Lemon Grove  
 Oct 6 Gloria D. Long Beach  
 Oct 13 Tom S. Chatsworth  
 Oct 20 Donna B. Riverside  
 Oct 27 Frank S. Simi Valley  
 Nov 3 Bob D. Long Beach

**Fireside Group** 8:00PM WED  
 -Club, 6901 Central Ave. Lemon Grove  
 Oct 4 Terry F. San Diego  
 Oct 11 Paula S. San Diego  
 Oct 18 Paul B. San Diego  
 Oct 25 Tor H. Coronado

**Happy Hour Women's AA (BABYSITTING)** 5:45PM FRI  
 -Harmony, 6150 Mission Gorge Rd #116 Grantville

**Good News Gut Level Speakers** 8:30PM TUE  
 -North Shores Alano, 4861 Cass St Pacific Beach

**Lemon Grove Speaker Group** 7:00PM SAT  
 -Church, 2770 Glebe Road Lemon Grove  
 Oct 7 Charlene E. La Jolla  
 Oct 14 Doug T. San Diego  
 Oct 21 Joe T. La Mesa  
 Oct 28 Chuck N. Long Beach  
 Nov 4 Pete O. Torrance

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
 -USD Founders Hall #124 Linda Vista/Alcala Park  
 Oct 7 Carol D.  
 Oct 14 Harry S.  
 Oct 21 Betsy H.  
 Oct 28 Charles (Chaz) G.  
 Nov 4 Joan S.

**Mission Hills Speaker Meeting** 8:15PM THUR  
 -Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
 -Alano Club, 4861 Cass St. Pacific Beach

**O. B. Friday Night Speakers** 8:30PM FRI  
 -O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
 -Union Hall, 5150 Kearny Mesa Road Kearny Mesa  
 Oct 1 Rusty M. Vista  
 Oct 8 Angel S. Los Angeles  
 Oct 15 Herb K. Compton  
 Oct 22 Cindy M. Laguna Niguel  
 Oct 29 Sandy S. El Centro

**Participation In Recovery Spkrs** 8:00PM SAT  
 -Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
 -Church, 2728-6TH Avenue Bankers Hill/Balboa Park  
 Oct 3 Micheal A. San Diego  
 Oct 10 Camille S. San Diego  
 Oct 17 Joe R. San Diego  
 Oct 24 Judy R. San Diego  
 Oct 31 Chris S. San Diego

**South Bay Speakers Open Mixed** 8:00PM SAT  
 -Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
 -Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
 -Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM... TNX!!!

Continued from page 1

When under the influence of alcohol I may have frequently acted as if I believed I could stand apart from the rest of society, catering to and pursuing only my own individual wishes and wants. But even then I was not so stupid that I did not intellectually comprehend the saying, "no man is an island." In Alcoholics Anonymous this truth was spelled out for me, not in words and precepts, but in the actual processes of changing from a "drinking woman" to a total abstainer.

Not knowing that it was a common remark upon joining AA, in my first week I told a friend, "I've rejoined the human race." You see, I already knew that to survive individually I had to become a functioning part of the rest of humanity. AA was the starting point. So what happens? I learned that being able to live with others without too much discomfort required continuing to take personal inventory and when I was wrong promptly admitting it.

At first I was so confused about my own ethical values that I couldn't tell the difference between moral cowardice and kindly forbearance, a need to control born out of insecurity and a healthy self-protectiveness, between a thorough con job on myself and an honest analysis of my motivations. In fact, many times in looking back at a given day all I could be sure I had done right was not take a drink.

I had to start cautiously, depending on the source of truth flourishing somehow, somewhere in the cells and molecules of my body to guide me through this labyrinth of "right" and "wrong." "Right" was *always* not taking a drink. That I could be sure of. "Wrong" was more nebulous, beginning with rather simple "faults," like monopolizing conversations, not listening thoughtfully to the views of others because my brain was so burstingly full of my own convictions that there was not room to store *their* erroneous ideas for later judicious consideration, demonstrating audibly and visibly emotions of anger and pain induced by the behavior of my loved ones, regardless of how my performance affected *them*.

I wish I could say that in the twenty-four years I have been a member of AA I had always recognized and admitted these defects. But I can't. All I can claim is that they don't occur as often as they once did and that when they do, they have moderated.

To someone new to sobriety, let me interpolate a warning here. Don't take the above inadequate list of my surface defects as a reference point for your own faults. It may well be that *you* won't enter a conversation at all, that you rarely have the courage to express an opposing point of view, that you almost never let either loved or disliked persons get a glimpse of how you really feel, good or bad. While I tend to create harm by overdoing on these counts, you may be cheating yourself and others by under-doing self-expression.

Only *you* can get to really know yourself. That's what makes this Tenth Step such a toughie. You have to do it yourself.

Many times I have regretted dragging my feet on Step

Ten. I could have saved myself a lot of regrets if I had been more conscientious about it. But, even so, I have been, I think, a more creditable human being than I was before I joined AA.

In fact, as I now write it is 1:30 in the afternoon, and I tell you honestly I don't think I've done anything wrong yet today. Of course, I haven't been out of the house yet and so haven't had a chance to tangle with another flawed human being. However, I hope that at 11:00 this evening, when I turn out the light, I shall still be able to look back at this day without regrets.

Bernice M., Los Gatos, Calif., *Grapevine*, Oct 89

## DROWNING

Before my commitment to a state alcoholic center, I had had a dry stint in Alcoholics Anonymous. I know now that I had gone to A.A. to save my marriage, job, and liver, though no one could have convinced me at the time that I hadn't sought A.A. with all the proper motives. In seven months, my liver got well, and I got drunk for six weeks, winding up at the center.

On my eighth night there, I knew that I was dying. I was so weak that I could hardly breathe, my breath came in little gasps, quite far apart. If a drink had been put within an inch of my hand, I wouldn't have had the strength to take it. For the first time in my life, I was backed into a corner that I could not fight, cheat, lie, steal, or buy my way out of. I was trapped. For the first time in my life, I uttered a sincere prayer: "God, please help me." I didn't bargain with Him, nor did I suggest how or when He should help.

Immediately, I became calm and relaxed. There was no flash of lightning or clap of thunder, not even a still, small voice. I was scared. I didn't know what had happened. But I went to sleep and slept all night. When I awakened the next morning, I was refreshed, strong, and hungry. But the most wonderful thing was that, for the first time in my life, that dark, mysterious cloud of fear was gone. My first thought was to write to my wife about this experience, and I did. Imagine being able to write a letter after the condition I had been in the night before!

I am sure that some would classify this experience as an example of "letting go and letting God." Not this self-willed character! I had held on to the thin strand of my will until it just snapped, and then I was caught up by the "everlasting arms." I had to be rendered helpless, just like a drowning man who fights his rescuer.

I returned to A.A., but I was reluctant for a long time to tell of my experience. I was afraid that no one would believe me and that they would laugh. Later, I learned that others had had similar experiences.

A spiritual experience, I think, is what God does for a man when the man does through his willingness to have his life transformed by following a proven program of spiritual growth, and this is a never ending venture.

*Came to believe, page 1\**

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

*"But we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life. We try not to indulge in cynicism over the state of the nations, nor do we carry the world's troubles on our shoulders. When we see a man sinking into the mire that is alcoholism, we give him first aid and place what we have at his disposal."*

November 1995

## What Is Acceptance?

by Bill W.

### INSIDE...

-November Calendar  
of events

-Special Announcements

-Meetings In Motion,  
Speaker Meetings,  
Step Studys

-October Coordinating  
Council Minutes

-Group Contributions  
for October '95

**ONE WAY TO GET AT** the meaning of the principle of acceptance is to meditate upon it in the context of AA's much-used prayer: "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

Essentially, this is to ask for the resources of grace by which we may make spiritual progress under all conditions. Greatly emphasized in this wonderful prayer is a need for the kind of wisdom that discriminates between the possible and the impossible. We shall also see that life's formidable array of pains and problems will require many different degrees of acceptance as we try to apply this valued principle.

Sometimes, we have to find the right kind of acceptance for each day. Sometimes, we need to develop acceptance for what may come to pass tomorrow and, yet again, we shall have to accept a condition that may never change. Then, too, there frequently has to be a right and realistic acceptance of grievous flaws within ourselves and serious faults within those about us -- defects that may not be fully remedied for years, if ever.

All of us will encounter failures, some retrievable and some not. We shall often meet with defeat -- sometimes by accident, sometimes self-inflicted, and at still other times dealt to us by the injustice and violence of other people. Most of us will meet up with some degree of worldly success, and here the problem of the right kind of acceptance will be really difficult. Then there will be illness and death. How indeed shall we be able to accept all these?

It is always worthwhile to consider how grossly that good word "acceptance" can be misused. It can be warped to justify nearly every brand of weakness, nonsense, and folly. For instance, we can "accept" failure as a chronic condition, forever without profit or remedy. We can also "accept" worldly success pridefully, as something wholly of our own making. We can also "accept" illness and death as certain evidence of a hostile and godless universe. With these twistings of *acceptance*, we AA's have had vast experience. Hence, we constantly try to remind ourselves that these perversions of acceptance are just gimmicks for excuse-making: a losing game at which we are, or at least have been, the world's champions.

This is why we treasure our Serenity Prayer so much. It brings a new light to us that can dissipate our old-time and nearly fatal habit of fooling ourselves. In the radiance of this prayer, we see that defeat, rightly accepted, need be no disaster. We now know that we do not have to run away, nor ought we again try to overcome adversity by still another bulldozing power drive that can only push up obstacles before us faster than they can be taken down.

*Continued on page 11*



**Alcoholics Anonymous - SAN DIEGO CENTRAL OFFICE - 24 HOUR PHONE - 265-8762**

Office & Bookstore 9AM-5PM Monday - Saturday  
OFFICE MANAGER -- EVELYN G.  
ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12<sup>TH</sup> Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J . . . . .	443-2608
Council Assistant Chair	Kathy D.-S.	298-2636
After Hours Phones	Hans F. . . . .	223-5955
	Evelyn G. . . . .	265-8762
Business Committee Chair	Gabe L. . . . .	620-6370
New Coordinators (Council)	Ray N. . . . .	
Program Committee	Dean M. . . . .	229-0438
Public Information Committee	David C. . . . .	944-9051
Young People's Committee	Craig . . . . .	589-9228
Area Assembly		
Delegate	Marco R. . . . .	264-8648
Alt Delegate	J. P. . . . .	942-3434
Area Chair	Jorge . . . . .	566-7134
S. D. A. I. C. (Hospitals & Institutions)		
Director	Sue S. . . . .	443-6657
Co-Director	Ed G. . . . .	292-9245

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THE SAN DIEGO AA COORDINATOR COMMITTEE

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---

**We are not a glum lot!**

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**ALL ANNOUNCEMENTS AND ARTICLES ARE  
DUE BY THE MONDAY FOLLOWING THE  
SECOND THURSDAY OF THE MONTH.  
(Monday after the Coordinating Council Meeting)**

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**STEP ELEVEN:**

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for the knowledge of His will for us and the power to carry that out.

**TRADITION ELEVEN:**

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.



# Happy Birthday

Corryne C.	Aug. 24	45 yrs
Pat M.	Aug. 15	8 yrs
Laurice B.	Sept. 13	8 yrs
Wayne H.	Aug. 9	8 yrs

## From the editor

First of all, we'd all like to thank Terry P. for his dedication and service as past editor. This is a new beginning for us at the Coordinator. We hope to maintain the standard of excellence that has already been set and bring some new ideas and a fresh look to the paper.

The five members on the Coordinator staff have agreed to have a rotating leadership and we will all be taking turns at the different positions. In doing this we will stick to the Traditions of AA and keep everyone involved as a vital part of the newsletter.

As always your support and feedback is appreciated.

Myriam S.--Editor

*Thanksgiving is Gratitude  
in action  
By Bill*

We not only feel grateful, we say so with the joy of prisoners set free. We thank God for His light whereby we now see; and for the gift of His grace by which we breathe and live in a wondrous new world.

The pilgrim creators of Thanksgiving day never found a more promising land than ours. They gave thanks for their better chance of life, liberty and the pursuit of happiness.

We, too, give thanks for those blessing and for many more. We give thanks for all the pains and trials of our mysterious malady, alcoholism. For out of these sufferings have come our incredible gifts of faith and freedom, together with such an opportunity for serving God and man as few societies have ever known.

We are at peace with ourselves and all about us. Our land of freedom is today the whole world where we are citizens of nearly every race and clime. At last we belong, and we are not alone anymore.

So we say to each other, "Happy Thanksgiving." Few can guess how greatly we AAs treasure those words.

*Grapevine - November 1954*

## Fold & Label

Thanks to everyone who turned out for the fold & label party. If you would like to make a group commitment please contact the Coordinator editor.

Thanks to:

Marilyn A.	Dave P.	David A.
Bill S.	John S.	Pete H.
Jeri C.	Linda B.	John M.
Johnna H.	Trina M.	Julian B.
Jackie K.	John G.	Dean M.
Jim C.	Gary U.	Dave R.



*"So I'm powerless over alcohol! What makes you think my life has become unmanageable?"*

## TOP TWELVE REASONS TO STAY GRATEFUL

12. We are amazed before we are halfway through.
11. We know a new freedom and a new happiness.
10. We do not regret the past nor wish to shut the door on it.
9. We comprehend the word serenity and know peace.
8. We see how our experience can benefit others.
7. The feelings of uselessness and self-pity have disappeared.
6. We've lost interest in selfish things and gained interest in our fellows.
5. Self-seeking has slipped away.
4. Our whole attitude and outlook upon life has changed.
3. Fear of people and of economic insecurity has left us.
2. We intuitively know how to handle situations which used to baffle us.
1. We suddenly realize that God is doing for us what we could not do for ourselves.

**ARE THESE EXTRAVAGANT PROMISES?**

*We think not!*

# MONDAY NIGHT NORTH PARK

FOOD GALORE

HOT COFFEE

MORE !!!

## GROUP A A

FOUNDED 1946  
NOVEMBER 20, 1995

WE WILL BE 49 YEARS YOUNG THE THIRD  
WEEK OF NOVEMBER 1995. COME AND JOIN  
US FOR A GRAND OLE TIME.

OUR SAVIOR'S LUTHERN  
CHURCH 4011 OHIO ST.  
SAN DIEGO, CA  
BETWEEN POLK & HOWARD

STARTING AT 6:30 P.M.

HELP US CELEBRATE

FOR INFO CALL  
234-5010

### AA<sup>®</sup>

#### 10th ANNUAL "ROOTS" MEETING

Remember Our Old Timers Stories  
Speakers Have Over 30 Years Sobriety



Sunday, November 26, 1995  
1 PM - 3 PM

War Memorial Building  
Balboa Park

Park Blvd. and Zoo Drive  
Free Parking at North End of Zoo Parking Lot

#### 29th ANNUAL ROUNDUP

LAS VEGAS, NEVADA  
NOV. 23, 24, 25, 26 1995

Dances, Sports events, Marathon meetings,  
Free baby sitting during speaker mtgs.

The Round-up committee  
P.O. Box 43177  
Las Vegas, Nevada 89116

CELEBRATE THE 55TH ANNIVERSARY OF A.A. IN SAN DIEGO! Saturday, Nov. 18, 1995 Al  
Bahr Temple, 5440 Kearny Mesa Rd. Tickets, \$20.00 per person. For More Info.,  
Dean, phone # 229-0438, of Central Offices, phone # 265-8762.



# A.C.Y.P.A.A. 1996



24th ALL CALIFORNIA YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS ROUND-UP

REGISTRATION FORM

## JANUARY 12, 13, 14

PLEASANTON HILTON:  
(510) 463-8000

\$59 PER NIGHT  
SINGLE, DOUBLE, TRIPLE, QUAD

MAIL REGISTRATION FORMS TO:  
A.C.Y.P.A.A.  
P.O. BOX 328  
DANVILLE, CA 94526-0328

A.C.Y.P.A.A. INFO LINE  
(510) 274-4037

E-MAIL  
ACYPAA @ AOL.COM

Mention you're with  
A.C.Y.P.A.A.  
for this room rate



# Minutes of the Coordinating Council

## Thursday October 12, 1995

Gabe L. - Business Chair, called 600th meeting to order at 8:00pm. Jim J. Council Chair was out sick. Traditions were read by Bob H. 13 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair was out sick and John D. acted as Assistant Chair. 50 Groups were represented, a quorum; 149 groups are registered., 4 new Coordinators. VISITORS: - Marc J. -Area Assembly M/S/C to accept the minutes as printed in the October COORDINATOR. The Seventh Tradition collected \$57.25.

COORDINATOR NEWSLETTER: Jackie K. -Member, reported: Committee met Wednesday, 10/11/95 at 6:30 pm. PRESENT: Myriam StG., Barbara N., Jackie K. Jim C. and John G. 1) The next issue was discussed: responsibilities are as follows: Miriam will be the Editor, Jim C. will be the Chair and Jackie K. the Secretary. 2) The theme of the Nov. issue will be Step and Tradition Eleven. The focus slogan is "we are not a glum lot" . 3) Future issues to spotlight committees and their functions, letters to the editor and original material from the fellowship. 4)The folding party is October 25, at the Central Office. Volunteers are needed!! Please come down and help. If you or your group would like to volunteer to help at the folding party, please call Myriam StG. at 596-0033 or Central Office.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 9/28/95 at 7:00 pm. PRESENT: Hans F. Chair, Darren F., Dennis J., and Jodi W. John D. and Lark C. 1) Thanks to everyone who answered phones last month! 2) Thanks to Serendipity Closed Women's for taking the 1st and to Pt. Loma AA Discussion for taking the 23rd. A special thanks to Richard K. who answered phones on the 24th for the past 6 months. 3) The 18th, 21st, and the 24th are open. 4) Thank you Joel C. for helping the committee. 5) If your group is interested in taking over any slots, please call Hans F. at 223-5955 or Central Office.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 10/12/95 at 7:00pm PRESENT: Arla and Ray N. 4 new coordinator was present. 1) All new Coordinators encouraged to attend at least one orientation meeting .

PUBLIC INFORMATION COMMITTEE: Millie S. Member, reported: Committee met Monday, 10/2/95 at 7:00pm PRESENT: David C. Chair, Fred A., Cliff H., Lyn J., Millie S., Blake C., and Michael M. Absent: Randy H. 1) 1 speaker reached 190 people 1 facility. 2) Doug M. ended his term and resigned. The committee needs 4 new members. If you are interested in joining this Committee,

please contact Central Office. 3) The workshop will be held at the Central Office on Sunday Oct. 22, 1995 at 2:00 pm. All who have requested to be speakers should attend the workshop. 5) Millie read excerpts from letters received by the Committee from high school students.

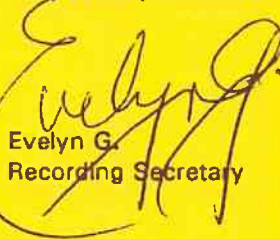
PROGRAM COMMITTEE: Dean M. - Chair : No report was given by the Committee.

BUSINESS COMMITTEE: Shirley A., Member reported: Committee met Tuesday, 10/10/95 at 6:00pm. PRESENT: Robert StC., Gabe L.- Chair, Stu W., Gretchen K., Mickey S. and Shirley A. ALSO PRESENT: Evelyn G., Central Office Manager, Scott O. - ACYPAA and Myriam S. -Coordinator Editor. FLYERS: M/S/C to accept a flyer for the ACYPAA Round-Up in Pleasanton for the December COORDINATOR. P.I. COMMITTEE CANDIDATE: There were no candidates this month. Evelyn G. - COM, reported: 1) Briefly on the Conference in Atlanta . A detailed report will be forthcoming. 2) M/S/C to accept the Consolidated Income statement for September. The Business Committee would like to point out that, to date. group contributions are down approximately \$5,400. OLD BUSINESS: 1) M/S/C to approve the Minutes of the Business Committee for August and September. 2) Evelyn G. passed around the revised Manual for the Business Committee after some discussion and clarification the changes were approved.

VOTING ISSUE: 1) Motion by the Business Committee to delete page 4 paragraph 10 which calls for a fund of \$1,000.00 for expenses of Special Events. Vote was 31 yes, 1 no the motion passed.

AREA REPRESENTATIVE: - Marc J.- Alt. Secretary reported: 1) Area Assembly is sponsored by District 2 on 11/4/95 in Carlsbad at the Harding Street Center. Election for all the officers will be held at this Assembly. 2) ROOTS will be held at the War Memorial Building in Balboa Park on Sunday November 26, 1995, 1 pm - 3 pm.

Respectfully submitted,



Evelyn G.  
Recording Secretary

## Group Contributions in Sept.

GROUP NAME	Sept.	YTD
12 TRAD FOR SPIRITUAL GROWTH	0.00	10.00
92037 DISCUSSION GROUP	0.00	600.00
A NEW WAY TO LIVE	80.00	230.43
A SENSE OF BELONGING WOMENS	40.00	40.00
A VISION FOR YOU	10.00	15.00
A WOMENS MEETING	0.00	374.65
AA BY THE BAY	180.00	641.00
AA STEP STUDY	55.73	199.34
ALLIED GARDENS DISCUSSION	0.00	327.37
ALLIED GARDENS FRIDAY LUNCH	0.00	50.00
ALPINE WOMENS CANDLELIGHT	0.00	27.00
ANNUAL CHRISTMAS MEETING	0.00	15.05
ANNUAL GRATEFUL MEETING	0.00	42.78
ANONYMOUS ANONYMOUS	0.00	120.00
ANOTHER NEW BEGINNING	25.00	450.00
ANOTHER SOBER TUESDAY	0.00	150.00
AS BILL SEES IT	0.00	13.94
AS BILL SEES IT	0.00	80.00
B.Y.O.B.	0.00	72.00
BACK COUNTRY SOBRIETY	0.00	5.00
BACK TO BASICS	120.00	1000.00
BACK TO BASICS FOR WOMEN	0.00	94.85
BACK TO BASICS STEP STUDY	0.00	10.00
BATTERY CHARGERS	274.65	274.65
BAY PARK BIG BOOK STUDY	0.00	35.00
BAY PARK STEP STUDY GROUP	0.00	159.00
BAYSIDE BIG BOOK STUDY	30.00	87.50
BEAUTIFUL BEGINNINGS	0.00	50.00
BEGINNERS STEPS TO SOBRIETY	0.00	81.50
BIG BOOK & 12 X 12 STEP STUDY	135.00	315.00
BIG BOOK DISCUSSION FOUNDERS GRP	0.00	98.00
BIRDS OF A FEATHER	0.00	75.00
BONITA WOMENS	40.00	40.00
BUTTERFLY GROUP	0.00	40.00
CAJON VIEW OPEN DISCUSSION	0.00	150.00
CAJON VIEW STEP STUDY	0.00	100.00
CASA DE ORO TRADITION FIVE	0.00	150.00
CEDAR STREET MENS	84.04	1172.09
CHEERS	0.00	365.33
CHULA VISTA 4 MIN SPEAKERS	125.00	225.00
CHULA VISTA BEGINNERS STEP STUDY	0.00	25.00
CHULA VISTA FRIDAY NIGHT	0.00	100.00
CHULA VISTA NOON GROUP	0.00	388.31
CLAIREMONT DAYTIME STEP STUDY	0.00	50.00
CLAIREMONT MENS	304.07	1311.32
CLAIREMONT MIXED DISCUSSION	30.00	77.40
CLAIREMONT OPEN DISCUSSION	0.00	125.00
CLAIREMONT SUN NIGHT DISCUSSION	0.00	55.00
CLAIREMONT WEDNESDAY GROUP	0.00	70.00
CLAIREMONT WEDS NOON BROWN BAG	0.00	220.00
CLAIREMONT WOMENS	50.00	262.00
CLASS ACTS	0.00	300.00
CONVOY DISCUSSION	0.00	85.74
CONVOY STEP STUDY	0.00	72.00
CONVOY THURS NIGHT DISCUSSION	0.00	60.27
COORDINATING COUNCIL-CENTRAL OFFICE	46.25	584.24
CORONADO 12 X 12	0.00	25.00
CORONADO BEGINNERS AA	0.00	60.00
CORONADO BIG BOOK STUDY	0.00	45.00
CORONADO MENS	0.00	70.00
CORONADO NOONERS	50.00	330.00
CORONADO NUMBER ONE GROUP	30.00	95.00
COWLES MT SMOKELESS DISCUSSION	0.00	190.68
CREST GROUP	0.00	200.00
D.D.G.T.M.	50.00	364.67
DEERHORN GROUP	0.00	50.00
DEL MAR MONDAY LUNCH BUNCH	137.50	262.50
DIAMOND ST MENS STEP STUDY	0.00	109.00
DIGNITY UNLIMITED	0.00	20.00
DOUBLE DOSE OF SERENITY	0.00	12.00
DOWNTOWN DISCUSSION	0.00	224.40
DOWNTOWN NOON DISCUSSION	0.00	40.00
DRUNKS ONLY	256.16	2125.06
DRY DOCK #21	40.00	80.00
DULZURA LIVING SOBER	0.00	100.00
EARLY RISERS (CORONADO)	100.00	584.00
EARLY RISERS (PB)	0.00	208.67
EAST COUNTY FRIDAY SPEAKERS	0.00	13.27

## Group Contributions in Sept.

GROUP NAME	Sept.	YTD
EAST COUNTY MENS	25.00	75.00
EAST COUNTY SPEAKERS	0.00	400.00
EAST COUNTY WOMENS	0.00	133.79
EAST SIDE GROUP	0.00	324.00
EASY DOES IT RIDERS	0.00	358.00
EASY RISERS	0.00	15.00
EL CAJON DAYTIME	120.00	1200.00
EL CAJON EARLY STARTERS	0.00	50.00
EL CAJON NAVAJO ROAD GROUP	0.00	64.47
EL CAJON WOMENS SERENITY	0.00	98.82
EYE OPENER GROUP	0.00	658.00
FLETCHER HILLS SMOKELESS	0.00	270.00
FOURTH & BROOKES WOMENS	0.00	60.00
FREE ON FRIDAY	0.00	638.00
FREE TO BE	31.70	375.11
FRESH AIR FRIDAY	0.00	220.00
FRI NITE CEDAR ST	0.00	86.56
FRIDAY MORNING WOMENS	0.00	179.00
FRIDAY NIGHT LIVE BIG BOOK	0.00	198.00
FRIDAY NIGHT MENS	63.75	480.90
FRIDAY NIGHT WOMENS	0.00	25.00
FRIDAY NITE WEEKS END	0.00	75.00
FRIDAY NOONERS	0.00	73.00
GET WITH THE PROGRAM	0.00	45.50
GILMAN GROUP-TUES	0.00	163.15
GOLDEN HILLS SUN DISCUSSION	0.00	15.91
GOOD MORNING AA	100.00	100.00
GOOD NEWS GROUP	0.00	107.28
GREAT FACT GROUP	0.00	156.00
GRINGO (ENGLISH)	0.00	40.00
GROVE BREAKFAST MEETING	0.00	15.00
HAND IN HAND CLOSED STEP STUDY	0.00	10.00
HAPPY HOUR WOMENS SPEAKER	0.00	70.00
HAPPY HOUR-AND-A-HALF	0.00	108.60
HAPPY JOYOUS & FREE	0.00	30.00
HAUL YOUR HINEY OUT OF BED	0.00	32.21
HERE AND NOW PROGRESSIVE	60.00	60.00
HI-NOONERS	0.00	139.50
HIGH BOTTOM GROUP	0.00	5.00
HOW IT IS	0.00	20.00
HOW IT IS NOW SPEAKERS	0.00	210.00
HOW IT IS TODAY	190.00	1524.50
I NEED A MEETING MEETING	0.00	516.67
IMPERIAL BEACH GROUP	0.00	20.00
IMPERIAL GROUP	0.00	70.00
IMPERIAL MENS GROUP	0.00	10.00
INTERNATIONAL GROUP	0.00	25.00
ISLAND DROP-IN GROUP	0.00	75.00
JAMUL CLOSED	0.00	120.00
JUST US GIRLS	51.74	135.79
KEARNY MESA NIGHT HOWLERS	0.00	10.00
KEEP COMING BACK	0.00	50.00
LA JOLLA BIG BOOK	0.00	120.00
LA JOLLA COVE BEGINNERS	0.00	220.00
LA JOLLA DISCUSSION GROUP	0.00	161.95
LA JOLLA LUNCH BUNCH	0.00	45.00
LA JOLLA MENS	0.00	204.75
LA JOLLA MIDDAY	0.00	70.00
LA JOLLA MONDAY NIGHT AA	0.00	60.00
LA JOLLA MONDAY WOMENS GROUP	0.00	350.00
LA JOLLA NONSMOKERS DISC	0.00	823.39
LA JOLLA PATIO GROUP-FRI	0.00	150.00
LA JOLLA PATIO GROUP-THUR	0.00	121.25
LA JOLLA PATIO GROUP-WED	0.00	250.50
LA JOLLA PUMP HOUSE GROUP	0.00	685.00
LA JOLLA SOLEDAD MENS	322.55	482.85
LA JOLLA SPEAKERS	0.00	935.49
LA JOLLA STEP STUDY	0.00	135.00
LA JOLLA THURSDAY NIGHT	0.00	382.50
LA MESA BIG BOOK	0.00	170.00
LA MESA MENS	0.00	255.00
LA MESA MONDAY NIGHT WOMENS	0.00	227.00
LA MESA OPEN DISCUSSION	0.00	381.00
LA MESA STEP STUDY WORKSHOP	0.00	101.25
LAKE MURRAY WOMENS	44.00	44.00
LAKESIDE STEP STUDY	0.00	77.00
LAKESIDE THURSDAY NIGHT	123.00	243.00
LEMON GROVE SPEAKERS	100.00	250.00

## Group Contributions in Sept.

GROUP NAME	Sept.	YTD
ALEXINGTON BIG BOOK STUDY	0.00	100.00
LITTLE APPLE GROUP	0.00	95.00
LIVING FREE	0.00	850.00
LIVING PROOF GROUP	0.00	50.00
LOMA PORTAL DISCUSSION	0.00	61.67
LOTUS WOMENS CLOSED	0.00	60.00
LOVE AND TRUTH 12 X 12 S/S	0.00	25.00
LUNCH GROUP	0.00	300.00
LUNCH WITH BILL W BUNCH	0.00	150.00
LUNCHEON GROUP	0.00	100.00
MAPLE ST STEP STUDY WORKSHOP	0.00	180.00
MEDICINE WHEEL	0.00	250.00
MENS STRUCTURED STEP STUDY	0.00	50.00
MID-WEEK MENS	0.00	112.50
MIRA MESA EARLY RISERS	16.83	170.04
MIRA MESA FRIDAY NIGHT	0.00	35.00
MIRA MESA WOMENS	0.00	104.99
MISSION BAY MIXED	0.00	40.00
MISSION BAY SPEAKERS	0.00	60.00
MISSION POSSIBLE	0.00	35.00
MIXED NUTS	0.00	130.00
MON EVE SMOKELESS DINNER	0.00	219.00
MONDAY MENS GUT LEVEL GROUP	0.00	25.00
MONDAY NIGHT NORTH PARK AA	0.00	30.00
MORNING ATTITUDE ADJUSTMENT	0.00	65.26
MORNING GLORYS WOMENS STEP STUDY	0.00	30.00
MOTHER EARTH GROUP	0.00	43.88
MOTHER EARTH VIEJAS REZ	0.00	3.00
NAS-NI-NAD NOONERS	0.00	50.00
NEW BEGINNINGS	20.00	30.00
NEW HOPE	0.00	25.00
NEW WOMEN	100.00	265.00
NO B.S. MENS	0.00	40.00
NOON AT THE GROVE	0.00	150.00
NOON TO ONE AA	0.00	25.00
NOONERS ANONYMOUS	0.00	100.00
NORTH PARK MENS	0.00	212.50
NORTH SHORES BREAKFAST	0.00	50.00
NORTH SHORES SPEAKERS	72.00	84.00
NORTH SHORES THURS NIGHT DISC	0.00	70.00
OLD TOWN MAINSTREAM	70.00	413.20
OLD TOWN SPEAKERS	0.00	380.00
ONE DAY AT A TIME BEGINNERS	0.00	45.00
ONE STEP AHEAD	0.00	65.00
ONE STEP AT A TIME RUNNERS	0.00	20.00
OPEN MINDED MENS	0.00	100.00
ORIGINAL ANONYMOUS ANONYMOUS	0.00	60.00
OUR PRIMARY PURPOSE	0.00	41.98
OVER 50	0.00	50.00
PACIFIC BEACH	0.00	150.00
PACIFIC BEACH WEEKEND WARMUP	300.00	900.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40
PARADISE HILLS	0.00	25.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	25.00
PASS IT ON GROUP	0.00	243.00
PATTERNS IN SOBRIETY	0.00	268.00
PEACHTREE MEETINGS	0.00	62.50
PENASQUITOS BIG BOOK	0.00	12.50
PENASQUITOS DISCUSSION	0.00	59.07
PENASQUITOS STEP STUDY	0.00	12.50
POINT LOMA AA DISCUSSION	0.00	500.00
POINT LOMA MENS	0.00	340.00
POINT LOMA SATURDAY MORNING	0.00	270.00
PORTER HALL GROUP	0.00	400.00
PORTER HALL STRUCTURED S/S	0.00	145.00
PRIMARY PURPOSE GROUP	0.00	51.60
PROFESSIONAL GROUP	0.00	30.00
PT LOMA WOMENS DISCUSSION	0.00	331.75
RAINBOW BRIDGE	0.00	295.00
RAINBOW MEETING	8.52	15.82
RAMONA MONDAY NIGHT	0.00	37.50
ROUND TABLE DISCUSSION	0.00	75.00
SAFE SANE AND SOBER	0.00	150.00
SAN CARLOS SINGLE PURPOSE	0.00	200.00
SAN CARLOS STEP STUDY	0.00	137.50
SAN DIEGO DOCTORS STEP STUDY	0.00	100.00
SANTEE BIG BOOK STUDY	0.00	128.56
SANTEE SERENITY GROUP	0.00	160.00

## Group Contributions in Sept.

GROUP NAME	Sept.	YTD
SANTEE SUNDAY NITE SMOKELESS	0.00	218.00
SANTEE THURSDAY CLOSED MIXED	0.00	475.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	100.00
SAT NIGHT EARLY DISCUSSION	0.00	325.00
SAT NIGHT SMOKELESS DISCUSSION	0.00	170.00
SAT NOONERS OPEN DISCUSSION	0.00	21.60
SATURDAY AM LIVE	0.00	90.00
SATURDAY MENS	0.00	209.69
SATURDAY NIGHT FERVOR	0.00	36.00
SCRIPPS RANCH BACK TO BASICS	0.00	123.00
SENIOR SERENITY MEETING	0.00	116.00
SERENDIPITY WOMENS	30.00	150.00
SERENITY BY THE SEA	55.00	289.00
SIXTH AND NUTMEG SPEAKERS	0.00	145.00
SLOW LEARNERS	0.00	10.00
SMOKEFREE LA MESA WOMENS	0.00	120.00
SMOKLESS DRUNKS LUNCHEON	0.00	150.00
SOBER NOONERS	0.00	25.00
SOBER SERENITY SMOKERS	0.00	120.00
SOBRIETY CIRCLE	0.00	10.00
SOBRIETY SEEKERS STEP STUDY	0.00	20.00
SOBRIETY WORKING FOR WOMEN-W	0.00	127.59
SOLE PURPOSE GROUP	0.00	100.00
SOLUTIONS IN THE MORNING	5.00	45.25
SOUTH BAY GUYS & GALS DISC	0.00	27.00
SPRING VALLEY STEP STUDY	0.00	210.00
STADIUM GROUP	0.00	105.00
STEPS TO RECOVERY	0.00	37.50
SUNDAY BEACH SUN-DAY	50.00	238.50
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	40.00
SUNDAY KIND OF LOVE	0.00	72.50
SUNDAY MIDDAY	50.00	200.00
SUNDAY MORNING SPIRITUAL MEETING	0.00	150.00
SUNDAY MORNING SUNSHINE	50.00	100.00
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY NIGHT SPEAKERS	0.00	110.00
SUNDAY SERENITY	80.00	686.00
SUNDAY WOMENS GROUP	0.00	0.00
SURVIVORS GROUP	0.00	190.00
SWEET GRASS	0.00	322.00
T.G.I.S.	0.00	60.00
TALBOT STREET	0.00	370.00
THE OTHER MEETING	0.00	320.00
THE WOMENS ROOM	0.00	60.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	22.50
THURSDAY MORNING MEETING	0.00	175.00
THURSDAY NIGHT SOBRIETY	0.00	150.00
THURSDAY NIGHT STEPPERS	0.00	30.00
THURSDAY NIGHT WOMENS SPEAKERS	0.00	38.00
THURSDAY PROMISES PROMISES	0.00	196.34
THURSDAY STEPS	0.00	100.00
TIERRASANTA BIG BOOK STUDY	0.00	150.00
TOP OF THE HILL	0.00	200.00
TORREY PINES OPEN DISC	0.00	110.00
TORREY PINES THURS NITE DISC	0.00	50.00
TUES NIGHT BIG BOOK STEP STUDY	0.00	62.25
TUESDAY MORNING ALPINE	0.00	120.00
TUESDAY NIGHT PARTICIPATION	0.00	50.00
TUESDAY NIGHT STEPPERS	50.00	185.00
TUESDAY NIGHT WOMENS	0.00	100.00
TWELVE TO GROW ON	0.00	190.00
TWO-BIT SPEAKERS	0.00	108.78
UNIVERSITY CITY DISCUSSION	0.00	25.00
UNIVERSITY CITY WOMENS	0.00	676.80
WAKE UP CALL	0.00	6.00
WAR FEVER	0.00	85.00
WARM AND FRIENDLY	0.00	255.00
WATER WALKERS TOO!	100.00	200.00
WAY UP AND OUT	0.00	160.00
WE ARE SURVIVORS	0.00	60.00
WE NEED PEOPLE GROUP	0.00	250.00
WE'VE COME A LONG WAY	0.00	80.00
WED NIGHT CONVOY DISCUSSION	60.00	60.00
WEDNESDAY NIGHT ISLANDERS	0.00	175.00
WEDNESDAY NITE AT THE HOUSE	0.00	30.00
WEDNESDAYS WINNERS CIRCLE	0.00	340.00
WET BEHIND THE EARS	35.00	35.00
WHAT NOW?	0.00	185.00
WOMEN IN HARMONY	0.00	63.88

# SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT  
FOR THE MONTH AND NINE MONTHS ENDED SEPTEMBER 30, 1995

	CUR ACTUAL	CUR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 4,767.49	87.3	\$53,354.01	86.3	\$58,813.11	\$ (5,459.10)	90.7
Buck-A-Month	52.00	1.0	581.00	.9	646.00	(65.00)	89.9
Individual Donations	540.53	9.9	2,869.51	4.6	3,583.54	(714.03)	80.1
Cert. of Deposit - Interest	.00	.0	286.74	.5	235.39	51.35	121.8
Program income	.00	.0	645.00	1.0	.00	645.00	.0
Other Income	100.00	1.8	4,090.65	6.6	458.56	3,632.09	892.1
<b>TOTAL INCOME</b>	<b>5,460.02</b>	<b>100.0</b>	<b>61,826.91</b>	<b>100.0</b>	<b>63,736.60</b>	<b>(1,909.69)</b>	<b>97.0</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	23.6	\$11,610.00	18.8	\$13,382.00	\$ (1,772.00)	86.8
Utilities	438.55	8.0	2,977.87	4.8	3,146.65	(168.78)	94.6
Wages	4,973.16	91.1	38,398.94	62.1	34,766.44	3,632.50	110.5
Accrued Payroll Taxes	380.44	7.0	3,675.82	6.0	3,475.15	200.67	105.8
Health Insurance	480.00	8.8	3,110.00	5.0	1,765.00	1,345.00	176.2
Telephone	334.75	6.1	2,803.45	4.5	2,600.74	202.71	107.8
Office Supplies	330.63	6.1	7,025.86	11.4	4,622.83	2,403.03	152.0
Bulk Postage	.00	.0	1,275.00	2.1	1,300.00	(25.00)	98.1
Return Postage	200.00	3.7	400.00	.7	150.00	250.00	266.7
Repairs & Maintenance	.00	.0	1,309.10	2.1	753.69	555.41	173.7
Insurance - W/C and Liab.	88.25	1.6	960.13	1.6	1,104.26	(144.13)	87.0
Auto/Travel/Seminar	1,182.88	21.7	3,074.29	5.0	1,376.57	1,697.72	223.3
Legal & Audit	200.00	3.7	4,000.00	6.5	4,000.00	.00	100.0
Cash (Over)/Short	17.28	.3	13.16	.0	52.55	(39.39)	25.0
Depreciation	300.00	5.5	2,700.00	4.4	2,556.00	144.00	105.6
Public Information	3.00	.1	3.00	.0	.00	3.00	.0
Bad debt	.00	.0	100.00	.2	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>10,218.94</b>	<b>187.2</b>	<b>83,436.62</b>	<b>135.0</b>	<b>75,199.88</b>	<b>8,236.74</b>	<b>111.0</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 46.71	.9	\$ 3,060.85	5.0	\$ 2,892.52	\$ 168.33	105.8
Program Committee	.00	.0	165.73	.3	50.61	115.12	327.5
Public Information Committee	.00	.0	449.85	.7	809.36	(359.51)	55.6
Coordinating Council	715.00	13.1	805.00	1.3	1,090.60	(285.60)	73.8
Other expense	.00	.0	6,643.29	10.7	.00	6,643.29	.0
<b>TOTAL COMMITTEE EXPENSE</b>	<b>761.71</b>	<b>14.0</b>	<b>11,124.72</b>	<b>18.0</b>	<b>4,843.09</b>	<b>6,281.63</b>	<b>229.7</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(5,520.63)</b>	<b>(101.1)</b>	<b>(32,734.43)</b>	<b>(53.0)</b>	<b>(16,306.37)</b>	<b>(16,428.06)</b>	<b>200.8</b>
Sales Income (SEE SCH)	\$ 5,868.42	107.5	\$56,619.20	91.6	\$63,474.74	\$ (6,855.54)	89.2
Cost of Sales (SEE SCH)	(3,936.07)	(72.1)	(37,733.13)	(61.0)	(42,121.16)	4,388.03	89.6
<b>NET INCOME (LOSS)</b>	<b>\$ (3,588.28)</b>	<b>(65.7)</b>	<b>\$ (13,848.36)</b>	<b>(22.4)</b>	<b>\$ 5,047.21</b>	<b>\$ (18,895.57)</b>	<b>(274.4)</b>
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 145.50	2.7	\$ 1,983.50	3.2	\$ 1,530.00	\$ 453.50	129.6
Cost of Tokens	73.26	1.3	1,114.32	1.8	756.28	358.04	167.3
<b>Net Inc. Tokens</b>	<b>72.24</b>	<b>1.3</b>	<b>869.18</b>	<b>1.4</b>	<b>773.72</b>	<b>95.46</b>	<b>112.3</b>
Revenue from Books	\$ 4,130.85	75.7	\$35,112.43	56.8	\$40,589.35	\$ (5,476.92)	86.5
Cost of Books	2,970.24	54.4	25,262.84	40.9	29,032.12	(3,769.28)	87.0
<b>Net Inc. Books</b>	<b>1,160.61</b>	<b>21.3</b>	<b>9,849.59</b>	<b>15.9</b>	<b>11,557.23</b>	<b>(1,707.64)</b>	<b>85.2</b>
Revenue from Pamphlets	\$ 438.75	8.0	\$ 4,065.92	6.6	\$ 4,975.76	\$ (909.84)	81.7
Cost of Pamphlets	267.49	4.9	2,484.52	4.0	3,052.42	(567.90)	81.4
<b>Net Inc. Pamphlets</b>	<b>171.26</b>	<b>3.1</b>	<b>1,581.40</b>	<b>2.6</b>	<b>1,923.34</b>	<b>(341.94)</b>	<b>82.2</b>
Revenue from Cassettes/Misc.	\$ 371.54	6.8	\$ 4,206.88	6.8	\$ 7,758.66	\$ (3,551.78)	54.2
Cost Cassettes/Misc.	206.83	3.8	2,718.20	4.4	4,616.59	(1,898.39)	58.9
<b>Net Inc. Cassettes/Misc.</b>	<b>164.71</b>	<b>3.0</b>	<b>1,488.68</b>	<b>2.4</b>	<b>3,142.07</b>	<b>(1,653.39)</b>	<b>47.4</b>
Revenue from Schedules	\$ 781.78	14.3	\$11,250.47	18.2	\$ 8,620.97	\$ 2,629.50	130.5
Cost of Schedules	418.25	7.7	6,153.25	10.0	4,663.75	1,489.50	131.9
<b>Net Inc. Schedules</b>	<b>363.53</b>	<b>6.7</b>	<b>5,097.22</b>	<b>8.2</b>	<b>3,957.22</b>	<b>1,140.00</b>	<b>128.8</b>
<b>Total Income from Sales</b>	<b>\$ 1,932.35</b>	<b>35.4</b>	<b>\$18,886.07</b>	<b>30.6</b>	<b>\$21,353.58</b>	<b>\$ (2,467.51)</b>	<b>88.4</b>

## JOIN the BUCK A MONTH CLUB

this promotion is to attract  
**YOU** into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

CITY

STATE

ZIP

ADDRESS

APT #

NAME

# Speaker Meetings



**Cedar Street Speakers** 8:15PM TUE  
 -Pathfinders, 2980 Cedar Street Golden Hill  
 Nov 7 Bernice Bakersfield  
 Nov 14 TBA  
 Nov 21 Barbara Chula Vista  
 Nov 23 Rick G. North Park

**Central Group Speakers** 8:00PM WED  
 -YWCA, 1012 "C" St. Downtown

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
 -NRC, 7601 Convoy Ct. Clairemont/Kearny Mesa

**Coronado Wednesday Speaker** 8:00PM WED  
 -Church, 700 "D" Avenue Coronado  
 Nov 8 Leon C Los Angeles  
 Nov 15 Paula S. San Diego  
 Nov 22 Steve B. Van Nuys  
 Nov 29 Big John Coronado

**East County Fri. Nite Speakers** 8:00PM FRI  
 -Church, Los Coches & Ha Hana Road Lakeside

**East County Saturday Speakers** 8:15PM SAT  
 -Church, 867 Lincoln Street El Cajon

**Easy Does It Speakers** 8:00PM FRI  
 -Church, 2770 Glebe Road Lemon Grove  
 Nov 3 Bob D. Long Beach  
 Nov 10 Clara S. Los Angeles  
 Nov 17 Cliff H. San Diego  
 Nov 24 TBA  
 Dec 1 Jim S Laguna Beach

**Fireside Group** 8:00PM WED  
 -Club, 6901 Central Ave. Lemon Grove  
 Nov 8 Dave A. San Diego  
 Nov 15 Terry Oceanside  
 Nov 22 Henry H. San Diego  
 Nov 29 Karen G. Venice

**Happy Hour Women's AA (BABYSITTING)**  
 5:45PM FRI  
 -Harmony, 6150 Mission Gorge Rd #116 Grantville

**Good News Gut Level Speakers** 8:30PM TUE  
 -North Shores Alano, 4861 Cass St Pacific Beach

**Lemon Grove Speaker Group** 7:00PM SAT  
 -Church, 8086 Broadway Lemon Grove  
 Nov 4 Pete O. Torrance  
 Nov 11 Betty G. Torrance  
 Nov 18 Frank F. San Diego  
 Nov 25 Ron F. Spring Valley  
 Dec 2 Jim I. Los Angeles

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
 -USD Founders Hall #124 Linda Vista/Alcala Park  
 Nov 4 Joan S. San Diego  
 Nov 11 Frank B. Oceanside  
 Nov 18 Kristen F. San Diego  
 Nov 25 Nancy N. San Diego

**Mission Hills Speaker Meeting** 8:15PM THUR  
 -Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
 -Alano Club, 4861 Cass St. Pacific Beach

**O. B. Friday Night Speakers** 8:30PM FRI  
 -O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
 -Union Hall, 5150 Kearny Mesa Road Kearny Mesa  
 Nov 5 Milt D. Culver City  
 Nov 12 Michael B. Carlsbad  
 Nov 19 Lynn W. Laguna Hills  
 Nov 26 Laura D. San Clemente

**Participation In Recovery Spkrs** 8:00PM SAT  
 -Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
 -Church, 2728-6TH Avenue Bankers Hill/Balboa Park  
 Nov 7 Jeannie D. Dana Pt.  
 Nov 14 David F. Poway  
 Nov 21 Cindy M. Laguna Miguel  
 Nov 28 Gene C. Escondido

**South Bay Speakers Open Mixed** 8:00PM SAT  
 -Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
 -Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
 -Tradition One, 4104 Delta Street San Diego

CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE MONDAY FOLLOWING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM . . . TNX!!!

# meetings in motion

## NEW MEETINGS

### INTO ACTION STEP STUDY

CHURCH - UPSTAIRS - 276 F. ST.

WEDS @ 7 PM

CHULA VISTA

### WOMENS DISCUSSION

CLUB - 6901 CENTRAL AVE.

SAT @ 2 PM

LEMON GROVE

## CANCELLED MEETINGS

### CRAZY DAISYS

COMM CTR - 773 PALM

THURS @ 8:15

IMPERIAL BEACH

### NEW HOPE

BALBOA PARK NAVAL STA

THURS @ 7 PM

SAN DIEGO

### LAKESIDE FRI NOONER

CHURCH - 12821 LOS COCHES

FRI @ 12 NOON

LAKESIDE

### SAT NIGHT BIG BOOK

CENTER - 3425 5TH AVE

SAT @ 6:45

HILLCREST

### OUT OF TOWN SPEAKERS

AMERICAN LEGION  
8118 UNIVERSITY AVE

SAT @ 7 PM

LA MESA

### EAST COUNTY SPEAKERS

CHURCH - 867 LINCOLN ST

SAT @ 8:15

EL CAJON

## TIME CHANGE / RELOCATED

### UNIVERSITY CITY DISC.

CHURCH - 3131 GOVERNOR DR

NOW ON SUN @ 7 PM

SAN DIEGO

### OPENMINDED MENS

From: CHURCH - MANSFIELD & ADAMS  
To: CHURCH - 33rd & MEAD

MON @ 7 PM

SAN DIEGO

SAN DIEGO

### LUNCHEON GROUP

From: SCHOOL - 5th & NUTMEG  
To: RESTAURANT - 2323 MIDWAY DR

TUES @ 12 NOON

SAN DIEGO

OLD TOWN

### LUNCH GROUP

From: SCHOOL - 5th & NUTMEG  
To: RESTAURANT - 2323 MIDWAY DR

WEDS @ 12 NOON

SAN DIEGO

OLD TOWN

### THURSDAY MORNING MTG.

From: COFFEE HOUSE - INDIA & WASHINGTON  
To: RESTAURANT - 2323 MIDWAY DR

THURS @ 8 AM

SAN DIEGO

OLD TOWN

The following groups attended the October Coordinating Council: ALLIED GARDENS DISCUSSION \* AA BY THE BAY \* AA DISCUSSION \* ANOTHER SOBER TUESDAY \* ANOTHER NEW BEGINNING \* BIG BOOK DISC FOUNDERS GROUP \* BATTERY CHARGERS \* BACK TO BASICS \* BEACH AREA BEGINNERS TWO \* BAY PARK STEP STUDY \* CLASS ACTS \* CLAIREMONT WOMENS \* DRY DOCK 21 \* DOWNTOWN DISCUSSION GROUP \* DOUBLE DOSE OF SERENITY \* EASY RISERS \* EAST SIDE GROUP \* EARLY BIRDS \* EAST COUNTY MENS \* EASY DOES IT SPEAKERS \* FIRST MIRA MESA MENS \* FRESH START BEGINNERS \* GOLDEN HILLS SUNDAY NIGHT DISCUSSION \* HARMONY GROUP \* LA MESA MENS \* LA MESA OPEN DISCUSSION \* LAKESIDE THURSDAY NITE \* LA JOLLA MENS \* MIRA MESA FRIDAY NIGHT \* MIRA MESA WOMENS \* MIRA MESA SUNDAY MORNING MENS \* NATIONAL CITY MAINTENANCE PLUS \* NORTH SHORES MENS \* NORTH PARK MENS \* OLD TOWN SPEAKERS \* OCEAN BEACH TUESDAY \* PROFESSIONAL GROUP \* PORTER HALL STRUCTURED STEP STUDY \* PACIFIC BEACH YOUNG PEOPLES \* PT LOMA AA DISCUSSION \* RULE 62 GROUP \* RAINBOW BRIDGE \* SAN CARLOS SINGLE PURPOSE \* SATURDAY NIGHT FERVOR \* STEP ONE GROUP \* SCRIPPS BACK TO BASICS BIG BOOK \* SUNDAY SUNDOWNERS \* STADIUM GROUP \* SERENDIPITY \* TIERRASANTA / MURPHY CANYON AA \* WAR FEVER \* WET BEHIND THE EARS \* WED SPIRITUAL EXPERIENCE

## CONCEPT IV

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation, "taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

- *The Twelve Concepts for World Service, p. 17*

## IN MEMORY OF

Laurence Kendrick

82 Years Old

Sober 20 Years

Passed Away 9/30/95



*Continued from page 1*

On entering AA, we become the beneficiaries of a very different experience. One new way of staying sober is literally founded upon the proposition that "Of ourselves, we are nothing, the Father doeth the works." In steps One and Two of our recovery program, these ideas are specifically spelled out: "We admitted we were powerless over alcohol -- that our lives had become unmanageable" and "Came to believe that a Power greater than ourselves could restore us to sanity." We couldn't lick alcohol with our own remaining resources, and so we accepted the further fact that dependence upon a Higher Power (if only our AA group) could do this hitherto impossible job.

The moment we were able to fully accept these facts, our release from the alcohol compulsion had begun. For most of us, this pair of acceptances had required a lot of exertion to achieve. Our whole treasured philosophy of self-sufficiency had to be cast aside. This had not been done with old-fashioned willpower; it was instead a matter of developing the willingness to *accept* these new facts of living. We neither ran nor fought. But *accept* we did. And then we were free. There had been no irretrievable disaster.

This kind of acceptance and faith is capable of producing 100 percent sobriety. In fact, it usually does; and it must, else we could have no life at all. But the moment we carry these attitudes into our emotional problems, we find that only relative results are possible. Nobody can, for example, become completely free from fear, anger, and pride. Hence, in this life we shall attain nothing like perfect humility and love. So we shall have to settle, respecting most of our problems, for a very gradual progress, punctuated sometimes by heavy setbacks. Our old-time attitudes of "all or nothing" will have to be abandoned.

Therefore, our very first problem is to accept our present circumstances as they are, ourselves as we are, and the people about us as they are. This is to adopt a realistic humility without which no genuine advance can even begin. Again and again, we shall need to return to that unflattering point of departure. This is an exercise in acceptance that we can profitably practice every day of our lives. Provided we strenuously avoid turning these realistic surveys of the facts of life into unrealistic alibis for apathy or defeatism, they can be the sure foundation upon which increased emotional health and therefore spiritual progress can be built. At least, this seems to be my own experience.

Another exercise that I practice is to try for a full

inventory of my blessings and then for a right acceptance of the many gifts that are mine -- both temporal and spiritual. Here, I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living. I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When we are brimming with gratitude, our heartbeats must surely result in outgoing love, the finest emotion that we can ever know.

In times of very rough going, the grateful acceptance of my blessings, oft repeated, can also bring me some of the serenity of which our AA prayer speaks. Whenever I fall under acute pressures, I lengthen my daily walks and slowly repeat our Serenity Prayer in rhythm to my steps and breathing. If I feel that my pain has in part been occasioned by others, I try to repeat, "God grant me the serenity to love their best, and never fear their worst." This benign healing process of repetition, sometimes necessary to persist with for days, has seldom failed to restore me to at least a workable emotional balance and perspective.

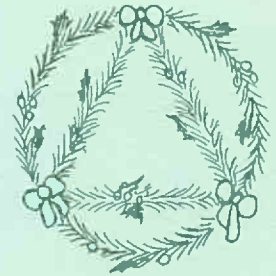
Another helpful step is to steadfastly affirm the understanding that pain can bring. Indeed, pain is one of our greatest teachers. Though I still find it difficult to accept today's pain and anxiety with any great degree of serenity -- as those more advanced in the spiritual life seem able to do -- I can, if I try hard, give thanks for present pain nevertheless. I find the willingness to do this by contemplating the lessons learned from past suffering -- lessons which have led to the blessings I now enjoy. I can remember, if I insist, how the agonies of alcoholism, the pain of rebellion and thwarted pride, have often led me to God's grace, and so to a new freedom. So, as I walk along, I repeat still other phrases such as these: "Pain is the touchstone of progress." ... "Fear no evil." ... "This, too, will pass." ... "This experience can be turned to benefit."

These fragments of prayer bring far more than mere comfort. They keep me on the track of right acceptance; they break up my compulsive themes of guilt, depression, rebellion, and pride; and sometimes they endow me with the courage to change the things I can, and the wisdom to know the difference.

To those who have never given these potent exercises in acceptance a real workout, I recommend them highly the next time the heat is on. Or, for that matter, at any time!

*Grapevine, March 1962*

# The San Diego AA<sup>®</sup> Coordinator



Published Monthly by the Central Office of San Diego County Groups of ALCOHOLICS ANONYMOUS

"There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep a man in everlasting ignorance -- that principle is contempt prior to investigation." --Herbert Spencer, *Alcoholics Anonymous*, p. 570

December 1995

## Spiritual Awakening?

INSIDE...

-December Calendar  
of events

-Special Announcements

-Meetings In Motion,  
Speaker Meetings

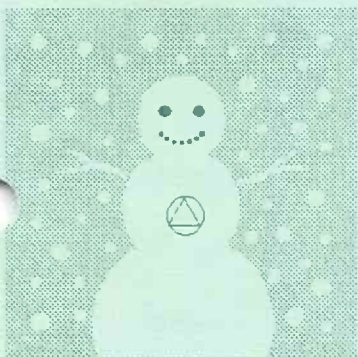
-November Coordinating  
Council Minutes

-Group Contributions  
for October '95

WHAT DO YOU MEAN when you talk about a 'spiritual awakening'?" ...

Maybe there are as many definitions of spiritual awakening as there are people who have had them. But certainly each genuine one has something in common with all the others. And these things which they have in common are not too hard to understand. When a man or a woman has a spiritual awakening, the most important meaning of it is that he has now become able to do, feel, and believe that which he could not do before on his unaided strength and resources alone. He has been granted a gift which amounts to a new state of consciousness and being. He has been set on a path which tells him he is really going somewhere, that life is not a dead end, not something to be endured or mastered. In a very real sense he has been transformed, because he has laid hold of a source of strength which, in one way or another, he had hitherto denied himself. He finds himself in possession of a degree of honesty, tolerance, unselfishness, peace of mind, and love of which he had thought himself quite incapable. What he has received is a free gift, and yet usually, at least in some small part, he has made himself ready to receive it.

--*Twelve Steps and Twelve Traditions*, p. 106-107



**Alcoholics Anonymous - San Diego Central Office - 24 hour phone - 265-8762**

Office & Bookstore 9AM-5PM Monday -  
Saturday

OFFICE MANAGER -- EVELYN G.  
ADMINISTRATIVE ASSISTANT -- CONNIE J.

Phone Volunteers, 12TH Step Calls, meeting Information, Group and Individual Contributions, Book and Literature Sales, and Coordinating Council & Intergroup Information can be referred to the Central Office or for committee specific information contact the following Committee Chairs:

Coordinating Council Chair	Jim J. . . . .	443-2608
Council Assistant Chair	Kathy D.-S298-	2636
After Hours Phones	Hans F. . . . .	223-5955
	Evelyn G. . . . .	265-8762
Business Committee Chair	Gabe L. . . . .	620-6370
New Coordinators (Council)		
Program Committee	Dean M. . . . .	229-0438
Public Information Committee	David C. . . . .	944-9051
Young People's Committee	Craig . . . . .	589-9228
Area Assembly		
Delegate	Marco R. . . . .	264-8648
Alt Delegate	J. P. . . . .	942-3434
Area Chair	Jorge . . . . .	566-7134
S. D. A. I. C. (Hospitals & Institutions)		
Director	Sue S. . . . .	443-6657
Co-Director	Ed G. . . . .	292-9245

The San Diego A. A. Coordinator is a monthly newsletter published by the San Diego Central Office of Alcoholics Anonymous. Opinions expressed are not necessarily those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or San Diego Central Office, except when Conference approved publications are quoted. Quotations from A.A. books and pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc., quotations from The Grapevine are reprinted with the permission of A.A. Grapevine, Inc. Contributions from A.A. members are welcome and will be printed as space allows. Submissions must be typed or neatly handwritten and signed (your name and last initial only - or "ANONYMOUS" when requested with signature - will be published). The editors reserve the right to edit contents for length, clarity and their relation to the Twelve Traditions of Alcoholics Anonymous.

The San Diego AA Coordinator Committee

**Editor & Chairman**

Myriam S.  
596-0033

**Secretary**

Jackie K.  
273-1925

**Contributing Editors**

Barbara N.  
John G.  
Jim C.

**All Announcements and articles are due by the  
Wednesday preceding the second Thursday of the  
month.**

( Wednesday before the Coordinating Council  
Meeting)

**CAME TO BELIEVE!**

## Step Twelve:

Having had a spiritual experience as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

## Tradition Twelve:

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

# Happy Birthday

Mike V.	Oct.	1 yr
Betty T.	Oct.	2 yrs
Connie J.	Oct. 28	3 yrs
Ben L.	Oct.	4 yrs
Tami R.	Oct.	4 yrs
Charlotte B.	Oct. 7	5 yrs
Lark C.	Nov. 25	15yrs

**WANTED!**  
**All announcements  
 and articles by  
 the Wednesday  
 Preceding the  
 second Thursday  
 of the month.**

**(Wednesday before  
 the Coordinating  
 Council Meeting)**

## --I Am Responsible Club--

No units will expire this month. The "I Am Responsible Club" is a reserve fund maintained by the San Diego Blood Bank for members of Alcoholics Anonymous and their families in a time of need. The strength and availability of this account is directly related to YOUR SUPPORT. For more information about donating blood to this account contact the following locations-- and be sure to credit the "I Am Responsible Club:"

EL CAJON DONOR CENTER  
 680 FLETCHER PARKWAY, EL CAJON  
 PHONE-- (619) 441-1804  
 -OR-

SAN DIEGO BLOOD BANK  
 440 UPAS STREET, SAN DIEGO  
 PHONE-- (619) 296-6393  
 -OR-

SOUTH BAY DONOR CENTER  
 1717 SWEETWATER ROAD, NATIONAL CITY  
 PHONE-- (619) 336-4090

IF YOU HAVE A NEED, contact Central Office--  
 265-8762

THANK YOU  
 Sonya S.  
 Lawrence W.  
 Marian P.  
 Nancy K.

For your November Blood Bank donations!

## Fold & Label

Thanks to everyone who turned out for the fold & label party. If you would like to make a group commitment please contact the Coordinator editor. Thanks to:

Tom L.	Clairmont Men's Group
John G.	Clairmont Men's Group
Dave K.	Clairmont Men's Group
Dalen K.	Clairmont Men's Group
Joe H.	Clairmont Men's Group
David G.	Clairmont Men's Group
John B.	Clairmont Men's Group
Tim B.	Clairmont Men's Group
Kim L.	Clairmont Men's Group
Pete	Clairmont Men's Group
Terry	Clairmont Men's Group
Bill C.	Clairmont Men's Group
John S.	Clairmont Men's Group
Anita B.	Class Acts
Tom S.	Allied Garden Step Study
Jim C.	Stadium Group
Adam	Early Birds
Barbara N.	Inter-Notes
Miriam S.	Eye Opener



*"Lately, there seem to be more places where I fear to tread."*

## THE HOLE

I drank my share of beer and wine,  
 and your share too I think.  
 I dug a hole of miseries,  
 into which I sink.  
 My life was filled with lies you see,  
 the kind that hurt me most.  
 Trying to be someone other than me,  
 and never coming close.  
 The person that hid within me,  
 is quite a sight to see.  
 He is a man of feelings,  
 He's the man I'm supposed to be.  
 With love and support from others,  
 to guide me through each day.  
 The man that hid within me,  
 will see the light of day.  
 Remember the hole of miseries,  
 I dug so deep and wide.  
 A place so dark and dreary,  
 an easy place to hide.  
 Today it's very shallow,  
 filled by my neglect.  
 Today I don't use it,  
 I've found my self-respect.

Bill S. 9/25/95



## Speaker Meetings

**Cedar Street Speakers** 8:15PM TUE  
-Pathfinders, 2980 Cedar Street Golden Hill

**Central Group Speakers** 8:00PM WED  
-YWCA, 1012 "C" St. Downtown  
Dec 6 Margaret San Diego  
Dec 13 Bob B. San Diego  
Dec 20 Danny S. San Diego

**Clairemont Fri. Nite Speakers** 8:00PM FRI  
-NRC, 7601 Convoy Ct. Clairemont/Keamy Mesa

**Coronado Wednesday Speaker** 8:00PM WED  
-Church, 700 "D" Avenue Coronado  
Dec 6 Jim B. Grenada Hills  
Dec 13 Kenna M. Pasadena  
Dec 20 Martin C. Los Angeles  
Angel S. Los Angeles  
Dec 27 Nancy N. Laguna Beach

**East County Fri. Nite Speakers** 8:00PM FRI  
-Church, Los Cochés & Ha Hana Road Lakeside

**Easy Does It Speakers** 8:00PM FRI  
-Church, 2770 Glebe Road Lemon Grove  
Dec 1 Jim S. Laguna Beach  
Dec 8 Dianna J. San Diego  
Dec 15 Ansul C. Lomita  
Dec 22 Carla M. San Diego  
Dec 29 TBA  
Jan 5 Scott R. Sherman Oaks

**Fireside Group** 8:00PM WED  
-Club, 6901 Central Ave. Lemon Grove  
Dec 6 Cliff P. Oceanside  
Dec 13 Kay San Diego  
Dec 20 Shirley Carlsbad  
Dec 27 Dave A. El Cajon  
Jan 3 Paula S. San Diego

**Lemon Grove Speaker Group** 7:00PM SAT  
-Church, 8086 Broadway Lemon Grove  
Dec 2 Jim I. Los Angeles  
Dec 9 Daryl D. San Diego  
Dec 16 Fr. Bill W. San Diego  
Dec 23 Bill S. Santa Monica  
Dec 30 Mary W. Los Angeles

**Mission Bay Sat. Night Speakers** 8:00PM SAT  
-USD Founders Hall #124 Linda Vista/Alcala Park  
Dec 2 Dave M. San Diego

**Good News Gut Level Speakers** 8:30PM TU  
-North Shores Alano, 4861 Cass St Pacific Beach

**Mission Hills Speaker Meeting** 8:15PM THUR  
-Church, Jackdaw & Ft. Stockton Mission Hills

**North Shores Saturday Nite** 8:00PM SAT  
-Alano Club, 4861 Cass St. Pacific Beach  
Dec 2 Linda G. San Diego  
Dec 9 Gary G. Calexico  
Dec 16 TBA  
Dec 23 TBA

**O. B. Friday Night Speakers**  
8:30PM FRI  
-O.B.R.&R, 5029 W. Point Loma Blvd Ocean Beach

**Old Town Speakers** 7:00PM SUN  
-Union Hall, 5150 Kearny Mesa Road Keamy Mesa  
Dec 3 Hector E. Los Angeles  
Dec 10 Bob R. Oxnard  
Dec 17 Larry T. Montrose  
Dec 24 Lars J. San Diego  
Dec 31 Paul S. Escondido

**Participation In Recovery Spkrs** 8:00PM SA  
-Alano Club, 9545 Kearny Villa Rd #105 Mira Mesa

**Sixth & Nutmeg Speakers** 8:00PM TUE  
-Church, 2728-6TH Avenue Bankers Hill/Balboa Park  
Dec 5 Colleen W. San Diego  
Dec 12 Camille S. San Diego  
Dec 19 Mary P. San Diego  
Dec 26 Mark H. San Diego

**South Bay Speakers Open Mixed** 8:00PM SAT  
-Pioneer, 270 "C" Street Chula Vista

**Sunday Brunch Bunch Speakers** 11:00AM SUN  
-Recovery Center, 3830 Ray St North Park

**Tuesday Night Speaker Meeting** 7:00PM TUE  
-Tradition One, 4104 Delta Street San Diego

**Thursday Night Women's Speakers** 6:30PM Thurs  
-Recovery Home, 1315 25th St Golden Hills

**PLEASE NOTE...NEW DEADLINE FOR SUBMISSIONS!**  
CONTACT PERSONS AND GROUP SECRETARIES: PLEASE GET YOUR SPEAKER MEETING INFO TO US BY THE WEDNESDAY PRECEDING THE COORDINATING COUNCIL MEETING. JUST CALL CENTRAL OFFICE AND ASK THE VOLUNTEER TO FILL OUT A YELLOW FORM...  
TNN///

# Minutes of the Coordinating Council Thursday November 9, 1995

Jim J. - Council Chair, called 601st meeting to order at 8:00pm. Jim J. Traditions were read by Mary Beth. 8 new Coordinators and Alternates stood to introduce themselves.

ROLL CALL: Kathy D-S., Assistant Council Chair. 51 Groups were represented, a quorum; 157 groups are registered., 8 new Coordinators. VISITORS: - Jorge F. Alt. Delegate M/S/C to accept the minutes as printed in the November COORDINATOR. The Seventh Tradition collected \$55.00.

COORDINATOR NEWSLETTER: Myriam StG.-Editor reported: Committee met Wednesday, 11/8/95 at 6:30 pm. PRESENT: Myriam StG., Barbara N., Jackie K. Jim C. and John G. 1) The next issue was discussed. 2) The theme of the Dec. issue will be spirituality. 3) Thank you to Clairemont Men's for a great turnout at the Fold and Label Party. 4) The folding party is November 22 at the Central Office. Volunteers are needed!! Please come down and help. If you or your group would like to volunteer to help at the folding party, please call Myriam StG. at 596-0033 or Central Office. 5) There is a new dead line for submissions: Submissions are due the Wednesday before the Coordinating Council meets. 6) The Committee is asking for original material from AA members: Share your experience, strength, hope and opinions with other AA members.

PHONE COMMITTEE: Hans F. - Chair reported: Committee met Thursday, 10/26/95 at 7:00 pm. PRESENT: Hans F. Chair, Dennis J., Jodi W. and Lark C. Absent: Darren F. and John D. 1) Thanks to everyone who answered phones last month! 2) Thanks to Coronado Early Risers for taking the 18th and to Good Morning AA for taking the 24th. 3) The 7th, 16th, and the 25th are open. 4) The Committee will need 3 new members in December. 5) If your group is interested in taking over any slots, please call Hans F. at 223-5955 or Central Office.

ORIENTATION COMMITTEE: Ray N. - Chair, reported: Committee met Thursday, 11/12/95 at 7:00pm PRESENT: Arla, Julie M. and Ray N. 7 new coordinator was present. 1) All new Coordinators encouraged to attend at least one orientation meeting .

PUBLIC INFORMATION COMMITTEE: Millie S. Member, reported: Committee met Monday, 11/6/95 at 7:00pm PRESENT: David C. Chair, Randy H., Cliff H., Lyn J., Millie S., Blake C., and Michael M. Absent: Fred A. 1) 10 speakers reached 260 people 5 facility. 2) 3 new Candidates were sent to the Business Committee for their recommendation. 3) The workshop appears to have been a success with over 25 people in attendance. 5) A master speaker list will be kept at the Central Office.

PROGRAM COMMITTEE: Dean M. - Chair : No report was given by the Committee.

BUSINESS COMMITTEE: Mickey S., Member reported: Committee met Tuesday, 11/7/95 at 6:00pm. PRESENT: Robert StC., Gabe L.- Chair, Stu W., Gretchen K., and Mickey S. Absent: Shirley A. ALSO PRESENT: Evelyn G., Central Office Manager, Joslyn - GSR Dist. 6, Cliff-visitor, Larry D. -Eastside Group, Linda and Charlotte-Back to Basics, Brian and Diane PI Committee Candidates.. FLYERS: M/S/C to accept the fliers from the Program Committee , Dist 6, Eastside Group and Back to Basics. P.I. COMMITTEE CANDIDATE: M/S/C to accept both Diane and Brian. However after further discussion the Committee had a motion with was seconded and carried to retract the vote for Brian as he did not have the suggested sobriety requirement of 3 years. Evelyn G. - COM, reported: 1) Central Office is going to have a block put on phones for 900 numbers at a cost of \$15 per phone line. Due to phone volunteers on the over night shift running up \$180 in calls. 2) M/S/C to accept the Consolidated Income statement for October. The Business Committee would like to point out that, to date, group contributions are down approximately \$6,000.. NEW BUSINESS: M/S/C to reject request by PI Committee for 100 schedules. OLD BUSINESS: 1) M/S/C to approve the Minutes of the Business Committee for October. 2) Evelyn G. passed around the revised Manual for the Business Committee for review.

AREA REPRESENTATIVE: - Jorge F.- Alt. Delegate reported: 1) Area Assembly elections were held on November 4, 1995. 2) ROOTS will be held at the War Memorial Building in Balboa Park on Sunday November 26, 1995, 1 pm - 3 pm.

NEW BUSINESS: There was a lively discussion on ways in which the Coordinating Council can help increase fellowship participation in the Central Office. A motion was made to form an Outreach Ad Hoc committee to reach more of the fellowship. M/S/C to form Committee Jim J. Council Chair will put committee together.

## ELECTIONS FOR ALL COMMITTEES ARE IN DECEMBER!!!

Respectfully submitted,

  
Evelyn G.  
Recording Secretary

## Group Contributions in Oct.

## Group Contributions in Oct.

GROUP NAME	Oct.	YTD	GROUP NAME	Oct.	YTD
12 TRAD FOR SPIRITUAL GROWTH	0.00	10.00	EAST SIDE GROUP	0.00	324.00
92037 DISCUSSION GROUP	0.00	600.00	EASY DOES IT RIDERS	0.00	358.00
A NEW WAY TO LIVE	0.00	230.43	EASY RISERS	0.00	15.00
A SENSE OF BELONGING WOMENS	0.00	80.00	EL CAJON DAYTIME	120.00	1320.00
A VISION FOR YOU	0.00	15.00	EL CAJON EARLY STARTERS	0.00	50.00
A WOMENS MEETING	0.00	374.65	EL CAJON NAVAJO ROAD GROUP	0.00	64.47
AA BY THE BAY	0.00	641.00	EL CAJON WOMENS SERENITY	0.00	98.82
AA STEP STUDY	0.00	199.34	EYE OPENER GROUP	65.00	728.00
ALLIED GARDENS DISCUSSION	0.00	327.37	FLETCHER HILLS SMOKELESS	0.00	270.00
ALLIED GARDENS FRIDAY LUNCH	0.00	50.00	FOURTH & BROOKES WOMENS	0.00	60.00
ALPINE WOMENS CANDLELIGHT	0.00	27.00	FOURTH DIMINION	0.00	40.00
ANNUAL CHRISTMAS MEETING	0.00	15.05	FREE ON FRIDAY	0.00	758.00
ANNUAL GRATEFUL MEETING	0.00	42.78	FREE TO BE	36.02	375.11
ANONYMOUS ANONYMOUS	0.00	120.00	FRESH AIR FRIDAY	0.00	220.00
ANOTHER NEW BEGINNING	25.00	500.00	FRI NITE CEDAR ST	0.00	86.56
ANOTHER SOBER TUESDAY	125.00	225.00	FRIDAY MORNING WOMENS	0.00	179.00
AS BILL SEES IT	0.00	13.94	FRIDAY NIGHT LIVE BIG BOOK	0.00	198.00
AS BILL SEES IT	0.00	80.00	FRIDAY NIGHT MENS	115.20	480.90
B.Y.O.B.	42.00	72.00	FRIDAY NIGHT WOMENS	0.00	25.00
BACK COUNTRY SOBRIETY	0.00	5.00	FRIDAY NITE WEEKS END	0.00	75.00
BACK TO BASICS	0.00	1120.00	FRIDAY NOONERS	0.00	73.00
BACK TO BASICS FOR WOMEN	66.00	160.85	GET WITH THE PROGRAM	0.00	45.50
BACK TO BASICS STEP STUDY	0.00	10.00	GILMAN GROUP-TUES	0.00	163.15
BATTERY CHARGERS	0.00	274.65	GOLDEN HILLS SUN DISCUSSION	0.00	15.91
BAY PARK BIG BOOK STUDY	0.00	35.00	GOOD MORNING AA	0.00	100.00
BAY PARK STEP STUDY GROUP	0.00	159.00	GOOD NEWS GROUP	60.99	107.28
BAYSIDE BIG BOOK STUDY	0.00	87.50	GREAT FACT GROUP	300.00	456.00
BEAUTIFUL BEGINNINGS	0.00	50.00	GRINGO (ENGLISH)	0.00	40.00
BEGINNERS STEPS TO SOBRIETY	0.00	81.50	GROVE BREAKFAST MEETING	0.00	15.00
BIG BOOK & 12 X 12 STEP STUDY	0.00	315.00	HAND IN HAND CLOSED STEP STUDY	0.00	10.00
BIG BOOK DISCUSSION FOUNDERS GRP	0.00	98.00	HAPPY HOUR WOMENS SPEAKER	0.00	70.00
BIRDS OF A FEATHER	25.00	100.00	HAPPY HOUR-AND-A-HALF	0.00	108.60
BONITA WOMENS	0.00	40.00	HAPPY JOYOUS & FREE	30.00	30.00
BUTTERFLY GROUP	25.00	65.00	HAUL YOUR HINEY OUT OF BED	0.00	32.21
CAJON VIEW OPEN DISCUSSION	50.00	200.00	HERE AND NOW PROGRESSIVE	0.00	60.00
CAJON VIEW STEP STUDY	0.00	100.00	HI-NOONERS	0.00	139.50
CASA DE ORO TRADITION FIVE	0.00	150.00	HIGH BOTTOM GROUP	0.00	5.00
GEDAR STREET MENS	100.39	1172.09	HOW IT IS	0.00	20.00
CHEERS	0.00	365.33	HOW IT IS NOW SPEAKERS	0.00	285.00
CHULA VISTA 4 MIN SPEAKERS	0.00	225.00	HOW IT IS TODAY	0.00	1524.50
CHULA VISTA BEGINNERS STEP STUDY	0.00	25.00	I NEED A MEETING MEETING	0.00	541.67
CHULA VISTA FRIDAY NIGHT	0.00	200.50	IMPERIAL BEACH GROUP	0.00	20.00
CHULA VISTA NOON GROUP	101.41	388.31	IMPERIAL GROUP	0.00	70.00
CLAIREMONT DAYTIME STEP STUDY	0.00	50.00	IMPERIAL MENS GROUP	0.00	10.00
CLAIREMONT MENS	0.00	1311.32	INTERNATIONAL GROUP	0.00	25.00
CLAIREMONT MIXED DISCUSSION	0.00	77.40	ISLAND DROP-IN GROUP	0.00	75.00
CLAIREMONT OPEN DISCUSSION	0.00	125.00	JAMUL CLOSED	60.00	120.00
CLAIREMONT SUN NIGHT DISCUSSION	0.00	55.00	JAWS	0.00	36.00
CLAIREMONT THURS NOON LUNCH BUNCH	0.00	60.72	JUST US GIRLS	0.00	135.79
CLAIREMONT WEDNESDAY GROUP	0.00	70.00	KEARNY MESA NIGHT HOWLERS	0.00	10.00
CLAIREMONT WEDS NOON BROWN BAG	60.00	280.00	KEEP COMING BACK	0.00	50.00
CLAIREMONT WOMENS	0.00	262.00	LA JOLLA BIG BOOK	0.00	120.00
CLASS ACTS	0.00	300.00	LA JOLLA COVE BEGINNERS	0.00	220.00
CONVOY DISCUSSION	52.20	137.94	LA JOLLA DISCUSSION GROUP	0.00	161.95
CONVOY STEP STUDY	20.50	72.00	LA JOLLA LUNCH BUNCH	246.00	291.00
CONVOY THURS NIGHT DISCUSSION	54.80	115.07	LA JOLLA MENS	0.00	204.75
COORDINATING COUNCIL-CENTRAL OFFICE	59.25	584.24	LA JOLLA MIDDAY	0.00	70.00
CORONADO 12 X 12	25.00	25.00	LA JOLLA MONDAY NIGHT AA	0.00	60.00
CORONADO BEGINNERS AA	0.00	60.00	LA JOLLA MONDAY WOMENS GROUP	0.00	350.00
CORONADO BIG BOOK STUDY	0.00	45.00	LA JOLLA NONSMOKERS DISC	0.00	823.39
CORONADO MENS	0.00	70.00	LA JOLLA PATIO GROUP-FRI	25.00	150.00
CORONADO NOONERS	50.00	330.00	LA JOLLA PATIO GROUP-THUR	0.00	121.25
CORONADO NUMBER ONE GROUP	30.00	125.00	LA JOLLA PATIO GROUP-WED	30.00	280.50
COWLES MT SMOKELESS DISCUSSION	126.20	316.88	LA JOLLA PUMP HOUSE GROUP	0.00	685.00
CREST GROUP	0.00	200.00	LA JOLLA SOLEDAD MENS	0.00	482.85
D.D.G.T.M.	96.00	460.67	LA JOLLA SPEAKERS	62.24	935.49
DEERHORN GROUP	0.00	50.00	LA JOLLA STEP STUDY	0.00	135.00
DEL MAR MONDAY LUNCH BUNCH	0.00	262.50	LA JOLLA THURSDAY NIGHT	0.00	382.50
DIAMOND ST MENS STEP STUDY	0.00	109.00	LA MESA BIG BOOK	0.00	170.00
DIGNITY UNLIMITED	20.00	40.00	LA MESA MENS	0.00	255.00
DOUBLE DOSE OF SERENITY	12.00	12.00	LA MESA MONDAY NIGHT WOMENS	0.00	227.00
DOWNTOWN DISCUSSION	59.40	224.40	LA MESA OPEN DISCUSSION	135.00	381.00
DOWNTOWN NOON DISCUSSION	0.00	40.00	LA MESA STEP STUDY WORKSHOP	0.00	101.25
DRUNKS ONLY	199.38	2324.44	LAKE MURRAY WOMENS	0.00	44.00
DRY DOCK #21	0.00	80.00	LAKESIDE MENS	52.80	52.80
DULZURA LIVING SOBER	0.00	100.00	LAKESIDE STEP STUDY	0.00	77.00
EARLY RISERS (CORONADO)	0.00	684.00	LAKESIDE THURSDAY NIGHT	0.00	243.00
EARLY RISERS (PB)	0.00	208.67	LANDING ZONE	20.00	20.00
EAST COUNTY FRIDAY SPEAKERS	0.00	13.27	LEMON GROVE SPEAKERS	0.00	250.00
EAST COUNTY MENS	0.00	75.00	LEXINGTON BIG BOOK STUDY	0.00	100.00
EAST COUNTY SPEAKERS	300.00	400.00	LITTLE APPLE GROUP	0.00	95.00
EAST COUNTY WOMENS	0.00	133.78	LIVING FREE	0.00	850.00

## Group Contributions in Oct.

GROUP NAME	Oct.	YTD
LIVING PROOF GROUP	0.00	50.00
LOMA PORTAL DISCUSSION	0.00	61.67
LOTUS WOMENS CLOSED	20.00	80.00
LOVE AND TRUTH 12 X 12 S/S	0.00	25.00
LUNCH GROUP	0.00	300.00
LUNCH WITH BILL W BUNCH	100.00	150.00
LUNCHEON GROUP	0.00	100.00
MAPLE ST STEP STUDY WORKSHOP	0.00	180.00
MEDICINE WHEEL	0.00	250.00
MENS STRUCTURED STEP STUDY	0.00	50.00
MID-WEEK MENS	0.00	112.50
MIRA MESA EARLY RISERS	25.21	195.25
MIRA MESA FRIDAY NIGHT	0.00	35.00
MIRA MESA WOMENS	0.00	104.99
MISSION BAY MIXED	0.00	40.00
MISSION BAY SPEAKERS	60.00	120.00
MISSION POSSIBLE	0.00	35.00
MIXED NUTS	60.00	130.00
MON EVE SMOKELESS DINNER	34.00	219.00
MONDAY MENS GUT LEVEL GROUP	0.00	25.00
MONDAY NIGHT NORTH PARK AA	30.00	30.00
MORNING ATTITUDE ADJUSTMENT	65.26	65.26
MORNING GLORYS WOMENS STEP STUDY	0.00	30.00
MOTHER EARTH GROUP	0.00	43.88
MOTHER EARTH VIEJAS REZ	0.00	3.00
NAS-NI-NAD NOONERS	0.00	50.00
NEW BEGINNINGS	0.00	30.00
NEW HOPE	0.00	25.00
NEW WOMEN	0.00	265.00
NO B.S. MENS	0.00	40.00
NOON AT THE GROVE	0.00	150.00
NOON TO ONE AA	0.00	25.00
NOONERS ANONYMOUS	0.00	100.00
NORTH PARK MENS	500.00	712.50
NORTH SHORES BREAKFAST	0.00	50.00
NORTH SHORES SPEAKERS	0.00	84.00
NORTH SHORES THURS NIGHT DISC	10.00	70.00
OLD TOWN MAINSTREAM	0.00	413.20
OLD TOWN SPEAKERS	0.00	360.00
ONE DAY AT A TIME BEGINNERS	0.00	75.00
ONE STEP AHEAD	0.00	65.00
ONE STEP AT A TIME RUNNERS	0.00	20.00
OPEN MINDED MENS	0.00	100.00
ORIGINAL ANONYMOUS ANONYMOUS	0.00	60.00
OUR PRIMARY PURPOSE	0.00	41.98
OVER 50	0.00	50.00
PACIFIC BEACH	0.00	150.00
PACIFIC BEACH WEEKEND WARMUP	450.00	1350.00
PACIFIC BEACH YOUNG PEOPLES	0.00	218.40
PARADISE HILLS	25.00	50.00
PARTICIPATION IN RECOVERY SPEAKERS	0.00	25.00
PASS IT ON GROUP	50.00	243.00
PATTERNS IN SOBRIETY	102.00	370.00
PEACHTREE MEETINGS	0.00	62.50
PENASQUITOS BIG BOOK	0.00	12.50
PENASQUITOS DISCUSSION	0.00	59.07
PENASQUITOS STEP STUDY	0.00	12.50
POINT LOMA AA DISCUSSION	0.00	500.00
POINT LOMA MENS	0.00	340.00
POINT LOMA SATURDAY MORNING	0.00	270.00
PORTER HALL GROUP	0.00	400.00
PORTER HALL STRUCTURED S/S	0.00	145.00
PRIMARY PURPOSE GROUP	0.00	51.60
PROFESSIONAL GROUP	0.00	30.00
PT LOMA WOMENS DISCUSSION	38.64	331.75
RAINBOW BRIDGE	0.00	295.00
RAINBOW MEETING	0.00	15.82
RAMONA MONDAY NIGHT	0.00	37.50
ROUND TABLE DISCUSSION	75.00	150.00
SAFE SANE AND SOBER	0.00	150.00
SAN CARLOS SINGLE PURPOSE	225.00	425.00
SAN CARLOS STEP STUDY	40.00	177.50
SAN DIEGO DOCTORS STEP STUDY	100.00	200.00
SANTEE BIG BOOK STUDY	0.00	178.90
SANTEE SERENITY GROUP	0.00	160.00
SANTEE SUNDAY NITE SMOKELESS	70.00	288.00
SANTEE THURSDAY CLOSED MIXED	30.00	475.00
SANTEE WOMENS ALTERED ATTITUDES	0.00	100.00
SAT NIGHT EARLY DISCUSSION	0.00	325.00
SAT NIGHT SMOKELESS DISCUSSION	0.00	170.00
SAT NOONERS OPEN DISCUSSION	0.00	21.60
SATURDAY AM LIVE	60.00	150.00

## Group Contributions in Oct.

GROUP NAME	Oct.	YTD
SATURDAY MENS	0.00	209.69
SATURDAY NIGHT FERVOR	0.00	36.00
SCRIPPS RANCH BACK TO BASICS	0.00	183.00
SENIOR SERENITY MEETING	0.00	116.00
SERENDIPITY WOMENS	0.00	150.00
SERENITY BY THE SEA	0.00	289.00
SERENITY SEEKERS STEP STUDY	0.00	69.60
SIXTH AND NUTMEG SPEAKERS	0.00	145.00
SLOW LEARNERS	0.00	10.00
SMOKEFREE LA MESA WOMENS	0.00	120.00
SMOKELESS DRUNKS LUNCHEON	0.00	150.00
SOBER NOONERS	0.00	25.00
SOBER SERENITY SMOKERS	0.00	120.00
SOBRIETY CIRCLE	10.00	10.00
SOBRIETY SEEKERS STEP STUDY	0.00	45.00
SOBRIETY WORKING FOR WOMEN-W	52.20	179.79
SOLE PURPOSE GROUP	0.00	100.00
SOLUTIONS IN THE MORNING	0.00	45.25
SORRENTO VALLEY NOONER	0.00	50.00
SOUTH BAY GUYS & GALS DISC	0.00	57.00
SPRING VALLEY STEP STUDY	0.00	210.00
STADIUM GROUP	95.00	105.00
STEPS TO RECOVERY	0.00	37.50
STEPS TO RECOVERY GROUP	0.00	40.00
SUNDAY BEACH SUN-DAY	0.00	238.50
SUNDAY BRUNCH BUNCH SPEAKERS	0.00	40.00
SUNDAY KIND OF LOVE	0.00	72.50
SUNDAY MIDDAY	0.00	200.00
SUNDAY MORNING SPIRITUAL MEETING	0.00	150.00
SUNDAY MORNING SUNSHINE	0.00	100.00
SUNDAY NIGHT DISCUSSION	0.00	40.00
SUNDAY NIGHT SPEAKERS	0.00	110.00
SUNDAY SERENITY	80.00	686.00
SUNDAY WOMENS GROUP	0.00	0.00
SURVIVORS GROUP	0.00	190.00
SWEET GRASS	0.00	322.00
T.G.I.S.	0.00	60.00
TALBOT STREET	80.00	370.00
THE OTHER MEETING	0.00	470.00
THE WOMENS ROOM	0.00	60.00
THIRD WEEKENDERS WOMENS CLOSED AA	0.00	22.50
THURSDAY MORNING MEETING	0.00	175.00
THURSDAY NIGHT SOBRIETY	0.00	150.00
THURSDAY NIGHT STEPPERS	0.00	30.00
THURSDAY NIGHT WOMENS SPEAKERS	0.00	38.00
THURSDAY PROMISES PROMISES	0.00	196.34
THURSDAY STEPS	0.00	100.00
TIERRASANTA BIG BOOK STUDY	0.00	150.00
TOP OF THE HILL	0.00	200.00
TORREY PINES OPEN DISC	0.00	110.00
TORREY PINES THURS NITE DISC	0.00	50.00
TUES NIGHT BIG BOOK STEP STUDY	0.00	62.25
TUESDAY MORNING ALPINE	40.00	120.00
TUESDAY NIGHT PARTICIPATION	0.00	50.00
TUESDAY NIGHT STEPPERS	0.00	185.00
TUESDAY NIGHT WOMENS	0.00	100.00
TWELVE TO GROW ON	50.00	190.00
TWO-BIT SPEAKERS	30.00	108.78
UNIVERSITY CITY DISCUSSION	0.00	25.00
UNIVERSITY CITY WOMENS	0.00	676.80
WAKE UP CALL	0.00	6.00
WAR FEVER	0.00	85.00
WARM AND FRIENDLY	0.00	255.00
WATER WALKERS TOO!	0.00	200.00
WAY UP AND OUT	0.00	160.00
WE ARE SURVIVORS	0.00	60.00
WE NEED PEOPLE GROUP	0.00	250.00
WE'VE COME A LONG WAY	20.00	80.00
WED NIGHT CONVOY DISCUSSION	0.00	60.00
WEDNESDAY NIGHT ISLANDERS	50.00	175.00
WEDNESDAY NITE AT THE HOUSE	0.00	30.00
WEDNESDAYS WINNERS CIRCLE	0.00	340.00
WET BEHIND THE EARS	0.00	35.00
WHAT NOW?	0.00	165.00
WHERE MIRACLES HAPPEN	15.00	15.00
WOMEN IN HARMONY	0.00	63.88
WOMEN IN SOBRIETY	0.00	18.00
WOMENS ASK IT BASKET	0.00	5.60
WOMENS CANDLELIGHT MEETING	0.00	50.00
WOMENS SOBER SUNDAY	113.26	113.26
WOMENS STEP STUDY	0.00	90.00



# SAN DIEGO FELLOWSHIP OF ALCOHOLICS ANONYMOUS

CONSOLIDATED INCOME STATEMENT  
FOR THE MONTH AND TEN MONTHS ENDED OCTOBER 31, 1995

	CJR ACTUAL	CJR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>INCOME FROM CONTRIBUTION AND INTEREST</b>							
Group Contributions	\$ 5,572.96	93.2	\$58,926.97	86.9	\$64,902.71	\$ (5,975.74)	90.8
Buck-A-Month	36.00	.6	617.00	.9	755.00	(138.00)	81.7
Individual Donations	53.00	.9	2,922.51	4.3	3,930.08	(1,007.57)	74.4
Cert. of Deposit - Interest	.00	.0	286.74	.4	235.39	51.35	121.8
Program Income	.00	.0	645.00	1.0	.00	645.00	.0
Other Income	320.00	5.4	4,410.65	6.5	458.56	3,952.09	961.9
<b>TOTAL INCOME</b>	<b>5,981.96</b>	<b>100.0</b>	<b>67,808.87</b>	<b>100.0</b>	<b>70,281.74</b>	<b>(2,472.87)</b>	<b>96.5</b>
<b>OPERATING EXPENSES:</b>							
Rent	\$ 1,290.00	21.6	\$12,900.00	19.0	\$14,672.00	\$ (1,772.00)	87.9
Utilities	440.43	7.4	3,418.30	5.0	3,582.93	(164.63)	95.4
Wages	4,267.16	71.3	42,666.10	62.9	38,777.10	3,889.00	110.0
Accrued Payroll Taxes	135.85	2.3	3,811.67	5.6	3,812.92	(1.25)	100.0
Health Insurance	340.00	5.7	3,450.00	5.1	1,905.00	1,545.00	181.1
Telephone	335.64	5.6	3,139.09	4.6	2,839.09	300.00	110.6
Office Supplies	432.60	7.2	7,458.46	11.0	5,610.65	1,847.81	132.9
Bulk Postage	150.00	2.5	1,425.00	2.1	1,450.00	(25.00)	98.3
Return Postage	50.00	.8	450.00	.7	200.00	250.00	225.0
Repairs & Maintenance	391.00	6.5	1,700.10	2.5	1,127.69	572.41	150.8
Insurance - W/C and Liab.	88.25	1.5	1,048.38	1.6	1,104.26	(55.88)	94.9
Auto/Travel/Seminar	249.21	4.2	3,323.50	4.9	1,793.91	1,529.59	185.3
Legal & Audit	200.00	3.3	4,200.00	6.2	4,200.00	.00	100.0
Cash (Over)/Short	(41.39)	(.7)	(28.23)	.0	50.45	(78.68)	(56.0)
Depreciation	300.00	5.0	3,000.00	4.4	2,840.00	160.00	105.6
Public Information	.00	.0	3.00	.0	.00	3.00	.0
Bad debt	.00	.0	100.00	.2	.00	100.00	.0
Janitorial	.00	.0	.00	.0	148.00	(148.00)	.0
<b>TOTAL OPERATING EXPENSE</b>	<b>8,628.75</b>	<b>144.3</b>	<b>92,065.37</b>	<b>135.8</b>	<b>84,114.00</b>	<b>7,951.37</b>	<b>109.5</b>
<b>COMMITTEE EXPENSES:</b>							
Reproduction - Co-Ordinator	\$ 382.26	6.4	\$ 3,443.11	5.1	\$ 3,128.74	\$ 314.37	110.1
Program Committee	.00	.0	165.73	.2	(289.39)	455.12	(57.3)
Public Information Committee	.00	.0	449.85	.7	809.36	(359.51)	55.6
Coordinating Council	15.00	.3	820.00	1.2	1,171.67	(351.67)	70.0
Other expense	.00	.0	6,643.29	9.8	.00	6,643.29	.0
<b>TOTAL COMMITTEE EXPENSE</b>	<b>397.26</b>	<b>6.6</b>	<b>11,521.98</b>	<b>17.0</b>	<b>4,820.38</b>	<b>6,701.60</b>	<b>239.0</b>
<b>NET PROFIT BEFORE SALES</b>	<b>(3,044.05)</b>	<b>(50.9)</b>	<b>(35,778.48)</b>	<b>(52.8)</b>	<b>(18,652.64)</b>	<b>(17,125.84)</b>	<b>191.8</b>
Sales Income (SEE SCH)	\$ 5,199.30	86.9	\$61,818.50	91.2	\$70,711.02	\$ (8,892.52)	87.4
Cost of Sales (SEE SCH)	(3,534.52)	(59.1)	(41,267.65)	(60.9)	(46,994.52)	5,726.87	87.8
<b>NET INCOME (LOSS)</b>	<b>\$ (1,379.27)</b>	<b>(23.1)</b>	<b>\$ (15,227.63)</b>	<b>(22.5)</b>	<b>\$ 5,063.86</b>	<b>\$ (20,291.49)</b>	<b>(300.7)</b>
	CJR ACTUAL	CJR %	YTD ACTUAL	YTD %	YTD LAST YEAR	YTD VAR	VAR %
<b>SALES INCOME</b>							
Revenue from Tokens	\$ 178.50	3.0	\$ 2,162.00	3.2	\$ 1,530.00	\$ 632.00	141.3
Cost of Tokens	88.06	1.5	1,202.38	1.8	756.28	446.10	159.0
<b>Net Inc. Tokens</b>	<b>90.44</b>	<b>1.5</b>	<b>959.62</b>	<b>1.4</b>	<b>773.72</b>	<b>185.90</b>	<b>124.0</b>
Revenue from Books	\$ 3,666.20	61.3	\$38,778.63	57.2	\$44,920.15	\$ (6,141.52)	86.3
Cost of Books	2,630.15	44.0	27,892.97	41.1	32,117.66	(4,224.69)	86.9
<b>Net Inc. Books</b>	<b>1,036.07</b>	<b>17.3</b>	<b>10,885.66</b>	<b>16.1</b>	<b>12,802.49</b>	<b>(1,916.83)</b>	<b>85.0</b>
Revenue from Pamphlets	\$ 308.10	5.2	\$ 4,374.02	6.5	\$ 5,621.46	\$ (1,247.44)	77.8
Cost of Pamphlets	188.70	3.2	2,673.22	3.9	3,449.57	(776.35)	77.5
<b>Net Inc. Pamphlets</b>	<b>119.40</b>	<b>2.0</b>	<b>1,700.80</b>	<b>2.5</b>	<b>2,171.89</b>	<b>(471.09)</b>	<b>78.3</b>
Revenue from Cassettes/Misc.	\$ 400.71	6.7	\$ 4,407.59	6.8	\$ 8,684.80	\$ (4,077.21)	53.1
Cost Cassettes/Misc.	282.13	4.7	3,000.33	4.4	5,293.76	(2,293.43)	56.7
<b>Net Inc. Cassettes/Misc.</b>	<b>118.58</b>	<b>2.0</b>	<b>1,607.26</b>	<b>2.4</b>	<b>3,391.04</b>	<b>(1,783.78)</b>	<b>47.4</b>
Revenue from Schedules	\$ 645.79	10.8	\$11,896.26	17.5	\$ 9,954.61	\$ 1,941.65	119.5
Cost of Schedules	345.50	5.8	6,498.75	9.6	5,377.25	1,121.50	120.9
<b>Net Inc. Schedules</b>	<b>300.29</b>	<b>5.0</b>	<b>5,397.51</b>	<b>8.0</b>	<b>4,577.36</b>	<b>820.15</b>	<b>117.9</b>
<b>Total Income from Sales</b>	<b>\$ 1,664.78</b>	<b>27.8</b>	<b>\$20,550.85</b>	<b>30.3</b>	<b>\$23,716.50</b>	<b>\$ (3,165.65)</b>	<b>86.7</b>

## JOIN the BUCK A MONTH CLUB

this promotion is to attract  
**YOU** into helping us to  
remain effective as we  
carry our message to the  
alcoholic who still suffers

you get the S. D. A. A.  
Coordinator delivered  
to your home for 1 year

3.5 cents a day supports  
phone and other vital  
services at Central Office

**JOIN US**  
fill out this form and  
send your \$12 today

check if this is a GIFT

MAIL TO:

BUCK-A-MONTH CLUB  
7075-B MISSION GORGE RD  
SAN DIEGO, CA 92120-2454

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

APT # \_\_\_\_\_

**NEW MEETINGS****VICTORY GROUP**FRI @ 10 AM  
ALPINE

CHURCH - 225 VICTORIA DRIVE

**NOON STRETCH**FRI @ 12 NOON  
EAST SAN DIEGO

5252 EL CAJON BLVD.

**LA MESA STEP STUDY WORKSHOP**TUE @ 7 PM  
LA MESA

CHURCH - 4816 GLEN

**CANCELLED MEETINGS****CRAZY DAISYS**THURS @ 8:15  
IMPERIAL BEACH

COMM CTR - 773 PALM

**NEW HOPE**THURS @ 7 PM  
SAN DIEGO

BALBOA PARK NAVAL STA

**LAKESIDE FRI NOONER**FRI @ 12 NOON  
LAKESIDE

CHURCH - 12821 LOS COCHES

**SAT NIGHT BIG BOOK**SAT @ 6:45  
HILLCREST

CENTER - 3425 5TH AVE

**OUT OF TOWN SPEAKERS**SAT @ 7 PM  
LA MESAAMERICAN LEGION  
8118 UNIVERSITY AVE**EAST COUNTY SPEAKERS**SAT @ 8:15  
EL CAJON

CHURCH - 867 LINCOLN ST

**TIME CHANGE / RELOCATED****DEL MAR MON LUNCH BUNCH**MON @ 12 NOON  
DEL MAR

2730 VIA DE LA VALLE

**ACCEPTANCE AA's WAY**THURS @ 3:30 PM  
EL CAJONCOMMUNITY CENTER  
140 W. PARK STREET

The following groups attended the November Coordinating Council: ALLIED GARDENS DISCUSSION \* AA BY THE BAY \* ANOTHER SOBER TUESDAY \* ALLIED GARDENS STEP STUDY \* BIG BOOK DISC FOUNDERS GROUP \* BATTERY CHARGERS \* BACK TO BASICS \* BACK TO BASICS FOR WOMEN \* BEACH AREA BEGINNERS TWO \* CLAIREMONT MEN'S \* CLAIREMONT WOMEN'S \* DOWNTOWN DISCUSSION GROUP \* DOUBLE DOSE OF SERENITY \* EASY DOES IT RIDERS \* EAST SIDE GROUP \* EARLY BIRDS \* EAST COUNTY MENS \* EASY DOES IT SPEAKERS \* EL CAJON WOMEN'S SERENITY \* FIRST MIRA MESA MEN'S \* FRESH START BEGINNE \* FRIDAY NIGHT LIVE BIG BOOK STUDY \* FRIDAY MORNING WOMEN'S \* GOLDEN HILLS SUNDAY NIGHT DISCUSSION \* HUMP NIGHT GRATITUDE \* HAPPY HOUR GROUP OF EL CAJON \* LA MESA MEN'S \* LA MESA OPEN DISCUSSION \* LA JOLLA MEN'S \* LITTLE APPLE GROUP \* MIRA MESA WOMEN'S \* MIRA MESA SUNDAY MORNING MEN'S \* MID WEEK MEN'S \* NORTH PARK MEN'S \* OLD TOWN SPEAKERS \* OVER 50 \* OUR PRIMARY PURPOSE \* PORTER HALL STRUCTURED STEP STUDY \* POINT LOMA WOMEN'S DISCUSSION \* PT LOMA AA DISCUSSION \* RULE 62 GROUP \* SAN CARLOS SINGLE PURPOSE \* STEP ONE GROUP \* SANTEE WOMEN'S ALTERED ATTITUDES \* SUNDAY SUNDOWNERS \* STADIUM GROUP \* SERENDIPITY \* TIERRASANTA / MURPHY CANYON AA \* TUESDAY NIGHT STEPPERS \* WET BEHIND THE EARS \* WED SPIRITUAL EXPERIENCE \* WED NIGHT ISLANDERS \* WE NEED PEOPLE GROUP

**CONCEPT V**

Throughout our world service structure, a traditional "Right of Appeal" out to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

- *The Twelve Concepts for World Service*

**In Memory of . . .****Leo O.**

40 Days Sober  
Member of the  
Eye Opener Group  
Passed Away 10/15/95

**Janis R.**

6 Years Sober  
Member of  
San Carlos Single Purpose  
Passed Away 6/26/95

**Chuck R.**

12 Years Sober  
Member of the  
Over 50 Group  
Passed Away 10/31/95  
76 Years Old



# A.C.Y.P.A.A. 1996



24th ALL CALIFORNIA YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS ROUND-UP

REGISTRATION FORM

JANUARY 12, 13, 14

PLEASANTON HILTON:  
(510) 463-8000

Mention you're with  
A.C.Y.P.A.A.  
for this room rate

\$59 PER NIGHT  
SINGLE, DOUBLE, TRIPLE, QUAD

MAIL REGISTRATION FORMS TO:  
A.C.Y.P.A.A.  
P.O. BOX 328  
DANVILLE, CA 94526-0328

A.C.Y.P.A.A. INFO LINE  
(510) 274-4037

E-MAIL  
ACYPAA @ AOL.COM

## A MESSAGE FROM H & I TREATMENT COMMITTEE CHAIRPERSON

HOSPITALS AND INSTITUTIONS COMMITTEE (H & I) [OFFICIALLY KNOWN AS SAN DIEGO IMPERIAL AREA INSTITUTIONAL COMMITTEE (S.D.I.A.I.C.)] IS A STANDING COMMITTEE OF THE SAN DIEGO IMPERIAL AREA ASSEMBLY OF ALCOHOLICS ANONYMOUS.

THE PURPOSE OF H & I, IN HARMONY WITH THE TRADITIONS AND PRINCIPLES OF ALCOHOLICS ANONYMOUS, IS TO UNIFY EFFORTS OF 12-STEP WORK OF A.A. VOLUNTEER MEMBERS INTERESTED IN CARRING THE A.A. MESSAGE TO ALCOHOLICS CONFINED IN INSTITUTIONS.

H & I's GUIDELINES DEFINE INSTITUTIONS AS FACILITIES HOLDING IN CONFINEMENT MEN AND WOMEN FOR MEDICAL TREATMENT, MENTAL CARE AND THERAPY, OR CORRECTIVE AND REHABILITATIVE PURPOSES. THUS, INSTITUTIONS INCLUDE HOSPITALS, TREATMENT CENTERS, JAILS, PENITENTIARIES, ROAD CAMPS AND OTHER LIKE FACILITIES.

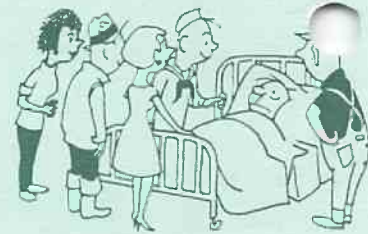
H & I VOLUNTEERS CURRENTLY CARRY THE THE A.A. MESSAGE AND A.A. CONFERENCE APPROVED LITERATURE INTO 45 CORRECTIONAL FACILITY MEETINGS AND 31 TREATMENT FACILITY MEETINGS EACH WEEK. AN H & I MEMBER VOLUNTEERS FOR ONE NIGHT A MONTH OR MORE. EACH FACILITY HAS AN H & I VOLUNTEER AS COORDINATOR. THE COORDINATOR ASKS FOR 2 OR 3 VOLUNTEERS TO BE PANEL MEMBERS. PANEL MEMBERS CARRY THE A.A. MESSAGE INTO THE FACILITY MUCH LIKE A REGULAR OPEN-DISCUSSION A.A. MEETING.

SINCE I WAS ELECTED TO SERVE AS TREATMENT FACILITIES CHAIRPERSON FOR THE 1995 CALENDER YEAR, NINE TREATMENT FACILITIES HAVE ASKED FOR AN A.A. MEETING TO BE HELD FOR THEIR CLIENTS. WE HAVE STARTED AND CONTINUED MEETINGS AT ONLY THREE OF THESE FACILITIES. TWO DID NOT MEET H & I GUIDELINES. FOUR ARE STILL WAITING FOR MEETINGS. I HAVE BECOME AWARE OF FOUR MONTH LAG-TIME BETWEEN THE TIME A MEETING IS REQUESTED AND THE ACTUAL TIME A MEETING IS STARTED. WHILE WE HAVE HAD MANY NEW VOLUNTEERS THIS YEAR AND THEIR COMMITMENT AND GOD'S GRACE HAVE KEPT THINGS GOING, I HAVE COME TO BELIEVE THAT THIS FOUR MONTH LAG-TIME COULD AFFECT A.A. AS A WHOLE. H & I DOES NOT REPRESENT A.A. AS A WHOLE. HOWEVER, SINCE H & I IS A PART OF A.A. ITS ACTIONS OR LACK OF ACTION MAY REFLECT UPON A.A. AS A WHOLE. MORE IMPORTANTLY, THIS LAG-TIME MAY DEPRIVE AN INMATE OR CUENT FROM THE HEARING THE A.A. MESSAGE.

THE REMEDY TO THIS SITUATION IS SIMPLE. MORE A.A. MEMBERS INTERESTED IN THIS TYPE OF 12-STEP WORK ARE NEED TO VOLUNTEER FOR THE H & I COMMITTEE. THIS CAN BE DONE AT ONE OF OUR TWO MONTHLY BUSINESS MEETINGS. H & I MEETS THE SECOND MONDAY OF THE MONTH AT SCRIPPS EAST HOSPITAL IN EL CAJON AT 6:30 PM AND THE THIRD SUNDAY OF THE MONTH AT THE MACHINIST UNION HALL IN KEARNY MESA @ 12:30PM. THERE IS ALSO A NORTH COUNTY H & I COMMITTEE. FOR INFORMATION ON NORTH COUNTY H & I CONTACT THE NORTH COUNTY CENTRAL OFFICE. FOR MORE INFORMATION ON S.D.I.A.I.C. H & I CONTACT THE S.D.I.A.I.C. DIRECTOR, SUE S. AT 443-6657.

S.D.I.A.I.C. TREATMENT  
FACILITY CHAIRPERSON.

MICHAEL A



## CLOSE ENCOUNTERS OF A SNOWY KIND

It was a Christmas night. I had almost a year of sobriety, but I was still shaken up over a close call with a bottle of wine at the beginning of the holiday season. Now at 10 o'clock I could feel myself facing another close call. I found myself in circumstances that precluded any possibility of help, and that really frightened me. I was physically and mentally far from the security of my home meetings -- about as far from easy access to the comfort of AA as I could be.

We had just fought our way out from town in a blinding blizzard, after a typical anticlimactic Christmas day at my brother-in-law's, overeating and watching his boys with their new toys. My wife and I were staying at her parent's "little house on the prairie," aptly named by an older family member. This was a small ranch house surrounded by fields and woods and not much else. My wife and her parents were exhausted and preparing for bed. I began to feel I needed a cigarette, a cup of coffee -- in reality, a meeting. But this was a small town where I had no contacts. The nearest 7-11 was ten miles back to Watertown. (There were bets on in town whether they were going to top a hundred inches of snow by January 1. I looked out the window and saw snow blowing horizontally in the glare of the porch light. I knew how I'd place my money.) Inside, my father-in-law's wine and whiskey collection stared at me from every nook and cranny of the small house. I was getting desperate.

I told my wife I was running into town for cigarettes. She gave me an appropriate "you must be mad" look.

Somehow I got the car up the hill of the driveway, and knew if I could just get the few hundred yards to Route 81 I'd be home free. Just as I was heading down the ramp to the highway I noticed a large clunker of a car, apparently stranded. In the light of the car interior I saw two or three people, and walking up the ramp away from the car was an older man. I stopped my car and opened the window. The car had broken down. If I was heading into town, could I take his son's family back? He said he could easily walk home if he couldn't get his car started soon.

I was actually glad for the company, for the possibility of talking to another member of the human race this desolate night. They all piled in, three little kids included.

The son sat in the front seat. We were only two miles down the road when I found myself blurting out to my grateful passenger that I just had to "get out of the house," that I'd recently quit drinking and was afraid of taking a drink.

He looked at me and after a moment asked, "You a friend of Bill W.'s?" When I nodded, he said he was, too. I was astonished and relieved.

When we got to Mike's apartment I was invited up, given a cigarette and a cup of coffee, and made to feel like a relative. I looked around Mike's tiny apartment and listened to a story of struggle in a not-too-prosperous town.

But both Mike and his wife had solidly established programs, and when I went into the bathroom I saw a yellowed piece of paper with the Serenity Prayer taped to the bathroom mirror.

It was still Christmas night as I retraced my path through the snowy dark. Before I left, Mike had called his Dad -- the car had started immediately after we left. I thought of all this as I drove back, and remembered part of a prayer: "May he show us proof of our connection with him."

*Dennis D., Bethesda, Md., Grapevine, December 1987*  
Please submit your spiritual experience to Central Office! We'd love to print it in future issues of the AA Coordinator! --Editor

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## Missteps of the Season

We admitted we were powerless over the holidays -- that our bank balances had become unmanageable.

Came to believe that paying attention to advertising would drive us insane.

Made a decision to turn our will and our credit cards over to the care of shopping malls *as we understood them* from watching TV.

Made a searching and fearless shopping list for our family and friends.

Admitted to the bank and to ourselves the exact nature of our credit rating.

Were entirely ready to remove extravagant gifts from our shopping lists.

Humbly asked for a diet that would remove ten pounds by the New Year.

Made a list of all persons we had bought the wrong sizes and colors for and became willing to make exchanges for them all.

Make direct returns to stores whenever possible, except when they had gone out of business.

Continued to take personal grocery lists to the store and when we could use a coupon promptly cut it out.

Sought through procrastination and couch-potatoing to improve our conscious contact with the home team, praying only for the health of the players and their power to carry the ball.

Having had a rude awakening as a result of opening our credit card statements, we tried to eliminate shopping from our daily disciplines and to fill our time with more AA meetings.

*Pam H., Northfield, Ill., Grapevine, December 1988*